

**IT IS TIME TO STOP NOW, AND YOU KNOW IT!**

# **PRIVATE SMOKING CESSATION PROGRAM**



**STOP SMOKING** WITH OUR GUIDANCE PROGRAM OFFERED ONLINE OR IN OUR OFFICE LOCATIONS BASED IN THE LOS ANGELES AREAS OF BEVERLY HILLS, WEST HOLLYWOOD, OR ENCINO.

FOR MORE INFORMATION CALL  
**THE HYPNOTHERAPY CENTERS**  
**(310) 844-1024 OR (310) 801-6211**

## **OUR PERSONAL INSTRUCTIONAL PROGRAM IS FOR INDIVIDUALS WITH THE FOLLOWING ADDICTIONS**

- Cigarettes
- Vaping
- Cigars
- Snuff
- Marijuana or Tetrahydrocannabinol (THC) and Cannabidiol (CBD)
- Other addictions



## **THE HTC THERAPY GROUP**

An association of THE HYPNOTHERAPY CENTERS is one of the few private, non-institutional cessation programs with the benefit of health and lifestyle coaching guidance. We will help you face your fears of the stopping process and personal changes such as: integrative health, triggers, relapse and withdrawal, and concerns of other habit formation including weight gain.

- Cancer and illness
- Addictions
- Lifelong smoking
- Smokers who love smoking
- Pregnancy
- Dual alcohol and smoking addiction
- Smoker and vaper's who are in fear of addiction or illness
- Smoker's experiencing medical or autoimmune disorders or disease
- Rehab, medical or mental health facility client experiencing release or relapse
- Practitioners in need to assist or refer client in need of cessation

**We offer you our 8-week (or 8 session) program. Will it take 8 weeks? No.**

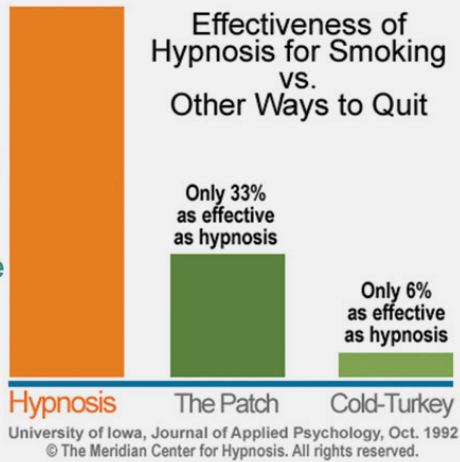
You can stop in the first week or it can take a few sessions. This depends on you, so we provide the following to achieve your success.

- The highest level of hypnosis
- Emotional therapy
- A plan
- Accountability coaching
- Personal support and more...

**CALL US NOW TO GET STARTED**

**(310) 801-6211**

Los Angeles, California based locations and available online for those around the United States.



## WE HAVE A VERY HIGH SUCCESS RATE

Using one of the finest comprehensive, and easy steps to step program for you the client. We provide hypnosis services which various respectable studies show strong success when using to stop smoking cigarettes, marijuana and related substances, cigar, vaping, and snuffing.

## WE HAVE SUPERIOR TRAINING IN CESSATION AND HYPNOSIS

We are certified hypnotherapists, you will be assigned to not just a hypnotist or weekend educated practitioner, you will be involved with a CH.t which is the highest educated hypnotist granted the right to hold the credential of hypnotherapist. Additionally, trained live in smoking cessation, hypnosis cessation and numerous highly skilled modalities related to integrative and functional health, medical and holistic training. Your experience in eliminating the habit and symptoms associated will be easier to clean the core than the cold turkey technique.

During this time your overall body and functionality changes. Our program offer's you informative material, and a mindful workbook to guide you through your week when faced with emotional, internal, and personal environmental changes smokers experience when they progress in the quit factor.

## OUR PROGRAM COMES FROM A HIGHLY SUCCESSFUL TREATMENT METHOD USING HOLISTIC, PSYCHOLOGY AND SCIENTIFIC EDUCATION. OH, DON'T FORGET THE HYPNOSIS!

Addiction rehabilitation centers and medical industry practitioners recommend and refer clients to The HTC Therapy Group and The Hypnotherapy Centers. You have the best of both. Most of our clients are people who must STOP because their lives depend on it! But then again, doesn't yours?

**JUST 100% SAFE, NATURAL, AND EMOTIONAL HEALING**

- No drugs or injections
- No nicotine, gum, or chemicals
- No replacements
- No patches

Our smoking service is a "program" not session fee based. You may quit smoking after your first visit however, behind an addiction is a core reason that limits and blocks your success. We offer you 8 total sessions or up to 8 weeks of program benefits if needed, to nip it in the bud and quit comfortably. It is enough time to get control of your life instead of continuing to let that smoke method alter your life and consume you. For cigarette and vaping, most clients who follow all of plan elements provided and dedicate themselves in their personal life to all elements of the program, cease around the 2nd to 4th session. Once you stop, your program is successful. You complete your program. You may feel to move forward without us or use 2 sessions for maintaining cessation, seeking reinforcement using hypnosis or for related conflicts which may be the core cause of your smoking such as past addiction, trauma, depression, anxiety, personal or professional life, or illness.

# WHAT IS INCLUDED IN THE HTC SMOKING CESSATION PROGRAM?

## CUSTOMIZED PROGRAM TAILORED TO YOUR CONFLICT AND NEEDS (MEDICAL, EMOTIONAL, ILLNESS, ADDICTIONS)

- 1 (one) 1st session (1.5 to 2 hours long) includes in-depth consulting, discussion, and start date prep
- Up to 7 HTC office or remote sessions including hypnosis with credentialed therapist/accountability coach. (45- minute private sessions- one per week)
- Binder with step-by-step program, nutrition and health education and tips for cessation and life success
- Handouts and information promoting your emotional and mental wellbeing
- Inclusive coaching regarding emotional and physical triggers, functional and integrative changes in the body and health
- 1 weekly 15-minute support, management, and motivation phone call for up to 8 weeks
- Phone and text support for accountability and consultation throughout smoking program
- Program success package
- Discounted session rates for extended and supplemental clinical hypnosis, health or wellness coaching or emotional therapy (optional not mandatory)



\*Client is purchasing the 8-week program to achieve cessation. Program must be completed no later than 10 weeks from date of agreement signing. It is highly recommended to have at least 1 session per week. If client excels and successfully stops to cessation within the first few weeks of program the program is fulfilled. We will then provide 2 sessions of hypnosis or consulting based on 1 visit per week for cessation or relapse prevention maintenance even the program was previously fulfilled. Maximum sessions within program rate is 8. If client does not participate or in more than a 2-week lapse, abandon's program, or does not participate in the obligation or in communication with therapist or staff, any unpaid payment is due and payable immediately as service was rendered as a given program. Payment provided by client in full is also noted by client as service rendered even if any or total sessions or provided program was not utilized or cessation was not achieved by client.

\*Full commitment and accountability are required at time of signing and with terms to successfully participate noted here within and in our agreement provided and signed. For the highest success level client is to attend consistent weekly sessions and adhere to provided materials. Extended terms and conditions are also included in our registration agreement.

\*If you follow the system, utilize hypnosis, coaching and workbook exercises you should be able to successfully cease smoking. Due to lifestyle and unforeseen elements, we do not refund, transfer, allow assignment of agreement or credit any or all program costs, fees or services.

