

University of Delaware

SHIP BIMONTHLY MEETING

October 2025



Meet the Team



Dr. Alexandra Wynn

Postdoctoral Researcher, Department
of Epidemiology



Katlyn Cullhane-Suluai

Program Manager, Partnership for Healthy
Communities



Dr. Yendelela Cuffee

Associate Director, Partnership for
Healthy Communities



Dr. Jennifer Horney

MPH and PHC Director,
University of Delaware



Sequoia Rent

Chief, Bureau of Health Equity
DPH Deputy Chief Health Equity Officer
Division of Public Health (DPH)



Karen McGloughlin

PH Treatment Program Administrator
Bureau of Health Equity
Division of Public Health (DPH)



Ernie Lint

Section Chief
Office of Performance Management
Division of Public Health (DPH)



Jamie Kananen, MPH

SHIP Implementation Coordinator
University of Delaware



Catlynn Senquiz

SHIP Implementation Coordinator
Health Promotion, Graduate Assistant



Athena Bruess

Public Health, Graduate Assistant
University of Delaware

Agenda

Welcome & Meet the Team

The SHIP Welcome Toolkit

SHIP & DPH: Health Literacy Training

SHIP Newsletter Submissions

SHIP Upcoming Meetings 2025

Guest Speaker: Health Literacy Council of Delaware

Guest Speaker: Sussex County Health Coalition

Breakout Groups

Takeaways & Questions

Welcome Our New SHIP Team Members Aboard



Jamie Kananen

SHIP Implementation Coordinator
University of Delaware



Ernie Lint

Section Chief
Office of Performance Management
Division of Public Health (DPH)



Athena Bruess

Public Health, Graduate Assistant
University of Delaware

The SHIP Coalition Welcome Toolkit

What's Included?

- Meet the Team
- Understanding the Basics
 - What is the SHIP?
 - The SHIP's mission and values
 - Vital Conditions for Health and Well-Being Framework
 - The 5 Priority Health Outcomes
- Joining the SHIP Platforms
 - Microsoft Teams and Google Drive
 - Follow us on social media (LinkedIn, Instagram, and Facebook)
- Checking out the SHIP Website
- Reviewing the SHIP Coalition Norms and Expectations
- Reading the SHIP documents



SHIP and DPH Health Literacy Training

In honor of Health Literacy Month, we will be hosting a health literacy training! The training will explain what is health literacy, why it matters, and how we can utilize it.

When: Wednesday October 29, 2025

Time: 1:00 p.m. to 2:00 pm.

Where: Virtually via Zoom

If you can't attend, the training will be recorded.

Registration Link:

<https://udel.zoom.us/meeting/register/re-dzy5aR4uhidab4kisYA#/registration>

HEALTH LITERACY TRAINING

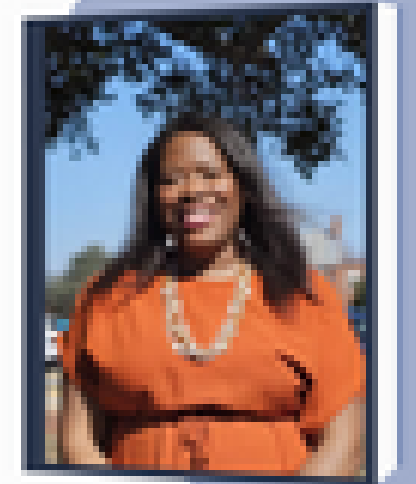


In honor of Health Literacy Month in Delaware, we're celebrating the power of health literacy – giving people the tools to ask questions, make informed choices, and take charge of their health.

OCTOBER 29, 2025

Wednesday | 1:00 p.m. to 2:00 p.m.

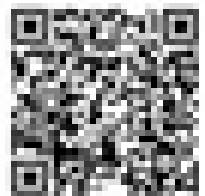
Virtually via Zoom



Presented by: Sequoia Bent
Chief, Bureau of Health Equity
Officer/Deputy Chief Health Equity Officer
Division of Public Health
Co-Chair, Health Literacy Council of Delaware

ABOUT OUR WORKSHOP

Health literacy means being able to find, understand, and use health information to make good choices for yourself and your family. It's not just about reading - it's about knowing how to ask questions, spot reliable information, and take action. When people and organizations work together to make health information easier to understand, everyone has a better chance to stay safe and healthy. This presentation explains why health literacy matters and how we can all play a part in improving it.



SCAN THE QR OR
CLICK HERE TO REGISTER



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health



Reach us at info@delawareship.org

SHIP Newsletter: Accepting Submissions

Want to be featured in the
next SHIP Newsletter?

Email us submissions at
info@delawareship.org

Accepting:

Upcoming Community Events

Coalition Member Spotlights

**Ongoing Basic Need
Resources/Programs**

Legislative Updates

Article Reads around Delaware

2025 SHIP Meeting Schedule

Quarterly:

- Date: Thursday, November 13
- Time: 11 a.m. to 12:30 p.m.
- Where: UD Health Sciences Complex
(Address: 540 S. College Ave,
Newark, DE 19713)
- Guest Speaker: Dr. Debra Berke on
Trauma-Informed Approaches

Bimonthly:

- Date: Tuesday, December 16
- Time: 11 a.m. to 12:30 p.m.
- Where: Virtually via Zoom

For the Quarterly Meeting

Feel free to bring any resources, materials, or handouts you'd like to share with the coalition!

This is a great opportunity to showcase your organization's work, share upcoming events, or provide helpful tools and information to fellow members.

Please Welcome
Guest Speaker:

Health Literacy
Council of Delaware

Please Welcome Guest Speaker:
Sussex County Health Coalition



Time for Breakout Groups!

Now that our action plans are drafted, our goal with the bimonthly breakout rooms is to figure out how we can all work together to achieve our shared goals.

Moving forward, breakout groups will have small discussions and then report back out to the main group.

This ensures every priority health outcome has the opportunity to receive cross-sector feedback.

Questions?

Email

info@delawareship.org

Website

delawareship.org

Thank you!