



Welcome

Welcome to all visitors! We are pleased that you are here. Father Larry, our pastor, would be delighted to meet you; please introduce yourself to him after Mass.

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am

There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

SUNDAY MASS

English:

Sat.: 5:00pm and Sun.: 9:00am

English/French: Sun.: 11:00am

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

CONFESSION SCHEDULE

Tues. to Sat. at 8:00am until 8:25am

Sat.: 4:00 – 4:45 pm. Or by appointment.

ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00 pm.

SEPTEMBER 13, 2026 BULLETIN

Twenty-fourth Sunday in Ordinary Time

The Lord Is Merciful and Gracious

Psalm 103

When I was young, I thought I knew what I was doing...most of the time. How foolish I was! I would go to the edge of serious breaches in my sanctity and sometimes crossed them. In fact, I hardly ever considered my sanctity. It was not front of mind. I was busy with an interesting yet difficult career; I was raising a family and because of the career, was often absent from home, sometimes for a couple or three months. That's not a great way to be a good husband and father. Things began to go awry because I was making bad choices and consequently, I lost my family. I was lost and peering into the Abyss, a terrible, bottomless dark hole. A very bad place to be.

But the Lord knew me. And he knows you. He knows your heart. He knows your sin. And he is merciful and gracious with you. He is forgiving. Do you realize what a great thing that is? Have you ever sinned against God or neighbor? Do you want forgiveness? Do you expect forgiveness?

I do. I need his forgiveness constantly in my life because I am not perfect. Perhaps my sins are less enormous than the sins of my youth, but I am still a sinner.

We all need forgiveness all the time and we expect God to forgive us, especially in the confessional. There, he absolves our sins so we can start over. He gives us a fresh start. He liberates us from our sin, all of us, no matter who we are or what we have done. I don't think there is anything more important in this world than God's forgiveness.

So, what about you? Did anyone ever sin against you? Hurt you? Abuse you? Spread gossip about you? Can you forgive them? Sirach asks the question, *"Does anyone harbor anger against another, and expect healing from the Lord? If one has no mercy toward another like oneself, can one then seek pardon for one's own sins?"*

Sirach 28: 3-4

The Lord himself teaches us to *"Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. Be merciful, just as your Father is merciful."*

Luke 6: 27-28, 35

To hear these words, these fundamental teachings of Jesus, is very difficult because abiding by them is not natural to our fallen nature. And that's the thing, we are called to elevate ourselves, to rise above that fallen, concupiscent nature, into the reality that is the Body of Christ. Our salvation, the world's salvation, depends on it. It is not a weakness to be merciful or to love our enemies. It's not caving in to our aggressors. It's not saying that what they did is okay. No, **it is a sign of strength, the strength to refuse hatred.** It's the courage to witness to love.

I now know this, because the Lord plucked me out of that awful place, that Dark Abyss, "out of the miry clay". He found me, he forgave me and he gave me direction. He set me down on a new path, a path of healing. A path of living in the joy that our Lord wants for us if we are courageous enough to follow him. O God is good.

Peace,

Father Larry

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

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RCIA starts next week

If you, or anyone you know, would like to learn about the Catholic faith, check it out with our weekly RCIA classes which start next week. RCIA runs on Thursday evenings at 7 pm from next week until May 2027. For more information, please contact the parish office.

PREP starts this week

The Parish Religious Education Program starts this week! Parents, make sure your children receive a good education in the Catholic faith. PREP classes aid the parents to ensure the children receive a full, methodical and accurate education and preparation for the sacraments. Catholic catechism classes for Grades 1 to 7 run weekly on Wednesdays from 6:30 to 7:45 pm. For more information, contact Marilyn at mvsarte@hotmail.com.

Second Collection: Healing & Reconciliation (Sept. 12-13)

This weekend's second collection will help support our Indigenous brothers and sisters. Your donation will fund projects that are determined locally in collaboration with First Nations, focusing on: Healing and reconciliation for communities and families; Culture and language revitalization; Education and community building; Dialogue for promoting indigenous culture. Make a tax-deductible donation in person at the parish or online at rcav.org/healing-and-reconciliation

Talitha Koun Fundraising Gala

The Talitha Koun Society, a non-denominational Christian charity offering addiction-recovery services for women, holds its "Journey of Hope" fundraising gala at 6:30 pm, Oct. 3, at St. Clare of Assisi Parish Hall, 2888 Delahaye Dr., Coquitlam. Entertainment by Dani Black. Catering by Pasta Polo. Silent Auction. Inspiring panel discussion. Tickets are \$85 per person or \$640 for a table of eight. Purchase at <https://bit.ly/4xgkxDm> or at www.tkrecovery.ca/events.



Live at Lourdes
HYMN SWING
SATURDAY, SEPTEMBER 26
DOORS OPEN @ 6:30 PM
STARTS @ 7:00 PM

Come for an evening of fun where classic hymns are arranged with swing/jazz rhythms! Hymn Swing is the first of a series of events called "Live at Lourdes" and features a quartet and your favourite songs and hymns - with a twist. Blending faith and hymns, singing and instruments, entertainment and talk, it will be an engaging evening. Donations accepted at the door. Saturday, Sept 26 in the St. Bernadette Hall.

