

E BULLETIN June 2022

Website www.serve.org.uk

Facebook www.facebook.com/SERVE234

All requests for Community Support jess.slater@serve.org.uk

The NHS is changing We need your views or comments!

There are big changes taking place across the health and social care system and we would like your views and comments. Please watch the video below and send all comments or questions to jess slater@serve.org.uk

https://www.youtube.com/watch?v=blapgFKXv0]



Send all comments and/or questions jess.slater@serve.org.uk

FUNDING

Funding for Community Health & Wellbeing Projects (UK)

7th July 2022

Funding is available to neighbourhood-based community projects that build happy, strong, resilient communities across the UK.

Individuals and small, not-for-profit businesses can apply for funding to set up new groups and activities that improve mental health and wellbeing, inclusion, and learning and skills development in local communities. To be successful, applicants will need to indicate how the activity/group can become self-sustainable or be able to attract funding from other sources for the longer term.

The funding is made available through Laughology's Happiness Fund, which makes one award of £2,500 per quarter, allowing up to four different projects per year to be supported.

This funding round is now open for applications and will close when 50 applications have been received.

More Information:

Organisation Name: Laughology - Happiness Fund

Link: https://www.laughology.co.uk/no-category/the-happiness-fund-2



The 7Stars Foundation - Project Grants (UK)

Funder: The 7Stars Foundation

Summary:

The7stars Foundation supports the most challenged young people in the United Kingdom. Assisting forgotten young people aged 16 years and under, lacking opportunity, to achieve their potential. The funding is available to support projects that support young people challenged by abuse; addiction; those who are young carers; and those who are homeless.

Funding Details:

Grants of up to £2,500 are available to organisations that meet the Foundation's grant funding prioritises of:

- Abuse
- Addiction
- Child Carers
- Homelessness

Who Can Apply:

The funding is available to organisations with a turnover of under £1.5million supporting young people aged 16 years and under.

Contact Details: https://the7starsfoundation.co.uk/

Application Status: This grant is open to applications. The closing date for applications is 31st July 2022.

FUNDING

The Asda Foundation – U18 Better Starts Grant (UK)

Funder: ASDA Foundation Trust

Summary:

The Asda Foundation aims to transform communities and improve lives by providing independent grants and support to locally relevant community projects throughout the UK. Through the Under 18 Better Starts Grant, the Foundation provides funding of between £500 and £1500 to improve the lives of disadvantaged children and young people across the UK. The funding is available to not-for-profit organisations for projects which give children the best start in life, encourage them to be active, and which tackle poverty, inclusion and wellbeing.

Projects could include breakfast clubs, food and clothing banks, arts and crafts groups, brownies, scouts, training for counsellors, U18 sporting/physical activity-based groups, and Easter and Jubilee Celebrations for U18's. Applications should be made through each local Asda store's Community Champion. The deadline for applications is the 15th April 2022.

Funding Details:

Grants of between £500 and £1,500 are available. There are four options to choose from under this grant:

- Supporting Essentials
- Being Active
- Improving Wellbeing
- Celebrating and Bringing Children Together

Who Can Apply: Not-for-profit organisations in the UK working with young people.

How to apply: Applications must be submitted via Asda store Community Champions.

Contact Details: https://www.asdafoundation.org/how-to-apply

Application Status: This grant is open to applications. The closing date for applications is 19th August 2022.





SAVE THE DATE Community Consortium

Date: Wednesday 21st September 2022

Venue: Victoria Centre 46-50 Palk Road Wellingborough Northants NN8 1HR

Time: 9.30am – 1.30pm With light refreshments and Lunch

SPEAKERS

Update: on the new Integrated Care System

Representatives from North Northamptonshire Council

- David Watts, Executive Director
- Cllr Helen Harrison, Executive Member Adults, Health and Wellbeing
- Ali Gilbert ICS Place Director.

