UNIVERSITY OF DELAWARE

SHIP BIMONTHLY MEETING

FEBURARY 2025





GET TO KNOW OUR CREW



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Esme Harshbarger

Health Behavior Science Undergraduate Assistant Happy New Year! Welcome Back! As we move into the upcoming year, SHIP is focused on driving meaningful change and growth. The first half of the year will be dedicated to thoughtful, strategic planning — developing action plans that align with our vision and goals.

In the second half of the year, we'll shift into action mode – focusing on the implementation of these plans, bringing our ideas to life with collaboration and dedication. By maintaining our commitment to each other and to continuous improvement, we will ensure that the progress we make is sustainable and impactful for the long term.



SHIP COALITION NORMS & EXPECTATIONS

RESPONSIBILITIES INCLUDE:

• Clear Shared Goals

- All members of the coalition should have a shared understanding of the overall objectives and outcomes
- Actively work and contribute towards the SHIP
- Contribution and Responsibility
 - Attend Bimonthly and Quarterly Meetings
 - If unable to attend a meeting, review the meeting materials (notes, recording, powerpoint) before the next meeting

• Communication

- Be active on utilized platforms (Teams, Google Drive)
- ° Communicate with SHIP team and coalition members
- Mutual Respect and Trust
 - Have an open mind and willingness to learn

Please feel free to email Info@delawareship.org with any questions





VITAL CONDITION LEADS

Maxwell Lasher

Basic Needs (Physical & Mental)

Medicare)

– Esther Curtis

Meaningful Work Life & Lifelong Learning

Britt Salen

Housing

Natalie Andrews Basic Needs (Housing, Food,

Reliable Transportation & Humane

Coalition Communication





COALITION RESOURCES

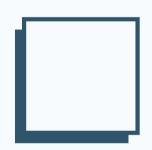
With recent events taking place, the SHIP Team and the Leads found it would be beneficial to create a running resource list for the coalition. We plan to gather resources, such as informational, action plans, petitions, donations, etc. to share with folks.

We want to serve as a resource for you all!

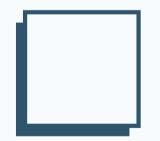
SHIP UPDATES

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The SHIP document was shared back in January for review and feedback



The SHIP Document went through another round of editing and incorporating feedback and has been submitted back to DPH



The finalized SHIP document will be released by the end of March, providing a comprehensive guide for our strategies and objectives moving forward



SHIP SURVEYS

PROGRESS SURVEY

This survey is designed to track progress, updates, and questions when developing your action plans. It also serves to assess your current satisfaction with SHIP and identify how we can best support you.

The <u>Progress Survey</u> is located on the Delaware SHIP Website under the SHIP Coalition tab.

Example Questions:

- Please rate your overall satisfaction with the SHIP Process
- Please provide an update on the status of your progress toward your vital condition's group action plan

ONLINE INPUT HUB

- Coalition tab.

This survey is designed to capture your thoughts, questions, and suggestions related to our projects, team goals, and communication.

The <u>Online Input Hub</u> is located on the Delaware SHIP Website under the SHIP

Example Questions:

• Are there any topics you feel need more discussion in our meetings? • What questions do you have about our current projects, initiatives, or team goals that you feel have not been addressed?

ACTION PLANS

SURVEY OVERVIEW

- Purpose:
 - To gather insights into how
 you or your organization are
 working to achieve the
 strategies and objectives
 outlined in the SHIP
- If you'd like to complete the survey, click <u>here</u>.

VITAL CONDITION GROUPS

- Focus Areas:
 - What each group/organization is currently doing to in regards to SHIP objectives/strategies
 - Identify any gaps or areas that need more focus
 - Opportunities for collaboration and improvement
- Outcome: A clearer understanding of our collective strengths and areas for improvement, helping us align better with SHIP's objectives

NEXT STEPS

 Vital condition groups will review the gaps and challenges identified and develop action plans for addressing them

 Facilitators will ensure each group has the support and guidance needed to move forward and make meaningful progress.

