



TEST YOUR FENTANYL IQ →

SCAN THE QR CODE AND LET US KNOW HOW MUCH
YOU KNOW ABOUT *FENTANYL & MENTAL HEALTH*.



1

WHO – WHO WE ARE



Fentanyl Fathers

A non-profit working to educate kids and warn communities about the dangers of fentanyl and counterfeit pills through the lens of heartbroken parents. Our goal is to spare families from waking up to the same grief we share in every day.

Mission:

To establish a world where no adolescent succumbs to fentanyl poisoning or overdose, by raising awareness about the dangers of fentanyl, counterfeit pills, and effective overdose response measures.



WHY – WHY WE DO IT

- To ensure that no family or community experiences the grief of losing a loved one to an overdose or drug poisoning without warning
- To warn kids about the dangers of the unpredictable illicit and counterfeit pill drug supply ever-present in America today
- Ultimately, we do this to save lives

dead on arrival

DREW SWAN "YANNI"



Rain





 **FENTANYL
FATHERS**

THE IMPACT

Deaths By Category	Deaths
2022 Drunk Driving	10,360
+	
9/11 Attack	2,977
+	
Covid Deaths (18-29)	6,749
+	
2022 Childhood Cancer	1,600
+	
Vietnam War Deaths	58,220
+	
Global Plane Crashes	14,572
Total	94,478

<

107,543

**DIED in 2023 by
Overdose**

FAMOUS PEOPLE

ONE NATION OVERDOSED

Prince died after taking fake Vicodin laced with fentanyl, prosecutor says

"In all likelihood, Prince had no idea he was taking a counterfeit pill that could kill him," the Minnesota prosecutor said.



— Prince performs during the halftime show at the Super Bowl in 2007. Chris O'Meara / AP File

Prince

Drug dealer accepts plea deal in Mac Miller death



GETTY IMAGES

Mac Miller had just released a new album when he died of an overdose in 2018

Mac Miller

Angus Cloud: Euphoria actor who played 'Fez' dead aged 25

6 days ago



Angus Cloud

WHAT – WE WILL DO TODAY

Goals for this presentation:

- Educate and raise awareness on the dangers of synthetic opioids and overdose/poisonings
- Learn to administer Nasal Naloxone in the event of an overdose
- Learn how to recognize warning signs for suicide and know how to respond
- Raise awareness about the potential consequences of substances
- Connect people to important resources and eliminate access barriers



THE NUMBERS

As reported by the CDC

More than **107,606** Americans died from a drug overdose in the 12-month period ending in December 2023

There were an estimated **109,413** drug overdose deaths in the US for the 12 month period ending December 2022

In 2023,

- Overdoses from opioids decreased to 81,300 in 2023 from 82,851 in 2022
- 75.5% of deaths involved at least one opioid
- 69.3% (74,619) of deaths involved synthetic opioids (primarily illicitly manufactured fentanyl or fentanyl analogs)
- Stimulant overdose deaths are also on the rise, with approximately,
 - 36,236 (33.7%) of deaths involved methamphetamine
 - 30,166 (28%) of deaths involved cocaine

Counterfeit Pills

- Mass produced by criminal drug networks
- Easy to purchase, widely available
- Often contain fentanyl or methamphetamine
- Sold on social media and e-commerce platforms (anyone can purchase with a smartphone, including minors)



FAKE PRESCRIPTION PILLS • WIDELY AVAILABLE • INCREASINGLY LETHAL

DEA LAB TESTING REVEALS THAT

5 OUT OF EVERY **10** PILLS

WITH FENTANYL CONTAIN A POTENTIALLY

LETHAL DOSE

COUNTERFEIT PILLS OFTEN CONTAIN
FENTANYL AND ARE MORE LETHAL
THAN EVER BEFORE [DEA](#)