Estate and Memorial Planning Seminar

Ensure your wishes are honoured and your loved ones are cared for with a well-prepared estate and memorial plan. This free, expert-led seminar will guide you through essential topics such as: why every Catholic needs a will, choosing the right executor, understanding probate and power of attorney, tax benefits of charitable giving and preparing for Catholic funeral rites. The next session will be held at Our Lady of Fatima on Saturday, Sept 19 from 10 to 11:30 am. This event is hosted by the Roman Catholic Archdiocese of Vancouver in partnership with Gardens of Gethsemani Catholic Cemetery. Seats are limited. Register now for free to reserve your spot. beholdvancouver.org/events

Stand Up for Jesus Comedy

Something exciting is coming to Our Lady of Lourdes! Stand Up for Jesus is a local stand-up comedy group that has seen dramatic growth recently. Started by Jo-Anne Duchscherer, a parishioner at St Joseph's Port Moody, and a stand-up comedian herself, she is offering classes here, starting October 9. No experience necessary as she will teach you how to write and perform your own material. Share your humour and Catholic joy with others as you grow in confidence yourself. Classes run 8 weeks on Friday evenings from 6:30 to 9 pm. Cost is \$100. which includes all course material. For more information, email info@sufj.ca Sign up with a friend!

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

BAPTISM

By appointment only.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.

Upper Room Conference

This year's Upper Room Conference will explore the theme that our life is a mission field, and that by virtue of our baptism, we are already sent on mission. Through powerful keynote sessions from Chris Stefanick, Megan Andres, and a conversation between Archbishop Smith and Eric Chow, as well as breakout sessions to equip you for your specific mission, Upper Room invites you to receive, be inspired, and renewed in where the Lord is calling you. Saturday, October 3 from 9:00 a.m. to 5:00 p.m. at Pacific Academy, Surrey. Register at upperroomvancouver.com by September 23.

Life Compass Society Annual Walk

This weekend is your final opportunity to sponsor Father Larry in the annual Life Compass Walk, which takes place this Saturday, Sept 19. Participants walk, run or cycle part of the PoCo Trail, starting at Lions Park in Port Coquitlam to raise funds for the life-affirming Life Compass Society. Father Larry would love your support as he will be walking, rain or shine, to aid their fundraising efforts. Sign up sheets are available at the church entrances.

THIS WEEK'S MASS INTENTIONS

12-Sept	Saturday	5:00 PM	INT	Satterwhite family
13-Sept	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
13-Sept	Sunday	11:00 AM	INT	Francois & Fortune Wan
14-Sept	Monday	8:30 AM	INT	Miraflor Valerio
15-Sept	Tuesday	8:30 AM	✝	Kie Rodjito
16-Sept	Wednesday	8:30 AM	✝	Andy Beauregard
17-Sept	Thursday	8:30 AM	✝	John Hurtubise
18-Sept	Friday	8:30 AM	✝	Ong & Padua family
19-Sept	Saturday	8:30 AM	✝	Anny Rodjito

Rise Up CCO Conference

Young adults from all over Canada are rising up to face their giants with faith... are you one of them? Every year, close to 1,000 Catholics from all over Canada gather at Rise Up: students, graduates, young professionals, and people just like you who want to go deeper with their faith. God moves at Rise Up. And if you let Him, you'll never be the same. Hosted by Catholic Christian Outreach (CCO)™, Rise Up is open to all young adults ages 18-35 and will take place in Vancouver from Dec 29, 2026 - Jan 1, 2027. Early Bird Pricing deadline is on September 15, 2026. To register, please email riseup@cco.ca or visit cco.ca/riseup

24-hour Fast and Pray Sept 18-19

Catholic Street Missionaries Society (CSM), a registered charity endorsed by the Archdiocese of Vancouver, invites young adults (ages 19-39) to join "24 Hour Fast and Pray," starting Friday, September 18th at 6 pm. Participants, in community, will fast and pray for those struggling with mental health challenges. We will meet at St Mary's in Vancouver and carpool to the beautiful Westminster Abbey for part of the event where we will share a provided meal and break our fast on Saturday evening. For details or to register, visit <http://catholicstreetmissionaries.org/24hourfast>

TLA Garage Sale

Traditional Learning Academy (TLA) is hosting a Garage Sale on Sept 19 from 9 am to 1 pm. All are welcome drop by and shop in support of the school. Come and get a great deal! They are also accepting donations. Drop your gently used items off at the school anytime between 9 am and 3 pm until Friday. More information is available on the bulletin board.

PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Kathleen Lauzon, Gilberte Collette, Ozina Finnigan, Jose (JoJo) Alonco, Ralph Roberts, Anna Kocko and Sister Claire Marie.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **CWL** for sponsoring.

PARISH MINISTRIES

Alpha Anthony Marroquin

Altar Servers Marilyn Sarte

ACRSS Rep. Sam Delli Santi & Elga Gonzalez

CWL Josephine (Dollie) Basa

Choir Roger De Villa & Agnes Wan

Couples for Christ Sydney and Noemi Tanudtanud

Extraordinary Ministers Sam Delli Santi

K of C Anthony Marroquin

Lector Jannie Delli Santi

Prayer Group Alex & Nancy Lim

PREP & RCIA Marilyn Sarte

Pro-Life Ting and Nercy Barona

Project Advance Kathy Gorkoff

Ushers Robert Tang & Terry Charbonneau

Contact parish office for info.

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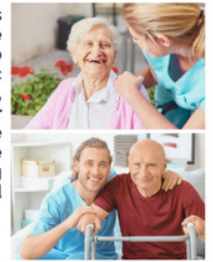


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