

Delaware State Health Assessment and Improvement Plan



Agenda

Welcome

Yendelela Cuffee, PhD, MPH

Getting to Know the Team

Yendelela Cuffee, PhD, MPH

Danielle Whyte

Overview of the Statewide Health Improvement Process

Noel Duckworth, DVS

Braulio Florentino Benitez

Collaboration

Leanne Fawkes, DrPH, MPH

Introduction to the Vital Conditions

Alex Burris & Kate Dupont Phillips, MPH

Break

Vital Conditions, World Café

Steering Committee

Mission and Vision Statements

Leanne Fawkes, DrPH, MPH

Next Steps

Yendelela Cuffee, PhD, MPH

Adjourn



Welcome to the Delaware SHIP!



Getting to Know the Team



HEALTH SCIENCES

Epidemiology



Jennifer Horney,
PhD, MPH, CHES
Principal Investigator,
Epidemiology,
University of
Delaware



Leanne Fawkes, DrPH,
MPH,
SHIP Project Director,
University of Delaware



Matt Simon, MA,
GISP, Spatial Data
Consulting



Maria Pellicone,
Business Administrator,
Epidemiology, University of
Delaware

Getting to Know the Team



UNIVERSITY OF DELAWARE
**COMMUNITY ENGAGEMENT
INITIATIVE**

Partnership for Healthy Communities



Yendelela Cuffee, PhD,
MPH,
Associate Director of
Scholarship and
Research



Noël Duckworth, DVS
Program Manager



Kate Dupont Phillips,
MPH, Executive
Director,
Healthy Communities
Delaware



Paulette Hussey-Kasten,
Administrative Support

Getting to Know the Team



HEALTH SCIENCES
Epidemiology



Danielle Whyte,
Intern, BA Student



Alex Burris,
Intern, MPH Student



Braulio Florentino Benitez,
Graduate Research
Assistant, MPH Student

Benefits of Engagement



Inform

Provide the community with balanced & objective information to understand problems



Consult

Obtain communities feedback for analysis and/or decisions



Involve

Community gives non-binding influential advice



Collaborating

Enable community to participate in every aspect of planning and decision-making



Objectives

The SHA/SHIP process is intended to be **collaboratively** developed, to increase alignment and investment in the implementation of the work to **improve health, well-being,** and **equity** for **all people** in Delaware.



Objectives

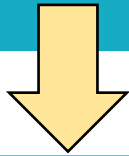
1. Identify needs and priority populations
2. Participate in providing meaningful input
3. Find inspiration and practical tools
4. Embrace and acknowledge the wisdom and learning capacities of all participants



Overview of the Statewide Health Improvement Process



State Health Assessment



State Health Improvement Plan

- Collaborative Process
- Primary Data Gathering and Analysis
 - Quantitative Data
 - Qualitative Data
- Secondary Data Gathering and Analysis
 - Environmental Scan
- Timeline: June 2023

- Collaborative process
- Sets priorities for a system-wide response to the public health needs of the state.
- Describes how we will all work together to improve the health of Delaware
- Informs DPH's Strategic Plan
- Timeline: New five-year plan for 2023-2028

State Health Assessment Primary Data Collection

- New Castle County and Kent CASPERs completed in Oct-Nov 2022
- Sussex CASPER scheduled for Feb. 2023
- 3 Community Conversations (1 per county) to be held Feb- Mar 2023

Please email info@DelawareSHIP.org
if you have:

- Interest in partnering with us on primary data collection
- Data/reports you'd like our Team to include as part of the secondary data collection and analysis for the State Health Assessment
- Groups you recommend inviting to this table



Thank you so much. It was a great experience for me that I enjoyed. I met a lot of nice people in those three days' – Kent County Resident and Volunteer Surveyor



THANK YOU!



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health
A Nationally Accredited Health Department



HEALTH SCIENCES
Epidemiology



*Partnership for
Healthy Communities*
A COMMUNITY ENGAGEMENT INITIATIVE



FirstState
COMMUNITY ACTION AGENCY
People Helping People Build Community

Collaboration

We strongly believe that successful community engagement and collaboration strengthens our ability to gather key information about the daily lives of Delawareans.

