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# BlueCard<sup>®</sup> PPO Plan Benefits

**AF of L Agc Building Trades  
Welfare Plan  
BlueCard<sup>®</sup> PPO**

Effective January 01, 2023



**BlueCross BlueShield  
of Alabama**

An Independent Licensee of the Blue Cross and Blue Shield Association

**AF of L Agc Building Trades Welfare Plan**  
**BlueCard® PPO**  
**Effective January 01, 2023**

| BENEFIT   | IN-NETWORK  | OUT-OF-NETWORK   |
|---|---|--|
| Benefit payments are based on the amount of the provider's charge that Blue Cross and/or Blue Shield plans recognize for payment of benefits. The allowed amount may vary depending upon the type provider and where services are received.   |   |  |
| <b>SUMMARY OF COST SHARING PROVISIONS</b>   |   |  |
| Calendar year deductibles and out-of-pocket maximums will be calculated in accordance with applicable Federal law.  |   |  |
| <b>Calendar Year Deductible</b>   | \$300 individual; \$900 family  |  |
| <b>Calendar Year Out-of-Pocket Maximum</b>  | \$1,000 individual plus calendar year deductible; 3 family member maximum   |  |
| <b>Applies to:</b>  | Only coinsurance you pay for the listed services will apply to the maximum. Fixed copays do not apply to the maximum.   |  |
| <ul style="list-style-type: none"> <li>• Other Covered Services</li> <li>• Point-of-Sale Drugs</li> <li>• Home health and hospice</li> </ul>  | After you reach your individual Calendar Year Out-of-Pocket Maximum, applicable expenses for you will be covered at 100% of the allowed amount for remainder of calendar year |  |
| <b>INPATIENT HOSPITAL AND PHYSICIAN BENEFITS</b>  |   |  |
| Precertification is required for inpatient admissions (except medical emergency services,maternity and as required by Federal law); notification within 48 hours for medical emergencies. Generally, if precertification is not obtained, no benefits are available. Call 1-800-248-2342 (toll-free) for precertification.                                    |   |  |
| <b>Inpatient Hospital</b>   | Covered at 100% of the allowed amount, after \$200.00 per admission deductible and \$25.00 daily hospital copay days 2-11 for each admission                                  | Covered at 80% of the allowed amount, after \$400.00 per admission deductible                |
| <b>Note:</b> Inpatient hospital deductibles and copays do not apply to the Calendar Year Out-of-Pocket Maximum  |   | <b>Note:</b> In Alabama, available only for medical emergency services and accidental injury |
| <b>Inpatient Physician Visits and Consultations</b>   | Covered at 100% of the allowed amount, no copay or deductible   | Covered at 80% of the allowed amount, subject to calendar year deductible                    |
|   |   | <b>In Alabama,</b> covered at 50% of the allowed amount, subject to calendar year deductible |
| <b>OUTPATIENT HOSPITAL BENEFITS</b>   |   |  |
| Precertification is required for some outpatient hospital benefits. Precertification is also required for provider-administered drugs; visit <a href="http://AlabamaBlue.com/ProviderAdministeredPrecertificationDrugList">AlabamaBlue.com/ProviderAdministeredPrecertificationDrugList</a> . If precertification is not obtained, no benefits are available. |   |  |
| <b>Outpatient Surgery (Including Ambulatory Surgical Centers)</b>   | Covered at 100% of the allowed amount, after \$125.00 hospital copay  | Covered at 80% of the allowed amount, subject to calendar year deductible                    |
|   |   | <b>In Alabama,</b> not covered   |
| <b>Emergency Room (Medical Emergency)</b>   | Covered at 100% of the allowed amount, after \$125.00 hospital copay  | Covered at 100% of the allowed amount, after \$125.00 hospital copay                         |
| <b>Emergency Room (Accident)</b>  | Covered at 100% of the allowed amount, no copay or deductible   | Covered at 100% of the allowed amount, no copay or deductible                                |

