



OUR LADY OF LOURDES PARISH

Since 1909

828 Laval Square, Coquitlam, BC V3K 2E6
 Phone: 604-936-1311 Fax: 604-936-3911
 Email: ourladyoflourdesparish@gmail.com
 Website: ourladyoflourdescoquitlam.ca

Office Hours: 9am - 3pm
 Lunch Break: 12noon - 1pm

Pastor: Fr. Mariano Barreto
 Parish Secretary: Mary Chow
 Parish Bkkeeper: Mariles Robledano



We welcome and invite all visitors and new parishioners to fill the registration form, available at the Church entrance.

Please come and join us for daily rosary before Mass.

“For where two or three meet in my name, I am there among them”
 (Matthew 18:20)

December 6th – Second Sunday of Advent

‘Our God will come to save us!’

WEEKDAY MASS

Mon to Sat 8:30am

Thursday Mass will be followed by Adoration

SUNDAY MASS

Sat 5:00pm
 Sun (English) 9:00am
 Sun (English/(French) 11:00am

FIRST FRIDAY OF THE MONTH

Morning Mass 8:30am
 Adoration 9:00am – 10:00am
 Adoration 5:45pm – 6:45pm
 Evening Mass 7:00pm

CONFESSION SCHEDULE

Saturday 4:00 – 4:45pm
 10 mins before Weekday Mass or by appointment

Baptism

By appointment only.

Marriage

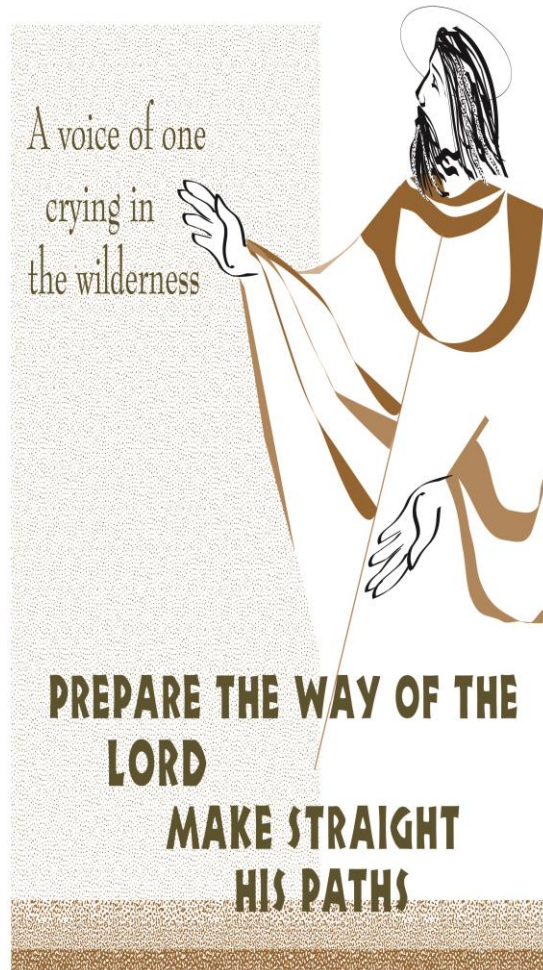
All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

Funeral

Contact Parish Priest before making arrangements.

Sacramentals

For blessing of cars, religious articles and house blessings, please contact Parish Office.



prepare the way of the LORD!

PARISH ORGANIZATIONS

Altar Servers	Ray Albert
ACRSS Rep	Irenaeus Lim/ Fortunata Macli-ing
Children Liturgy	Marilyn Sarte Fortunata Macli-ing
Church Care	Lina Aussant
Choir (Sat 5pm)	Evelyn / Virgie
Choir (Sun 9am)	Raymond Javier
Choir (Sun 11am)	Therese / Debbie
K of C	Juan Herrera de la Fuente
CWL	Cristie Fausto
Lector: Weekdays	Martin Woo
Lector: Weekends	Suzanne Tkach
Prayer Group	Martin Woo
PREP	Irenaeus Lim
Project Advance	Laurence Tkach
RCIA	David & Angela Kan
Sacristan	Ray Albert
Ushers	Terry Charbonneau
Vocation	Martin Woo
Youth Group	Jocelle Taaca

THIS WEEK'S MASS INTENTIONS

Dec 05	Sat	8:30am	
Dec 05	Sat	5:00pm	RIP – Florence Langlois/Langlois Family
Dec 06	Sun	9:00am	INT - <i>Our Lady of Lourdes parishioners living & deceased</i>
Dec 06	Sun	11:00am	RIP – Raymond Lemay/Claudia Lemay
Dec 07	Mon	8:30am	RIP – Clayton Arthur Weeks/Freida Weeks
Dec 08	Tue	8:30am	
Dec 09	Wed	8:30am	
Dec 10	Thur	8:30am	
Dec 11	Fri	8:30am	RIP – Betty Lang/Irene & Allen Vanderbbek
Dec 12	Sat	8.30am	RIP – Francesco Bertani/Mary Farias
Dec 12	Sat	5.00pm	RIP – Laurent Pilon/Ghislaïne Pilon
Dec 13	Sun	9.00am	INT - <i>Our Lady of Lourdes parishioners living & deceased</i>
Dec 13	Sun	11:00am	INT – Thanksgiving/Mary Chow

