

How Delaware's SHIP Coalition Improves the Health of Delaware

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INTRODUCTION

- What is a State Health Improvement Plan (SHIP)?
 - A SHIP is a strategic framework for state health departments and is a requirement for accreditation by the Public Health Accreditation Board (PHAB)
 - The SHIP identifies a state's health priorities and outlines the actions needed to address them
- Who is responsible for conducting the SHIP?
 - The SHIP is led by the Delaware Division of Public Health (DPH) in partnership with the University of Delaware's Partnership for Healthy Communities (PHC) and Epidemiology Program
 - The Delaware SHIP engages with stakeholders, partners and communities statewide to assess and address the health needs of Delawareans, forming a coalition to develop and implement the SHIP

PURPOSE

- The SHIP focuses on reducing health disparities and increasing access to essential health services through the use of targeted goals and measurable objectives.

ACKNOWLEDGEMENTS

- Delaware Department of Health and Social Services (DHSS), Delaware Division of Public Health (DPH)
- The Delaware SHIP Coalition

METHODS

- The Delaware SHIP coalition met to set goals, objectives, and strategies which are designed to be targeted to Delaware, ensuring they are achievable for the partners at the community and state levels by 2030.
- The goals and objectives were formulated based on the 2022-2023 State Health Assessment (SHA).
 - The SHIP uses the Association of State and Territorial Health Officials (ASTHO) *Developing a State Health Improvement Plan; Guidance and Resources* (ASTHO, 2014) to help define the plan's priorities, goals, objectives, and strategies.
 - The SHA/SHIP Partnership Coalition was formed to address the five prioritized health outcomes using the Vital Conditions of Health and Well-Being framework.
 - The goals and objectives were formulated based on the urgent challenges and needs that emerged from the SHA.
 - Evidence-based strategies were identified through a literature review. Additional strategies were identified and refined through SHIP coalition meetings.
 - For the objectives, measurable targets were calculated based on the National Center for Health Statistics' Percent Improvement Tool (Hubbard et al., 2020), which was used to develop targets for HealthyPeople 2030. The tool created targets that were 10 percent or up to 5 percentage points improvement. Once calculated, the targets were compared to recent trends of the indicators to assess their validity.
- Finally, the measurable objectives were reviewed for feasibility by DPH.

RESULTS

Mental Health

Goal: Increase access to mental health care and treatment

Objective: Reduce the mental health population-to-provider ratio from 310:1 in 2023 to 279:1 in 2028.

Strategy: Expand broadband availability and adoption in rural and underserved areas.

Chronic Disease

Goal: Improve the percentage of preventive screenings and routine health visits.

Objective: Increase the percentage of women ages 40 to 74 who reported receiving a mammogram in the past two years from 75% in 2022 to 79.2% in 2028.

Strategy: Facilitate unconventional places for cancer and other preventive screenings (e.g., Department of Motor Vehicles)

Maternal and Infant Health

Goal: Improve maternal health access throughout the pregnancy lifespan.

Objective: Increase the percentage of pregnant people with a recent live birth who reported receiving a postpartum checkup from 87.7% in 2021 to 90.8% in 2028.

Strategy: Increase access for prenatal and postpartum services through telemedicine, Medicaid client acceptance, insurance coverage and co-locating postpartum and pediatric care.

Avoidable Injury

Goal: Improve health outcomes related to violence, falls, and other avoidable injuries.

Objective: Decrease the number of domestic violence incidents from 22,232 in 2023 to 20,000 per 100,000 in 2028.

Strategy: Train staff/volunteers who are competent and have enough training, support, and supervision to work with domestic violence survivors.

Premature Death

Goal: Reduce drug-related substance use in youth and adults.

Objective: Reduce the age-adjusted rate of drug overdoses per 100,000 residents from 54.1 in 2021 to 48.7 in 2028.

Strategy: Increase availability and training of Naloxone.

CONCLUSIONS & FUTURE CONSIDERATIONS

- The SHIP aims to reduce health disparities and increase access to health services statewide through collaboration with stakeholders and evidence-based strategies.
- Moving forward, the SHIP Coalition will continue to engage with community partners to implement and refine strategies that align with emerging health challenges in the state of Delaware.

REFERENCES

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