| BENEFIT  | IN-NETWORK   | OUT-OF-NETWORK   |
|--|--|--|
| Emergency Room (Physician)   | Covered at 100% of the allowed amount, after \$25.00 physician copay | Covered at 100% of the allowed amount, after \$25.00 physician copay<br><br><b>In Alabama</b> , covered at 50% of the allowed amount, subject to calendar year deductible      |
| Chemotherapy, Dialysis, IV Therapy, Outpatient Diagnostic Lab, Pathology, Radiation Therapy & X-ray  | Covered at 100% of the allowed amount, no copay or deductible        | Covered at 80% of the allowed amount, subject to calendar year deductible<br><br><b>In Alabama</b> , not covered   |
| Intensive Outpatient Services and Partial Hospitalization for Mental Health Disorders and Substance Abuse Services   | Covered at 100% of the allowed amount, no copay or deductible        | Covered at 80% of the allowed amount, subject to calendar year deductible<br><br><b>In Alabama</b> , not covered   |
| <b>PHYSICIAN BENEFITS</b>  |  |  |
| Precertification is required for some physician benefits. Precertification is also required for provider-administered drugs; visit <a href="http://AlabamaBlue.com/ProviderAdministeredPrecertificationDrugList">AlabamaBlue.com/ProviderAdministeredPrecertificationDrugList</a> .<br>If precertification is not obtained, no benefits are available. |  |  |
| Office Visits & Outpatient Consultations   | Covered at 100% of the allowed amount, after \$25.00 physician copay | Covered at 80% of the allowed amount, subject to calendar year deductible<br><br><b>In Alabama</b> , covered at 50% of the allowed amount, subject to calendar year deductible |
| Second Surgical Opinions   | Covered at 100% of the allowed amount, no copay or deductible        | Covered at 80% of the allowed amount, subject to calendar year deductible<br><br><b>In Alabama</b> , covered at 50% of the allowed amount, subject to calendar year deductible |
| Surgery & Anesthesia   | Covered at 100% of the allowed amount, no copay or deductible        | Covered at 80% of the allowed amount, subject to calendar year deductible<br><br><b>In Alabama</b> , covered at 50% of the allowed amount, subject to calendar year deductible |
| Maternity Care   | Covered at 100% of the allowed amount, no copay or deductible        | Covered at 80% of the allowed amount, subject to calendar year deductible<br><br><b>In Alabama</b> , covered at 50% of the allowed amount, subject to calendar year deductible |

| BENEFIT   | IN-NETWORK  | OUT-OF-NETWORK   |
|---|---|--|
| <b>Chemotherapy, Diagnostic Lab, Dialysis, IV Therapy, Pathology, Radiation Therapy &amp; X-ray</b> | Covered at 100% of the allowed amount, no copay or deductible | Covered at 80% of the allowed amount, subject to calendar year deductible<br><br><b>In Alabama</b> , covered at 50% of the allowed amount, subject to calendar year deductible |

### TELEHEALTH SERVICES

Benefits are provided for Telehealth Services subject to applicable cost-sharing for in-network and out-of-network services, when services rendered are performed within the scope of the health care providers license and deemed medically necessary.

### PREVENTIVE CARE BENEFITS

|   |  |             |
|---|--|-------------|
| <b>Routine Newborn Exam (in hospital)</b>   | Covered at 100% of the allowed amount, no copay or deductible        | Not Covered |
| <b>Routine Well Child Care Exams</b><br>Nine visits the first two years of life, then one each year through age 6   | Covered at 100% of the allowed amount, after \$25.00 physician copay | Not Covered |
| <b>Routine Developmental Screening</b><br>Limited to three exams between 9 and 30 months of life  | Covered at 100% of the allowed amount, no copay or deductible        | Not Covered |
| <b>Routine Immunizations</b> <ul style="list-style-type: none"> <li>Age limitations apply to certain immunizations</li> <li>Certain immunizations may also be obtained through the Pharmacy Vaccine Network. See <a href="http://AlabamaBlue.com/VaccineNetworkDrugList">AlabamaBlue.com/VaccineNetworkDrugList</a> for more information</li> </ul> | Covered at 100% of the allowed amount, no copay or deductible        | Not Covered |
| <b>Routine Office Visit</b><br>When eligible for a routine pap smear, routine mammogram or routine PSA/Digital Rectal Exam  | Covered at 100% of the allowed amount, after \$25.00 physician copay | Not Covered |
| <b>Routine Pap Smear</b><br>Limited to one per calendar year  | Covered at 100% of the allowed amount, no copay or deductible        | Not Covered |
| <b>Routine Human Papillomavirus (HPV) Testing</b><br>Limited to one every three calendar years for females ages 30 and older  | Covered at 100% of the allowed amount, no copay or deductible        | Not Covered |
| <b>Routine/Screening Mammogram</b><br>Limited to one baseline between ages 35 and 39; and one annually ages 40 and over   | Covered at 100% of the allowed amount, no copay or deductible        | Not Covered |
| <b>Routine Chlamydia Screening</b><br>Limited to one per calendar year for females ages 15-24   | Covered at 100% of the allowed amount, no copay or deductible        | Not Covered |

