

MEN'S SPIRITUAL RETREAT

April 24 – April 26, 2026

PROGRAM

Friday - 04/24/2026

| | |
|-------------------------------------|--------------------------------|
| 10 AM - 3 PM | Golf - Dave C, Coordinator |
| The Creek Golf Course at Hard Labor | |
| 4:00 – 5:00 PM | Check-In |
| International Paper Building | |
| 6:00 – 7:00 PM | Dinner |
| Dining Hall | |
| 7:15 PM | Opening – Jack B |
| Hastings Building | |
| 7:30 PM | Speaker – Jerome S , Corona CA |
| Hastings Building | |
| 9:00 PM | Bowl Meditation – Bill C |
| Hastings Building | |

Saturday - 04/27/2026

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| 7:00 AM | Meditation - Barry S |
| Hastings Building | |
| 7:30 – 8:30 AM | Breakfast |
| Dining Hall | |
| 9:00 – 10:00 AM | Workshop - “Steps Four/Five” - Brian M |
| Hastings Building | |
| 10:00 AM | Break/Snacks |
| International Paper Building | |
| 10:15 – 11:15 AM | Workshop - “Steps Six/Seven” – Bernie P |
| Hastings Building | |
| 11:30 – 12:30 PM | Lunch |
| Dining Hall | |
| 1:00 – 2:00 PM Hastings Building | Workshop - “Steps Eight/Nine” - Jay L |
| 2:15 – 3:15 PM Hastings Building | Workshop - “Steps Eleven/Twelve” - Brooks B |
| 3:15 PM | Open Time/Snacks |
| International Paper Building | |
| 6:00 – 7:15 PM | Dinner |
| Dining Hall | |
| 7:30 PM | Speaker – Jimmy D, Dallas TX |
| Hastings Building | |
| 9:15 PM | Bowl Meditation – Bill C |
| Hastings Building | |

Sunday - 04/26/2026

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| 7:00 AM | Meditation - Barry S |
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Hastings Building

7:30 – 8:30 AM

Dining Hall

8:45 AM

Hastings Building

9:15 AM

Hastings Building

10:30 AM

Hastings Building

Breakfast

Open Mic Sharing

Speaker – Joe C, San Diego CA

Closing - Jack B