Upcoming Coalition Meetings

QUARTERLY: END OF MARCH

Location: Kent County When: TBD due to waiting to secure a venue

BIMONTHLY: APRIL 21ST, 2025

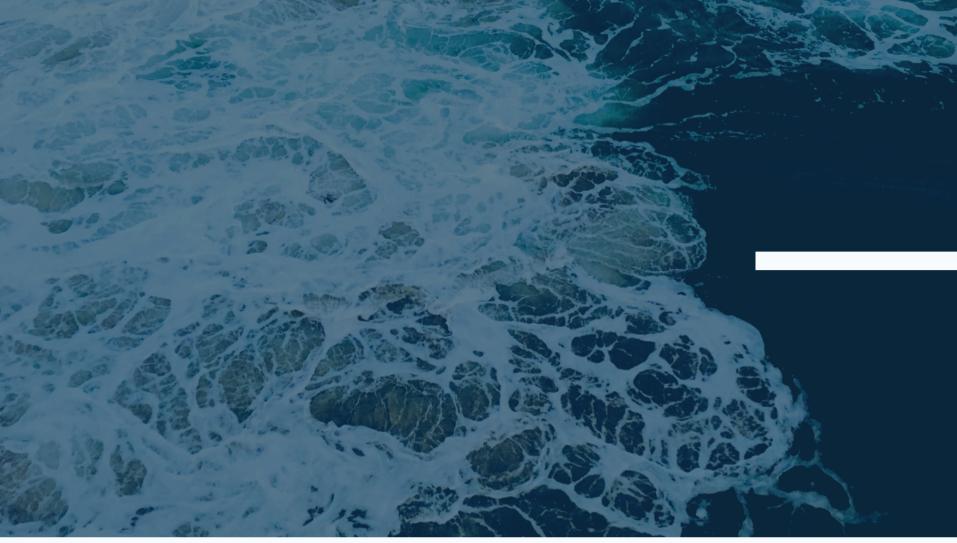
Location: Virtual on Zoom When: 11 am to 12:30 pm

BIMONTHLY: JUNE 16TH, 2025

Location: Virtual on Zoom When: 11 am to 12:30 pm

Any Questions?





Our ship is ready to sail, and we can't wait to see what exciting shores we'll reach this year!

Premature Death Objectives

Adults binge or heavy drinking

Children Drinking

Premature Death Strategies

- specific care
- behavioral therapies
- responsibly
- colleges

• Shift the way health care organizations approach trauma by adopting universal trauma precautions and providing trauma-

 Provide medications such as methadone to individuals diagnosed with opioid use disorder in outpatient, residential, and hospital settings, usually with counseling and

• Establish programs that accept expired, unwanted, or unused medicines from designated users and dispose of them

 Advocate for universal school-based alcohol prevention programs in high schools and

Increase availability and training of Narcan

• Train health care and other social support providers to screen at-risk populations for intimate partner violence

Premature Death Strategies

- drugs and forms

- substances

• Provide free fentanyl test strips to detect the presence of fentanyl in different kinds of

• Educate owners, managers, servers, and sellers at alcohol establishments about strategies to avoid illegally selling alcohol to underage youth or intoxicated patrons

 Increase awareness and use of needle or syringe exchange programs and/or other harm-reduction programs

• Use databases housed in state agencies to track prescribing and dispensing of Schedule II, III, IV, and V drugs and other controlled

• Increasing survivor supports include victimcentered advocacy and health care services, housing programs, and legal and law enforcement predictions

Avoidable Injuries Objectives

Public Transportation

Walking

Car Crash Deaths

Bicycling

Car crash deaths involving alcohol

Older Adults Falling

- Interventions
- school programs

- to schools and parks

• Provide gun safety training and gun locks

 Increase awareness and use of the National Council of Aging's Falls Free CheckUp tool

• Prioritize funding for Homicide Review **Commissions and Community Violence**

• Increase awareness and funding for after-

 Increase awareness of Coaching Boys into Men, an evidence-based violence prevention program, and Safe+Respectful, an educational tool-kit on teen dating violence

 Advocate for implementation for Project PIN, a domestic violence prevention program for middle and high school students, throughout schools and communities

• Increasing safe route programs - safe routes

- adults
- firearms
- transparency

• Enforce health care providers to evaluate older adults' risk for falls, including the CDC's Stopping Elderly Accidents, Death, and Injuries (STEADI)

• Give free home safety equipment for older

• Screening older adults for their risk of hazards in their homes

• Enforce background checks for purchasing

Advocate for policies to explore pay

 Provide incentives to take the Delaware **Defensive Driving course**

• Analyze and identify zones that have high levels of traffic accidents

• Provide parents with car seats for free with education about proper installation and use

- establishments
- to Trails

• Provide binge drinking and drunk driving education to young adults in colleges

• Encourage using designated drivers via population-based mass media campaigns and incentive programs based on drinking

 Increase incentives for carpooling and rideshare programs such as Uber, Lyft, Rails

Increase school-based health centers

• Provide free or reduced-cost vaccinations

• Provide client reminders for patients who have previously received vaccinations

• Tailor health care to patients' norms, beliefs, values, and language and literacy skills

 Increase vaccine roll-out outside clinics and doctor's offices, including places of work, schools, grocery stores, etc.