| BENEFIT  | IN-NETWORK  | OUT-OF-NETWORK  |
|--|---|---|
| <b>Routine Prostate Cancer Screening</b><br>Males age 40 and over <ul style="list-style-type: none"> <li>Prostate Specific Antigen (PSA) each calendar year</li> <li>Digital Rectal Exam each calendar year</li> </ul>   | Covered at 100% of the allowed amount, no copay or deductible   | Not Covered   |
| <b>Routine Hepatitis C Screening</b><br>Once in a lifetime for members born between 01/01/1945 and 12/31/1965  | Covered at 100% of the allowed amount, no copay or deductible   | Not Covered   |
| <b>Routine Colorectal Cancer Screening</b><br>Ages 50 and over <ul style="list-style-type: none"> <li>Hemocult stool check/Fecal occult blood test each calendar year</li> <li>Flexible sigmoidoscopy every three calendar years</li> <li>Double-contrast barium enema every five calendar years</li> <li>Colonoscopy every 10 calendar years</li> <li>FIT-DNA (cologuard) ages 45-75 every three calendar years</li> </ul>  | Covered at 100% of the allowed amount, for physician charges (outpatient hospital services may require a copay)   | Not Covered   |
| <b>Note:</b> In case of illness or family history of cancer services generally are not considered preventive and may be covered by other plan provisions. Blue Cross and Blue Shield of Alabama will process these claims are required by Section 1557 of the Affordable Care Act.   |   |   |
| PRESCRIPTION DRUG BENEFITS   |   |   |
| <b>Precertification is required for some drugs; if precertification is not obtained, no benefits are available.</b>  |   |   |
| <b>Retail Point-of-Sale Prescription Drug Benefits</b><br>The retail pharmacy network for the plan is <b>Prime Participating Retail Network</b> <ul style="list-style-type: none"> <li>Locate a <b>Prime Participating</b> Retail Network pharmacy at <b>AlabamaBlue.com/PrimeParticipatingPharmacyLocator</b></li> <li>Member must file claim with authorization number for reimbursement</li> <li>View the <b>Standard</b> drug list that applies to the plan at <b>AlabamaBlue.com/StandardDrugList</b></li> </ul> <b>The following gene therapy drugs are excluded:</b> <ul style="list-style-type: none"> <li>Zolgensma</li> <li>Kymriah</li> <li>Yescarta</li> <li>Luxturna</li> </ul> | <b>Tier 1 Drugs:</b><br>Covered at 100% of the allowed amount; no copay or deductible<br><br><b>Tier 2 Drugs:</b><br>Covered at 80% of the allowed amount subject to calendar year deductible<br><br><b>Tier 3 Drugs:</b><br>Covered at 80% of the allowed amount subject to calendar year deductible | <b>Tier 1 drugs:</b><br>Covered at 100% of the allowed amount; no copay or deductible<br><br><b>Tier 2 drugs:</b><br>Covered at 80% of the allowed amount subject to calendar year deductible<br><br><b>Tier 3 drugs:</b><br>Covered at 80% of the allowed amount subject to calendar year deductible<br><br><b>In Alabama, Not Covered</b> |