Followed by: Lunch & Networking

Book your place:

SERVE 8 West Street Rushden NN10 0RT Phone 01933 315555 Email ruth.moore@serve.org.uk



AGM THE ANNUAL GENERAL MEETING OF SERVE

THURSDAY 21ST JULY 2022

ONLINE: VIA ZOOM

Join Zoom Meeting

https://us06web.zoom.us/j/89562337826?pwd=S2EzcEx1V2ZlbGg1K0tlbTRkYUdhQT09

Meeting ID: 895 6233 7826 Passcode: 782797

COMMENCING: 7.00 to 7.30 PM

- 1. To receive the Report of the Directors and the Audited Financial Statements for the year ended 31st March 2022
- 2. Appointment of Auditors
- 3. Election, Re-election of Management Committee Members

THIS IS AN OPEN MEETING AND ALL MEMBERS OF THE PUBLIC ARE VERY WELCOME TO ATTEND



In times of crisis, we're here to help



- Did you know that 48% of UK adults say the pandemic has negatively affected their wellbeing?
- During 'lockdown' children's depression symptoms increased substantially, relative to before, with 39.2% of those aged 6 to 16 years in 2021 experiencing a deterioration in mental health since 2017.
- Parents reported their children had more symptoms of behavioural, emotional and attentional difficulties throughout the pandemic, including higher levels of anxiety, feeling unhappy and more isolated.

Bearing this in mind, The British Red Cross Community Education team have worked on a Covid-19 recovery campaign. The aim is to support and improve the wellbeing of those most at risk, helping them to adapt and recover (for adults) and cope with challenges (for children from 10 years/Year 6) that they may have experienced throughout the pandemic.

As the new, Northants based, Community Education Coordinator for the British Red Cross, responsible for delivering educational presentations, I am delighted to inform you that I'm available to present these face to face, free humanitarian workshops for groups of 5 to 35 people, with the aim to build stronger community resilience and develop people's skills and confidence to act in a crisis.

In the last year, Community Education helped to educate tens of thousands of learners from primary age to pensioners, across the UK, in addition to many more through an array of other successful digital and educational products. The fully funded workshops prove very popular nationwide and are hugely beneficial to the local community, especially in the face of current challenges brought about by the pandemic, the conflict in the Ukraine and rising cost of living. (Use these hyperlinks to find out more):

We're also offering the following **free resources for both adults and young people** that might be of interest to your employees, volunteers and service users/clients:

- Face to face, online and telephone workshops
- Self-directed learning through online resources
- Teaching resources

Here's a little more information on the individual workshops that are available:

Youth First aid (10-19 years)

Help young people to have the ability and confidence to step in in a crisis by learning life-saving skills using the objects around them.

Youth Coping with challenges (10-19 years)

Help young people understand what resilience is and how they can develop this in their lives to confidently cope with challenges.

Youth Coping with challenges (10-19 years)

Help young people understand what resilience is and how they can develop this in their lives to confidently cope with challenges.

Youth Empathy and Migration (10-19 years)

Understanding the terms empathy and refugee and having greater consideration of the challenges refugees face when coming to the UK.

Adult First aid (over 19 years)

Build the skills, confidence, and willingness to help in a first aid emergency using the objects around you.

Adult Tackling Ioneliness (over 19 years)

41% of adults have reported feeling loneliness since lockdown. Learn skills to help yourself and others who may be suffering.

Adult Adapt and Recover (over 19 years)

Since the pandemic adults have found their resilience has been tested, we look at ways to combat this in this workshop.

All these workshops are available digitally, over Zoom, Teams and face-to-face locally*.

If you would like to book a face-to-face or digital workshop, you can check my availability, find out more and book directly using this link:

https://outlook.office365.com/owa/calendar/CommunityEducationNorthampton@brcsbrms.onmicrosoft.com/bookings/





Harmless are proud to announce that we are hosting our third online Suicide Bereavement conference to examine the practical application of working in the field of suicide bereavement, every Tuesday and Thursday between 6th of September - 29th of September 2022.

The Theme for this year is: * **Practical Applications: Working with Overlooked Communities -** I wanted to make you aware of this excellent opportunity to be part of this change along with all of the outstanding work you do within your area and how seriously you take the mental and physical wellbeing of your communities whilst striving to tackle the multicomplex socioeconomic issues of today's climate.

