

UNIVERSITY OF DELAWARE

SHIP QUARTERLY MEETING

MARCH 2025



GET TO KNOW OUR CREW



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Welcome Back!

**Thank you for joining us today for our first quarterly meeting of the year!
We are excited to have you here.**

In today's session, we will be discussing a variety of important topics, including updates to our communication platforms, next steps in action planning, and preparing for the launch of our social media channels. We also have two special guest speakers from Nurses & Neighbors, Bet Wong & the Epilepsy Foundation of Delaware, Val Budischak. We look forward to an informative and engaging meeting, and we're grateful for your involvement today.

Coalition Communication Platforms



Google Drive



The SHIP has created a Google Drive and a Microsoft Teams for coalition members. In these platforms you can find:

- Meeting materials
 - Meeting notes
 - Powerpoints
- Resources
 - General and specific resources for each priority health outcome
- State Health Assessment (SHA) 2022-2023
- SHIP Goals, Objectives and Strategies
- Monthly Newsletters
- SHIP Coalition Expectations

SHIP Monthly Newsletter:

- The purpose of the newsletter is to keep all coalition members informed and engaged with the latest updates, opportunities, and events relevant to our shared mission
- You will receive newsletters via the email

SHIP Social Media Platforms



We're thrilled to announce that the SHIP team will soon be launching official social media accounts on LinkedIn, Facebook, and Instagram!

Posts include:

- What is the SHIP?
- Meet the Team
- Meet the Leads
- Meeting Reminders
- Priority Health Outcomes
- Vital Conditions
- Interested in joining the Coalition?



Contact us at info@delawareship.org or find more information on our website at delawareship.org



Action Planning

Survey Purpose:

To gather insights into how you or your organization are working to achieve the strategies and objectives outlined in the SHIP. Click [here](#) to take the survey.

Participation:

The SHIP has only received 24 surveys, we ask you to fill out the survey to help the SHIP get an accurate representation.

Steps of the Action Plan:

- What each group/organization is currently doing to in regards to SHIP objectives/strategies
- Identify any gaps or areas that need more focus
- Opportunities for collaboration and improvement
- Vital condition groups will review the gaps and challenges identified and develop action plans for addressing them

Action Planning for Chronic Disease:

Objectives regarding:

- Adult current smokers
- Children tobacco products
- High school students using electronic vapor products

Organizations:

- Medical Society of Delaware
- Delaware Academy of Medicine
- Delaware Public Health Association
- Health Literacy Council of Delaware
- Beebe Healthcare
- La Red Health Center
- NeighborGood Partners

Action Planning for Chronic Disease:

Objectives regarding:

- Food insecurity
- Adult obesity
- Children who are overweight or obese
- Federal physical activity guidelines
- Daily vegetable intake in youth

Organizations:

- Medical Society of Delaware
- Christiana Care Health System
- Cornerstone West CDC
- West Side Grows Together
- Delaware Academy of Medicine
- Delaware Public Health Association
- State Council for Persons with Disabilities
- TidalHealth Nanticoke
- Children and Families First
- Health Literacy Council of Delaware
- Do Care Doula Foundation Inc.
- La Red Health Center
- NeighborGood Partners
- Beebe Healthcare
- Domestic Violence Ambassadors
- Diabetes and Heart Disease Prevention and Control

Action Planning for Chronic Disease:

Objectives regarding:

- Mammogram
- Children received preventive visits
- Adults who have a routine checkup
- Cancer mortality rate
- Adults high blood pressure
- Adults diabetes
- Adults high cholesterol

Organizations:

- Medical Society of Delaware
- Christiana Care Health System
- Delaware Academy of Medicine
- Delaware Public Health Association
- Cornerstone West CDC
- West Side Grows Together
- State Council for Persons with Disabilities
- Children and Families First
- La Red Health Center
- Health Literacy Council of Delaware
- Domestic Violence Ambassadors
- Diabetes and Heart Disease Prevention and Control
- Beebe Healthcare

Action Planning for Mental Health:

Objectives regarding:

