

## Local Health Services Products & Artists



- Recreation Therapy
- Laser & Skincare
- Healing Energy
- Neuro Feedback
- Practical Magik
- Intuitive Readings
- Holistic RN Mini Reiki sessions
- Lambton Shores Chiropractic- Dr. Jacob Koolen
- Bowen Pain Management
- Recreation Therapy with a fun side
- Spirit Movz with Michelle Mitchell**
  - Sessions are in the Optimist Hall upstairs
  - I-Qigong Session 11:00am – 11:30am
  - I-Line Dance Session 1:00pm – 1:30pm
- Ka Chi Yoga and Wellness**
  - I-Yoga class session 2:00pm – 2:30pm
- YM-YWCA-Forest
- Optimist Club
- Aberdeen Apothecary
- MJ Gateau Pops
- Mandoka - Natural Salves
- Lake Fun
- Herbal Tea Blends
- Hugh & Grace
- Sheets & Sleepwear
- Knot Bag Creations
- Copper Bracelets
- Airbonne
- A Healthy You
- Sipology
- Celesty Skincare & Makeup
- Enjo



# Health & Wellness Bazaar



Join us on Saturday,  
**April 25th 10am – 3pm**  
Port Franks Community Centre  
Door Prize draws and Memberships available

**Khaos Artisan Kitchen**  
Serving light lunches, breads & sweet treats.  
LSNT will provide free coffee and tea.  
10am — 3pm Main Hall

**Thank You for continuing  
to support our work.**



For more information about our work  
visit us at [www.LSNTblazers.com](http://www.LSNTblazers.com)  
All donations go directly to fund our projects.  
Everyone in our organization works as a volunteer.