Eventbrite booking links below:

https://www.eventbrite.co.uk/e/online-suicide-bereavement-conference-practical-applications-tickets-374138055997?aff=ebdsoporgprofile

Practical Applications: Working with Overlooked Communities
Every Tuesday and Thursday between 6th of September - 29th of September 2022,

Harmless will be hosting a live online webinar session (10:00-11:00am) with an expert in the field of suicide bereavement. This unique CPD-accredited conference will be held online over 8 short sessions to allow you to join in flexibly at however many sessions you'd like.

The field of suicide bereavement is a particularly specialist area. When we start talking about suicide it can be surprising how many others have a story to tell. So many of us are impacted by suicide either through the tragic loss of a loved one, someone we once worked with, someone in our community, a patient, or someone very supportive. **Everyone has a story.**

We are hosting our third online Suicide Bereavement conference to examine the practical application of working in the field of suicide bereavement, **split over 8 live webinars during the month of World Suicide Prevention Day.**

The programme is designed to help those of us working with anyone impacted by suicide to improve our knowledge, skills and understanding in relation to suicide bereavement. Delegates can expect to take away from the conference a range of knowledge, inspiration and practical applications for the implementation in real life personal and professional situations. Learning from some of the leaders in the field, delegates will have access to interactive sessions that can drive change in the field of suicide bereavement.



We are pleased to announce that Nominations are now open for the North Northamptonshire Active Communities Awards 2022.

The website is live and can be viewed at www.nnactiveawards.co.uk where you can view the criteria and nominate. The awards categories for 2022 are:

Community Club

- Community Organisation/Group
- Sports Activator
- Community Champion
- Young Volunteer
- Health and Wellbeing Initiative
- Workplace Wellbeing Get Active
- Get Active Young person
- Disability Sports Performer
- Young Sports Performer
- Local Sports Performer
- Outstanding Recognition Award
- Sport School of the Year Primary
- Sport School of the Year Secondary

Please share the website with anyone you think that may want to nominate someone, a club, school, group or organisation. We know there are lots of incredible superhero's out there and fantastic clubs and projects that deserve recognition.

The awards cover the North Northamptonshire areas of Corby, Kettering, East Northants and Wellingborough. Award winners will be announced live at the awards event on Wednesday 16th November 2022 at the Kettering Conference Centre.

INFO



We have launched our cost of living survey this weekend and would love you to register your comments and send it out to your contacts. At Accommodation Concern we believe everyone deserves the right to live their best possible life.

Please complete this survey and help us make a difference. We will be using these results to throw a spotlight on the crisis that is the Cost of Living, to support those lobbying for change, to highlight how the national crisis is affecting us locally, what the local gaps are, and to inspire the wider community to then support us.

As a thank you we will award a £25 Made In Northamptonshire voucher to one survey respondent - drawn at random on the closing date: 12noon, Monday, 11th July.

Simply click here https://www.surveymonkey.co.uk/r/39STFWG
It can also be found on our Facebook, twitter and linked accounts



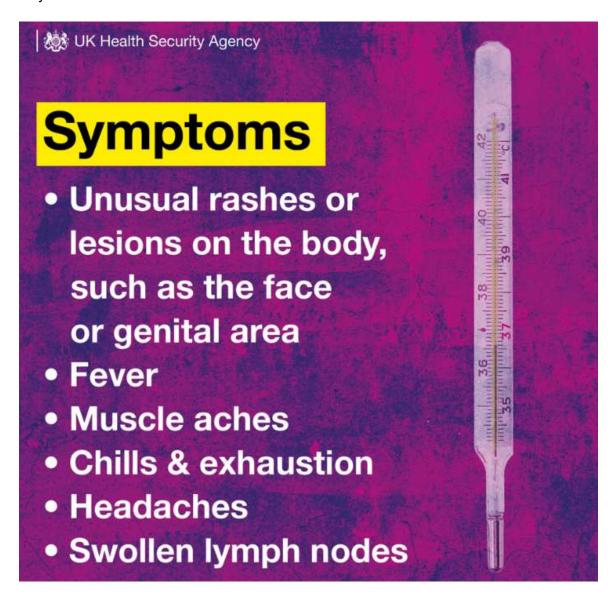


Please see the Serve Summer edition of the Newsletter.