- Health Insurance
- Increase mental health provider-to-population ratio
- Adult depressive disorder
- Suicide rates
- Child depression problems

Organizations:

- Domestic Violence Ambassadors
- TidalHealth Naticoke
- Beebe Healthcare
- Diabetes and Heart Disease Prevention and Control
- Delaware Academy of Medicine
- Delaware Public Health Association
- State Council for Persons with Disabilities
- Medical Society of Delaware
- Coalition for a Safer Delaware
- Christiana Care Health System
- Children and Families First
- Domestic Violence Ambassadors
- Wilmington University
- Cornerstor West CDC
- West Side Grows Together
- La Red Health Center
- Mariposa Arts
- Mental Health Association

Action Planning for Avoidable Injury:

Objectives regarding:

- Older adults falling
- Homicides
- Firearm-related deaths
- Domestic violence incidents

Organizations:

- Coalition for a Safer Delaware
- Christiana Care Health System
- Domestic Violence Ambassadors
- Wilmington University
- The Delaware Coalition Against Domestic Violence
- NeighborGood Partners
- Mental Health Association
- Beebe Healthcare

Action Planning for Avoidable Injury:

Objectives regarding:

- COVID-19 vaccine
- Influenza vaccine

Organizations:

- Christiana Care Health System
- Delaware Academy of Medicine
- Delaware Public Health Association
- State Council for Persons with Disabilities
- Children and Families First
- Wilmington University
- La Red Health Center
- Beebe Healthcare

Action Planning for Avoidable Injury:

Objectives regarding:

- Car crash deaths
- Car crash deaths involving alcohol

Objectives regarding:

- Public Transportation
- Walking
- Bicycling

Organizations:

- Cornerstone West CDC
- State Council for Persons with Disabilities
- Mead and Hunt

Organizations:

- Cornerstone West CDC
- West Side Grows Together
- State Council for Persons with Disabilities
- Mead and Hunt

Action Planning for Maternal and Infant Health:

Objectives regarding:

- Maternal deaths
- Preterm births
- Low birth weight
- Prenatal care
- Postpartum care
- Infants deaths

Organizations:

- Do Care Doula Foundation Inc.
- Christana Care Health System
- State Council for Persons with Disabilities
- Delaware Academy of Medicine
- Delaware Public Health Association
- Children and Families First
- La Red Health Center
- The Delaware Coalition Against Domestic Violence
- NeighborGood Partners
- Domestic Violence Ambassadors
- Coalition for a Safer Delaware

Action Planning for Premature Death:

Objectives regarding:

- Drug overdoses
- Adults binge or heavy drinking
- Children drinking

Organizations:

- Beebe Healthcare
- Domestic Violence Ambassadors
- La Red Health Center
- Mental Health Association
- NeighborGood Partners
- Medical Society of Delaware

Action Planning:

Next Steps

- A series of meetings dedicated to action planning
- Planning to connect with individuals to help combat gaps

SHIP SURVEYS

PROGRESS & SATISFACTION SURVEY

- This [survey](#) is designed to track progress, updates, and questions when developing your action plans. It also serves to assess your current satisfaction with SHIP and identify how we can best support you.

ONLINE INPUT HUB SURVEY

- This [survey](#) is designed to capture your thoughts, questions, and suggestions related to our projects, team goals, and communication.

CALL TO ACTION RESOURCE SURVEY

- This [survey](#) is designed to gather information on what resources would be helpful for the coalition and compile them to share.

All surveys are located on the Delaware SHIP Website under the SHIP Coalition tab, found [here](#).



Next Meeting

**BIMONTHLY:
JUNE 16TH, 2025**

**Location: Virtual on Zoom
When: 11:00 a.m. to 12:30 p.m**

**Guest Speaker: Annie Slease
Topic: Mental Health Literacy**



The background of the slide is a high-contrast aerial photograph of turbulent water. The water is a deep, dark blue, and the surface is covered in intricate, swirling patterns of white foam and lighter blue water, suggesting a powerful current or a ship's wake. The texture is very rough and dynamic.

