

University of Delaware

SHIP BIMONTHLY MEETING

August 2026



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health



MEET THE TEAM



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SHIP Implementation Volunteer
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Elena Lynn
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University of Delaware

AGENDA

01. Welcome + Meet the Team

02. June Bimonthly Follow-Up

03. SHIP Community Data Resource Guide

04. SHIP Health Fair Recap

05. SHIP Community Conversations Reporting

06. Next Bimonthly Meeting Information

07. SHIP Sharing - Community Engagement

08. Priority Health Outcome Breakout Groups

AVOIDABLE INJURY

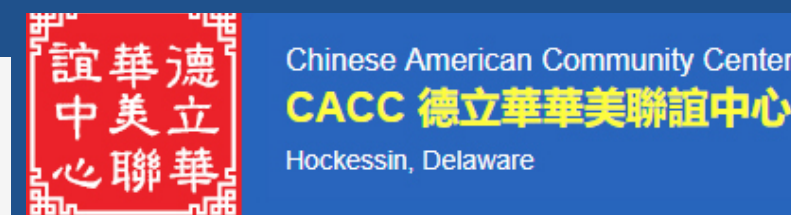
- Delaware Coalition Against Domestic Violence (DCADV) Online Training Library
 - Foundations of Domestic Violence
 - Foundations of Trauma-Informed Care
 - Foundations of Prevention (available in English and Spanish)
 - Making the Connection: Responding and Referring to Domestic Violence Services
- Workplace wellness and safety: Healthy Delaware Resources
 - Department of Human Resources (DHR) has a Workplace Wellness Toolkit
 - Workplace Wellness Promotional Resource

CHRONIC DISEASE

- Evidence-Based Practices for Community Health & Well-Being Workbook
 - Find additional information on prevention, screenings, and vaccinations.
 - Expand the Delaware trainings compilation workbook to include digital literacy and accessible communication trainings for community-based organizations.

PREMATURE DEATH

- Promote initiatives for fostering safe, engaging public spaces, promoting housing stability, enhancing social connection and ensuring community safety.



SHIP COMMUNITY DATA RESOURCE GUIDE

- The SHIP Team, UD and DPH developed the [SHIP Community Data Resource Guide](#) resource to support community-based organizations (CBOs) in identifying relevant state data sets that can help enhance health and wellness within their communities.
- This resource provides background information, outlines key data categories and measures, and includes publication dates, data source timelines, links to the most current data, and access to archived reports.
- We welcome suggestions for additional resources!
 - For questions, feedback, or recommendations, contact info@delawareship.org or visit the SHIP website at delawareship.org

SHIP HEALTH FAIR



4TH TRIMESTER AND COMMUNITY HEALTH FAIR

**Join us for La Red Health Center's kickoff event as
part of National Health Center Week!**

Free Admission

Event Highlights

- ✓ Free wellness screenings
- ✓ Goodie bags, music, and prizes
- ✓ Health, nutrition, and fitness resources
- ✓ Children's activities and interactive games
- ✓ Community vendors and local services
- ✓ Refreshments provided

Date: August 4, 2026

Time: 10:00AM to 3:00PM

Location: 21444 Carmean Way, Georgetown, DE 19947

**Everyone is welcome,
especially postpartum
moms and/or new parents**

DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health

Let's Get Healthy Delaware Mini-Grant Awardee, 2026

Questions? Contact us at info@delawareship.org

La Red HEALTH CENTER

DELAWARE RURAL HEALTH COALITION

- In partnership with the Delaware Division of Public Health, La Red Health Center, and the Rural Health Coalition, the Delaware SHIP hosted a Community Health Fair.
- The event was made possible through the Delaware SHIP's selection as an awardee of the Let's Get Healthy Delaware Mini-Grant 2026.
- Attendees enjoyed free wellness screenings, received goodie bags, entered raffles for prizes and giveaways, and explored a variety of health, nutrition, and fitness resources.
- Families participated in children's activities, interactive games with prizes, and connected with community vendors and local service organizations.
- The event provided an opportunity for community members to learn, have fun, and discover valuable resources that supported a healthier lifestyle.

SHIP HEALTH FAIR

A special thank you to our partners, workshop groups, and vendors!

