

UNIVERSITY OF DELAWARE

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# SHIP BIMONTHLY MEETING

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FEBURARY 2025





# GET TO KNOW OUR CREW



**Dr. Alexandra Wynn**

Postdoctoral Researcher, Program  
of Epidemiology



**Katlyn Cullhane-Suluai**

Program Manager, Partnership for  
Healthy Communities



**Dr. Yendelela Cuffee**

Associate Director, Partnership for  
Healthy Communities



**Dr. Jennifer Horney**

MPH and PHC Director  
Professor & Founding Director  
Epidemiology Program



**Catlynn Senquiz**

Health Promotion  
Graduate Assistant



**Grace Hrustich**

Epidemiology Graduate Assistant



**Bree Nehru**

Epidemiology Graduate Assistant



**Elena Lynn**

Health Behavior Science  
Undergraduate Assistant



**Esme Harshbarger**

Health Behavior Science  
Undergraduate Assistant



# Happy New Year! Welcome Back!

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As we move into the upcoming year, SHIP is focused on driving meaningful change and growth. The first half of the year will be dedicated to thoughtful, strategic planning — developing action plans that align with our vision and goals.

In the second half of the year, we'll shift into action mode — focusing on the implementation of these plans, bringing our ideas to life with collaboration and dedication. By maintaining our commitment to each other and to continuous improvement, we will ensure that the progress we make is sustainable and impactful for the long term.



# SHIP COALITION NORMS & EXPECTATIONS

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## RESPONSIBILITIES INCLUDE:

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- **Clear Shared Goals**
  - All members of the coalition should have a shared understanding of the overall objectives and outcomes
  - Actively work and contribute towards the SHIP
- **Contribution and Responsibility**
  - Attend Bimonthly and Quarterly Meetings
    - If unable to attend a meeting, review the meeting materials (notes, recording, powerpoint) before the next meeting
- **Communication**
  - Be active on utilized platforms (Teams, Google Drive)
  - Communicate with SHIP team and coalition members
- **Mutual Respect and Trust**
  - Have an open mind and willingness to learn

Please feel free to email  
[Info@delawareship.org](mailto:Info@delawareship.org) with any questions



# VITAL CONDITION LEADS

- **Maxwell Lasher**

Basic Needs (Physical & Mental)

- **Natalie Andrews**

Basic Needs (Housing, Food, Medicare)

- **Esther Curtis**

Meaningful Work Life & Lifelong Learning

- **Britt Salen**

Reliable Transportation & Humane Housing





# Coalition Communication



Google Drive





# COALITION RESOURCES

With recent events taking place, the SHIP Team and the Leads found it would be beneficial to create a running resource list for the coalition. We plan to gather resources, such as informational, action plans, petitions, donations, etc. to share with folks.

We want to serve as a resource for you all!



# SHIP UPDATES



**The SHIP document was shared back in January for review and feedback**



**The SHIP Document went through another round of editing and incorporating feedback and has been submitted back to DPH**



**The finalized SHIP document will be released by the end of March, providing a comprehensive guide for our strategies and objectives moving forward**



# SHIP SURVEYS

## PROGRESS SURVEY

This survey is designed to track progress, updates, and questions when developing your action plans. It also serves to assess your current satisfaction with SHIP and identify how we can best support you.

The [Progress Survey](#) is located on the Delaware SHIP Website under the SHIP Coalition tab.

Example Questions:

- Please rate your overall satisfaction with the SHIP Process
- Please provide an update on the status of your progress toward your vital condition's group action plan

## ONLINE INPUT HUB

This survey is designed to capture your thoughts, questions, and suggestions related to our projects, team goals, and communication.

The [Online Input Hub](#) is located on the Delaware SHIP Website under the SHIP Coalition tab.

Example Questions:

- Are there any topics you feel need more discussion in our meetings?
- What questions do you have about our current projects, initiatives, or team goals that you feel have not been addressed?



# ACTION PLANS

## SURVEY OVERVIEW

- Purpose:
  - To gather insights into how you or your organization are working to achieve the strategies and objectives outlined in the SHIP
- If you'd like to complete the survey, click [here](#).

