### UNIVERSITY OF DELAWARE

# SHIP QUARTERLY MEETING

**MARCH 2025** 





### GET TO KNOW OUR CREW



**Dr. Alexandra Wynn** Postdoctoral Researcher, Program of Epidemiology



Katlyn Cullhane-Suluai Program Manager, Partnership for Healthy Communities



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Catlynn Senquiz

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**Bree Nehru** Epidemiology Graduate Assistant



### Dr. Jennifer Horney

MPH and PHC Director Professor & Founding Director Epidemiology Program



**Elena Lynn** Health Behavior Science Undergraduate Assistant



Esme Harshbarger

Health Behavior Science Undergraduate Assistant

# Welcome Back!

Thank you for joining us today for our first quarterly meeting of the year! We are excited to have you here.

In today's session, we will be discussing a variety of important topics, including updates to our communication platforms, next steps in action planning, and preparing for the launch of our social media channels. We also have two special guest speakers from Nurses & Neighbors, Bet Wong & the Epilepsy Foundation of Delaware, Val Budischak. We look forward to an informative and engaging meeting, and we're grateful for your involvement today.



# Coalition Communication Platforms





Google Drive



The SHIP has created a **<u>Google Drive</u>** and a Microsoft Teams for coalition members. In these platforms you can find:

- Resources

### **SHIP Monthly Newsletter:**

• Meeting materials • Meeting notes • Powerpoints • General and specific resources for each priority health outcome • State Health Assessment (SHA) 2022-2023 • SHIP Goals, Objectives and Strategies • Monthly Newsletters • SHIP Coalition Expectations

• The purpose of the newsletter is to keep all coalition members informed and engaged with the latest updates, opportunities, and events relevant to our shared mission • You will receive newsletters via the email

# **SHIP Social** Media Platforms

# Linked in

We're thrilled to announce that the SHIP team will soon be launching official social media accounts on LinkedIn, Facebook, and Instagram!

Posts include: • What is the SHIP? Meet the Team Meet the Leads • Meeting Reminders • Priority Health Outcomes • Vital Conditions • Interested in joining the Coalition?



What is SHIP?

What is a State Health Improvement Plan (SHIP)? A SHIP is a strategic framework required for tation by the Public Health Accreditation Boa PHAB). It identifies a state's health priorities and outlines actions to address them.

Who leads the SHIP in Delaware? e Delaware Division of Public Health (DPH) partne ith the University of Delaware's Partnership for nunities (PHC) and Epide Program to lead the SHIP.

Collaboration for a Healthier Delaware The SHIP engages stakeholders, partners, and unities statewide to assess and address wareans' health needs





Hey everyone! It's time to mark your calendars - our bimonthly meeting is coming up soon!

> Date: [Insert Date] Time: [Insert Time] Location: [Insert Location]

We've got lots to cover, so come repared with updates, questions, and ideas! Can't wait to see you all there! Let's make it productive and fun!

### **Interested in Joining** the SHIP Coalition?

ely expanding our coalition and need your expertise

nembers, and partners to assess health needs and

reship.org or find tion on our website at dela



# **Action Planning**

### Survey Purpose:

To gather insights into how you or your organization are working to achieve the strategies and objectives outlined in the SHIP. Click <u>here</u> to take the survey.

### Participation:

The SHIP has only received 24 surveys, we ask you to fill out the survey to help the SHIP get an accurate representation.

- improvement

**Steps of the Action Plan:**  What each group/organization is currently doing to in regards to SHIP objectives/strategies

 Identify any gaps or areas that need more focus

Opportunities for collaboration and

• Vital condition groups will review the gaps and challenges identified and develop action plans for addressing them

# **Action Planning** for Chronic **Disease**:

**Objectives regarding:** 

- Adult current smokers
- Children tobacco products
- High school students using electronic vapor products

### **Organizations**:

- Beebe Healthcare

• Medical Society of Delaware • Delaware Academy of Medicine • Delaware Public Health Association • Health Literacy Council of Delaware • La Red Health Center • NeighborGood Partners

