

University of Delaware

SHIP BIMONTHLY MEETING

February 2026



MEET THE TEAM



Dr. Alexandra Wynn

Postdoctoral Researcher,
Department of Epidemiology



Katlyn Cullhane-Suluai

Program Manager, Partnership for
Healthy Communities



Dr. Yendelela Cuffee

Associate Director, Partnership for
Healthy Communities



Dr. Jennifer Horney

MPH and PHC Director,
University of Delaware



Sequoia Rent

Chief, Bureau of Health Equity
DPH Deputy Chief Health Equity Officer
Division of Public Health (DPH)



Karen McGloughlin

PH Treatment Program Administrator
Bureau of Health Equity
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Catlynn Senquiz

SHIP Implementation Coordinator
Health Promotion, Graduate Assistant
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Jamie Kananen, MPH

SHIP Implementation Coordinator
University of Delaware



Athena Bruess

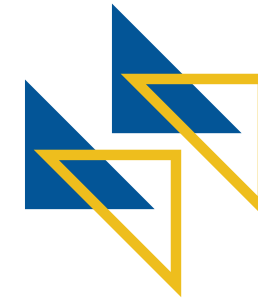
Public Health, Graduate Assistant
University of Delaware



Jordan Myrick

Health Behavior Science
Undergraduate Assistant
University of Delaware

MEETING AGENDA



- 1** Welcome + Team Introductions
- 2** SHIP 2026 Meeting Schedule
- 3** SHIP Maternal & Infant Health Report
- 4** Pathways to Thriving Summit 2026
- 5** Community Resources
- 6** Guest Speaker: End Community Violence Now (ECVN)
- 7** Priority Health Outcome Breakout Groups





SHIP 2026 MEETING SCHEDULE



NEXT MEETING:

QUARTERLY:
MARCH 9

Location: Edgehill Training Center
(43 S. DuPont Highway, Dover, DE 19901)
Virtual Zoom option will be available

When: 11 am to 12:30 pm
Guest Speaker: Community Health Advocacy
Mobilization Group (CHAMG) of Delaware

BIMONTHLY:
APRIL 13

Location: Virtually on Zoom
When: 11 am to 12:30 pm

BIMONTHLY:
JUNE 8

Location: Virtually on Zoom
When: 11 am to 12:30 pm

QUARTERLY:
JULY 13

Location: Hybrid (TBD)
When: 11 am to 12:30 pm



MATERNAL & INFANT HEALTH REPORT: REQUEST FOR FEEDBACK



A Comparative Analysis of Maternal and Infant Health Programs

January 2026
Delaware State Health Improvement Plan (SHIP)

By: Athena Bruess, SHIP Implementation Coordinator
Dr. Alexandra Wynn, Postdoctoral Research Fellow
Dr. Yendelela Cuffee, Associate Director
Dr. Jennifer Horney, Principle Investigator, Founder, and Director

For more information about Delaware's State Health Improvement Plan, visit:
<http://www.delawareship.org/> or email info@delawareSHIP.org

Acknowledgements

Structure and formatting based on "A Comparative Analysis of State-Level Physical Activity, Nutrition, and Obesity Prevention Programs" written by Esther Dawley, MPH.

- **What This Is:**
 - This is a draft Maternal & Infant Health Report developed to inform SHIP priorities and guide future action. The report summarizes key data, trends, and strategies related to maternal and infant health and is intended to reflect current conditions across the state. Your input will help ensure the content is accurate, relevant, and aligned with SHIP efforts.
- **What We're Looking For:**
 - Feedback on whether the content aligns with the work and priorities of the organizations you represent
 - Suggestions for topics to add, expand, or revise to better reflect current conditions and goals
- **Who & How to Provide Feedback:**
 - Review the attached report or comment directly in the Google Doc
 - Link (*can also click image on left*):
<https://docs.google.com/document/d/1aWlBakd3QyTCM9H6nu5IDqpjLT3F3TuYdNw0-HGKLRM/edit?usp=sharing>
 - Please share feedback within 3 weeks to support final report development

THE PATHWAYS TO THRIVING SUMMIT 2026

When: Wednesday, March 18

Time: 8:00 a.m. to 4:30 p.m.

