

# OUR WEBSITE - www.serve.org.uk ADD US ON FACEBOOK

https://www.facebook.com/SERVE234

All requests for Community Support please email info@serve.org.uk

**FUNDING** 

## **▲BigGive** Kind<sup>2</sup>Mind

Mental health challenges affect a large proportion of the population – many of which go unseen or unsaid.

Kind<sup>2</sup>Mind seeks to support charities offering valuable services to address, prevent, research, treat, campaign and raise awareness about mental health as part of their work.

UK-registered charity with a Charity Commission, OSCR or NI Charity Commission number, or tax-exempt status

Have an annual income of at least £25,000 (as per last filed accounts on the Charity Commission).

Charities which are registered on BigGive.org (free to register).

Charities seeking to raise:

Up to £10,000 in public donations through the 1:1 Model (to be doubled by match funds).

Up to £100,000 in public donations through the Pledge Model (to be doubled by match funds). Charities can receive up to £50k in Champion funds.

**Application deadline 16th February 2024** 

https://biggive.org/kind2mind/



King Charles III Charitable Fund Launches New Small Grants Programme (UK)

The King Charles III Charitable Fund has launched a new Small Grants
Programme to support projects that will improve people's lives and build
sustainable communities across the UK.

Each year, the fund will allocate grants of up to £5,000 to around 100 communitybased organisations, including charities, community interest companies, and parish councils.

The fund aims to support small-scale projects that have the potential to create substantial impacts within their communities, especially those that typically face challenges in accessing larger funding sources.

**Grants will be awarded across 6 funding themes:** 

- · environment
- countryside
- · social inclusion
- · health and wellbeing
- · heritage and conservation
  - · education

The fund opens to applications on the 8th February 2024 and closes on the 22nd February 2024.

https://www.kccf.org.uk/small-grants/



### **Small Grants Programme**

The Small Grants Programme is now OPEN. We will remain open until 45 applications have been received.

This is a rolling funding programme for one-off grants of up to £5,000.

There are 10 application windows throughout the year and each window will close when 45 applications have been received. Please see the Process and Key Dates tab below for more information.

Although you cannot prefill the online application form, you may prepare your application by downloading the offline version of the form here. and our Small Grants Budget Template here.

### **Eligibility Criteria**

The Leathersellers' Small Grants Programme 2023-24 will consider applications from charities and Charitable Incorporated Organisations (CIOs) registered and operating in the UK. We will not consider applications from Community Interest Companies (CICs).

To apply, charities and CIOs must meet the following criteria:

Your paragraph text

Operate in a geographical area of deprivation in the UK. We recognise all relative measures of deprivation as tracked by the Indices of Deprivation or similar tools.

Deliver activities to meet an identified need for vulnerable members of the community Have a planned expenditure of under £200,000 in 2023/24

We do not fund the following:

Visit the following link for more information on how to apply https://leathersellers.co.uk/small-grants-programme/



We wish you a Happy, Healthy and Peaceful 2024! and wanted to start the year by inviting you to join our free webinar programme.

You can see, and register for, all our up-coming webinars here: SAFE by CST | Zoom Hub – our current schedule is shown below:

- 17th January 2pm, Basic Security (raise your awareness of community security)
- 25th January 2pm, Hate Crime (the complexity of hate crime)
- 31st January 2pm, Organising Security (security & risk management)
  - 7th February 12pm, Countering Radicalisation and Changing Mindsets (How are people's minds changed towards radicalisation?)
  - 15th February 12pm, Women's Safety (useful tips to keep you safe)
- 22nd February 2pm, Exploring the Far Right (the state of the far right in the UK)

Please share this information with anyone who you think may be interested.

We are also supporting a live event on 14th February 11:00 – 15:00 in London.

Faith & Moral Courage: A Day of Inter-religious Dialogue, seeking a way forward together in a time of uncertainty. For more information, please click: Faith & Moral Courage: A Day of Inter-religious Dialogue - St Ethelburga's (stethelburgas.org)

Some useful links and documents can be found by scanning our Linktree:

Also, by following this link: https://linktr.ee/SAFE\_CST.
In the meantime, if we can be of any help, please contact us on enquiries@safe.cst.org.uk.



### How to sign up for Early Help Training Please see attached instruction guide

LGBTQ+ Awareness for Care Providers
The North Northants LGBT+ Forum is excited to introduce a new LGBTQ+
awareness training course tailored specifically for Adult Care Providers.

