



ABC-Stewart School

Founded 1969

Mission: We seek to educate and prepare each child to make life's journey as an independent responsible citizen of the world.

MONTESSORI MESSENGER

Meet Our School Family

Melissa Lin and Frank Husmeier met at a 2005 Halloween party in Tuscan, AZ. They remained friends for several years before dating. On New Year's Eve 2007 Frank proposed with an orange juice tear off plug. At sunset in Saguaro National Park in Tucson, AZ, they were married on October 3, 2008 before family and friends from across the US, Germany, China, and Russia.



Melissa, born in Los Angeles, grew up in Tucson, AZ. She is a graduate from University Arizona James E. Rogers College of Law and is currently a partner at Righi Fitch Law Group in Phoenix, AZ. She is the founding president and current board member of the Asian Pacific American Bar Association of Indiana. She is also the membership chair of Construction Law Committee for Defense Research Institute, and a member of the Arizona Association of Defense Counsel and Internal Association of Defense.



Born in Warstein, Germany, Frank grew up on a small town of 2,000 people called Wenneman. "If you substitute the corn with cows, it is quite a bite like southern Indiana with rolling hills, forests, and farmland." After graduation from catholic high school, he completed his civil service in a youth hostel run by a catholic monastery. He then went on to study aerospace engineering, fluid mechanics, and thermodynamics in Stuttgart, Germany. An exchange program brought him to the University of Arizona, where he received a Masters of Science. Frank went on to receive three more graduate degrees: Diploma Ingenieur in Stuttgart, PhD in Arizona, and MBA from IUPUC. Interestingly, Frank does not have a bachelors degree. After working in Arizona, Frank started working for Cummins in 2011 bringing him and Melissa to Columbus.

In 2016, they welcomed twins Keira and Nico. For the past 2 years, the family has been expats in China, returning to Columbus in early 2020. While in China, the twins went to a Montessori school and learned Mandarin Chinese. The twins already knew English and German. In returning to the US, Frank and Melissa were "excited to see that Keira and Nico could continue their Montessori education here in Columbus", as they "appreciate the independent learning and decision making the Montessori education provides" along with the "ability to learn at their own pace".

One of their favorite aspects of ABC Stewart is the "feeling of accomplishment and pride that our kids obtain when they finish a ticket". While Nico and Keira, both enjoy art work and painting, their favorite part is making and playing with friends.

When the family is not in school or working, they enjoy walking their 5 month old puppy that Keira and Nico named Billy Jelly Bean. They can also be found fishing, hiking, feeding animals, riding bikes, and exploring the many playgrounds. Keira and Nico enjoy helping their mom in the kitchen as Melissa enjoys cooking and baking bread.

Alumni Spotlight



I began Kindergarten at Stewart School in 1989 and graduated from there in 6th grade in 1996. Honestly, all of my friends from my hometown to this day come from that class of twelve! We were really close.

Fun fact: Mrs. Stafford was in my same class!



After graduating from Stewart, I felt over prepared for junior high, and the academic confidence that gave me really laid the foundation for my academic success later on. I attended Junior High at St. Bartholomew Catholic School and High School at Columbus North High School before going to college where I graduated Summa Cum Laude with a BA in Philosophy and minors in French, Theology and Psychology from Xavier University in Cincinnati, Ohio.

After college, I interned for a year with the Cummins India Foundation in Pune, India and then moved to London to pursue a Masters in Social Policy and Development from the London School of Economics where I graduated with Merit standing. From London, I moved to Hawai'i where I got a Masters in Acupuncture and Oriental Medicine from the World Medicine Institute in Honolulu.

I now live with my two daughters in Waimea on Big Island, Hawai'i where I have my own acupuncture clinic. Stewart taught me I could do anything I set my mind to and gave me a love of learning and curiosity about the world around me that I carry with me to this day. I've always cherished the years of my childhood spent at Stewart, and I'm so grateful for the positive impact it had on my early life.

Recipe Corner

Cheesy Cauliflower and Bean Soup

This soup is perfect on a cold day. Freeze half for another week of lunch. Feel free to change up the cheese to your favorite!

Directions

1. Heat oil in Dutch oven over medium. Add onion. Cooked for 5 minutes until soft. Add garlic, sage, and thyme. Cook 1 minute. Stir in cauliflower, broth, beans, cheese, pepper, and salt. Bring to boil. Reduce to simmer. Cover and cook 15 minutes.
2. Puree soup in blender or using immersion blender until smooth. Add sherry vinegar.
3. Serve with crumbled bacon.



Ingredients:

- 2 TBS extra-virgin olive oil
- 1 medium onion, chopped
- 2 cloves garlic, minced
- 2 tsp minced fresh sage
- 2 tsp minced fresh thyme
- 16 oz riced cauliflower, cooked
- 4 cups low sodium chicken or vegetable broth
- 15 oz can no salt added white beans, rinsed
- 2 oz goat cheese
- 1/3 cup shredded Harvarti
- 1/3 cup shredded Parmesan
- 1/2 tsp ground pepper
- 1/4 tsp salt
- 1/2 tsp sherry vinegar
- 4 sliced cooked bacon, crumbled

Montessori Minute



The Movable Alphabet

The purpose of the Movable Alphabet is to prepare children for writing, reading, and spelling. Objects or pictures are usually used alongside this material. Children look at the picture and sound it out and choose the letter that they hear.