Any Questions?

**Our ship is prepped
and ready to set
sail, and we can't
wait to explore the
exciting shores
ahead this year!**

Welcome Our Guest Speakers:

- **Bet Wong from Nurses & Neighbors**
- **Val Budischak, the Epilepsy Foundation of Delaware**

NURSES & NEIGHBORS COLLABORATIVE INC.

Mission: To help improve health and wellness of our neighborhoods and provide support for nurses in our communities through nurse-led projects.

1

2022

- Founded by 7 nurses in Windstone
- Jane Kurz and Bet Wong incorporated the non-profit as Nurses Nextdoor and filed for 501 C3 non-profit status recognized by the IRS

2

2023

Changed our name to Nurses & Neighbors Collaborative to expand our reach, including nurses and others who support our mission.

2023 AARP Community Challenge Grantee.

Board of Directors

- Jane Kurz (Jan-Dec)
- Bet Wong (Jan-Dec)
- Debbie Stott (Jan-Jul)

3

2024

Increase in number of projects, partnerships, neighborhoods, and general members. CE provider for nurses.

2024 Lt Gov Community Spotlight

Board of Directors:

- Bonnie Perratto
- Ron Laxon
- Jane Kurz Bet Wong
- Wong

4

2025

Board of Directors:

- Bonnie Perratto
- Nancy Hromack
- Rose Rossi
- Jane Kurz
- Bet Wong

5

2026

6

Future

A brief history

Community Partners



Proud community partner of the Delaware Respite Coalition, Volunteer Delaware, Advanced Healthy Lifestyle Coalition, Health Literacy Council of Delaware, Delaware's State Health Improvement Planning Coalition, Delaware Caregiver Action Network

P	NEIGHBORS and HOA'S	N	VOLUNTEER DELAWARE
A	DELAWARE TRANSIT CORPORATION (DART)	E	PAM Health, Beebe Population Health, LA RED Health Center
R	SHEPHERD'S OFFICE	R	AARP Livable Communities
T	COMMUNITY RESOURCE CENTER	S	EASTERSEALS, LADIES ORDERS OF HIBERNIANS, TRUSTED RIDERS, LEWES HISTORICAL SOCIETY, AND MORE

NURSES & NEIGHBORS PROJECTS

Mission: To help improve health and wellness of our neighborhoods and provide support for nurses in our communities through nurse-led projects.



Neighborhoods

Windstone – Debbie/ Maureen
StoneWater Creek – Penny
Heritage Creek – Nancy



Fundraising

DoMore24 2025 – Bet



Marketing – Rose
Grants – Bet, Rose, Jane



Community

- Homelessness:
 - Shepherd’s Office – Pat
 - Nurse Clinic at CRC – Jane
- Health Literacy – Bet
 - Food is Medicine/ La Red – Bet
 - Care & Caregiving – Bet
- Access to Care – Bet
 - Transportation-Nursing Partnership
 - Delaware Health & Mobility Alliance
 - Neighborhood Foot Care Patrol
 - Oral Care Access – ESMOM



Others

- Nurses Week/Month Activities – Bet/Jane
- Continuing Education Provider – Maryland Nurses Association – Bet/Jane
- Domestic Violence Awareness/ human trafficking – CE provider – Bet, Jane
- Nursing license – eliminate practice hour requirement advocacy – Jane

Non-Emergency Medical Transportation

- Transportation is a barrier to accessing care
- Miss appointments; loss of revenues for providers
- Where I should get care
- Not getting care - can't get there
- Affects health outcomes
- Safety and reliability

Use Cases for Uber Health

- Epilepsy Foundation of Delaware - Val Budischak
- Nurses & Neighbors - Seniors in Sussex County - Bet Wong

Non-Emergency Medical Transportation Ride Options Comparison Sussex County, Delaware