# **Action Planning** for Chronic **Disease**:

**Objectives regarding:** 

- Food insecurity
- Adult obesity
- Children who are overweight or obese
- Federal physical activity guidelines
- Daily vegetable intake in youth

### **Organizations**:

- Beebe Healthcare
- and Control

• Medical Society of Delaware Christiana Care Health System • Cornerstone West CDC • West Side Grows Together • Delaware Academy of Medicine • Delaware Public Health Association • State Council for Persons with Disabilities • TidalHealth Nanticoke Children and Families First • Health Literacy Council of Delaware • Do Care Doula Foundation Inc. • La Red Health Center • NeighborGood Partners • Domestic Violence Ambassadors • Diabetes and Heart Disease Prevention

# **Action Planning** for Chronic **Disease**:

**Objectives regarding:** 

- Mammogram
- Children received preventive visits
- Adults who have a routine checkup
- Cancer mortality rate
- Adults high blood pressure
- Adults diabetes
- Adults high cholesterol

### **Organizations**:

- and Control
- Beebe Healthcare

 Medical Society of Delaware • Christiana Care Health System • Delaware Academy of Medicine • Delaware Public Health Association • Cornerstone West CDC • West Side Grows Together • State Council for Persons with Disabilities • Children and Families First • La Red Health Center • Health Literacy Council of Delaware • Domestic Violence Ambassadors • Diabetes and Heart Disease Prevention

# **Action Planning** for Mental Health:

**Objectives regarding:** 

- Health Insurance
- Increase mental health provider-to-population ratio
- Adult depressive disorder
- Suicide rates
- Child depression problems

### **Organizations**:

- Beebe Healthcare
- and Control

- Mariposa Arts

• Domestic Violence Ambassadors

• TidalHealth Naticoke

• Diabetes and Heart Disease Prevention

Delaware Academy of Medicine

• Delaware Public Health Association

• State Council for Persons with Disabilities

• Medical Society of Delaware

• Coalition for a Safer Delaware

• Christiana Care Health System

• Children and Families First

• Domestic Violence Ambassadors

Wilmington University

• Cornerstor West CDC

• West Side Grows Together

• La Red Health Center

• Mental Health Association

# **Action Planning** for Avoidable **Injury**:

**Objectives regarding:** 

- Older adults falling
- Homicides
- Firearm-related deaths
- Domestic violence incidents

### **Organizations**:

- Violence

- Beebe Healthcare

• Coalition for a Safer Delaware • Christiana Care Health System • Domestic Violence Ambassadors • Wilmington University • The Delaware Coalition Against Domestic

• NighborGood Partners • Mental Health Association

# **Action Planning** for Avoidable **Injury**:

**Objectives regarding:** 

- COVID-19 vaccine
- Influenza vaccine

### **Organizations**:

- Beebe Healthcare

• Christiana Care Health System • Delaware Academy of Medicine • Delaware Public Health Association • State Council for Persons with Disabilities • Children and Families First • Wilmington University • La Red Health Center

# **Action Planning** for Avoidable **Injury**:

**Objectives regarding:** 

- Car crash deaths
- Car carsh deaths involving alcohol

**Objectives regarding:** 

- Public Transportation
- Walking
- Bicycling

### **Organizations**:

- Mead and Hunt

### **Organizations**:

- Mead and Hunt

• Cornerstone West CDC • State Council for Persons with Disabilities

• Cornerstone West CDC • West Side Grows Together • State Council for Persons with Disabilities

# **Action Planning** for Maternal and **Infant Health:**

**Objectives regarding:** 

- Maternal deaths
- Preterm births
- Low birth weight
- Prenatal care
- Postpartum care
- Infants deaths

### **Organizations**:

- Violence

• Do Care Doula Foundation Inc. • Christana Care Health System • State Council for Persons with Disabiltiies • Delaware Academy of Medicine • Delaware Public Health Association • Children and Families First • La Red Health Center • The Delaware Coalition Against Domestic