This three-hour session (with breaks), co-designed with care provider partners, focuses on addressing hidden inequalities faced by the LGBTQ+ community within both care settings and at home. Attendees will gain confidence in recognising overlooked workplace inequalities and develop action plans for fostering inclusivity.

During the course you will receive a dedicated trainer who will support you in a small group setting with diverse attendees from various organisations to encourage the sharing of ideas and learning.

The resources provided are co-designed by community members. By the end, you'll leave with increased confidence to support those who may not feel comfortable being their true selves. Additionally, you'll gain a new network of individuals committed to making North Northants the best place for people to live well.

With support from The National Lottery Community Fund we are able to offer this course for FREE for up to three people per organisation, and a reduced rate of £25 per person thereafter. Each session will run with a maximum of 12 participants to allow for true learning and engagement.

Spaces are open to anyone from an Adult Care Provider organisation across the whole of Northamptonshire.

To book a place, and for more information, please visit the LGBT Forum Website or scan the QR code

Available dates and locations are on the website.

Let's build a more inclusive future together! #LGBTQAwareness #InclusiveCare

https://www.lgbtforum.co.uk/home/resources/learning-zone/lgbtq-awareness-for-care-providers







# Fraud and Cyber Scams Free Talk

Join us to hear Northamptonshire Police's latest advice on scams and how to:

- Spot the signs of romance fraud
- Identify fake calls, texts and messages
- Avoid doorstep crime
- Protect your personal information online
- Keep your devices secure

Monday 11th March 2024 First Talk: 10am - 11am Second Talk: 11:30am - 12:30 pm

Home Instead East Northants, 3 Regent Park, Booth Drive, Park Farm South, Wellingborough, NN8 6GR

### **Book Now:**

Tel: 01933 678775

<u>lucy.darnell@homeinstead-eastnorthants.co.uk</u>



### Integrated Care Northamptonshire

# EQUALITY DELIVERY SYSTEM (EDS) DOMAIN 1 GRADING/SCORING WORKSHOP NORTHAMPTONSHIRE NHS DIABETES AND CHAPLAINCY SERVICES

Northamptonshire Integrated Care Board would like to invite you to our Equality Delivery System (EDS) Domain 1 Grading/Scoring Workshop for our NHS Diabetes and Chaplaincy Services.

We want to know your views on how we are doing with our Diabetes and Chaplaincy Services and how you think we can improve. The Workshop will take place on Friday 16 February 2024 from 10.00 am to 3.30 pm at the Moulton Community Centre, Sandy Hill Lane, Reedings, Moulton, Northampton NN3 7AX.

Lunch and refreshments will be provided, and please note that we will reimburse your travel expenses.

### 1 What is EDS?

EDS is an Accountable Equality Improvement Tool that NHS organisations in England use to measure equity in services, workforce health & wellbeing and leadership. There are 11 outcomes spread across 3 domains:-

- Domain 1 Commissioned or provided services
  - Domain 2 -Workforce health and wellbeing
    - Domain 3 Inclusive Leadership

At the Grading/Scoring Workshop on 16th February 2024, you will be looking at evidence for our Northamptonshire NHS Diabetes and Chaplaincy Services.

Please see attached for more information

# Mental Health Morthamptonshire Awareness courses

## FREE half-day courses for frontline staff and volunteers across Northamptonshire

Build your knowledge of mental health to equip you in supporting

others.

### **2024 COURSE DATES:**

### **Rushden Mind:**

- Thursday 8 February
- Friday 22 March
- Friday 7 June

### **Northampton Mind:**

- Wednesday 28 February
- Monday 29 April
- Tuesday 25 June

All sessions 9.30am - 1pm

This course is free to attend under The All-Age
Mental Health and Suicide Prevention Training Framework