POTENTIALLY LETHAL DOSE OF FENTANYL



Counterfeit Pills

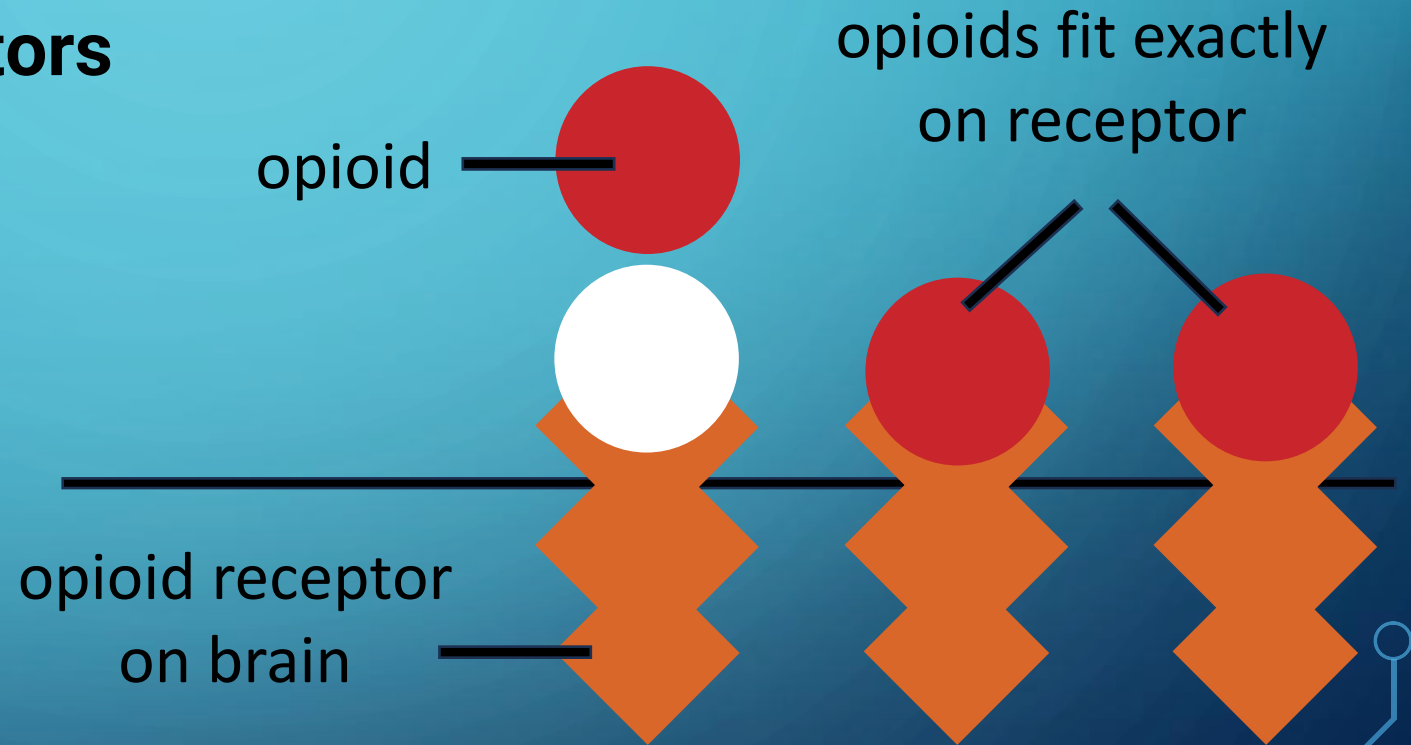
- **Fentanyl** is a synthetic opioid that is 50x more potent than heroin and 100x more potent than morphine
- These pills are being sold on social media to look like Oxycontin, Percocet, Vicodin, Xanax, and stimulants like Adderall
- Fentanyl powder is also being added to street drug supplies like cocaine, heroin, methamphetamine



WHAT IS AN OPIOID OVERDOSE?

Opioids Attaching To Receptors

The brain has many, many receptors for opioids. An overdose occurs when too much of an opioid, such as heroin or oxycodone, fits in too many receptors slowing and then stopping the breathing.



