



OUR LADY OF LOURDES  
COQUITLAM



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## WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

**FEBRUARY 1, 2026**  
The 4th Sunday in Ordinary Time

# BULLETIN

## Feast of Our Lady of Lourdes Novena & Feast Day Celebration

You are warmly invited to join us for the Novena to Our Lady of Lourdes, beginning February 2nd. Novena will be prayed after each Mass throughout the novena period.



### Novena Schedule:

February 2 - February 11

### Feast Day Mass:

February 11 - Feast of Our Lady of Lourdes

### Mass Times:

- 8:30 AM
- 6:00 PM

**Potluck following the 6:00 PM Mass**

### Location:

Our Lady of Lourdes Parish,  
828 Laval Square, Coquitlam.


**On the Feast day of Our Lady of Lourdes, the faithful attending Mass at Our Lady of Lourdes Parish may benefit from a Titular Plenary Indulgence.**

*A Titular Plenary indulgence can be acquired in parish churches on the feast of the church's titular saint. In order to obtain it, the faithful must, in addition to being in the state of grace:*


- *have the interior disposition of complete detachment from sin, even venial sin;*
- *have sacramentally confessed their sins;*
- *receive the Holy Eucharist*
- *pray for the intentions of the Supreme Pontiff (an "Our Father" and a "Hail Mary" are suggested).*

## Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: **Fr. Larry Lynn**

 [llynn@rcav.org](mailto:llynn@rcav.org)

Admin. Assistant: Leanne Penco

 [office@olol.ca](mailto:office@olol.ca)



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## CHURCH BASEMENT RENO FINISHING AND OPENING MANAGEMENT

### KITCHEN

Crew to determine:  
How to Arrange Kitchen

- Design Pantry
- Decide what utensils etc. are needed
- Help to move in



### STAGE

Musical events

- Weddings
- Parties
- Musical Acts (Jazz, Folk, Classical, Recitals)
- Bookings



### COFFEE BAR

Crew to determine:  
How to run a CAFÉ

- Hours
- Hire Personnel
- How to stock
- What food?



### LIBRARY

#### HISTORICAL CENTRE

- Design – These go together
- Books – sorting crew
- Historical Artifact sorting
- Digital History – photos
- Café furniture



### ACTIVITIES

- Faith Programs
- Conferences
- Large Meetings
- Soup & Bun Lunches
- Movie Night

*“As each has received a gift, use it to serve one another...” (1 Peter 4:10)*

## National Catholic Health Care Week

From **February 1 to 7, 2026** we mark National Catholic Health Care Week across Canada. Inspired by Catholic social teaching, this year's theme Open Hearts, Healing, Hope reflects the profound belief that healing is communal. We are grateful for our Catholic health ministries as partners in the healing ministry of Jesus, fostering trust, promoting justice and respecting the dignity of every human person—body, mind and soul. Pray with us during the Week with special daily reflections and prayers. Learn more and find resources at [beholdvancouver.org/events](http://beholdvancouver.org/events)

### Special Prayer Intention for Catholic Health Care

The court case involving St. Paul's Hospital continues to be heard by the B.C. Supreme Court. The case pertains to whether faith-based health care facilities are permitted to operate in accordance with their values by not providing Medical Assistance in Dying (MAiD). It will challenge Catholic healthcare and its place within Canada's publicly funded healthcare system.

*Lord Jesus, Divine Healer, you sought out the sick, the marginalized, and those cast aside. We pray for all who receive care at St. Paul's Hospital, for their families and loved ones, and for all healthcare workers who serve with compassion. We entrust this court case to your care. Grant wisdom to those who must decide it, that justice may prevail and that Catholic health care may continue its mission without compromise. Help us to protect those who are most vulnerable and to build a society where every human life is sacred.*

## Feast of the Presentation of Our Lord Blessings of Candles

On the Feast of the Presentation of Our Lord on **Monday, February 2**, the faithful are encouraged to bring household candles to Mass to be blessed during the liturgy.

### For Anyone Who Has Lost a Loved One: Support Group

St. Joseph's Bereavement Accompaniment & Support Group presents "For Anyone Who Has Lost a Loved One", a small and intimate support group for those who are grieving. The group is limited to five people, and sessions will run for eight consecutive weeks. **Thursday, February 5**, 9:15 a.m. – 12:00 p.m. at St. Joseph Parish, Langley. Learn more and register at [beholdvancouver.org/events](http://beholdvancouver.org/events)

### WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am  
There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

### SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am  
English/French: Sun.: 11:00am

### FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

### CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am  
Sat.: 4:00 – 4:45 pm. Or by appointment.

### ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00 pm.

### HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

### BAPTISM

By appointment only.

### MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

### FUNERAL

Contact Parish Priest before making arrangements.

### SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.

## Parish Renewal Tuesday Rosary

Everyone is invited to join in praying the Rosary for our parish, including its outreach to the community. The missional prayer Rosary will take place on **Tuesday morning 9:00 AM (after Mass) and at 5:00 PM.** We seek the outpouring of the Holy Spirit on our parish for the spiritual well-being and growth of our parishioners and a God-led awakening and welcome to our surrounding community. Please pray with us.

### Father Larry

Father Larry's surgery went well, thank you for your prayers. Let us continue to pray for him during this recovery process.

*"For I will restore health to you, and your wounds I will heal, declares the Lord ..." (Jeremiah 30:17)*

### Mourning Your Grief – Suicide and Euthanasia (MAiD) Support Group

This support group is for those who are mourning the loss of a loved one through suicide or euthanasia. The group is limited to five people, and sessions will run on Wednesdays for eight consecutive weeks, beginning **Wednesday, February 4, 9:30 a.m. – 12:00 p.m.** at St. Nicholas Parish, Langley. Learn more and register at [beholdvancouver.org/events](http://beholdvancouver.org/events).

### PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

**Kathleen Lauzon, Gilberte Collette, Father Lucien Larré, Fernand Finnigan, Ozina Finnigan, Father Alan Boisclair, Jose (JoJo) Alonco, Ralph & Marguerite Roberts, Anna, Sister Claire Marie and Robert Magri.**

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

### COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **Knights of Columbus** for sponsoring.

## THIS WEEK'S MASS INTENTIONS

31-Jan	Saturday	5:00 PM	✝	Dalocanog & Camingue family
1-Feb	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
1-Feb	Sunday	11:00 AM	✝	Francis Clare
2-Feb	Monday	8:30 AM	✝	Benjamin Ong
3-Feb	Tuesday	8:30 AM	INT	Barrie & Jan McMaster
4-Feb	Wednesday	8:30 AM	✝	Pefenciano Lamzon
5-Feb	Thursday	8:30 AM	✝	Linda Kwan
6-Feb	Friday	8:30 AM	INT	Claudia Soto
6-Feb	Friday	7:00 PM	INT	Alejandro Granados
<b>7-Feb</b>	<b>Saturday</b>	<b>8:30 AM</b>	<b>INT</b>	<b>Isabella Granados</b>

### Pro-Life Mass and Prayer Vigil

Join your voice with ours as we pray on the first Saturday of each month for respect for all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, we will begin with Mass, followed by the rosary. **Saturday, February 7, 9:00 a.m.** at Christ the Redeemer Parish (599 Keith Rd, West Vancouver)

### Bottle Drive

We want your recyclables! Please drop them off in clear, plastic bags in our bin outside on the north side of the church. It is visible when you go down the stairs. Please ensure that everything is well rinsed out and the labels are on. Thank you for your support!

### Youth Night

All Youth are welcome to come to our Upper Hall on Friday evenings for a night of ping pong and board games. Bring a friend! **Fridays at 6:30 – 8:30 pm.**

### Arise Retreat 2026 – Team member applications now open

"Arise" is a four-day overnight retreat for youth born in 2011 & 2012 and takes place at Camp Jubilee from Monday, June 29 to Thursday, July 2, 2026. We are looking for **young adults and youth team members (currently in Grade 11 or 12)** to plan, organize and implement Arise. Successful candidates will be given training in program planning, leadership skills, and most importantly, how to be missionary disciples of Jesus Christ. **Applications due Monday, February 9.** Learn more and apply at [rcav.org/arise-team](http://rcav.org/arise-team)

### PARISH MINISTRIES

**Alpha** Anthony Marroquin  
**Altar Servers** Marilyn Sarte  
**ACRSS Rep.** Sam Delli Santi & Elga Gonzalez  
**CWL** Josephine (Dollie) Basa  
**Choir** Roger De Villa & Agnes Wan  
**Couples for Christ** Jet & Jane Sarmiento  
**K of C** Anthony Marroquin  
**Lector** Dinah Lescano  
**Prayer Group** Alex & Nancy Lim  
**PREP** Marilyn Sarte  
**Pro-Life** Ting and Nercy Barona  
**Project Advance** Kathy Gorkoff & Francis Gutierrez  
**Ushers** Robert Tang & Terry Charbonneau

**Contact parish office for info.**



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