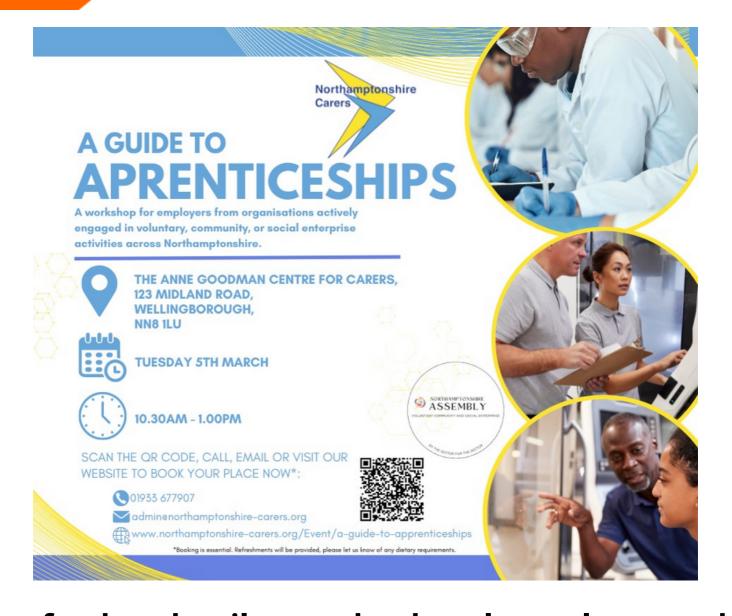
Register your interest <u>here</u> or by emailing: mhsptraining@westnorthants.gov.uk











For further details or to book a place, please make contact with Northamptonshire Carers on 01933 677907, option 1 or email:

<u>admin@northamptonshire-carers.org</u> or scan the QR code on the attached poster which takes you to our website.



# VOLUNTEER DRIVERS

Drivers take people on day trips to a wide variety of locations, seaside to shopping centres and pub lunches.

Lunch and drinks provided.

Combat social isolation, help people make new friends and



01933 315 555

8 West Street, Rushden, NN10 ORT

Charity Number 1043321 Company Number 2951827

EMAIL info@serve.org.uk for more information

We are looking for volunteers to step forward for this worthwhile project. Help us to change the lives of lonely, isolated people. Help us make a difference.

If you would like to become a
VOLUNTEER, and you are 18+ you
can download our Volunteer
Befriender Role Description and
Application Form from our website
Countywide Befriending
(serve.org.uk)

If you would like to speak with us about the Befriending Service you can contact one of the coordinators directly (details on poster) or our Befriending Manager, Jonathan Cook on 01933 315555. Thank you.



VOLUNTEER

### IS YOUR ORGANISATION LOOKING FOR VOLUNTEERS?

If the answer is "YES" then please register your organisation on the brand new countywide volunteering website.

www.communityactionnorthants.org.uk



in Northamptonshire

You can register your volunteer opportunities on our database

- New opportunities will be viewed by us before going live
- You can look forward to receiving more volunteer enquiries

Please see attached volunteer database guide





### Thinking of volunteering? Come to our Volunteer fair.

We are hosting a volunteer fair where you can come and meet us and other agencies to discuss volunteering opportunities.

Contact us today to find out more.

admin@homestartwellingborough.org.uk 01933 272749

Charity no. 1114076 Croyland Nursery School, Croyland Road, WELLINGBOROUGH NNR 2AX Home-Start offices Croyland Nursery School Wellingborough 12th February 2024 10.30am until 2.30pm.



### Community Responder Volunteer

### We need you to make a difference to older people.

This service aims to provide company, reassurance, and low-level support to an older vulnerable person in their own home. This could be anything from a welfare check to offering some companionship when a delay is anticipated for Primary or Secondary care support. It can be a worrying time when older people are waiting for further support at home, our aim is to assign a volunteer to be that much needed "friendly face" for up to two hours.

This service currently covers Northampton and Wellingborough and the surrounding areas, including East Northamptonshire.

To join this rewarding service, we ask that you are:-

- age 18 or over
- a confident caring person with empathy for older people
- able to stay calm and offer reassurance
- living locally in the current service area

### Your visit could include:-

- making a drink
- packing an overnight bag
- making someone comfortable following a fall
- · contacting a family member or friend
- providing reassurance and a listening ear
- · liaising with your Service Manager as required

Please note this role will not involve any manual handling (lifting or moving) of people. We are sure that you will enjoy volunteering with us, and that you will always feel supported and safe.

If you would like an informal chat to find out more, please call Kathy Smith on 01604 210618 or email communityresponders@ageuknorthants.org.u

Scan me to apply.



Age UK Northamptonshire is a registered charity (1059995) and company limited by guarantee. Registered in England and Wales No: 3294424. Age UK Northamptonshire Trading Ltd is a limited company. Registered No: 2966624, a trading company and subsidiary of Age UK Northamptonshire and donates its net profits to that Charity. Both companies share the same Registered Office: The William and Patricia Venton Centre, York Road, Northampton NN1 5Q). Tel: (01604) 611200.



### Integrated Care Northamptonshire



### **Volunteer Opportunity**

We are putting transformation in practice and embarking on an exciting new way of working between partners. Led by the North Northants voluntary, community, and social enterprise (VCSE) sector we are working with the Integrated Care Service (ICS) to transform how services are delivered.