NALOXONE IS EFFECTIVE

The life-saving antidote works to reverse opiate overdoses from all opiates including following drugs:

- Heroin
- Methadone
- Morphine
- Vicodin/Norco
- Percocet
- Codeine

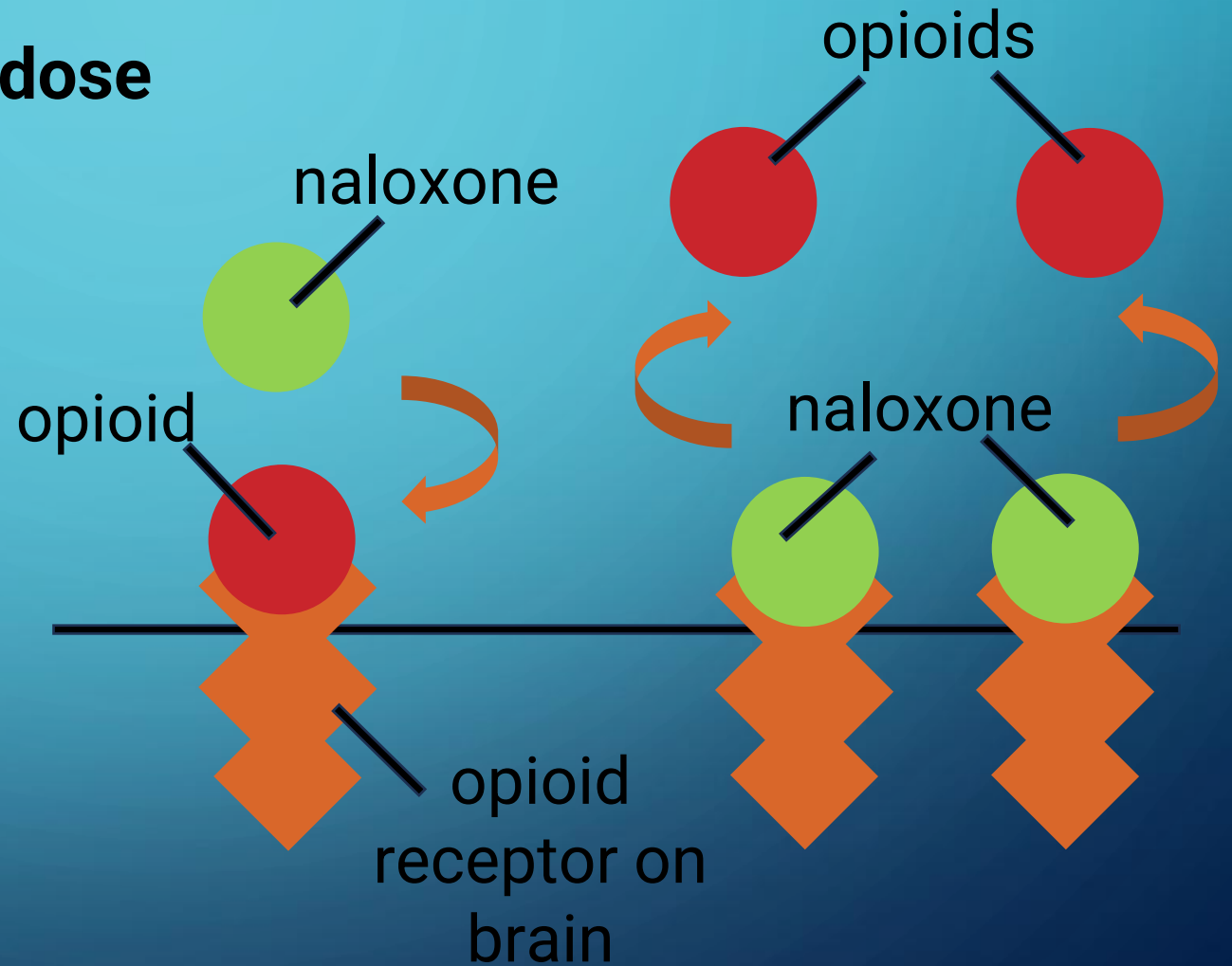
- Lortab
- Tramadol
- Hydrocodone
- Oxycodone
- Fentanyl



NALOXONE IN THE BRAIN

Naloxone Reversing An Overdose

Naloxone has a stronger affinity to the opioid receptors than opioids, such as heroin or oxycodone, so it knocks the opioids off the receptors for a **short time** (30-90 minutes). This allows the person to breathe again and reverse the overdose.