• NeighborGood Parnters • Domestic Violence Ambassadors Coalition for a Safer Delaware

# **Action Planning** for Premature **Death:**

**Objectives regarding:** 

- Drug overdoses
- Adults binge or heavy drinking
- Children drinking

### **Organizations**:

- Beebe Healthcare

 Domestic Violence Ambassadors • La Red Health Center • Mental Health Association • NeighborGood Partners • Medical Society of Delaware

# **Action Planning:**

### Next Steps

• A series of meetings dedicated to action planning

 Planning to connect with individuals to help combat gaps

# SHIP SURVEYS

### PROGRESS & SATISFACTION SURVEY

 This <u>survey</u> is designed to track progress, updates, and questions when developing your action plans. It also serves to assess your current satisfaction with SHIP and identify how we can best support you.

### ONLINE INPUT HUB SURVEY

 This <u>survey</u> is designed to capture your thoughts, questions, and suggestions related to our projects, team goals, and communication.

All surveys are located on the Delaware SHIP Website under the SHIP Coalition tab, found <u>here</u>.

### CALL TO ACTION RESOURCE SURVEY

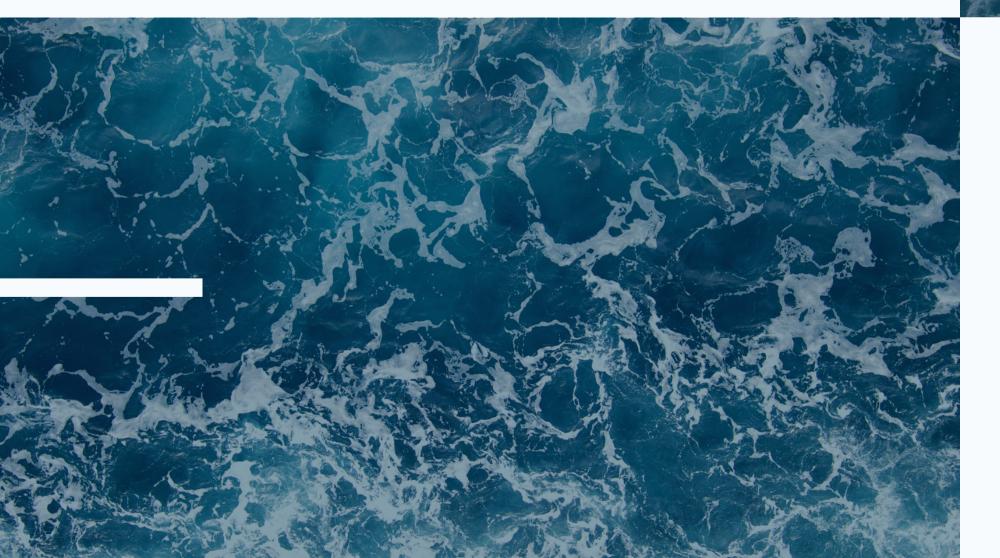
• This <u>survey</u> is designed to gather information on what resources would be helpful for the coalition and compile them to share.

# Next Meeting

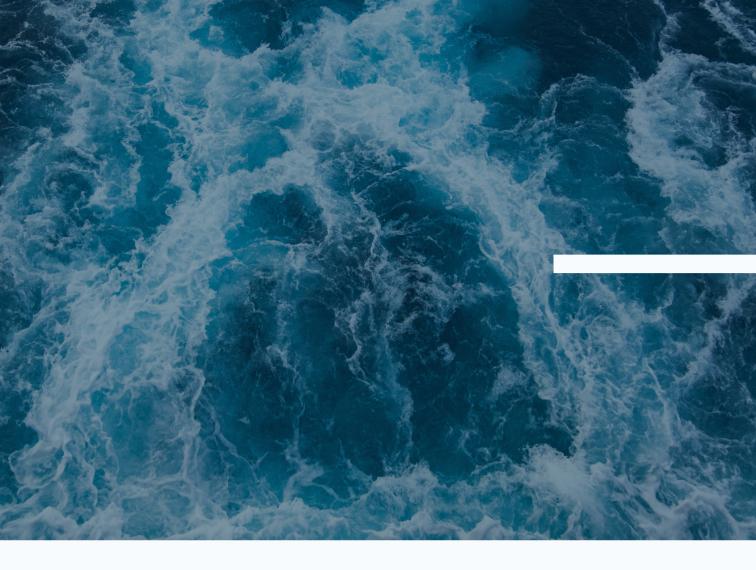
BIMONTHLY: JUNE 16TH, 2025 Location: Virtual on Zoom When: 11:00 a.m. to 12:30 p.m