The service motto is: 'We don't give up on people'.

We are looking for positive and motivated volunteers In North Northants, who want to make a difference by supporting people to access the services they need:

### Can you

- Accompany someone to an appointment GP, other
- Drive and/or escort someone to an activity or group
- Help someone with their shopping
- Assist SNN staff at appointments
- Make wellbeing calls
- Practical support such helping make appointments etc..

Full training will be provided, flexible hours to suit.

For more information email info@serve.org.uk





As a disability-confident, committed organisation and winner of the 2023 Northamptonshire Black Communities Together Strategic Partners of the Year, we are working hard to increase diversity in the sports and physical activity workforce and board representation.

To help oversee this growth, we have vacancies to join our Board of Trustees:

Northamptonshire Sport.

- We want to strengthen our talented and committed board of Trustees by appointing new individuals with backgrounds, fresh perspectives, and passion for helping.
  - We work hard to ensure we have a diverse board that reflects the local community and has a mix of skills, experience, and competencies that best serve our aspirations.
- We welcome applications from everyone but would particularly like to hear from disabled people or people with long-term health conditions, or those who can help strengthen the voice of disabled people on our board through their work or voluntary roles.

While not a requirement, we would particularly welcome applicants with experience in the following:

- Finance or accountancy
- Business transformation
  - Marketing
  - Fundraising

If you are excited about using your skills and experience to make a difference in physical activity and sport in Northamptonshire as one of our Trustees, we would love to hear from you.

Please download the supporting document for full details https://www.northamptonshiresport.org/jobs/join-our-board-of-trustees/
If you would like the pack in an alternate format hr@northamptonshiresport.org

If you would like more information about the role of trustee, contact our CEO Chris Holmes: 07393 003948, chris.holmes@northamptonshiresport.org

For more information about Northamptonshire Sport and the work we are doing around Diversity and Inclusion, please visit https://www.northamptonshiresport.org/about-us/edi/

If you feel you are not right, for the opportunity, but you know someone you feel is, please pass details on.

Please see attached trustee pack





### **JOB DESCRIPTION & PERSON SPECIFICATION**

Job Title:	Social Prescribing Link Worker (SPLW)
Reporting to (Job Title):	Senior Service Manager
Organisation:	Age UK Northamptonshire
Salary:	£27,551 pa
Place of work:	Base: Waterside House, Station Road, Irthlingborough NN9 5QF Working across Wellingborough & District GP Surgeries: Abbey MP, Redwell MC, Queensway MC, Albany House, Irchester and Summerlee (Finedon).
Hours of work:	37 hours per week
Employment subject to Enhanced Disclosure & Barring Service (DBS) check	
Purpose of the Job:	Social prescribing empowers people to take control of their health and wellbeing through referral to non-medical 'link workers' who give time and focus on 'what matters to me'. They take a holistic approach, connecting people to community groups and statutory services for practical and emotional support. Link workers support existing groups to be accessible and sustainable and work collaboratively with all local partners.  Social prescribing can help to strengthen community resilience and personal resilience and reduces health inequalities. These roles help address the wider determinants of health, such as debt, poor housing and physical inactivity. Increasing people's active involvement, supporting people with long-term conditions (including support for mental health), and those who are lonely or isolated which can have a positive effect on wellbeing.

Please see attached JD and Person Spec



www.madewithmany.org/youth

13-18yrs?

Live in Wellingborough?

Help design an arts festival for the town

**FREE Monthly sessions** 

Pizza @ 6pm

Open to young people interested in being creative event planning or volunteering



**Last Weds of every month** 

16.30 - 18.30pm

Wellingborough Library Pebble Lane NN8 1AS







### LibraryPlus

# THE GOOD GRIEF FAIR

FREE ENTRY Wednesday 28th February 10am - 3pm Wellingborough Library

The kettle is on...

Join us for a day of open conversation about death, grief and bereavement Meet local support services, charities and faith groups working around the Wellingborough area

Including – Northamptonshire Carers, Community Law, Never Alone Project, Made with Many, Knife Crime Victim Support, Methodist Church, Hindu Association, and more...



#deathpositivelibrary







Exciting News for Kettering Community! \*\*

Join us for a heart warming experience and make new connections in our vibrant community! 
We're excited to announce the start of a brand new season of our group befriending sessions in Kettering Join us for a cuppa, a chat, and a whole lot of community spirit!