NALOXONE IN ACTION

- Works on ANY opiate ANY time
- Reverses opiate effects- sedation and respiratory depression
- Causes sudden withdrawal – an unpleasant experience
- No psychoactive effects – not addictive
- Routinely used by EMS (often in larger doses)

There will be no effect on the individual if an opiate is not present

The background is a blue gradient with faint concentric circles. White circuit-like lines with circular nodes are positioned in the corners: top-left, top-right, bottom-left, and bottom-right.

SIGNS AND SYMPTOMS

SIGNS AND SYMPTOMS OF OPIOID **USE**

- Pupils will contract and appear small
- Muscles are slack and droopy
- They might “nod out”
- Scratch a lot due to itchy skin
- Speech may be slurred
- They might be out of it, but they will respond to outside stimuli like loud noise or a light shake from a concerned friend



PUPIL VARIATIONS

Opiate vs. Stimulant Pupil Changes

Normal



(Stimulant)
Dilated



(Opioid)
Pinpoint



SIGNS AND SYMPTOMS OF OPIOID OVERDOSE

- Unresponsive to outside stimulus
- Breathing is very slow and shallow, erratic, or has stopped
- Choking sounds, or a snore-like gurgling noise
- Face is very pale or clammy
- Loss of consciousness, body is very limp
- For lighter skinned people, the skin tone turns bluish purple, for darker skinned people, it turns grayish or ashen
- Fingernails and lips turn blue or purplish black





5 STEPS TO SAVE A LIFE

5 STEPS TO SAVE A LIFE

Step 1: **Shake and Shout**

- Shake their shoulders
- Shout their name



5 Steps to Save a Life

Step 2: Call 9-1-1

- If unresponsive call 911



5 STEPS TO SAVE A LIFE

Step 3: **Naloxone Spray**

- Peel the seal
- Place in 1 nostril
- Give 1 spray



5 STEPS TO SAVE A LIFE

Step 4: Check Breathing

- Yes - put in recovery position
- No - give CPR/Rescue Breaths



5 STEPS TO SAVE A LIFE

Step 5: **Is it Working?**

- If no improvement after 2 minutes:
 - Give second dose of Naloxone
 - If not breathing, continue CPR/
Rescue Breaths



AFTERCARE

- Place individual on their side in the recovery position (left side)
- Possible disorientation, vomiting, diarrhea, and/or sweating
- Possible agitated behavior





STOP-TALK-OVERCOME-PAIN

**SUICIDE AWARENESS
& PREVENTION**

RISK FACTORS

***THINGS THAT MAKE SOMEONE MORE LIKELY TO CONSIDER, ATTEMPT, OR DIE BY SUICIDE**

Mental Health Disorders

- Approximately **1 in 5 youth** in the United States will have a mental health disorder that significantly affects their life
- Depressive Disorders (8.7%), Anxiety (8.3%), Eating Disorders (2.3%), Psychotic Disorders, Conduct & Impulse Control Disorders (6.5%)

Substance Use Disorders

- Alcohol, Cannabis, Tobacco most common among youth
 - Approximately 10.2% of youth will be diagnosed with SUD in their lifetime



- History of trauma or abuse
- Loss of relationship(s)
- Lack of social supports
- feeling of isolation or hopelessness
- Easy access to lethal means
- Previous attempt(s)

SYMPTOMS OF IMPENDING SUICIDE ATTEMPT

****THE GOOD NEWS – THERE ARE SIGNS TO LOOK FOR!!!****

- Talking about wanting to die or kill themselves
- **Saying they have a PLAN to kill themselves**
- Looking for a way to commit suicide, like searching online or buying a dangerous weapon
- **Giving away personal belongings**
- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or isolating themselves
- Showing rage or talking about seeking revenge
- Extreme mood swings



What is the MHFA Action Plan (ALGEE)?