## VITAL CONDITION GROUPS

- Focus Areas:
  - What each group/organization is currently doing to in regards to SHIP objectives/strategies
  - Identify any gaps or areas that need more focus
  - Opportunities for collaboration and improvement
- Outcome: A clearer understanding of our collective strengths and areas for improvement, helping us align better with SHIP's objectives

## NEXT STEPS

- Vital condition groups will review the gaps and challenges identified and develop action plans for addressing them
- Facilitators will ensure each group has the support and guidance needed to move forward and make meaningful progress.



# Upcoming Coalition Meetings

**QUARTERLY:  
END OF MARCH**

Location: Kent County  
When: TBD due to waiting  
to secure a venue

**BIMONTHLY:  
APRIL 21ST, 2025**

Location: Virtual on Zoom  
When: 11 am to 12:30 pm


**BIMONTHLY:  
JUNE 16TH, 2025**

Location: Virtual on Zoom  
When: 11 am to 12:30 pm





# **Any Questions?**



**Our ship is ready to  
sail, and we can't  
wait to see what  
exciting shores  
we'll reach this  
year!**



# Premature Death Objectives

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**Adults binge or  
heavy drinking**

**Children Drinking**



# Premature Death Strategies

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- Shift the way health care organizations approach trauma by adopting universal trauma precautions and providing trauma-specific care
- Provide medications such as methadone to individuals diagnosed with opioid use disorder in outpatient, residential, and hospital settings, usually with counseling and behavioral therapies
- Establish programs that accept expired, unwanted, or unused medicines from designated users and dispose of them responsibly
- Advocate for universal school-based alcohol prevention programs in high schools and colleges
- Increase availability and training of Narcan
- Train health care and other social support providers to screen at-risk populations for intimate partner violence



# Premature Death Strategies

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- Provide free fentanyl test strips to detect the presence of fentanyl in different kinds of drugs and forms
- Educate owners, managers, servers, and sellers at alcohol establishments about strategies to avoid illegally selling alcohol to underage youth or intoxicated patrons
- Increase awareness and use of needle or syringe exchange programs and/or other harm-reduction programs
- Use databases housed in state agencies to track prescribing and dispensing of Schedule II, III, IV, and V drugs and other controlled substances
- Increasing survivor supports include victim-centered advocacy and health care services, housing programs, and legal and law enforcement predictions



# Avoidable Injuries Objectives

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**Public  
Transportation**

**Bicycling**

**Walking**

**Car crash deaths  
involving  
alcohol**

**Car Crash  
Deaths**

**Older Adults  
Falling**



# Avoidable Injuries Strategies

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- Provide gun safety training and gun locks
- Increase awareness and use of the National Council of Aging's Falls Free CheckUp tool
- Prioritize funding for Homicide Review Commissions and Community Violence Interventions
- Increase awareness and funding for after-school programs
- Increase awareness of Coaching Boys into Men, an evidence-based violence prevention program, and Safe+Respectful, an educational tool-kit on teen dating violence
- Advocate for implementation for Project PIN, a domestic violence prevention program for middle and high school students, throughout schools and communities
- Increasing safe route programs - safe routes to schools and parks



# Avoidable Injuries Strategies

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- Enforce health care providers to evaluate older adults' risk for falls, including the CDC's Stopping Elderly Accidents, Death, and Injuries (STEADI)
- Give free home safety equipment for older adults
- Screening older adults for their risk of hazards in their homes
- Enforce background checks for purchasing firearms
- Advocate for policies to explore pay transparency
- Provide incentives to take the Delaware Defensive Driving course
- Analyze and identify zones that have high levels of traffic accidents
- Provide parents with car seats for free with education about proper installation and use



# Avoidable Injuries Strategies

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- Provide binge drinking and drunk driving education to young adults in colleges
- Encourage using designated drivers via population-based mass media campaigns and incentive programs based on drinking establishments
- Increase incentives for carpooling and rideshare programs such as Uber, Lyft, Rails to Trails
- Increase school-based health centers
- Provide free or reduced-cost vaccinations
- Provide client reminders for patients who have previously received vaccinations
- Tailor health care to patients' norms, beliefs, values, and language and literacy skills
- Increase vaccine roll-out outside clinics and doctor's offices, including places of work, schools, grocery stores, etc.