Whether you're new to town or a long-time resident, these sessions are the perfect opportunity to build meaningful connections, share stories, and support each other's well-being

Discover the joy of group befriending, where laughter and friendship bloom. Let's create lasting memories together! 
Spread the word, bring a friend, and let's build a stronger, more connected Kettering!

#KetteringCommunity #Befriending #NewConnections #Community #TogetherWeThrive Together, we can create a community where everyone feels welcome and valued.



Become a pirate pro with swashbuckling training, shovel through the sandy beaches and search for golden gems on our treasure hunt this February half-term.

You also get to learn more about the rich history of Northamptonshire while crafting your very own pirate badge and join our crew of pirates for some crafty activities! ARGHHH!

But wait, there's more! Build your very own paper pirate ship and prepare for some jaw-dropping pirate performances. Don't miss out on this chance to become a real-life pirate!

Book your February half-term tickets here: https://chesterhouseestate.org/ahoy-matey-its-pirate-week/



Spring at the Estate is back for another year, this time is bigger and better! Don't miss out on a day filled with family fun, springtime surprises, and unforgettable memories.

Bottle feed a Cade Lambs, meet over 100 lambs and other farm favourites!

Meet the Easter Bunny at the estate for the FIRST TIME EVER!

Enjoy our spring hunt, a new take on the traditional easter egg hunt - get a special prize if you complete it!

... and so much more!

Book your tickets now, you won't want to miss out on the most EGG-citing time of year.

Pre-book your tickets here: www.chesterhouseestate.org/spring-at-theestate-2024/

### **Northants Tinnitus Support**

"Will I ever sleep again?"

"Buzzing"
"Ringing"
"Whooshing"



"Don't panic"

"I just want to hear silence again"

TINVITUS

REGISTERED TINNITUS SUPPORT GROUP

#### **GROUPS**

- Talk with others who "get it"
- Advice, information, coping strategies
- Guest speakers & activities

#### 1:1 SUPPORT

- If you're new to tinnitus
- If your symptoms have got worse
- If you can't get to groups

### INFORMATION

- Treatments and therapies that may help relieve symptoms
- Sound therapy/sleep aid equipment
- Get the right medical treatment if needed

#### **AWARENESS**

- Protect your ears
- Protect your mental health
- Educate people so they can support you

Office telephone - 01604 589011 Mobile - 07817 006817

Email: hearinglossandtinnitus@deafconnect.org.uk www.deafconnect.org.uk



Deafconnect1874



@\_deafconnect\_



There is help
There is hope
You are not alone



Company limited by guarantee no 6423466 Registered Charity No 1124196

### Deadline of 14th February to contribute to the Mental Health Joint Strategy Needs Assessment (Working Age Adults)

### Good afternoon,

As most will know, I recently held 3 focus groups to begin the process of informing the Working Age Adults Chapter for the county-wide Mental Health Joint Strategic Needs Assessment (JSNA).

I appreciate not everyone was able to attend and for those that did attend, there may be more you want to share. I have attached the slides (I haven't added any notes from the sessions yet).

A reminder that the slides propose what we would like information on and what we would like to include in the chapter.

Please share any information you can on useful contacts, other questions we may want to explore, any data/context or service information you have, other areas that may be important to include etc.

My ask is that you can share information particularly with the following questions in mind:

- Are there any other risk factors or protective factors that need including? (Section 3 and 4)
- Are there any other evidence-based approaches to improve mental wellbeing that need including? (Section 5)
- Are there any other types of services, services or support that need including? (Section 7)
- What data/context/information can you share for these services and support?

  Do you have information on what is working well? (Section 8)
  - Are there any other outcomes we need to align to? (Section 9)
- What groups are you aware of that will allow us to reach the voice of working age adults? (Section 10)

Please can all feedback be returned to this email address by COP Wednesday 14th February 2024.

Thank you to all that have contributed so far. This is a huge piece of work but an exciting chance for us to truly demonstrate both mental health need and resource for working age adults. I look forward to hearing more from you all.

Kind regards,

Henna Parmar (she/her) l Public Health Practitioner (Mental Health and Health Inequalities)

Please see slides attached, and send all feedback to henna.parmar@westnorthants.gov.uk



"Your voice today, shapes our tomorrow"

### Who are we?

We are all local parents and carers whose children and young people have SEN and/or disabilities.

By working in co-production we aim to make a positive difference so that service in North Northants get better at meeting the needs of all local SEND families.