Booking of Mass Intentions

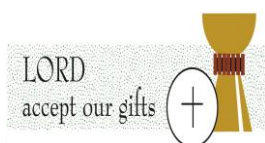
To book your mass intentions, please complete the forms in the Church, put it in a sealed envelope and drop it in the Sunday Collection basket (suggested minimum offering of \$10). Otherwise please book at the Parish Office during office hours.

Holy Communion

Anyone who is not able to attend mass and wishes to receive the Eucharist, please contact the Parish Office.

Prayer for the Sick

Please remember in your prayers our parishioners who are ill, especially Lina Aussant, Anne Carrick, Lena Chabot, Collin Chow, Gus Colling, Arthur Fourier, Rob Gilmour, Ruben Guzman, Maureen Jaeggler, Gilberte Knapp, Kathleen Lauzon, Francis Lee, Lita Olegario, Danny Olsen and Deocenesa Taaca. Through the intercession of Saint John Paul II we ask that you heal them O Lord. Give them love and strength we pray, through Christ our Lord.



Sunday's Collection: \$
Building Fund \$

(In your kindness, please remember Our Lady of Lourdes Parish in your bequests)

Live gratefully, give generously.

PROJECT ADVANCE

Diocesan Goal: \$8,500.00

Parish Goal:

To date, we have received

Thanks to all who have contributed.

You may drop off your donation in the collection basket or come to the parish office during office hours.

To donate online please visit www.rcav.org/giving

Stewardship Reflections:

"Prepare the way of the Lord..." - Mark 1:3

We are all called to live a holy life. We are all called to invite others to live holy lives. Living a stewardship lifestyle, being grateful and generous with our gifts, puts us on the path to holiness and is an example for others to be holy, too. We are responsible not only for our own lives, but for the lives of others as well.

December 2020



For the life of prayer

We pray that our personal relationship with Jesus Christ be nourished by the Word of God and a life of prayer.

Due to the on-going pandemic, masses are now cancelled until further notice.



The banner features the Knights of Columbus (BC) Charity Foundation logo on the left, which is a red cross with a white center containing a shield and a caduceus. The text "59th ANNUAL CHARITY APPEAL" is written in large, bold, blue letters. Below this, the website "KofCDraw.net/C3239" is highlighted in a red box. A dark blue banner at the bottom left says "WIN \$177,000 in prizes including a \$100,000 Grand Prize" and "Until January 30, 2021". On the right, a graphic shows "TICKETS only \$3" with a large red "3".

ARCHDIOCESAN EVENTS

* **Advent Mission: The Fulfillment of All Desire**

This LIVE, online Advent Mission will help you build a solid foundation for the spiritual journey! Each Sunday in Advent, from 5:00 until 6:00 pm, Dr. Ralph Martin will teach and answer questions on the first stages of the spiritual journey, as found in his book *The Fulfillment of All Desire*. This Advent Mission is for everyone! Ensure your foundations are still strong or discover the basic decisions and practices necessary to make further progress in the spiritual life!

Msr. Charles Pope said, "Of all the books on prayer I recommend, (this) is at the very top of my list. Anyone for whom I have been a spiritual director will attest that my first request of him or her is to obtain a copy . . . and begin reading it." Registration is FREE, but required and there is a viewership limit, so register soon and log in early on each day of the event to ensure access to the live feed and ability to participate in the Q&A sessions! Register online at beholdvancouver.org/events

* **Christmas 2020: Jesus, Our Living Hope**

This year's Christmas preparations will undoubtedly look different; the faithful of the Archdiocese will be challenged to make space intentionally in their hearts despite the obstacles presented by the pandemic. Our priests will be undertaking more work and some Christmas traditions will not be possible under current Provincial restrictions. As we journey through Advent to the joy of the Incarnation, may we, through the intercession of Our Blessed Mother, encounter Jesus, Our Living Hope. Learn more about this year's Christmas celebrations at rcav.org/christmas

* **Calmness Through Breath**

Are you overwhelmed stress and anxious about your all-consuming schedule? Would you like greater control over your response and the ability to self-regulate? If so, we invite you to join us for this 30- minute, five-week online workshop series on Thursdays at 10:00 am on Zoom.

The Calmness Through Breath online workshop series will explore an array of breathing techniques that will assist with the ability to self-regulate and calm your responsiveness. You will have an opportunity to learn and practice slow, controlled breathing techniques, which can reduce anxiety and feelings of stress and help to regulate heart rate and blood pressure. Learn more at beholdvancouver.org/events

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