

LIL' EDDIE'S BLACK BEAN BROWNIES submitted by Lil Eddie

Combine:

1 can black beans (drained and rinsed)

1/2 cup quick oats

1/3 cup maple syrup

2 tsp pure vanilla extract

2 tbsp. cocoa powder

1/4 tsp salt

1/4 cup vegetable oil

1/2 tsp baking powder

Blend all above in a food processor.

Stir in: 1/2 cup chocolate chips.

Pour into 9 x 9 pan or 10 inch Dutch Oven.

Sprinkle on top: 1/2 cup chocolate chips on top.

Bake at 350° for 15-18 minutes.

In 10 inch Dutch Oven use 17 coals on top and 8 on bottom.



Meeting, Greeting, Cooking & Eating

Gathering on the 2nd Saturday of each
month at Palmetto Island State Park



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