We are committed to improving community health and well-being and cannot do it without YOU.



Introduction to the Vital Conditions



Basic
Needs for
Health &
Safety



Reliable
Transportation



Lifelong
Learning



Meaningful
Work &
Wealth



Thriving
Natural
World



Humane
Housing



Belonging
& Civic
Muscle



Upstream vs. Downstream, Prevention vs. Treatment



Vital Conditions for Health and Well-Being Framework

Addresses upstream factors

What makes a healthy, safe and vibrant community of opportunity?

Vital Conditions/ SDOH:

What all people need all the time to thrive and reach our full potential.



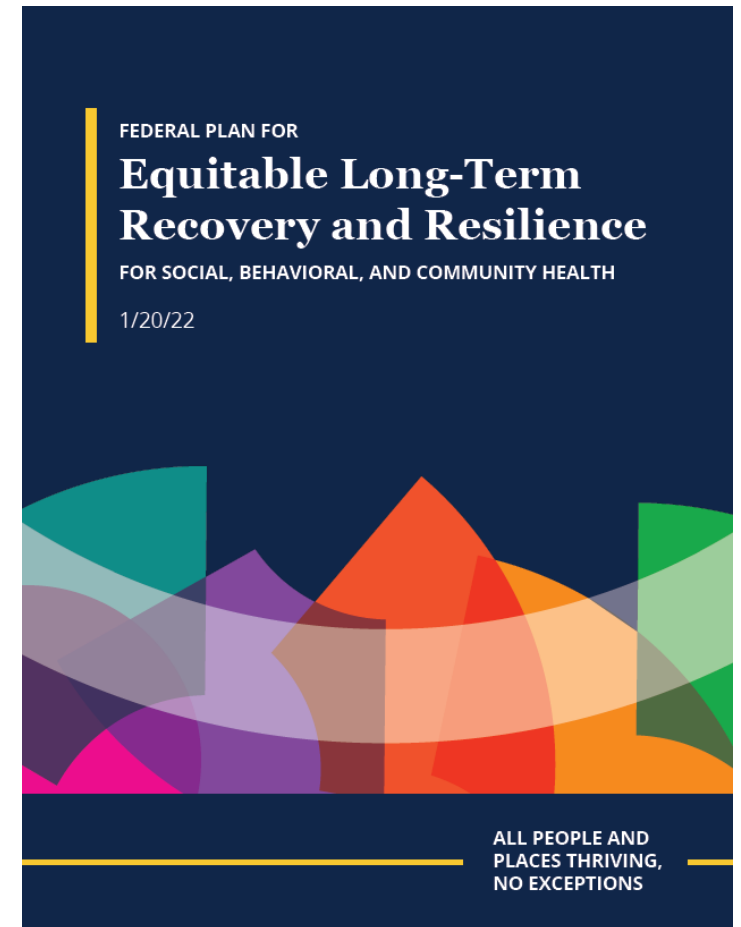
Federal Plan for Equitable Long-Term Recovery and Resilience

More than 30 agencies collaborated on the Plan, intended to:

- Guide long-term investment
- Uses Vital Conditions Framework as organizing principle
- Provide an actionable path for a whole-of-government approach to maximize the vital conditions

The approach calls for a **transformational systemic change in federal government** through the following actions:

- Align all relevant federal government departments and agencies to strengthen the vital conditions
- Foster community-centered collaboration within and outside of government
- Maximize steady-state and other federal investments
- Achieve equity and aspire to eliminate disparities





Vital Conditions: Descriptions & Secondary Data Including Healthy People 2030 Leading Health Indicators