| BENEFIT  | IN-NETWORK  | OUT-OF-NETWORK   |
|--|---|--|
| <p><b>Mail Order Pharmacy Benefits</b></p> <ul style="list-style-type: none"> <li>Up to a 90-day supply</li> <li>Mail Order Drugs are available through <b>Home Delivery Network</b> (Enroll online at <a href="http://AlabamaBlue.com/HomeDeliveryNetwork">AlabamaBlue.com/HomeDeliveryNetwork</a> or call 1-800-391-1886)</li> </ul> <p>Maintenance and Non-Maintenance drugs can be purchased through this mail order pharmacy</p> <ul style="list-style-type: none"> <li>View the maintenance drug list that applies to the plan at <a href="http://AlabamaBlue.com/MaintenanceDrugList">AlabamaBlue.com/MaintenanceDrugList</a></li> <li>View the <b>Standard</b> drug list that applies to the plan at <a href="http://AlabamaBlue.com/StandardDrugList">AlabamaBlue.com/StandardDrugList</a></li> <li>Specialty Drugs are not available through mail order</li> </ul> | <p><b>Tier 1 Drugs:</b><br/>Covered at 100% of the allowed amount; no copay or deductible</p> <p><b>Tier 2 Drugs:</b><br/>Covered at 80% of the allowed amount subject to calendar year deductible</p> <p><b>Tier 3 Drugs:</b><br/>Covered at 80% of the allowed amount subject to calendar year deductible</p>   | <p>Same as In-Network</p> <p><b>In Alabama, Not Covered</b></p>  |
| <b>VISION BENEFITS</b>   |   |  |
| <p><b>Routine Vision</b></p> <ul style="list-style-type: none"> <li>Limited to \$400 maximum payment per member per calendar year for adults age 19 and over</li> <li>No maximum for members up to age 19</li> </ul>   | <p>Covered at 100% of the allowed amount, no copay or deductible</p> <p>Routine vision care (members 19 and older):</p> <ul style="list-style-type: none"> <li>Vision exam</li> <li>Corrective prescription lenses</li> <li>Frame for corrective lenses</li> <li>Corrective prescription contact lenses</li> </ul> <p>Pediatric vision (members up to age 19):</p> <ul style="list-style-type: none"> <li>1 exam per calendar year</li> <li>1 pair of basic lenses per calendar year</li> <li>Coverage for frames is limited to 1 pair per calendar year</li> </ul> |  |
| <b>BENEFITS FOR OTHER COVERED SERVICES</b>   |   |  |
| <b>Precertification is required for some other covered services; please see your benefit booklet. If precertification is not obtained, no benefits are available.</b>  |   |  |
| <p><b>Allergy Testing &amp; Treatment</b></p>  | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p>  | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p>   |
| <p><b>Ambulance Service</b></p>  | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p>  | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p>   |
| <p><b>Participating Chiropractic Services</b></p> <p>Limited to 10 visits per member per calendar year</p>   | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p>  | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p> <p><b>In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible</b></p> |
| <p><b>Durable Medical Equipment (DME)</b></p>  | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p>  | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p> <p><b>In Alabama, covered at 50% of the allowed amount, subject to calendar year deductible</b></p> |
| <p><b>Rehabilitative Occupational, Physical and Speech Therapy</b></p> <p>Occupational, physical and speech therapy limited to combined maximum of 30 visits per member per calendar year</p> <p>Once maximum is met, precertification is required for additional visits</p>   | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p>  | <p>Covered at 80% of the allowed amount, subject to calendar year deductible</p>   |

| BENEFIT   | IN-NETWORK  | OUT-OF-NETWORK  |
|---|---|---|
| <b>Habilitative Occupational, Physical and Speech Therapy</b><br><br>Occupational, physical and speech therapy limited to combined maximum of 30 visits per member per calendar year<br><br>Once maximum is met, precertification is required for additional visits | Covered at 80% of the allowed amount, subject to calendar year deductible | Covered at 80% of the allowed amount, subject to calendar year deductible                                       |
| <b>Home Health and Hospice</b>  | Covered at 100% of the allowed amount, no copay or deductible             | Covered at 80% of the allowed amount, subject to calendar year deductible<br><br><b>In Alabama, not covered</b> |
| <b>Home Infusion</b>  | Covered at 100% of the allowed amount, no copay or deductible             | Covered at 80% of the allowed amount, subject to calendar year deductible<br><br><b>In Alabama, not covered</b> |