Partners: Delaware Division of Public Health, La Red Health Center, and the Delaware Rural Health Coalition

Workshop Groups:

- Vanesa Simon, Mariposa Arts: Interactive Art Demonstration
- Antonio Alvarado, DPH: Tic prevention and removal
- Natalie Andrews & Wendy Bailey, DPH: Chronic Disease Prevention and Management
- Richard Gooding, La Red Health Center: Narcan Training
- Gina Aurora & Chris Counihan, Department of Labor: Employment Training and Delaware Paid Leave

Vendors:

- Department of Labor
- Faith Deanna Johnson Foundation
- Health Literacy Council of Delaware (HLCD)
- Delaware Coalition Against Domestic Violence (DCADV)
- Delaware Alliance Against Sexual Violence (DAASV)
- Neighborgood Partners
- Washington Campbell Farming, LLC
- Menopause Golder Years



SHIP COMMUNITY CONVERSATIONS

6 Community Conversations:

- April–June 2026
- All three counties (2 per county)
- 66 total participants (Hybrid: in-person and virtual)

Communities Engaged:

- Students
- LGBTQIA+ Community
- Individuals with Disabilities
- Seniors
- Individuals Experiencing Housing Insecurity
- Veterans



PURPOSE AND STRUCTURE

Purpose

Gather community feedback to validate SHIP priorities, identify unmet health needs, and inform future strategies to improve health outcomes across Delaware.

Structure

- Reviewed the five SHIP priority health areas:
 - Mental Health
 - Chronic Disease
 - Maternal & Infant Health
 - Avoidable Injury
 - Premature Death
- Participants provided feedback on:
 - Whether priorities reflected community needs
 - Gaps and barriers affecting health outcomes
 - Strategies to improve services and supports



PRIORITY FEEDBACK FROM LIVE POLL

- Delaware State University (Student community, 11 attendees):
 - 86%-100% agreement with current health priorities
- NeighborGood Partners (Individuals experiencing housing insecurity, 8 attendees):
 - Mental Health – 83.3% (Yes), 16.7% (No)
 - Chronic Disease – 60% (Yes), 40% (No)
 - Maternal and Infant Health – 20% (Yes), 80% (No)
 - Avoidable Injury – 20% (Yes), 80% (No)
 - Premature Death – 40% (Yes), 60% (No)
- Route 9 Library (LGBTQIA+, 20 attendees):
 - High levels of agreement across all areas (100% in all other priorities)
 - Maternal and Infant Health – 66.7% (Yes), 33.3% (No)
- The Freedom Center for Independent Living (Disability community, 9 attendees):
 - Limited poll participation was received for Maternal and Infant Health and Premature Death
 - Mental Health – 100% (Yes)
 - Chronic Disease – 100% (Yes)
 - Avoidable Injury – 100% (Yes)
- Laurel Public Library (Veteran population, 8 attendees):
 - Chronic Disease and Maternal and Infant Health had 100% agreement
 - Mental Health – 66.7% (Yes), 33.3% (No)
 - Avoidable Injury – 66.7% (Yes), 33.3% (No)
 - Premature Death – 50% (Yes), 50% (No)
- Rural Innovation Hub (Senior population, 10 attendees):
 - Mental Health – 33% Yes, 67% No
 - Chronic Disease – 50% Yes, 50% No
 - Maternal and Infant Health – 67% Yes, 33% No
 - Avoidable Injury – 100% Yes
 - Premature Death – 50% Yes, 50% No

WHAT WE HEARD IN COMMUNITIES

Despite engaging diverse populations, communities identified remarkably consistent priorities.