Guest Speaker: Annie Slease Topic: Mental Health Literacy

# Any Questions?



Our ship is prepped and ready to set sail, and we can't wait to explore the exciting shores ahead this year!



### **Welcome Our Guest Speakers:**

 Bet Wong from Nurses & Neighbors Val Budischak, the Epilepsy **Foundation of Delaware** 

### **NURSES & NEIGHBORS COLLABORATIVE INC.**

**Mission**: To help improve health and wellness of our neighborhoods and provide support for nurses in our communities through nurseled projects.



### 2022

- Founded by 7 nurses in Windstone
- Jane Kurz and Bet Wong incorporated the non-profit as Nurses Nextdoor and filed for 501 C3 nonprofit status recognized by the IRS

### **o** 2023

2

Changed our name to Nurses & Neighbors Collaborative to expand our reach, including nurses and others who support our mission. 2023 AARP Community Challenge Grantee.

### **Board of Directors**

- Jane Kurz (Jan-Dec)
- Bet Wong (Jan-Dec)
- Debbie Stott (Jan-Jul)

### 2024

3

Increase in number of projects, partnerships, neighborhoods, and general members. CE provider for nurses.

### 2024 Lt Gov Community Spotlight Board of Directors:

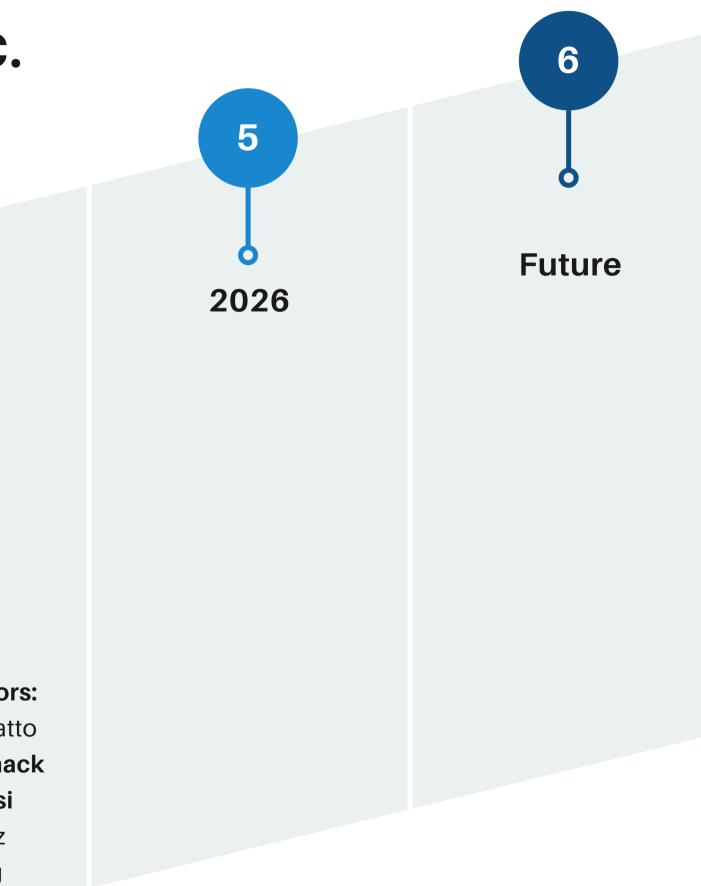
- Bonnie Perratto
- Ron Laxon
- Jane Kurz Bet
- Wong