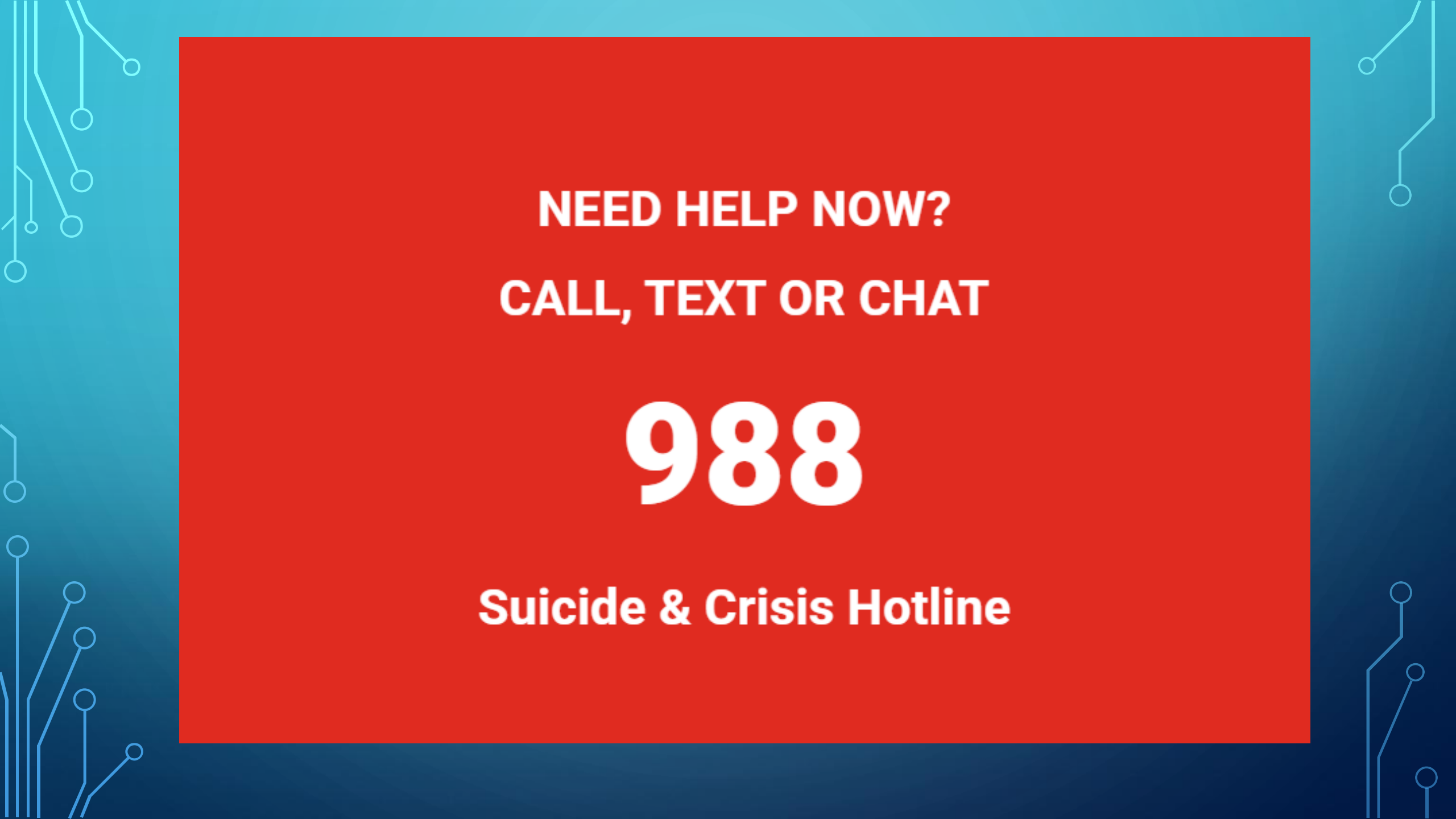
- **A**ssess for risk of suicide or harm.
- **L**isten nonjudgmentally.
- **G**ive reassurance and information.
- **E**ncourage appropriate professional help.
- **E**ncourage self-help and other support strategies.