Common themes:

- Access to Care
- Mental & Behavioral Health
- Social Drivers of Health
- Prevention & Health Education
- Community Partnerships
- Inclusive, Person-Centered Care
- Service Navigation and Care Coordination

ACCESS TO CARE AND HEALTHCARE WORKFORCE CAPACITY

- Provider shortages
- Long wait times
- Insurance limitations
- Fragmented systems of care
- Difficulty accessing culturally responsive services

MENTAL AND BEHAVIORAL HEALTH

- Increasing the behavioral health workforce
- Expanding substance use prevention and treatment services
- Improving suicide prevention
- Reducing stigma surrounding mental illness
- Expanding peer support opportunities
- Integrating behavioral health into primary care and emergency care
- Improving crisis response and awareness of available services

SOCIAL DETERMINANTS / VITAL CONDITIONS

- Transportation
- Housing instability and homelessness
- Food insecurity
- Insurance affordability
- Employment and financial stability
- Environmental health
- Community infrastructure
- Language accessibility

PREVENTION, HEALTH EDUCATION, AND HEALTH LITERACY

- Nutrition and healthy eating
- Chronic disease prevention
- Sexual and reproductive health
- Maternal and infant health
- HIV prevention
- Injury prevention
- Substance use prevention
- Suicide prevention
- Healthy relationships

COMMUNITY PARTNERSHIPS AND SOCIAL CONNECTION

- Peer support groups
- Community health workers
- Faith-based partnerships
- Libraries
- Schools
- Community centers
- Nonprofit organizations
- Mobile and community-based services
- Cross-sector collaboration

INCLUSIVE, PERSON-CENTERED CARE

- Culturally responsive care
- LGBTQIA+-affirming care
- Disability-informed services
- Trauma-informed care
- Language access
- Family-centered care
- Whole-person approaches
- Community-informed service design

SERVICE NAVIGATION AND CARE COORDINATION

- Centralized resource hubs
- Community health workers
- Care coordinators
- Improved referrals
- Stronger collaboration among organizations
- Better public awareness of available services
- Integrated systems that reduce duplication and fragmentation

STRENGTHS AND LIMITATIONS

Strengths

- The majority of attendees agreed with our SHIP priorities
- Attendees' willingness to participate in the discussion
- Used the entire hour and a half in each community conversation
- Received positive feedback after community conversation

Limitations

- In-person engagement was lower than online participation
- Attendee representation of targeted groups
- Use of Live Poll
- Hybrid nature of community conversations
- Did not get to open discussion questions
- Limited participation in demographic survey and follow up survey

NEXT SHIP BIMONTHLY MEETING INFORMATION

When: Monday, October 19, 2026

Time: 11:00 a.m. to 12:30 p.m.

Where: Virtual via Zoom



Zoom Link: udel.zoom.us/j/92969565712?jst=1

JUNE BIMONTHLY GUEST SPEAKER FOLLOW UP

- Last SHIP Bimonthly in June, we had guest speaker, Scott Neidert from the Delaware Department Of Transportation (DelDOT)
 - At the time, the 5-year Strategic Highway Safety Plan was being reviewed for approval and was not yet available...
- The report has been approved and is now available online at:
<https://deldot.gov/Programs/DSHSP/pdfs/shsp/2026-2030%20SHSP.pdf>
- The overall DelDOT Highway Safety website (safety.deldot.gov) is in the process of being redesigned to complement the new SHSP, so please be on the lookout for new information and topics to be added in the coming months

THE 2ND ANNUAL PUBLIC HEALTH EXCHANGE

THE 2ND ANNUAL PUBLIC HEALTH EXCHANGE

**"Where collaborations begin,
stronger communities follow."**

Join us for a dynamic full-day event bringing together students, faculty, community partners, and state leaders. Together, participants will share ideas, build connections, and explore how stronger infrastructure, workforce development, and partnerships can support healthier communities across the state.

EVENT HIGHLIGHTS

- Inspiring keynote from public health leaders and expert panelists
- Community impact lightning talks
- Delaware Public Health Action Lab interaction
- Free workshops
- Exclusive networking with students, community partners, government and nonprofits



Thursday,
November 12, 2020



11:00 a.m. to 6:00 p.m.



Auditorium, ES&M Power
University of Delaware
800 Discovery Blvd.,
Newark, DE 19713



Partnership for
Healthy Communities
A COMMITMENT TO EXCELLENCE

COMMUNITY ENGAGEMENT

Sharing upcoming events, resources, and reports.



THANK YOU FOR JOINING TODAY!

ANY QUESTIONS?

All meeting materials will be emailed and uploaded to the SHIP Platforms
(Google Drive, Microsoft Teams, and the SHIP Website)



info@delawareship.org



delawareship.org