INFO

Important health Notice

Cases of Monkeypox are rising in the Community, Northamptonshire Public Health have advised anyone who may be suffering with the following symptoms to isolate at home and contact the Public Health immediately on **01536 410647**.









GREEN MESSAGE

No immediate action is required in relation to the contents of this message

With Summer officially here, we want to remind you of the importance of staying safe abroad.

Read our latest article here:

https://www.protectuk.police.uk/news-views/increase-your-travel-safety?mtm_campaign=TravSafeC









If you see or hear something suspicious, trust your instincts and **ACT**. Report it in confidence at www.gov.uk/ACT Your actions could save lives.

The contents of this email carry Security Classification Marking: OFFICIAL - unless stated otherwise

Cross-Sector Safety and Security Communications (CSSC) messaging platform is provided by

Everbridge and sponsored by National Counter Terrorism Policing (NCTP)

The MPS and NCTP accepts no duty of care in respect of any loses financial or otherwise incurred by (name of company) in respect of action (name of organisation) that takes in response to information provided by NCTP or MPS Police Officers or Staff to (name of organisation) and other business leads in the hub. (Name of organisation) accepts that by as a partner agency, it is responsible for applying its professional judgement as to the advice it disseminates to other individuals inorganisations in response to the information provided by NCTP and the MPS. (Name of organisation) accepts that NCTP and the MPS is liable for any business (oses resulting from any actions taken by individuals or organisation to whom (name of organisation) disseminates information.

INFO



Please find attached Health Watch North and West Northamptonshire (HWNW) press release regarding our GP Access Project that looks at peoples experiences of accessing a GP appointments post pandemic and includes information about our survey.









Interested in the Voluntary Sector in **Kettering & Corby**? Consider joining **Kettering Voluntary Network** (KVN) and/or **Corby Voluntary Network** (CVN)! It keeps you in touch with like minded organisations! Receive mailings and invitations to networking meetings and events! It's local and free! Contact <u>sean.silver@groundwork.org.uk</u> or mobile 07912 480537

Could your organisation benefit from some **Support?** We offer support to KVN & CVN (Kettering Voluntary Network & Corby Voluntary Network) members to help you to check that your **policies and procedures** are up to date and discuss **business planning** or **funding** applications. We are also here to support **Trustees with Governance matters!**

CAN (Community Action Northants) provides support in Volunteering brokerage! Sign up and see volunteering opportunities near you, and advertise your organisations volunteering offers! Community Action Northants - Volunteering opportunities in Northamptonshire

Kettering **Better Together Hub** (in partnership with North Northamptonshire Council). Support through the Pandemic to CEV (Clinically Extremely Vulnerable) and self isolating experiencing difficulty in shopping and pharmacy collection, financial hardship and loneliness. Call 0300 126 1000 option 5.

Tesco Community Grants (formally Tesco Bags of Help)! Groundwork administers and support groups to apply to this fund for Tesco! Any not for profit organisation can apply & criteria is anything to benefit community!

More info click here: Tesco Community Grants

Comic Relief Funding! Groundwork UK administer & support groups to apply to this fund! More information on application and criteria for funding

here! https://www.groundwork.org.uk/national-grants/comic-relief-community-grants/

INFO



Find out about all sorts of charities and groups in and around Wellingborough. A directory of community organisations in Wellingborough is available please follow the link below to for more details:

Community – Wellingborough



We are always looking for volunteers to step forward for this worthwhile project. Help us to change the lives of lonely, isolated people. Help us make a difference.



Serve is also a registered body for the administration required in processing DBS on your behalf.





KGH Charity Fund merges with Northamptonshire Health Charity

Back on 1st April this year KGH Charity Fund, the charity that supported Kettering General Hospital (KGH) merged with Northamptonshire Health Charity, the independent charity which supports Northampton General Hospital (NGH) and Northamptonshire Healthcare NHS Foundation Trust (NHFT). This means that Northamptonshire Health Charity is now THE registered charity for all NHS hospitals, mental health and community services across the county.