- such as Modivcare
- such as Uber Health

- sidewalks/bike paths
- trails

Increase in medical transportation services

• Increase the use of public transportation through collaborative initiatives with DART,

• Position registered nurses within a parish or similar faith community or in a health care system to serve as a liaison to congregations

• Provide free safety equipment for children, including knee pads, helmets, etc.

• Promote walking and biking to school through education, incentives, and environmental changes through Safe Routes to Schools

Enhance the structure of walkable

Improve connectivity of non-auto paths and

- deductions
- active commuting
- **Solutions**

• Collaborate with DART to make public transit more reliable through service availability

• Advocating for the creation of commuter lines, including light rail

• Offer incentives such as free or discounted bus, rail, or transit passes, reimbursements, partial payments, or pre-tax payroll

 Facilitate physical infrastructure and education or social support that supports

Increase awareness of Delaware Commute

Mental Health Objectives

Health Insurance

Mental Health Strategies

- organizations
- challenges
- providers

Conduct Peer Modeling in educational settings

 Increase access to mental health services via transportation & tele-health

 Provide international accreditation via uniform processes & working with global

 Advocate for mental health providers to be able to make house calls

 Provide DMHA mental health and first aid for teacher recognition of mental health

Incentivize multilingual mental health

 Integrate/provide awareness of Clubhouse Models- a recovery program for adults with mental health challenges

Chronic Disease Objectives

Adult Current Smokers

Children Tobacco Products

High school students using electronic vapor product

Chronic Disease Strategies

- DMV

- Program

• Facilitate unconventional places for cancer and other preventative screenings such as the

• Implement text-message based interventions to send clients reminders and education about cancer and other preventative screenings

Increasing the use of telemedicine

 Provide financial incentives to marginalized groups to encourage preventative care

 Increase awareness and participation in the **Governor's Challenge**

Increase awareness and use of the Smart Food

 Increase community awareness and resources such as community gardens and Eventbrite

 Increase awareness and engagement of the Let's Get Healthy Sussex Initiative

Chronic Disease Strategies

- message
- schools
- social media posts
- cessation products

 Increase the use and referrals for Delaware Quitline through awareness

• Deliver tobacco cessation advice and motivational messages via test or video

• Study the effectiveness of prevention programs for smoking and vaping in K to 12

 Training parents on prevention and reduction strategies for e-cigarette use

 Provide education about tobacco products, including vapes and e-cigarettes through

Increase awareness and utilization of tobacco

Advocate for an increased tobacco tax

 Collaborate with Delaware Tobacco **Prevention Coalition on their Five-Year Plan** for a Tobacco-Free Delaware

Maternal and Infant Health Strategies

- support services
- **Services**
- during pregnancy
- breaks at work
- for childcare

• Create specific creative outlets to support the mental health of parents

• Expand criteria issues limiting families to

• Facilitate access to at-home health care services such as Universal Home Visiting

• Providing blood pressure monitoring devices

Advocate for paid breast/chest-feeding

• Provide financial assistance to working parents or parents attending school to pay

 Increase participation in health facilities for newborn screening programs

• Increase the use of newborn screenings to detect conditions post-birth

Maternal and Infant Health Strategies

- childcare subsidies

- newborns

 Advocate and encourage employees to provide childcare options at work, including

• Increase free lectures/seminars/trainings about parents role modeling and education

 Give education and awareness surrounding 24-Hour Child Abuse and Neglect Hotline

 Increase cultural awareness and competence of providers with cultural competency training, linguistically appropriate care, and representation throughout the workforce

 Increase access to prenatal and postpartum services through telemedicine, Medicaid client, insurance coverage, and co-locating postpartum and pediatric care

• Improve sleep practices among infants and

Maternal and Infant Health Strategies

- at care facilities
- scheduling
- care appointments

• Hire multilingual providers

Advocate for extending hours of operation

• Addressing barriers related to transportation and child care by offering assistance, home visits, or alternate locations for appointments and flexible

 Advocate for providers to discuss and schedule postpartum visits during prenatal