Where: Bally's Dover Conference Center

Register at:

<https://whova.com/web/lwRrCAac92t-eLbSj4e6ntirr5DvvmGkpEuFV64jYo4%3D/>

Description: Bringing together 450 health care and national experts, policymakers, educators, community advocates, and leaders for a dynamic day of learning, collaboration, and multi-solving. Participants will share ideas, build strategies, and advance bold cross-sector solutions using the Vital Conditions for Health and Well-Being Framework to create healthier, thriving communities across Delaware.



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health
Bureau of Health Equity

The Delaware Division of Public Health's
Bureau of Health Equity Presents

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Participants will share ideas, build strategies, and advance bold cross-sector solutions using the Vital Conditions for Health and Well-Being Framework to create healthier, thriving communities across Delaware.

KEYNOTE SPEAKER

 **Becky Payne**
President & CEO
The Rippel Foundation

AGENDA AT A GLANCE

- Registration and Breakfast
- Welcome
- Keynote: Fostering Well-Being Through Belonging
- Breakout 1: Understanding Vital Conditions
- Breakout 2: Recognizing Vital Conditions and Partnerships
- Lunch and Networking
- Breakout 3: Designing Strategies for Thriving
- Breakout 4: Multi-Solving Across Sectors
- Panel: Belonging Across Vital Conditions
- Closing and Call to Action

SAVE THE DATE

March 18, 2026
8:00 a.m. – 4:30 p.m.
Bally's Dover
Conference Center

Register today at
pathwaystothriving.events.whova.com/registration



YMCA WELLNESS EXCHANGE COMMUNITY HUB

- The YMCA is partnering with the Obesity Association (a division of the American Diabetes Association) and Rosehill Community Center to provide education and resources around obesity and overall healthy living while addressing social determinants of health
- **COMING SOON: The YMCA Wellness Exchange, a community hub at the Central YMCA in Wilmington, DE**
 - Serves as a place where community members can visit for education and referrals to programs and organizations that can help them along their journey to good health
- Here are some upcoming events they are hosting →
 - Can also find these in the SHIP Feb. Newsletter

YMCA
**WELLNESS
EXCHANGE**



Launching Soon at the Central YMCA!

The YMCA Wellness Exchange is a new community hub designed to help individuals access the education, referrals and support they need to manage obesity and live healthier lives. The Exchange was created through a partnership between the YMCA of Delaware, the Obesity Association™, a division of the American Diabetes Association® and the Rose Hill Community Center.

What You'll Find

- ▶ Health education & chronic disease prevention resources
- ▶ Support for nutrition, physical activity, and mental well-being
- ▶ Connections to community organizations & services
- ▶ Referrals that address social needs (SDOH)

Who It's For

Individuals and families seeking wellness support, navigating health or social needs, and/or looking for local resources to live a healthier life.

Location

Central YMCA
Wilmington, Delaware

Hours:

TBD

Cost: FREE and open to the community

[Learn More](#)

SHAMAR HARRISON
SHARRISON@YMCAD.ORG OR 302-274-0238





YMCA WELLNESS EXCHANGE COMMUNITY HUB

JOIN US!

CENTRAL YMCA WELLNESS OPEN HOUSE & VENDOR FAIR

Monday, February 16
10 AM – 1 PM



Join us as we celebrate the launch of the YMCA Wellness Exchange, a new community hub connecting Wilmington residents to health, wellness, and social support services. Created through a partnership between the YMCA of Delaware, the Obesity Association™, a division of the American Diabetes Association®, and the Rose Hill Community Center, the Exchange brings trusted resources together in one welcoming space. Plus, meet local organizations and explore services at our Community Vendor Fair.

Meet local organizations and service providers offering:

- Health screenings and wellness information
- Education and prevention programs
- Social services and community resources
- Raffle prizes and giveaways!

EVENT DETAILS

- Central YMCA, Wilmington, Delaware
- February 16th
- 10 am – 1 pm
- FREE and open to the community
- FREE parking rear of building

*Guests must present a photo ID.



INTERESTED IN BECOMING A VENDOR?
Contact Shamar sharrison@ymcade.org



YOU'RE INVITED: COMMUNITY FORUM ON HEALTH & WELLNESS



JOIN US AND GET A \$25 GIFT CARD!

Through a collaborative partnership between the YMCA of Delaware, the Obesity Association™, a division of the American Diabetes Association®, and the Rose Hill Community Center, we are creating a community hub and we want your voice to be a part of it.