### What we do!

We gather the voices of local families and work in partnership with the Local Authority, education settings, health providers, social care and others to inform and influence strategy, policy, pathways and practice. We highlight where local services are working well and constructively challenge when changes or improvements need to be made.

### How are we funded?

The Department for Education (DfE) supports our involvement in the development of local SEND services. Our grant is administered by Contact.

We do seek other grant opportunities for paricular projects to support our local community and to help fulfil our strategic aims and objectives.

### **Opportunities**

Training and workshops

As a forum we offer a range of parnet/carers training and workshops throught the year to support you on your journey.

### Consultations and surveys

We share onsultations and surveys relating to SEND to ensure you have every oppotunity to have your voice heard,

#### Sharing experiences

Peer to peer support, coming together and sharing voices is at the heart of what we do!



Enquiries@NPCV.co.uk



north northamptonshire parent carer voices

in north-northamptonshire-parent-carer-voices













JOIN US TODAY

Membership is



### SERVICES WITHIN EAST NORTHAMPTONSHIRE DISTRICT & ACROSS NORTH NORTHAMPTONSHIRE

Free, Independent & Confidential specialist casework and advice to residents within EN and across North Northamptonshire.

Advice Sessions:

- Raunds Library 25th January and 22nd February Debt advice. Drop-In session 2pm - 4pm. Please bring up-to-date information relevant to your enquiry, plus income & expenditure. Follow-up work provided as required.
- Encompass Rushden Weekly on Tuesdays and Thursdays. Appointment required.
- Wellingborough office appointments available through the week for all areas of advice.
- Citizens Advice offices (Kettering and Corby) Debt advice. Appointment required.

Appointments available in person or by phone. Home visits available to housebound.

#### To make an appointment or for more information:

Telephone 01933 313020 (lines open Mon-Thurs 10am-2pm & Fri 10am-1pm) or Email enquiries@communitylawservice.org.uk

See our website for more details: www.communitylawservice.org.uk

#### Services Available:

**Debt** - debt counselling, negotiating with Creditors, access to Grants, Debt Relief Orders, Bankruptcy, County Court Judgments & Court representation.

Welfare Benefits - complex Benefit claims/entitlement, benefit challenges, overpayments, Tribunal representation.

**Housing** - re-possession and eviction, court representation, Court Duty sessions for emergency Housing cases, Anti-Social Behaviour defence.

Energy Advice - Utility debt advice, Energy efficiency advice, tariff checks, billing queries, benefit advice and Income maximisation, emergency energy credit, supply reconnection, access to Grants.

Immigration Advice - Home Office Applications, advice on residency, immigration tribunals.











Interested in the Voluntary Sector in Kettering & Corby? Consider joining Kettering Voluntary Network (KVN) and/or Corby Voluntary Network (CVN)! It keeps you in touch with like minded organisations! Receive mailings and invitations to networking meetings and events! It's local and free! Contact sean.silver@groundwork.org.uk or mobile 07912 480537

Could your organisation benefit from some Support? We offer support to KVN & CVN (Kettering Voluntary Network & Corby Voluntary Network) members to help you to check that your policies and procedures are up to date and discuss business planning or funding applications. We are also here to support Trustees with Governance matters!

CAN (Community Action Northants) provides support in Volunteering brokerage! Sign up and see volunteering opportunities near you, and advertise your organisations volunteering offers! Community Action Northants - Volunteering opportunities in Northamptonshire

Tesco Community Grants (formally Tesco Bags of Help)! Groundwork administers and support groups to apply to this fund for Tesco! Any not for profit organisation can apply & criteria is anything to benefit community!

More info click here: Tesco Community Grants
Comic Relief Funding! Groundwork UK administer & support groups to
apply to this fund! More information on application and criteria for
funding here! https://www.groundwork.org.uk/national-grants/comicrelief-community-grants/



As a Registered Body for Disclosure & Barring Service (DBS), we provide a countywide service taking care of all administration for you, providing any documentation required and processing forms on your behalf.

### The following prices apply:

Disclosure & Barring Service

If you require any further information, please contact Michelle on 01933 315555

Volunteer DBS Checks

£10 each

Paid Staff Standard Checks

£41 each

Paid Staff Enhanced Checks

£57 each

This above costs include all administration charges and documentation

# For more information please email michelle.bathurst@serve.org.uk

To advertise in this bulletin please contact info@serve.org.uk

### Please see attached Enfold Newsletter

### Please see TINNITUS REPORT 2024