



ABC-Stewart School

Founded 1969

Mission: We seek to educate and prepare each child to make life's journey as an independent responsible citizen of the world.

MONTESSORI MESSENGER

The History of Montessori Education Philosophy



Maria Montessori, a physician and educator, opened the first Montessori school in Rome in 1906. She observed children in their educational environment and developed a teaching method of child-centered learning to create a personalized path for each child. During her studies and observations, Maria focused on the development of the whole child; academically, socially, and physically, aiming to prepare them for life as a member of society.

Montessori is an alternative approach to traditional schools where the teacher stands at the front of the room and teaches the same material to all children. In the Montessori classroom, the teacher is more of a guide who follows the child as an individual. No child is left behind. Children progress at the pace they need while never being held back to wait for their peers or pushed on when they are not ready. The teacher is sometimes referred to as a guide because their role is to help the children make discoveries on their own versus handing down knowledge from an authority figure.

Montessori supports the development of independence by providing the children with the tools they need to do it themselves. All people are individuals who learn in their own way, and children are no exception. By allowing the children to learn at their own pace, and giving them the freedom of independence, we nurture their innate love for learning and their natural desire for responsibility.

"The greatest gifts we can give our children are the roots of responsibility and the wings of independence." - Maria Montessori

Kids Corner

We are happy to share the first Kids Corner of the 2021-22 school year! It has been wonderful having your children back in the school, and we are already off to a great start. To kickoff the school year, the kids were asked:

What was your favorite part of summer break?



Guy - 1st Year

"Going to Montana, we rode horses and bikes."

Noelle - 2nd Year

"Riding down to the creek and catching lobsters!"



Addison - 4th Year

"We went to the lake for my cousin's birthday party. We also went to Urban Air!"



Ronald - 3rd Year

"Camping in a cabin in Pennsylvania for a week and going to an amusement park and catching fish."



Sarah - 5th Year

"Going to Sanibel Island with my family. We explored the island and went to restaurants."

Vivian - 6th Year

"Going to Michigan with my family. We went to a baseball game, climbed the sand dunes, and floated down the river on rafts."



**SUMMER
TIME**

Alumni Spotlight

Emma Smith



My time at ABC began in the early 90s as a toddler in Ms. Pat's class. While of course I don't have too many memories at that age, I do specifically remember a baby goat with a diaper running through the classroom as we sat around in a circle waiting patiently to pet it. I must say that growing up through the ABC program gifted me with some of my best childhood memories. From performing in all of the holiday programs, to starting the first girl's basketball team, all the way to having an impromptu water fight in Mr. Hileman's class... the happy memories are endless!

I still to this day sing the President's song to quickly remember historical timelines, and randomly flash back to somehow knowing the capital of Libya, because we had to learn every single country's flag and capital in order to attend the school trip to Washington D.C. Stewart School opened my mind to the world beyond just my small bubble in Columbus, Indiana, and taught me to think outside of the box.

I graduated with honors from Columbus North High School in

2011, and then went on to study vocal performance and music business at Belmont University in Nashville, TN. From there I moved to New York City for a few years to hone my craft in music supervision and music licensing. Today, I live in Nashville, TN with my fiancé and our bernedoodle where I continue to work in music licensing, representing all sorts of different independent artists and producers around the US.

I would not be where I am today without the love and support from my teachers and the wonderful experiences Mrs. Carmichael and the school gave me. Thank you, ABC Stewart :)



Teacher Feature

We would like to welcome Kendra McDaniel to the Reading Room and to our ABC-Stewart family! Kendra grew up here in Columbus, where she graduated from Columbus North High School. After high school she attended Indiana University and earned a Bachelor of Science in Sociology. Discovering that her true passion is education, she went back to school and completed the transition to teach program. Kendra and her husband Luke have a one-year-old son named Raiden. She loves spending her free time with family and friends.

Mrs. McDaniel previously worked at Schmitt Elementary and Cummins Childcare Development Center, where her passion for Montessori education was discovered. "As a student I struggled with learning that was not hands-on. Understanding the Montessori philosophy now, I know that I would have benefited greatly from a Montessori education. Students need a place where they can self-motivate and independently make choices that fit their own needs. I am excited to be a part of this wonderful school and I look forward to what the future holds." If you have any questions for Mrs. McDaniel, please feel free to contact her at kendramcdaniel@abcstewart.com.



Recipe Corner

Pesto Farro with Chicken, Mozzarella, and Tomatoes

Farro, an ancient wheat grain, is slightly nutty with a wonderful chew. Full of fiber, protein, vitamins, and minerals, it makes a wonderful base for a lunch. For a vegetarian version, substitute the chicken for your favorite cooked bean or lentil (i.e. chickpeas).

Ingredients:

- 1 cup of farro
- 7 oz of pesto homemade or store bought
- 1 pint of halved grape tomatoes
- 1.5 cups diced cooked chicken
- Zest and juice of 1 lemon
- 8 oz fresh Mozzarella Cheese Pearls
- Salt and Pepper

Directions:

1. Cook farro according to package directions
2. Combine warm farro with pesto, tomato, chicken, and lemon juice & zest. Season with salt and pepper.
3. Stir in Mozzarella after farro has cooled slight so it does not melt.
4. Serve warm or cold.



Adapted from Katie Lee Biegel

School Clubs / Events

Throughout the school year, we will highlight school clubs available to our students and upcoming events you want to be aware of. Be sure to watch your email for sign up information.

Elementary Clubs

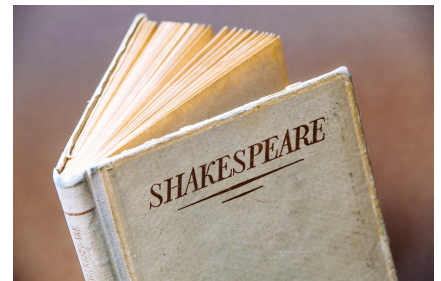
**Spell Bowl: Tuesdays and
Thursdays 3:30-4:30 pm**



**Drama Club (2nd & 3rd grade)
Monday 4:00-5:00 pm**



**Shakespeare Breakfast Club
(4th - 6th grade)
Friday 7:10-8:00 am**



Upcoming Events

**Labor Day
Sep 6th No
School**



**International
Day of Peace
September 21**



**School
Picture Day
September
24th**



Volunteer Newsletter Editors: Stefanie Stafford, Veronica Turner, Sheena Seger