Basic
Needs for
Health &
Safety



Reliable
Transportation



Lifelong
Learning



Meaningful
Work &
Wealth



Thriving
Natural
World



Humane
Housing

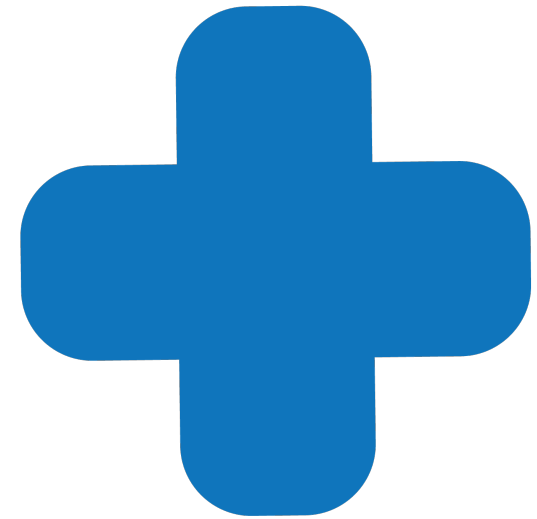


Belonging
& Civic
Muscle

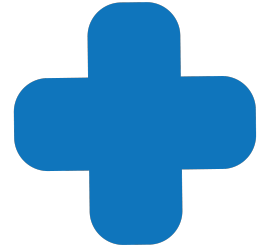
Basic Needs for Health & Safety

Basic requirements for health and safety

- Nutritious food, safe drinking water
- Fresh air
- Sufficient sleep
- Routine physical activity
- Safe, satisfying sexuality and reproduction
- Freedom from trauma, violence, addiction, and crime
- Routine care for physical and mental health



Basic Needs for Health & Safety



| Indicator | Delaware | Nation |
|--|----------|--------|
| Recent Primary Care Visit (routine check-up) | 75.4% | 73.4% |
| Life Expectancy at Birth | 78.3 | 79.3 |
| Low Food Access | 41.5% | 36.5% |
| Health Professional Shortage Area - Primary | 55.0% | 32.8% |
| Drug overdose deaths per 100,000 | 48.4 | 21.8 |
| Homicides per 100,000 | 11.3 | 6.0 |
| Cigarette smoking in adults | 16.5% | 11.7% |
| Adults who meet current minimum guidelines for aerobic physical activity and muscle-strengthening activity | 23.8% | 25.2% |

Reliable Transportation

Reliable, safe, and accessible transportation

- Close to work, school, food, leisure
- Safe transport
- Active transport
- Efficient energy use
- Few environmental hazards



Reliable Transportation



| Indicator | Delaware | Nation |
|----------------------------|----------|--------|
| Commute Time (minutes) | 26.2 | 26.6 |
| Motor Vehicle Crash Deaths | 12.8 | 11.3 |
| Active Commuting | 4.6% | 7.6% |



Lifelong Learning

Continuous learning, education, and literacy

- Continuous development of cognitive, social, emotional abilities
- Early childhood experiences
- Elementary, high school, and higher education
- Career and adult education



Lifelong Learning



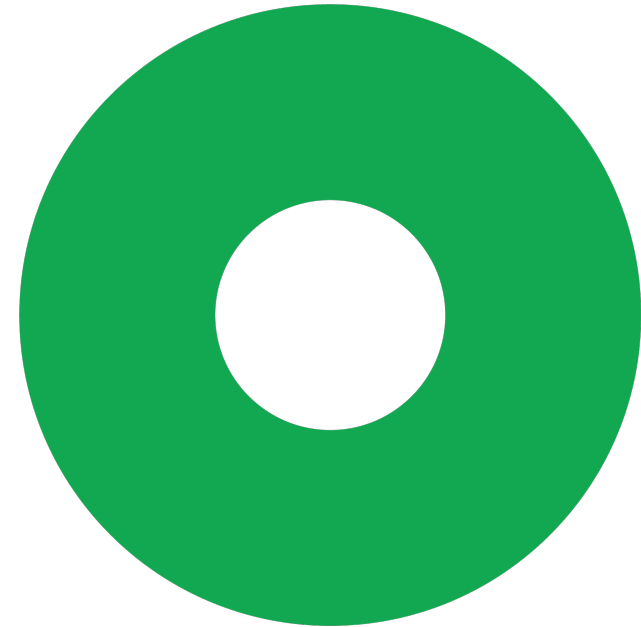
| Indicator | Delaware | Nation |
|-----------------------------------|----------|--------|
| Preschool Enrollment | 47.5% | 47.5% |
| Adults with at Least Some College | 60.7% | 62.3% |
| Adults with a High School Diploma | 90.5% | 88% |
| On-Time High School Graduation | 88.2% | 91.5% |



