



Mental Health Programs for African-American (AA) Churches & Families

Thank you for choosing to help end the stigma, shame, and silence associated with mental illness! This training through Faith & Community Wellness Center, Inc. (FCWC) consists of two platforms; the **Sanctuary Coach Training Program** and the **Family Coach Training Program**. These trainings will equip you to become a mental health expert in a variety of fields and certainly be a tremendous blessing to your family, church, and community. To receive your certifications over the next six (6) months (may be extended to 9 months, if necessary). Please complete the following:

1. Twelve (12) hours of Sanctuary Coaching + Three (3) hours Community Conversations

- Will receive **Sanctuary Coach Certificate**

2. Twelve (12) hours of Family Coach Training Program + Three (3) hours Community Conversations

- Will receive a **Family Coach Certificate**

- Faith & Community "Youth Relationship Series"

- Purpose Life Group

Registration for each training session is **REQUIRED** via EventBrite: Click [FCWC Mental Health Training Collection](#)

Zoom Meeting ID for Most Trainings & Sessions: 271 149 7061

Zoom Meeting ID for Purpose Life Group: 210 637 5814



July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4 7:00 – 8:00 pm SANCTUARY COACHING	5	6	7
8	9	10	11 7:00 – 8:00 pm FAMILY COACHING	12	13	14
15	16	17	18 7:00 – 8:00 pm SANCTUARY COACHING	19	20	21
22	23	24	25 7:00 – 8:00 pm FAMILY COACHING	26	27	28
29	30	31				



August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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			1 7:00 – 8:00 pm SANCTUARY COACHING	2	3	4
5	6	7	8 7:00 – 8:00 pm FAMILY COACHING	9	10	11
12	13	14	15 7:00 – 8:00 pm SANCTUARY COACHING	16	17	18
19	20	21	22 7:00 – 8:00 pm FAMILY COACHING	23	24	25
26	27	28	29	30	31	



September 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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2	3	4	5 7:00 – 8:00 pm SANCTUARY & FAMILY COACHING Techniques	6	7	8
9	10	11	12 7:00 – 8:00 pm FAMILY COACHING	13	14	15
16	17	18	19 7:00 – 8:00 pm SANCTUARY COACHING	20	21	22
23	24	25	26 7:00 – 8:00 pm FAMILY COACHING	27	28	29
31						