### 2025

4

### **Board of Directors:**

- Bonnie Perratto
- Nancy Hromack
- Rose Rossi
- Jane Kurz
- Bet Wong



A brief history

### Community Partners



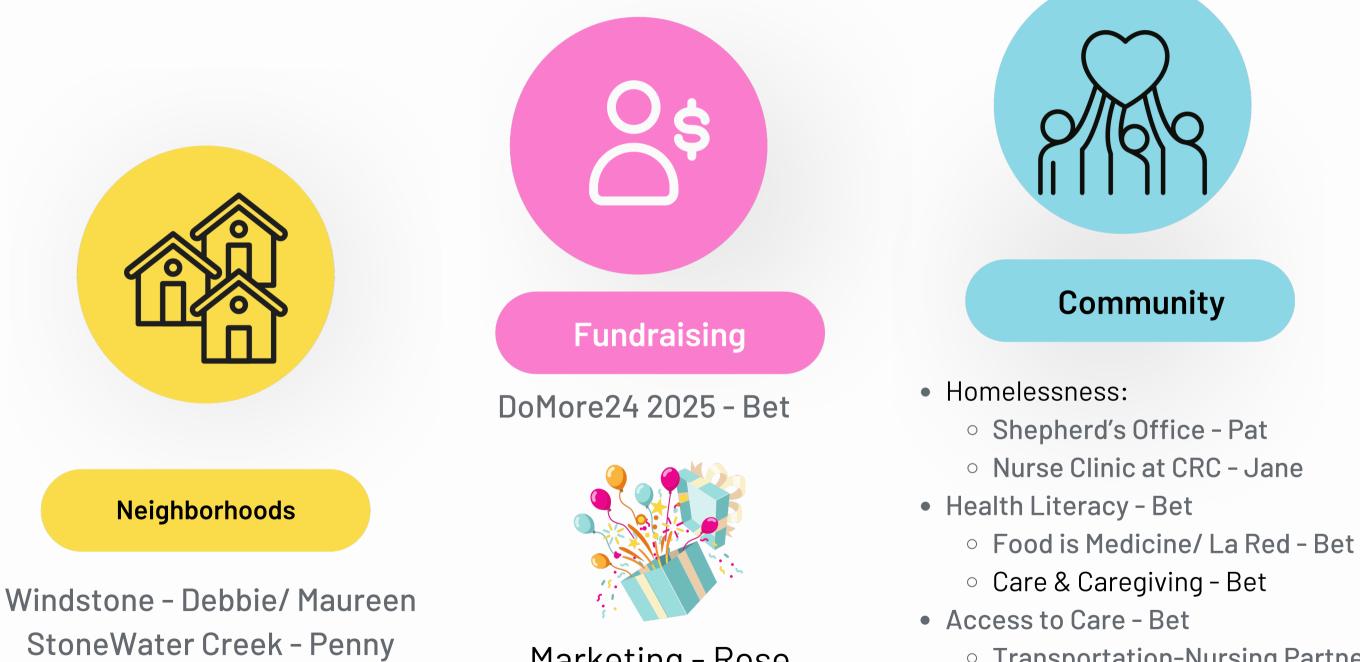
Proud community partner of the Delaware Respite Coalition, Volunteer Delaware, Advanced Healthy Lifestyle Coalition, Health Literacy Council of Delaware, Delaware's State Health Improvement Planning Coalition, Delaware Caregiver Action Network

Ρ	NEIGHBORS and HOA'S	N	VOLUNTEER DELAWARE		
A	DELAWARE TRANSIT CORPORATION (DART)	E	PAM Health, Beebe Population Health, LA RED Health Center		
R	SHEPHERD'S OFFICE	R	AARP Livable Communities		
T	COMMUNITY RESOURCE CENTER	S	EASTERSEALS, LADIES ORDERS OF HIBERNIANS, TRUSTED RIDERS, LEWES HISTORICAL SOCIETY, AND MORE		

NURSES & NEIGHBORS COLLABORATIVE INC.