Benefits	Nurses & Neighbors (UberHealth)	On Demand Ride App (Uber, Lyft)	Community-based/ VA/state// health system	DeIDot/ DART	Insurance Providers	Family Friends	Private Services / Taxi
Emergency – call 911	No	No	No	No	No	No	no
On Demand	Yes	Yes	No	No - paratransit/reg Yes – DARTConnect	Varies	Varies	Varies
Geography Restriction	Varies depends on availability	Varies depends on availability	Yes	Yes	Yes	Varies	Varies
Cost	Ride Voucher*	Self-pay	Varies	Self-pay / Voucher/ free-children & blind	Varies	Varies	Self-pay
Mobility assistance Wheelchair ramp	Limited	No	Varies	Yes	Varies	Varies	Varies
Trusted Caregiver Live Map	Yes	No	No	No	No	No	No
HIPAA Compliant	Yes	No	Varies	?	?	No	Varies

*Vouchers available while funding lasts – funded in part by a grant from AARP.

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Transportation Options to
Accessing Care; resources
and build AI model

AI Agent Paul

Support Transportation Partners
DART Paratransit, Adopt Shelter;
free bus passes for homeless;
Neighborhood Foot Care Patrol

Bet Wong
Xuhao Zhou
Gira Patel

Bet Wong
Lori Yeagher

NURSING-TRANSPORTATION PARTNERSHIP DELAWARE HEALTH & MOBILITY ALLIANCE

Bet Wong
Deborah Kayton-Michals
Alan Lopatin
Beverly Kidder

Bet Wong
AARP Community Challenge
Uber Health

volunteer chaperones -
door through door -
Trusted Riders

care coordinator
schedule on demand
rides - Uber Health



Generative Artificial Intelligence



Partnerships



Volunteer Chaperones



Care Coordination

Delaware Health & Mobility Alliance

Transportation Options To Accessing Care (AI generated coming soon)

911 - FOR ALL EMERGENCY MEDICAL TRANSPORTATION

- **DART: Delaware Administration for Regional Transit**
 - paratransit for disabled or 65+ - 800-553-DART (3278)
 - fixed routes - (800) 652-DART (3278) option 1
- **senior centers - membership requires**
 - Lewes Senior Activity Center - 302-645-9293
 - Cape Henlopen Senior Center - 302-227-2055
 - Cheer Senior Centers (302) - Georgetown (854-9500), Milton (684-4819), Long Neck (945-3551), Lewes (645-9239), Roxana (732-3662), Greenwood (349-5237), Ocean View (538-2671)
 - Nanticoke - 302-629-4939
 - Modern Maturity Center, Dover - 302-734-1200
 - Bridgeville Senior Center - 302-337-8771
 - Indian River Senior Center -302-934-8839
 - Laurel Senior Center -302-875-2536
 - Harrington Senior Center - 302-398-4224
- Village Volunteers - membership requires - 302-703-2568

Insurance related

- Medicare Advantage plans - check with your insurance company
- Medicaid recipients/Behavior Health - DHSS/Modivcare - **866-412-3778**
- PACE Your Life - membership requires - (302) 865-3565

Ride shares

- Ride Shared Services: Uber, Lift - need smart phone apps; Uber Health and Uber Caregiver
- Beach Taxi (accepts senior citizen discount program): 302-430-8294 - Taxi 302-246-5268
- Ocean View/Bethany: Driving Ms Maisy - 302-344-0169
- DelMarva Transportation: 302-349-0840
- Jolley Trolly- 302-644-0400
- Private ride services - Jane Cluesman - 302-841-2420

Others:

- VA Caregiver Resource Line - 855-260-3274 (services may be limited to geography)
- American Cancer Society, Breast Cancer Assistance Fund - Delaware Breast Cancer Coalition
- Assisted Living (The Lodge, The Moorings) and Home Health Agencies
- La Red Health Center - Georgetown, Milford, Seaford - 302-855-1233
- PAM Rehab - 6 weeks after discharge - transportation to outpatient after discharge
- Outpatient cancer/ dialysis centers/ Epilepsy Foundation DE free rides

Additional Resources:

- Delaware Aging and Disability Resource Center: 1-800-223-9074
- Delaware 211 - call 211 or text your zip code to 898-211



TOAC Flowchart