HOW CAN I HELP?

- Remain calm, nonjudgmental and listen
- Ask directly about suicide plans
- Focus on your concern for their well-being
- Avoid making accusations – do not use the word “stupid”
- Reassure them that there is help, they are not alone
- Provide constant supervision
- Do not leave a youth alone
- Remove ALL means of self-harm
- **Take all threats seriously**
- Utilize school counselors and community organizations
- Get help immediately! principal, counselors, etc.



The image features a central red rectangle with white text. The background is a gradient of blue, with decorative white circuit-like lines in the corners. The text is centered and reads:

NEED HELP NOW?
CALL, TEXT OR CHAT

988

Suicide & Crisis Hotline

RESOURCES

THE GOOD SAMARITAN LAW

- The purpose of the Good Samaritan law is to encourage people to help others without fear of legal consequences
- **Calling 911 = helps save lives, and in most cases, you shouldn't worry about getting in trouble**

House Bill 1694 “Jessica Sosa Act” September, 2021

If your friend is overdosing, call 911—Texas law backs you as long as you're the **FIRST** caller, you stay, and you've not had a drug conviction within the last 18 months.

- Protects against: Possession-related charges for **small amounts** of controlled substances (1g, 4oz, etc.), **paraphernalia**, and inhalants—**only** if you make the call, stay on scene, and cooperate

LOW BARRIER ACCESS NALOXONE

- There is free Naloxone available for communities across Texas. These include **Narcan (naloxone) doses, fentanyl and xylazine test strips, safe disposal kits, and training videos on how to administer Narcan.**
- Thanks to efforts like NarcanNow.us, these resources are now more accessible than ever—helping Texans prevent fatal overdoses and support loved ones in crisis. Whether you're a student, friend, or bystander, these stations can make the difference between life and death.
- Find Naloxone near you or learn more at NarcanNow.us.