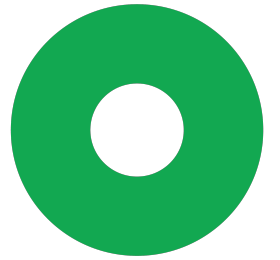
Meaningful Work & Wealth

Rewarding work, careers, and standards of living

- Job training/retraining
- Good-paying and fulfilling jobs
- Family and community wealth
- Savings and limited debt



Meaningful Work & Wealth



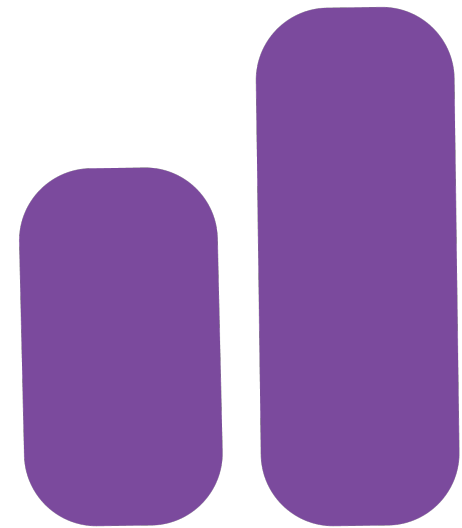
| Indicator | Delaware | Nation |
|--------------------------|-------------|-------------|
| Median Household Income | \$72,053.00 | \$69,275.10 |
| Homeownership | 73.4% | 64.0% |
| High Paying Jobs | 53.7% | 51.7% |
| Poverty - Below 100% FPL | 10.9% | 13.5% |



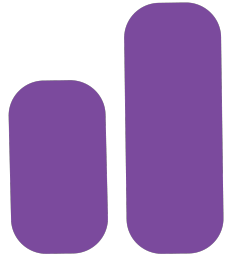
Thriving Natural World

Sustainable resources, contact with nature, freedom from hazards

- Clean air, water, soil
- Healthy ecosystems able to sustainably provide necessary resources
- Accessible natural spaces
- Freedom from extreme heat, flooding, wind, radiation, earthquakes, pathogens



Thriving Natural World



| Indicator | Delaware | Nation |
|------------------------------|-----------|-----------|
| Particulate Matter 2.5 Level | 19.4 mg/m | 20.2 mg/m |
| Extreme Heat | 7.4% | 5.9% |
| Proximity to Highways | 3.9% | 3.7% |
| Flood Vulnerability | 8.0% | 6.5% |

Extreme Heat: % days per year for which the daily max temperature is at or above 90th percentile

Flood Vulnerability: Percentage of housing units that are within FEMA-designated flood hazard areas



Humane Housing

Humane, consistent housing

- Adequate space per person
- Safe structures
- Affordable costs
- Diverse neighborhoods (without gentrification, segregation, concentrated poverty)
- Close to work, school, food, recreation and nature



Humane Housing



| Indicator | Delaware | Nation |
|---|----------|--------|
| Incomplete Plumbing or Kitchen Facilities | 0.6% | 1.0% |
| Overcrowded Households | 1.6% | 3.3% |
| Vacant Housing | 0.4% | 2.4% |
| High Housing Costs | 28.8% | 30.3% |
| Multi-family Housing | 10.0% | 25.7% |

Multi-family Housing: Percentage of housing structures with two or more housing units per structure



Belonging & Civic Muscle

Sense of belonging and power to shape a common world

- Social support
- Civic associations
- Freedom from stigma, discrimination, oppression
- Support for civil rights, human rights
- Civic agency
- Collective efficacy
- Vibrant arts, culture, and spiritual life
- Equitable access to information
- Many opportunities for civic engagement (voting, volunteer, public work)



Belonging & Civic Muscle



| Indicator | Delaware | Nation |
|---|----------|--------|
| Youth Not In School, Not Working | 6.9% | 7.1% |
| Inadequate Social and Emotional Support | 17.5% | 19.7% |
| Computer and Internet Access | 87.8% | 86.3% |
| Voting Participation | 66.9% | 67.3% |
| Isolated Seniors | 11.6% | 11.3% |