### **NURSES & NEIGHBORS PROJECTS**

Mission: To help improve health and wellness of our neighborhoods and provide support for nurses in our communities through nurse-led projects.



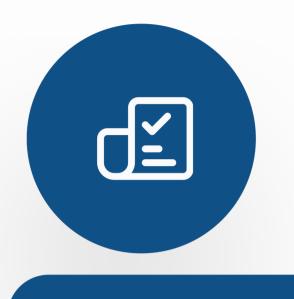
- Transportation-Nursing Partnership • Delaware Health & Mobility Alliance • Neighborhood Foot Care Patrol • Oral Care Access - ESMOM

Heritage Creek - Nancy

Marketing - Rose Grants - Bet, Rose, Jane

www.delawareinstitute.org

nursesneighbors@gmail.com 302-582-0072



### Others

- Nurses Week/Month Activities - Bet/Jane
- Continuing Education Provider - Maryland Nurses Association -Bet/Jane
- Domestic Violence Awareness/human trafficking - CE provider - Bet, Jane
- Nursing license eliminate practice hour requirement advocacy -Jane

# **Non-Emergency Medical Transportation**

- Transportation is a barrier to accessing care
- Miss appointments; loss of revenues for providers
- Where I should get care
- Not getting care can't get there
- Affects health outcomes
- Safety and reliability

### **Use Cases for Uber Health**

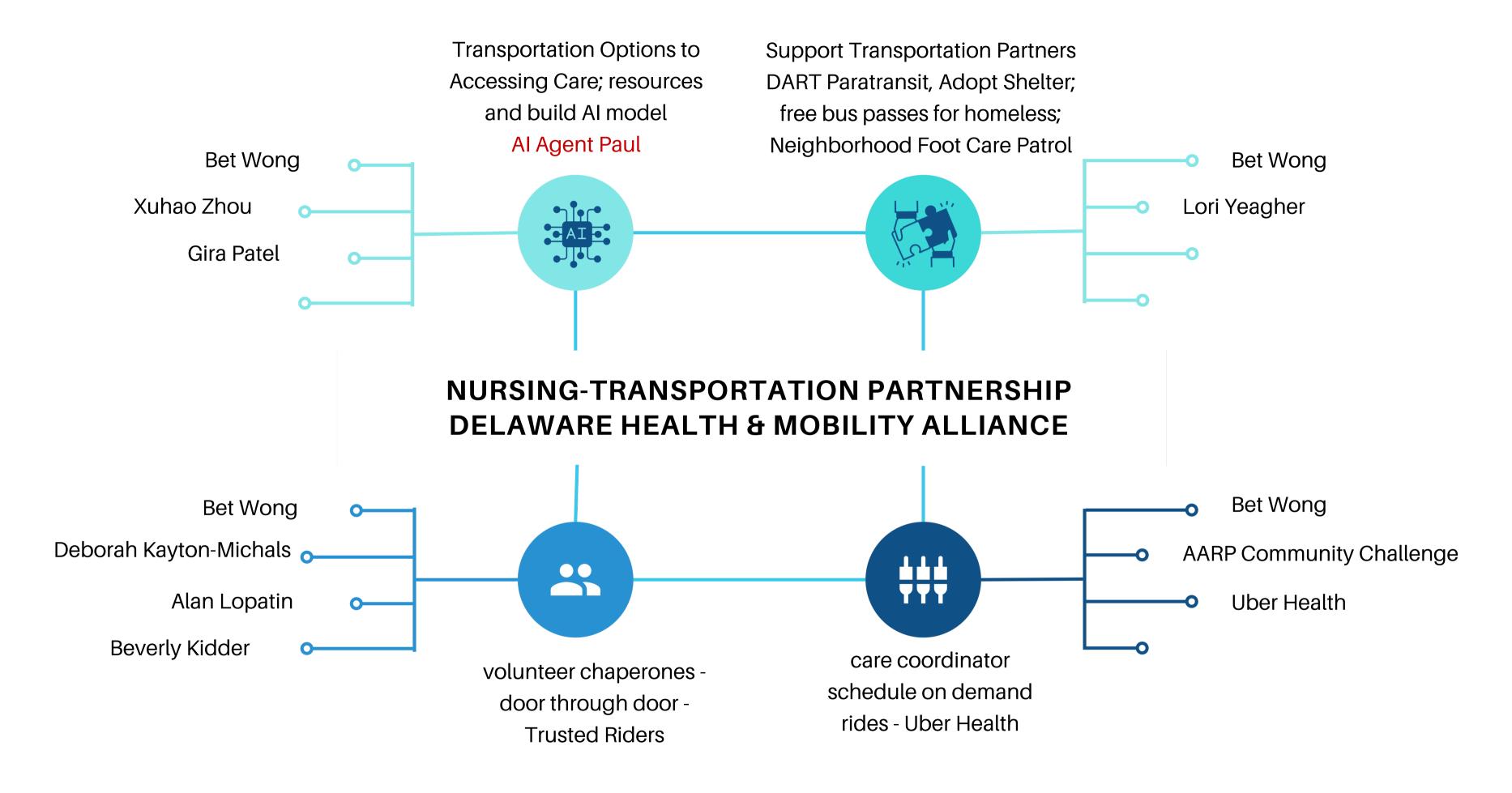
- Epilepsy Foundation of Delaware -Val Budischak
- Nurses & Neighbors Seniors in Sussex County Bet Wong