COMMUNITY RESOURCES

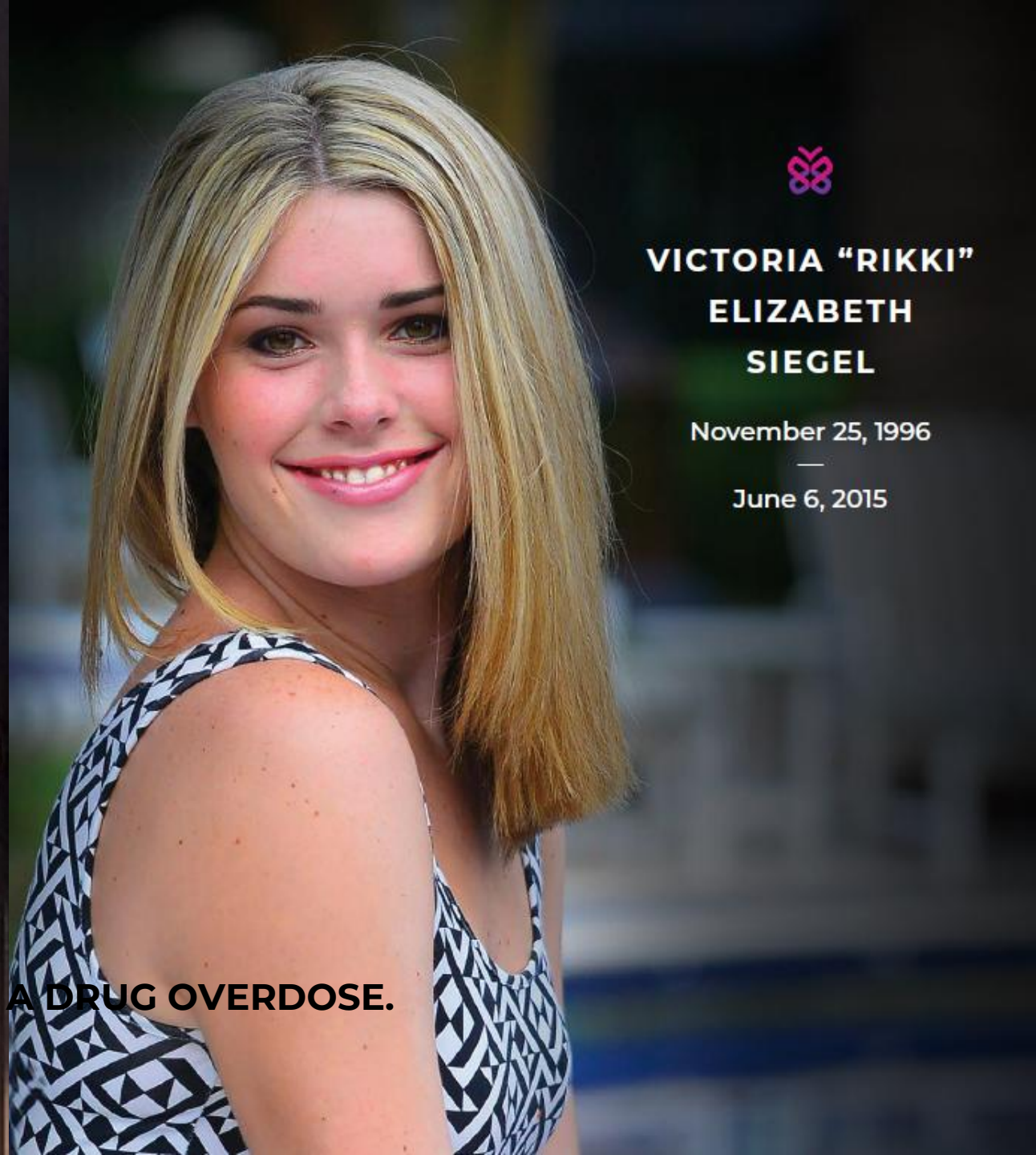
For more resources visit our websites at fentanylfathers.org, & stopglobal.org

Be sure to reach out to your local Southeast Harris County Community Coalition (CCC), Brazoria CCC, and Matagorda CCC by visiting BACODA.org.





SHE WAS JUST 18 YEARS OLD WHEN SHE DIED OF A DRUG OVERDOSE.



**VICTORIA "RIKKI"
ELIZABETH
SIEGEL**

November 25, 1996

—
June 6, 2015



SECOND EDITION

This Book Could Save Your Child's Life

Victoria's Voice

Her Words from
Beyond the Grave

Our daughter's wish
was to share her diary.
In doing so, we hope
it will save young lives
from drug overdose.

DAVID AND JACKIE SIEGEL
FOUNDERS, VICTORIA'S VOICE

Featuring the diary of Victoria "Rikki" Siegel

no one loves me

what
is, dont
survive?

why won't anyone just
hear my cries for help?



INSTAGRAM
@fentanyl-safe



**Students
Advocating
Fentanyl
Education**

EMAIL US:
FENTANYLSAFE@GMAIL.COM

INSTAGRAM
@fentanyl-safe



1001 GREAT COMEBACKS

TO PEER PRESSURE

SAY "NO" TO DRUGS WITH STYLE POINTS

PARENTS STRONGLY
CAUTIONED
PG-13
CHECK THIS BOX
FOR SPECIFIC CONTENT
INFORMATION
Some Material May Be Inappropriate for Children Under 13

BY S.A.F.E.'s SIENNA LEVINE & JULIAN SCHERER, Students Advocating
Fentanyl Education, and GREG SWAN, Cofounder, FentanylFathers.org

STARTED BY DREW SWAN, FOREVER 24

NEED HELP NOW?
CALL, TEXT OR CHAT

988

Suicide & Crisis Hotline

“I’LL NEVER TRY, SO I’LL NEVER DIE
FROM FENTANYL!”

Please complete the post
survey!