



# 16th SUNDAY IN ORDINARY TIME

1st Reading: Jeremiah 23.1-6  
2nd Reading: Ephesians 2.13-18  
Gospel: Mark 6.30-34

JULY 21, 2024

# BULLETIN



## Summertime Is Here

Our Family Fun Day was a spectacular success by anybody's yardstick! A great fun time was had by all. The weather was sunny and hot - and beautiful. The band was just as hot, playing old favorites all afternoon long, getting people out of their chairs, dancing their hearts out. The food was terrific, the games were fun; it was a great summer day.

Family Fun Day was an event that drew our parish members together in a significant way. This is a great blessing. So many people rallied around the idea of improving our church basement and installing a lift to bring folks with mobility issues to and from the basement. I want to thank you from the bottom of my heart.



There are so many people who helped at various tasks, too many people to enumerate, but we need to acknowledge them and the countless hours that went into making the event such a success.

Besides coming together as a parish family, we set our sights on raising some funds for the renovations and the lift. Our "Install-a-Lift" raffle was a resounding success, as were the garage sale, the bake sale, the silent auction and other donations. **In all, we raised over \$18,500! Bravo!! Thank you, thank you, thank you.**

Speaking of summertime, it's time to practice the virtue of eutrapelia. What's that, you say? Eutrapelia? What in heaven's name is eutrapelia?

Well, it's a virtue. It's a welcome virtue that we should learn to practice and not only in the summer but throughout our lives. Because life should not be all work and drudgery.

Aristotle describes it as "mental relaxation and honorable fun." St. Thomas Aquinas, offers us another definition: "Eutrapelia is **the virtue that**

**enables us to give ourselves fully to the very serious business of enjoying the delights of friendship and love, family and friends, books and games, wine and Guinness.**" OK, he didn't say Guinness.

On that note, I am planning to visit my children and grandchildren in Montreal and spend time with them and my brothers and sisters, getting together as family, sharing in the sheer delight that we see in each other.

We need to embrace the rhythms of the seasons, in other words, slow down in the heat of the summer, practice the virtue of eutrapelia: spend more time with those you love, read books, play music, play board games, have a glass of wine

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## WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

and give all glory, praise and thanksgiving to God.

Have a Happy and Virtuous Summer!

Peace,  
*Father Larry*

## Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

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**Admin. Assistant:** TBA

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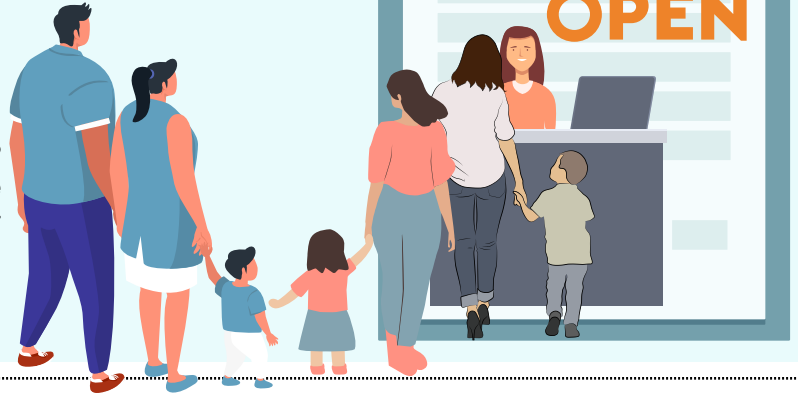
## Parish Religious Education Program – PREP

Wanted! Catholic children who attend public schools.  
Are you a parent of children who attend public school from Grade 1 to Grade 7?

The registration forms will be on tables at both entrances to the church.

If you have any questions, please feel free to call the office or Marilyn at (604) 544-2803, PREP coordinator. You may also opt for online registration by emailing the office with your request.

Looking forward to hearing from you soon.



## Let the City of Coquitlam Know What You Think

Let the City know that this renovation is essential for our parish growth, and that the renovated basement will be an asset to the neighborhood as a venue for bringing the Maillardville community together.

Connect with the city of

**Coquitlam**



devinfo@coquitlam.ca



604-927-3430



coquitlam.ca/development



### WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am  
Thursday Mass will be followed by Adoration.

### SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am  
English/French: Sun.: 11:00AM

### FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm  
Adoration: 9:00am – 10:00am and 5:45pm – 6:45pm

### FIRST SATURDAY OF THE MONTH

No morning Confession or Mass

### CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am  
Sat.: 4:00 – 4:45 pm. Or by appointment.

### HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

### BAPTISM

By appointment only.

### MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

### FUNERAL

Contact Parish Priest before making arrangements.

### SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact Parish Office.

**Pro-Life Mass & Vigil**

We warmly invite you to a profound spiritual event at St. Joseph's Parish, Mission on **Saturday, Aug 3, 2024 at 9:00 AM.**

**Location:**  
St. Joseph's Parish  
32550 7th Ave.,  
Mission



|        |           |          |     |                                  |
|--------|-----------|----------|-----|----------------------------------|
| 20-Jul | Saturday  | 5:00 PM  | +   | Flavia Collaco                   |
| 21-Jul | Sunday    | 9:00 AM  | INT | Our Lady of Lourdes Parishioners |
| 21-Jul | Sunday    | 11:00 AM | +   | Flavia Collaco                   |
| 22-Jul | Monday    | 8:30 AM  | +   | Flavia Collaco                   |
| 23-Jul | Tuesday   | 8:30 AM  | +   | Rosina Bertani                   |
| 24-Jul | Wednesday | 8:30 AM  | +   | Flavia Collaco                   |
| 25-Jul | Thursday  | 8:30 AM  | INT | Marilyn Sarte                    |
| 26-Jul | Friday    | 8:30 AM  | INT | Jessica Weeks                    |
| 27-Jul | Saturday  | 8:30 AM  | +   | Martin Beerens                   |

**BOOKING MASS INTENTIONS.** Please connect with the parish office to request an intention.

**The CHOSEN**

Season 4 - Ep. 6 - Dedication

Jesus and the disciples celebrate Hanukkah. Matthew confronts Judas about irregularities, and the festival turns into a fight, then flight. The disciples escape with their lives, but learn a friend hasn't been so lucky.

**Jul 24, 2024 @ 10:00 am | Lower St. Anne's Hall**

**Summer Liturgy**

We follow the rhythm of the seasons – the four seasons and the liturgical cycle. For both types of seasons, this time of year is less industrious than the rest of the year. We tend to slow down in the summer. Summer has a different kind of schedule for the sun, and for rest and family. We plan vacations and have relaxing get-togethers with soda, hotdogs and burgers, pretzels and beer. It's a great time of year.

Following this rhythm, I thought it would be a good time to make our parish liturgy a little more basic, no-frills liturgy for a couple of weeks and allow the dedicated volunteers to take a break. The choirs could have a rest for a few weeks, we can do without the bulletin and the coffee and donuts after Mass for a few weeks because, after all, these things require a lot of hard work and sacrifice. It is very good that we have the volunteers to do this work, but there comes a time when we must encourage each other to practice the virtue of eutrapelia. Chill! Father Larry will be away from **July 22 until August 16** enjoying time with his family. **Father Claude Saldanha O.P.**, a visiting priest will be taking care of all Masses and sacraments in the parish.



**BOTTLE DRIVE**

The Knights of Columbus are holding a recycling bottle drive to fund our church basement improvements. Please drop off your recyclables in clear plastic bags before each Sunday mass on mark bins "**K of C Bottle Drive**" at the church basement. Here are the list of recyclables that are **accepted** for the bottle drive:

- **Aluminum cans**
- **Plastic and Paper Drink containers**
- **Glass bottles**
- **Dairy and Non Dairy Milk Containers and Wine Bottles.**

Please **LEAVE LABELS ON**, RINSE RECYCLABLES and **do not include garbage** in the bags. For more info please check out [www.return-it.ca](http://www.return-it.ca) or scan the QR code. Thank you!!

SCAN ME



**PRAYER FOR THE SICK**

Please remember in your prayers our parishioners who are ill, especially:

**Lina Aussant, Dr. Erb, Kathleen Lauzon, Ralph Roberts, René & Gilberte Collette, the Quek Family, Father Lucien Larré and Teresita Cunningham.**

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

**COFFEE & DONUTS AFTER MASS**

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners.

This weekend we thank the **Couples for Christ** for sponsoring and this will be the last one for as few weeks.



**PARISH MINISTRIES**

- Alpha** Anthony Marroquin & Alex Lim
- Altar Servers** Alex Lim
- ACRSS Rep** Irenaeus Lim
- CWL** Josephine (Dollie) Basa
- Choir** Roger De Villa & Agnes Wan
- Couples for Christ** Alejandro & Stella Delos Santos
- K of C** Anthony Marroquin
- Lector** Suzanne Tkach
- Prayer Group** Alex & Nancy Lim
- PREP** Marilyn Sarte
- Project Advance** Kathy Gorkoff & Francis Gutierrez
- Sacristan** Alex Lim
- Ushers** Robert Tang & Terry Charbonneau

**Contact parish office for info.**


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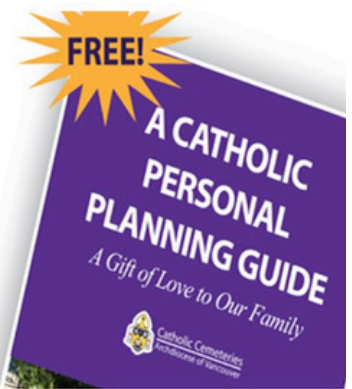
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116-618 E. Kent Avenue South, Vancouver, BC

**Call us**  
 24 hours a day  
**604-326-1454**

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