### Non-Emergency Medical Transportation Ride Options Comparison Sussex County, Delaware

Benefits	Nurses & Neighbors (UberHealth)	On Demand Ride App (Uber, Lyft)	Community- based/ VA/state// health system	DelDot/ DART	Insurance Providers	Family Friends	Private Services / Taxi
Emergency – call 911	No	No	No	No	No	No	no
On Demand	Yes	Yes	No	No - paratransit/reg Yes – DARTConnect	Varies	Varies	Varies
Geography Restriction	Varies depends on availability	Varies depends on availability	Yes	Yes	Yes	Varies	Varies
Cost	Ride Voucher*	Self-pay	Varies	Self-pay / Voucher/ free- children & blind	Varies	Varies	Self-pay
Mobility assistance Wheelchair ramp	Limited	No	Varies	Yes	Varies	Varies	Varies
Trusted Caregiver Live Map	Yes	No	No	No	No	No	No
HIPAA Compliant	Yes	No	Varies	?	?	No	Varies

\*Vouchers available while funding lasts - funded in part by a grant from AARP. © Nurses & I

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**↓↓↓** 

**Care Coordination** 

### **Delaware Health & Mobility Alliance**

Transportation Options To Accessing Care (Al generated coming soon)

### 911 - FOR ALL EMERGENCY MEDICAL TRANSPORATION

- DART: Delaware Administration for Regional Transit
  - paratransit for disabled or 65+ 800-553-DART (3278)
  - o fixed routes (800) 652-DART (3278) option 1
- senior centers memberbership requires
  - Lewes Senior Activity Center 302-645-9293
  - Cape Henlopen Senior Center 302-227-2055
  - o Cheer Senior Centers (302) Georgetown (854-9500), Milton (684-4819), Long Neck (945-3551), Lewes (645-9239), Roxana (732-3662), Greenwood (349-5237), Ocean View (538-2671)
  - o Nanticoke 302-629-4939
  - o Modern Maturity Center, Dover 302-734-1200
  - o Bridgeville Senior Center 302-337-8771
  - o Indian River Senior Center -302-934-8839
  - o Laurel Senior Center -302-875-2536
  - 。 Harrington Senior Center 302-398-4224
- Village Volunteers membership requires 302-703-2568

### Insurance related

- Medicare Advantage plans check with your insurance company
- Medicaid recipients/Behavior Health DHSS/Modivcare 866-412-3778
- PACE Your Life membership requires (302) 865-3565

