

DO YOU REALLY WANT TO STOP SMOKING?

CALL US (310) 844-1024

GET CONTROL OUT OF YOUR HAND AND BACK INTO YOUR LIFE!

THE HYPNOTHERAPY CENTERS OFFERS YOU THE CHOICE OF:

Office or remote (online services)

We provide you a highly developed and effective smoking cessation program or straight hypnosis cessation sessions service.

OUR PERSONAL INSTRUCTIONAL PROGRAM IS FOR INDIVIDUALS WITH THE FOLLOWING ADDICTIONS

- Cigarettes
- Cigars
- Snuff
- Other addictions
- Marijuana or Tetrahydrocannabinol (THC) and Cannabidiol (CBD)

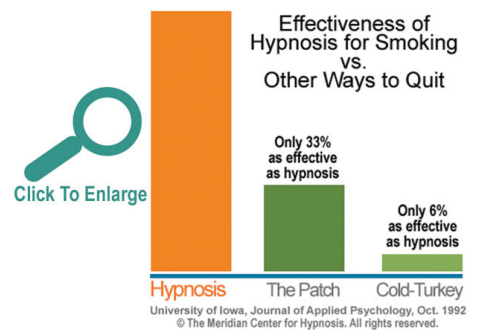


Addiction rehabilitation centers and medical industry practitioners recommend and refer into The HTC Therapy Group and The Hypnotherapy Centers.

THE HYPNOTHERAPY CENTERS AND THE HTC THERAPY GROUP

Are one of the few private, non-institutional cessation programs with the benefit of health and lifestyle coaching guidance. We will help you face your fears of the stopping process and personal changes.

- Cancer and illness
- Addictions
- Lifelong smoking
- Smokers who love smoking
- Pregnancy
- Dual alcohol and smoking addiction
- Smoker's experiencing medical or autoimmune disorders or disease
- Rehab, medical or mental health facility client experiencing release or relapse
- Practitioners in need to assist or refer client in need of cessation



WE HAVE A VERY HIGH SUCCESS RATE

Our program comes from a highly successful treatment method using holistic, psychology and scientific education. Oh, don't forget Hypnosis! We work directly with people who must STOP because their lives depend on it! But then again, doesn't yours?



CALL US (310) 844-1024 OR (310) 801-6211

www.QuitSmokingWithHypnosis.com

ABOUT OUR FOUNDER JESSICA DAWN RUSSELL



HTC Medical Therapies
For Pain, Disorders, Disease & Health



I have a deep personal connection with helping you achieve your goal in stopping! I am not going to sugar coat this. Years ago, I experienced over 3 years seeing a vibrant, intelligent, and successful businesswomen who was loved by many in both her personal and professional life lose health, body, mind, and all abilities. Suffering every minute and no turning back to wellness or to help herself independently, she lost her life after lung cancer which metastasized to her brain. I can't tell you the details and deterioration, you fill in the blanks. I saw this wonderful woman go through what I do not wish on anyone. It was all due to cigarette smoking. This woman had smoked for about 30 years, stopped on and off and finally stopped for 5 years. No longer smoking, she found out she acquired lung cancer from smoking. 1 year of some wellness and a little remission, she learned of mastication and lived remainder of her life bedridden in pain.

People today are educated, and smokers understand what can happen this includes you. Only they don't think it can happen to them and I know you need help to end the cycle. I am sure you guessed that women were my mother. She is not here but you are. You are smart, ready, and capable so let's get going and take the control away from that 3-inch accessory that became your best friend. It's now mind over matter, start a new page in life and live to enjoy it.

- Jessica Dawn Russell



Jessica Dawn Russell studied Psychology and later veered into business education achieving a bachelor's degree in international business among others. Once owning multi offices and companies in consulting, real estate, entertainment, and investments she changed her entrepreneur presence of over 30 years to successfully pursue a road in high level studies of neuro-subconscious, hypnosis, integrative and functional illness, medical and health. Jessica has become an expert in extensive practice, functional and integrative health pertaining to neuro, mental, health disease, and disorders. She is a highly sought out hypnotherapist in California, triple certified in smoking cessation with clients not just within Southern California but around the world.

She also works with California's medical and addiction specialists from rehabilitation and oncology centers referring clients with addiction, medical or oncology issues to her and her businesses. Achieved graduating with honors, 30 high level certifications spanning in mental health, psychology, hypnosis, functional and integrative studies in subjects in medical, mind, and health.

Designated as a CH.t credential in hypnosis, therapy, and subconscious studies and as a Certified Integrative Health Coach and member of the prestigious National Board for Health & Wellness Coaching (NBHWC) which is affiliated with the National Board of Medical Examiners. Jessica has various MA credentials such as Imagery and hypnotic studies to assist in your success in cessation. Jessica is also a professional speaker and practitioner trainer. She works with adults, kids, and teens.

JESSICA DAWN RUSSELL

Web: www.QuitSmokingWithHypnosis.com

Telephone: (310) 844-1024 (310) 801-6211