### MENTAL HEALTH DISORDERS AND SUBSTANCE ABUSE BENEFITS

|  |   |  |
|--|---|--|
| <b>Mental Health Disorders and Substance Abuse</b><br>In Alabama, in-network services provided by mental health disorders and substance abuse professionals are available through the Blue Choice Behavioral Health Network. | Covered at 100% of the allowed amount, no copay or deductible | Out-of-network services covered as listed for each category except the following:<br><br><b>Inpatient Physician Visits and Consultations</b><br>Mental Health Disorders and Substance Abuse Services covered at 80% of the allowed amount, subject to calendar year deductible |
|--|---|--|

### HEALTH MANAGEMENT BENEFITS

|                                     |  |  |
|-------------------------------------|--|--|
| <b>Individual Case Management</b>   | Coordinates care in event of catastrophic or lengthy illness or injury. For more information, please call 1-800-821-7231.  |  |
| <b>Chronic Condition Management</b> | Coordinates care for chronic conditions such as asthma, diabetes, coronary artery disease, congestive heart failure, chronic obstructive pulmonary disease and other specialized conditions.                             |  |
| <b>Baby Yourself®</b>               | A maternity program; For more information, please call 1-800-222-4379. You can also enroll online at <a href="http://AlabamaBlue.com/BabyYourself">AlabamaBlue.com/BabyYourself</a> .                                    |  |
| <b>Contraceptive Management</b>     | Covers prescription contraceptives, which include: birth control pills, injectables, diaphragms, IUDs and other non-experimental FDA approved contraceptives; subject to applicable deductibles, copays and coinsurance. |  |

#### Useful Information to Maximize Benefits

- To maximize your benefits, always use in-network providers for services covered by your health benefit plan. To find in-network providers, check a provider directory, provider finder website ([AlabamaBlue.com](http://AlabamaBlue.com)) or call 1-800-810-BLUE (2583).
- In-network hospitals, physicians and other healthcare providers have a contract with a Blue Cross and/or Blue Shield Plan for furnishing healthcare services at a reduced price (examples: BlueCard® PPO, PMD). In-network pharmacies are pharmacies that participate with Blue Cross and Blue Shield of Alabama or its Pharmacy Benefit Manager(s). Sometimes an in-network provider may furnish a service to you that is not covered under the contract between the provider and a Blue Cross and/or Blue Shield Plan. When this happens, benefits may be denied or reduced. Please refer to your benefit booklet for the type of provider network that we determine to be an in-network provider for a particular service or supply.
- Out-of-network providers generally do not contract with Blue Cross and/or Blue Shield Plans. If you use out-of-network providers, you may be responsible for filing your own claims and paying the difference between the provider's charge and the allowed amount. The allowed amount may be based on the negotiated rate payable to in-network providers in the same area or the average charge for care in the area or in accordance with applicable Federal law.
- Please be aware that providers/specialists may be listed in a PPO directory or provider finder website, but not covered under this benefit plan. Please check your benefit booklet for more detailed coverage information.
- In-network Certified Registered Nurse practitioners (CRNPs) /Certified Nurse Midwives (CNMs) are considered eligible providers; no coverage out-of-network for services provided by CRNPs and CNMs.
- Prime Therapeutics LLC® is an independent company providing pharmacy benefit management services for Blue Cross and Blue Shield of Alabama, an independent licensee of the Blue Cross and Blue Shield Association.

Your group believes this plan is a "grandfathered health plan" under the Patient Protection and Affordable Care Act. As permitted by the Affordable Care Act, this plan does not have to include certain consumer protections of the Affordable Care Act that apply to non-grandfathered plans. Benefits are subject to the terms, limitations and conditions of the group contract.

Check your benefit booklet for more detailed coverage information. Please visit our website at [AlabamaBlue.com](http://AlabamaBlue.com).