# Avoidable Injuries Strategies

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- Increase in medical transportation services such as Modivcare
- Increase the use of public transportation through collaborative initiatives with DART, such as Uber Health
- Position registered nurses within a parish or similar faith community or in a health care system to serve as a liaison to congregations
- Provide free safety equipment for children, including knee pads, helmets, etc.
- Promote walking and biking to school through education, incentives, and environmental changes through Safe Routes to Schools
- Enhance the structure of walkable sidewalks/bike paths
- Improve connectivity of non-auto paths and trails



# Avoidable Injuries Strategies

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- Collaborate with DART to make public transit more reliable through service availability
- Advocating for the creation of commuter lines, including light rail
- Offer incentives such as free or discounted bus, rail, or transit passes, reimbursements, partial payments, or pre-tax payroll deductions
- Facilitate physical infrastructure and education or social support that supports active commuting
- Increase awareness of Delaware Commute Solutions



# Mental Health Objectives

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**Health Insurance**



# Mental Health Strategies

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- Conduct Peer Modeling in educational settings
- Increase access to mental health services via transportation & tele-health
- Provide international accreditation via uniform processes & working with global organizations
- Advocate for mental health providers to be able to make house calls
- Provide DMHA mental health and first aid for teacher recognition of mental health challenges
- Incentivize multilingual mental health providers
- Integrate/provide awareness of Clubhouse Models- a recovery program for adults with mental health challenges



# Chronic Disease Objectives

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**Adult Current  
Smokers**

**Children Tobacco  
Products**

**High school students  
using electronic  
vapor product**



# Chronic Disease Strategies

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- Facilitate unconventional places for cancer and other preventative screenings such as the DMV
- Implement text-message based interventions to send clients reminders and education about cancer and other preventative screenings
- Increasing the use of telemedicine
- Provide financial incentives to marginalized groups to encourage preventative care
- Increase awareness and participation in the Governor's Challenge
- Increase awareness and use of the Smart Food Program
- Increase community awareness and resources such as community gardens and Eventbrite
- Increase awareness and engagement of the Let's Get Healthy Sussex Initiative



# Chronic Disease Strategies

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- Increase the use and referrals for Delaware Quitline through awareness
- Deliver tobacco cessation advice and motivational messages via text or video message
- Study the effectiveness of prevention programs for smoking and vaping in K to 12 schools
- Training parents on prevention and reduction strategies for e-cigarette use
- Provide education about tobacco products, including vapes and e-cigarettes through social media posts
- Increase awareness and utilization of tobacco cessation products
- Advocate for an increased tobacco tax
- Collaborate with Delaware Tobacco Prevention Coalition on their Five-Year Plan for a Tobacco-Free Delaware

# Maternal and Infant Health Strategies

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- Create specific creative outlets to support the mental health of parents
- Expand criteria issues limiting families to support services
- Facilitate access to at-home health care services such as Universal Home Visiting Services
- Providing blood pressure monitoring devices during pregnancy
- Advocate for paid breast/chest-feeding breaks at work
- Provide financial assistance to working parents or parents attending school to pay for childcare
- Increase participation in health facilities for newborn screening programs
- Increase the use of newborn screenings to detect conditions post-birth



# Maternal and Infant Health Strategies

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- Advocate and encourage employees to provide childcare options at work, including childcare subsidies
- Increase free lectures/seminars/trainings about parents role modeling and education
- Give education and awareness surrounding 24-Hour Child Abuse and Neglect Hotline
- Increase cultural awareness and competence of providers with cultural competency training, linguistically appropriate care, and representation throughout the workforce
- Increase access to prenatal and postpartum services through telemedicine, Medicaid client, insurance coverage, and co-locating postpartum and pediatric care
- Improve sleep practices among infants and newborns

# Maternal and Infant Health Strategies

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- Hire multilingual providers
- Advocate for extending hours of operation at care facilities
- Addressing barriers related to transportation and child care by offering assistance, home visits, or alternate locations for appointments and flexible scheduling
- Advocate for providers to discuss and schedule postpartum visits during prenatal care appointments