### **Ride shares**

- Ride Shared Services: Uber, Lift need smart phone apps; Uber Health and Uber Caregiver
- Beach Taxi (accepts senior citizen discount program): 302-430-8294 Taxi 302-246-5268
- Ocean View/Bethany: Driving Ms Maisy 302-344-0169
- DelMarva Transportation: 302-349-0840
- Jolley Trolly- 302-644-0400
- Private ride services Jane Cluesman 302-841-2420

### Others:

- VA Caregiver Resource Line 855-260-3274 (services may be limited to geography)
- American Cancer Society, Breast Cancer Assistance Fund Delaware Breast Cancer Coalition
- Assisted Living (The Lodge, The Moorings) and Home Health Agencies
- La Red Health Center Georgetown, Milford, Seaford 302-855-1233
- PAM Rehab 6 weeks after discharge transportation to outpatient after discharge
- Outpatient cancer/ dialysis centers/ Epilepsy Foundation DE free rides

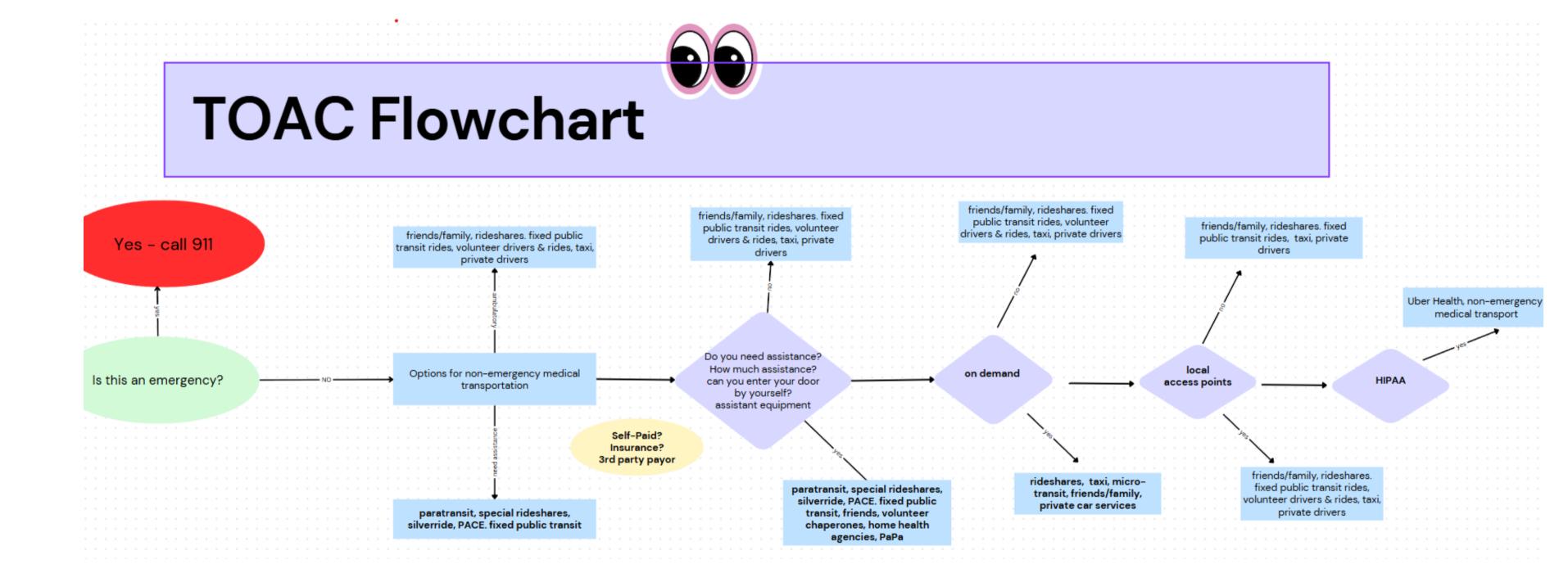
### Additional Resources:

- Delaware Aging and Disability Resource Center: 1-800-223-9074
- Delaware 211 call 211 or text your zip code to 898-211





302-582-0072



### **NURSES & NEIGHBORS COLLABORATIVE INC.**