Voting Participation: Percentage of total voting age population who cast votes in the most recent presidential election
Isolated Seniors: Percentage of households with a householder aged 65 years and older who lives alone



Vital Conditions for Health and Well-Being Framework

Vital Conditions/ SDOH:

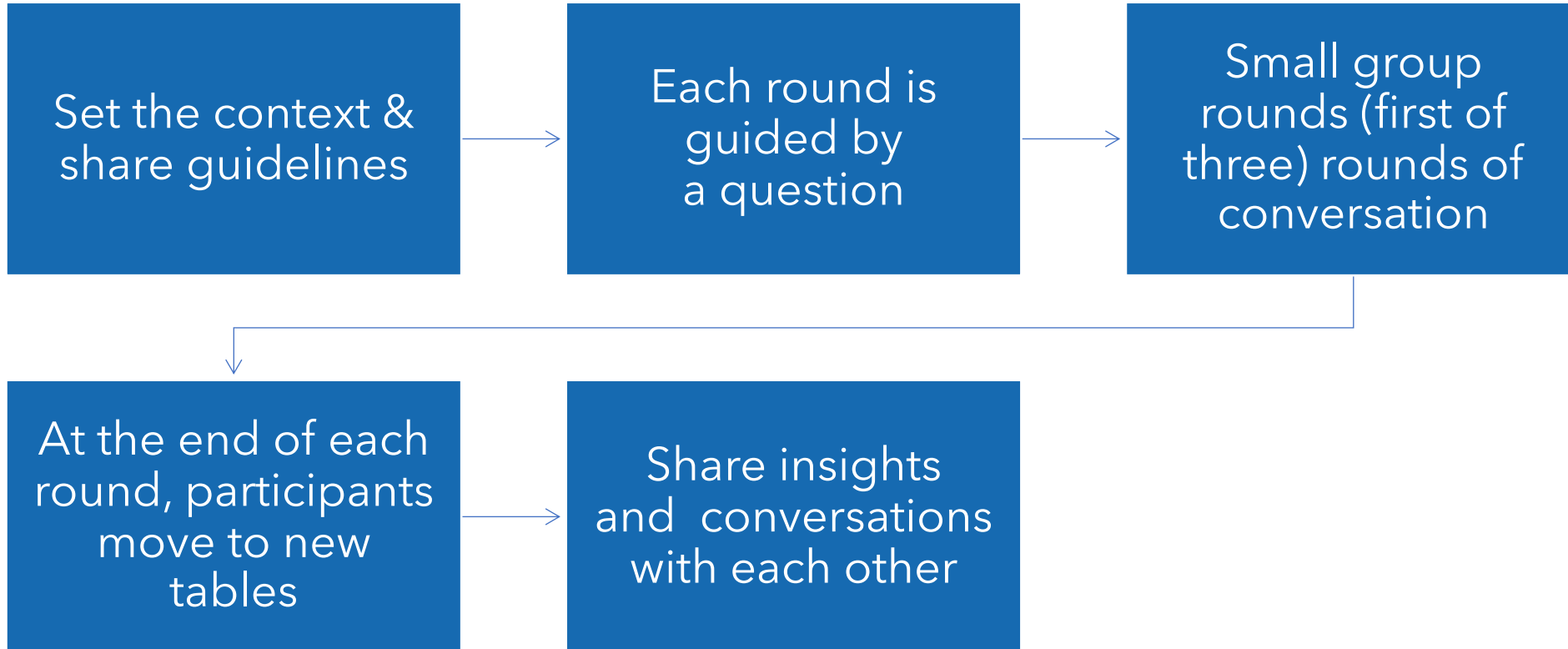
What all people need all the time to thrive and reach our full potential.



Break - 5 minutes



Introduction to World Café



Any Questions?