The charity coordinates donations and raises funds to make things better for patients, their families and NHS staff by providing funding for equipment, research, training and all of those extras that help to comfort people when they are in hospital.

The merger means that Kettering General Hospital is now supported by a much larger charity team, able to access sources of funding previously not available to NHS Charities. People can still make donations to directly benefit either KGH in general, or to benefit individual wards, departments and services at the hospital. Just like they are able to do for both NGH and NHFT.

"We are so thrilled to have merged with KGH Charity Fund this year. We are really looking forward to celebrating the wonderful projects and enhancements to patient care and experience that have been achieved thanks to the KGH Charity Fund team over the years thanks to the support from the local community. We are working hard to continue with our mission to raise funds to support above and beyond projects to benefit patients and staff at KGH," said Alison McCulloch, Head of Fundraising.

The charity will continue to have a presence on the KGH site – being based in the charity office at Latimer House to receive donations, provide advice on fundraising and guidance to KGH staff on procedures for receiving donations and accessing funds.

If you have any questions or would like to get involved by making a donation to the charity, to benefit KGH or any of the hospitals they support you can call the

Kettering office on 01536 491569

Northampton office on 01604 626927

email greenheart@nhcf.co.uk

Visit the charity's website at www.northamptonshirehealthcharity.co.uk



URGENT - COMMUNITY LAW SERVICE UPDATE FOR RUSHDEN OFFICE

Please note the following updated information, in respect of our Specialist advice services. Our advice & assistance is Free (aside from our Not for Profit Immigration Service), Independent & Confidential.

DEBT & WELFARE BENEFITS:-

The <u>East Northants Project</u> provides a full range of Debt/Budgeting advice & assistance. Plus, Welfare Benefits advice & assistance with advice on entitlements/Benefit income maximisation, energy saving, disputes & appeals, to all residents within the District of East Northamptonshire.

PLEASE NOTE:-

The Rushden office is closed week commencing 30th May'22.

As from Monday 6th June'22, the Rushden Office Telephone Line & Reception is currently open to the public for residents within East Northants District, Monday & Wednesday 10am-1pm for enquiries and booking appointments

The Rushden office Advice Shop is located @ 32 High St, Rushden NN10 0PW - Tel: 01 933 313020. We kindly request a protective mask is worn, unless you are exempt, thank you.

Outside of these times, please contact our Northampton Office on 01 604 621038, Monday-Thursday 10.00am-2pm & Fridays 10am-1pm, or via www.communitylawservice.org.uk Please note, our offices are not open on Bank Holidays.

We are also able to provide advice & assistance with the following Services by contacting the Northampton Office on 01 604 621038, Monday-Thursday 10.00am-2pm & Fridays 10am-1pm, or via www.communitylawservice.org.uk

Housing - We can provide advice in respect of repossession & eviction for people eligible for Legal Aid.

Energy Advice – Advice/help to better afford energy bills including Benefit advice & income maximisation, utility debt advice, energy tariff checks, access to grants.

Self-funded Immigration Service - Specialist advice & help with claims & appeals.

INFO



Northamptonshire

Care & Repair Northamptonshire is still providing essential practical home support works across the county at this time. All services are delivered in accordance with current government guidelines.

If you need help with essential repairs, electrics, plumbing, home improvements, adaptations, home security, home warmth measures please contact us on 01604 782250 or email office@careandrepairnorthamptonshire.org.uk

We currently have funding to offer some FREE services to eligible clients, including:

- General Hardship Funding
- Home warmth/heating improvements
- Gas safety works
- Referral to replacement gas boiler scheme



IS YOUR ORGANISATION LOOKING FOR VOLUNTEERS?

If the answer is "YES" then please register your organisation on the brand new countywide volunteering website

www.communityactionnorthants.org.uk

Once you have registered your organisation – You can register your volunteer opportunities on our database

- New opportunities will be viewed by us before going live
- You can look forward to receiving more volunteer enquiries