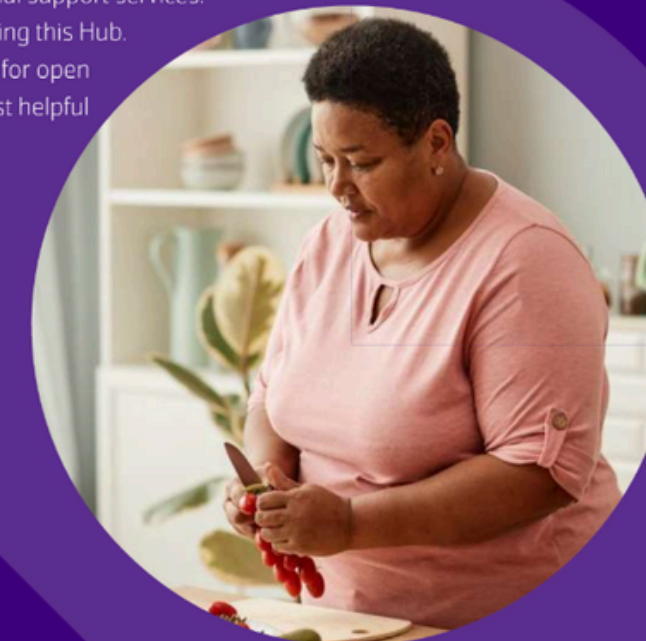
The Community Hub will work to raise awareness about obesity, provide education, and connect people to health and social support services. Your experiences and ideas are essential to shaping this Hub. We will be hosting a Community Forum—a space for open conversation about what resources would be most helpful and how we can best support your community.

► **Wednesday, February 18, 2026
12 – 2 PM**

► Central YMCA
501 West 11th Street
Wilmington, DE 19801

► This is an in-person event.
Food will be provided.

► Attendees will receive a \$25 gift card



Register Today

Scan the QR code to register!



HEALTHY DELAWARE - SCREENING FOR LIFE TOOLS AND RESOURCES

- Provides printable screening tools and educational materials to promote cancer screening in Delaware
- Includes program brochures that explain available cancer screenings and eligibility
- Offers Screening for Life application forms for individuals who are uninsured or underinsured
- Materials support screening for breast, cervical, colorectal, lung, and prostate cancers
- Resources are available in multiple languages to support community outreach and patient education
- Free to order and/or download
- Designed for use by healthcare providers, community organizations, and public health programs

Direct Link: <https://materials.healthydelaware.org/?categories=Screening+for+Life>

DELAWARE GROCERY INITIATIVE: APPLICATIONS OPEN FEB. 20, 2026

- **What it is:**

- The Delaware Grocery Initiative (DGI) and the First State Food System Program are grant programs run by the Delaware Division of Small Business (DSB) to expand access to healthy, affordable food in food deserts and areas at risk of becoming food deserts across Delaware.

- **Purpose:**

- Increase access to healthy, affordable food in underserved communities.
- Strengthen local food supply chains and support food security statewide.

- **Funding & Grants:**

- \$700,000 in grant funding available in this cycle.
- Open to a range of applicants including:
 - Farmers & food producers
 - Small, community, and independent grocery retailers
 - Food banks, food pantries, and other food supply organizations
 - Food storage & transportation operations
 - Processing and distribution businesses

Key Dates:

- Applications open: Feb. 20
- Information Webinar: Feb. 18 at 12:30 p.m. (registration required)
- Application deadline: March 20
- Award notifications: Late April
- Public announcement of awardees: Week of May 18, 2026

For more information on the program as well as access the application, go to de.gov/foodgrant. For questions, contact DSB at business@delaware.gov.

WELCOME GUEST SPEAKER:
End Community Violence Now

END **COMMUNITY**
VIOLENCE **NOW**

BREAKOUT GROUPS

During each session, breakout groups will hold brief discussions and then report back to the full group. This process ensures that every priority health outcome receives cross-sector input.

In today's meeting, we will focus on a selected set of objectives for your priority health outcome and identify ways to support actions through collaboration and alignment.



Thank you for joining today!
We look forward to seeing you
next month.

Email: info@delawareaship.org
Website: delawareaship.org