Belonging & Civic Muscle

Sense of belonging and power to shape a common world

- Social support
- Civic associations
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- Civic agency
- Collective efficacy
- Vibrant arts, culture, and spiritual life
- Equitable access to information
- Many opportunities for civic engagement (voting, volunteer, public work)



Belonging & Civic Muscle



Sense of belonging and power to shape a common world

Who (what groups) has a strong sense of belonging and civic muscle?
Who might not?

NOTES:

Belonging & Civic Muscle

Sense of belonging and power to shape a common world

What **assets/resources** does Delaware have to support belonging and civic muscle? (organizations, people, places, funding, etc.)

NOTES:



Belonging & Civic Muscle

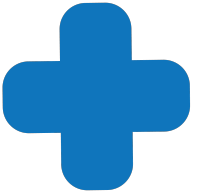


Sense of belonging and power to shape a common world

What about Delaware **makes it hard** for certain groups to have a sense of belonging and civic muscle?

NOTES:

Basic Needs for Health & Safety



Basic requirements for health and safety

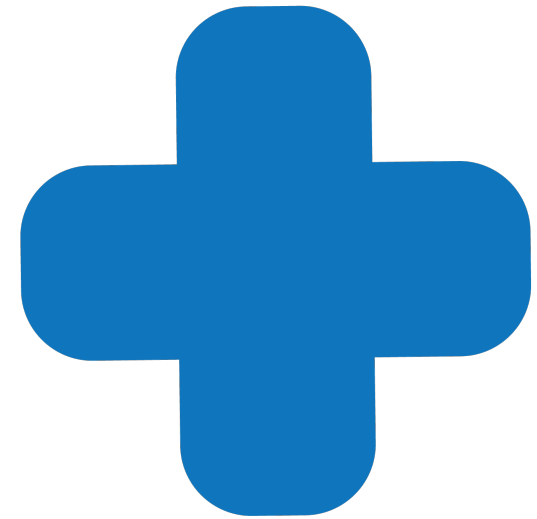
Questions for your input

- Who (what groups) have access to basic needs for health and safety? Who might not?
- What about Delaware **makes it hard** for certain groups to have access to basic needs for health and safety?
- What **assets/resources** does Delaware have to support basic needs for health and safety? (organizations, people, places, funding, etc.)

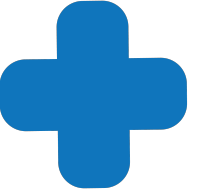
Basic Needs for Health & Safety

Basic requirements for health and safety

- NOTES:



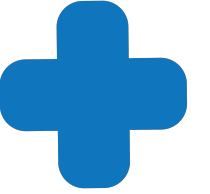
Basic Needs for Health & Safety



Who (what groups) have **access** to basic needs for health and safety? Who might not?

- NOTES:

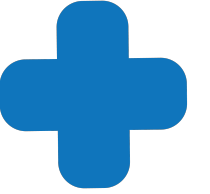
Basic Needs for Health & Safety



What about Delaware **makes it hard** for certain groups to have access to basic needs for health and safety?

- NOTES:

Basic Needs for Health & Safety



What **assets/resources** does Delaware have to support basic needs for health and safety? (organizations, people, places, funding, etc.)

- NOTES:

Humane Housing



Humane, consistent housing

Questions for your input

- Who (what groups) have access to humane housing? Who might not?
- What **assets/resources** does Delaware have to support humane housing? (organizations, people, places, funding, etc.)

Humane Housing

Humane, consistent housing

- NOTES:



Humane Housing



Who (what groups) have **access** to humane housing? Who might not?

- NOTES:

Humane Housing



What **assets/resources** does Delaware have to support humane housing?
(organizations, people, places, funding, etc.)

- NOTES:

Humane Housing



What about Delaware **makes it hard** for certain groups to have access to humane housing?

- NOTES:

Welcome Back to the Main Room



Mission and Vision Statements

Example Mission Statement:

- To make the State of Delaware a healthier and more equitable place to live, work, learn, and play.

• Example Vision Statement:

- “All people in Minnesota enjoy healthy lives and healthy communities.”
- “Ohio is a model of health, well-being and economic vitality.”

Thank You!

Our next meeting will be held on

February 2, 2023
11:00 to 1:00 pm
Virtually on Zoom