In a Montessori environment we teach letter sounds, not letter names. The letter sounds are what children need to begin their reading journey.

The Movable Alphabet is a beautiful material that is found in a 3-6 environment and in early elementary.



"Please help us to keep our school open by following our holiday break guidelines. These guidelines include quarantining one week after break if you spend time with family and friends outside of your COVID bubble.

Have a happy and safe Thanksgiving!"

Kids Corner

Thankfulness & Gratitude

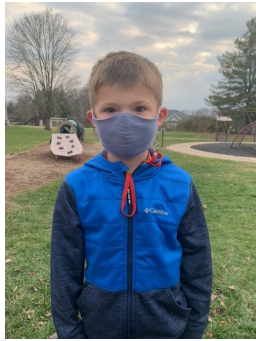
While in the middle of a pandemic, it can be hard to take time to be thankful and express gratitude to those around us. However, it's never been more important. This month, we asked ABC Stewart students:

"What is something you'd like to tell someone thank you for?"



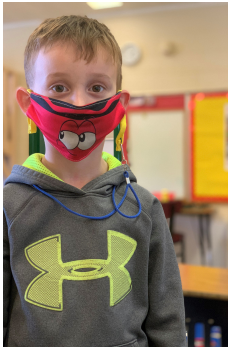
Renna - Children's Garden (Kindergarten)

"I would like to tell Scarlett, Ayla, Leticia, Hazel, Nadia, and Brooklyn thank you for being my friend."



Bryce - ABC (Kindergarten)

"I would like to tell Jayden and Justin thank you for being my friends!"



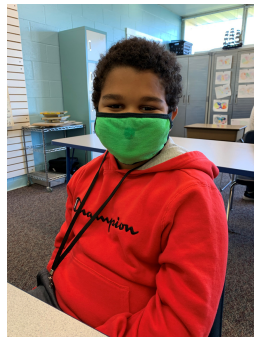
Benjamin - 1st grade

"I would like to tell my mom thank you for buying me a brand new game."



Berkley 2nd grade

"All of my teachers because I get to go to school. Because it's CoronaVirus and I don't want to be home. I want to be in school."



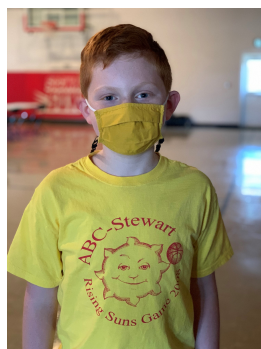
Jackson F. - 3rd grade

"I would like to thank George for being my friend. He was my first friend."



Medha - 4th grade

"All of the teachers working hard to keep everyone safe."



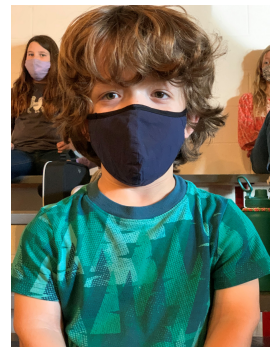
Hadley - 5th

"Probably the teachers because of Covid and they are working hard for us."



Joshua - Horizons

"When my mom makes me popcorn at night."



Ogden - 6th

"Mr. Maulin for running basketball."

Upcoming Events



Upcoming Events:

- Dec 5: **Basketball game.**
Doors open at 9am game starts at 9:30 am.
Coaches are suggesting a \$5 to \$10 per family donation to cover the referee.
- Dec 15/16/17: **Santa Shoppe (Students only)**
Donation of clean, gently used toys and candy canes are greatly appreciated
- Dec 18th: **Classroom Parties**
Polar Express Special Day in Elementary
- Dec 21-Jan 1: **Winter Break**
No Splendid/ Extended Care
- Jan 4th: **Classes resume**

School Clubs



Preschool:

- **Art Club** (Ages 3-6): Wednesday and Thursday 3:30- 5pm (Oct29 - Dec 17th; no Club Thanksgiving day). Supply fee of \$75 plus Splendid. [Space is limited]

Elementary:

- Drama Club**: Wednesday 4:15- 5:15 pm
- **Spell Bowl**: Tuesday and Thursday 3:15- 5:00pm
- **Art Club**: Tuesday 4:15- 5 pm (started Nov 3rd)
- Music Club**: (Nov 6-18th)
Grades 1st and 2nd grade: 3:15- 4:00pm;
Grades 3rd - 6th 4:15- 5:00pm
Students encouraged to bring their own instruments.
Second session in January
- **Basketball (1st- 3rd grade)**: information coming
- **Basketball (4th-6th grade)**: Monday 4:30 - 5:30 pm

Newsletter Editors:

Stefanie Stafford, Veronica Turner DDS, Sheena Seger

Interested in being the featured ABC Stewart Family in an upcoming newsletter? Have your child color this picture and return it to the school office or by mail no later than 12/7/20.

Child Name: _____ Class: _____:

Parent Name, Phone & Email: _____

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**"The child is both a hope and a promise
for mankind."
-- Maria Montessori**

BetterWorldHeroes.com

...every act of compassion makes a difference...every day counts for a better world...

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