



OUR LADY OF LOURDES  
COQUITLAM

FEBRUARY 15, 2026  
6th Sunday in Ordinary Time

# BULLETIN



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## WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

## HEALING

This week we celebrated the Feast of Our Lady of Lourdes, a story about healing. We celebrated that wonderful event of 167 years ago, when Our Blessed Virgin Mary revealed to the young Bernadette Soubirous that she was the Immaculate Conception. Ah, but you would be wrong to think we're celebrating something that happened long ago and is a relic of the past. No, we're celebrating the healing gift that Our Lady left us at Lourdes for all time. Thousands of people are there at this moment, seeking healing. Healing is a constant there. There are at least seventy full blown, documented, miraculous healings that have been scrutinized by scientists, medical doctors and most assiduously by the Catholic Church, that are proven to have no other explanation than healing at Lourdes. But there are many, perhaps millions of healings of many kinds and degrees. The pilgrimage to Lourdes alone can be a healing process.

The story of Our Lady of Lourdes and St. Bernadette is about healing the whole wide world. After the Fall, the world was a dark place until Our Lord Jesus Christ entered into humanity and brought the light. The story of the apparitions at the Grotto of Lourdes of the one who said, "*I am the Immaculate Conception*", is a **reminder of that light**, and specifically a reminder that all of humanity is born in sin, Original Sin, and yet Mary, the Mother of God was not. She is the great hope of humanity because through her Son, all people have the opportunity to see God face to face. We can all rise in sanctity and rid ourselves of our imperfections, our sinfulness and eventually become as perfect as we are meant to be. **That**

**is the ultimate healing, when we become the person God made us to be.** That's what we're all looking for.

Three weeks ago, I had a total hip replacement surgery. While healing, I am struggling to find my equilibrium, not just physically, but spiritually and emotionally. I'm striving to reach perfection. I'm struggling to come to terms with this deficiency in my person.

I am healing. A little bit every day, I see improvements but it's hard to see myself walking fast again, running over to help someone or to be hiking in the North Shore Mountains again. I can't see the end of my healing.

There are two great lessons in this for me: **we need invincible patience and humility is the only way forward.** My ego does not want to accept so much intimate help from friends and parishioners. Accepting that help is hard enough (yet entirely necessary) but what is harder is actually asking for help. It is a humbling experience. I hope I can learn the lessons well. **We need to rest in the Lord and there we will be healed.**

The Shrine at Lourdes and the Fountain of water that came out of the ground that Bernadette dug with her hands are physical testament to the power of our Catholic Faith and a spiritual testament to the world that God wants to heal us. As St. Bernadette told us, "We must have faith, we must pray: this water will have no virtue without faith."

I really do believe that the salvation of the world happens as each person surrenders himself to God. That is all that Jesus asks of us.

Peace,

*Father Larry*

## Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

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### Basement Reno Finishing and Management

Father Larry needs help in making some important decisions regarding the church basement. He needs your expertise! Please contact him or the parish office with your suggestions or offers to be "hands on" with the kitchen, stage, coffee bar, library or historical centre. We want to put our basement to good use, and soon!

### 2025 Income Tax Receipts

The 2025 income tax receipts are ready. Receipts for donation made physically through the parish, not online, are available for pick up at the front entrance. Please print up your receipts today. All remaining receipts will be mailed on Monday.

### Parish Renewal Tuesday Rosary

Everyone is invited to join in praying the Rosary for our parish, including its outreach to the community. The missional prayer Rosary will take place on **Tuesday morning 9:00 AM (after Mass) and at 5:00 PM.** We seek the outpouring of the Holy Spirit on our parish for the spiritual well-being and growth of our parishioners and a God-led awakening and welcome to our surrounding community. Please pray with us.

### Ash Wednesday

Ash Wednesday, and the start of Lent, is this Wednesday! Lent is a time of repentance and ashes are a strong symbol of that. In Scripture we can read how Daniel said, "I turned to the Lord God, to seek help, in prayer and petition, with fasting, sackcloth, and ashes." (Daniel 9:3) and the king of Nineveh after hearing the prophet Jonah "rose from his throne, laid aside his robe, covered himself with sackcloth, and sat in ashes" (Jonah 3:6). Jesus himself said, "Woe to you, Chorazin! Woe to you, Bethsaida! For if the deeds of power done in you had been done in Tyre and Sidon, they would have repented long ago in sackcloth and ashes." (Matthew 11:21) Let us take Ash Wednesday and the season of Lent seriously and not waste this time but turn away from anything that hinders our closeness with God. Ash Wednesday is a day of fasting and abstinence. Fasting is required from age 18 until age 59. Abstinence from meat is binding for all age 14 and up.

### Carney Presents "Frozen"



This year Archbishop Carney Theatre is proud to present Frozen: The Broadway Musical. When newly crowned Queen Elsa accidentally sets off an eternal winter in the town of Arendelle, her younger sister Anna, along with her friends Kristoff, Olaf and Sven go off on an adventure to find her sister and save the kingdom. Facing an unsuspected villain and unpredictable ice powers, Anna must fight alongside her friends to bring back summer. Frozen reveals how true love can come in many forms, and that the bond between sisters is something truly special. Presented at The Terry Fox Theatre **March 4-7, 2026 @ 7PM.** Tickets are \$20 at [acrss.org](http://acrss.org).

### Stations of the Cross

All are welcome to join in the Stations of the Cross every Friday during Lent at 6 pm. First Friday the Stations will be followed by Mass at 7 pm.



#### WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am  
There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

#### SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am  
English/French: Sun.: 11:00am

#### FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

#### CONFESSION SCHEDULE

Tues. to Sat. at 8:00am until 8:25am  
Sat.: 4:00 – 4:45 pm. Or by appointment.

#### ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00 pm.

#### HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

#### BAPTISM

By appointment only.

#### MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

#### FUNERAL

Contact Parish Priest before making arrangements.

#### SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.

## 40 DAYS FOR LIFE

THE BEGINNING OF THE END OF ABORTION

40 Days for Life is an internationally focused pro-life campaign with a vision to access God's power through prayer, fasting, and peaceful vigil for the protection of life from conception to its natural end. You are invited to take part by signing up individually or with your parish group. Daily Vigil **Feb. 18 to March 29, 7 am to 7 pm** 4818 Willow Street, Vancouver. You are also invited to join the nightly rosary online via Zoom at **8 pm**.

For more info, visit [beholdvancouver.org/events](http://beholdvancouver.org/events)

### THIS WEEK'S MASS INTENTIONS

14-Feb	Saturday	5:00 PM	INT	Thanksgiving for graces received
15-Feb	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
15-Feb	Sunday	11:00 AM	INT	Claudia Soto
16-Feb	Monday	8:30 AM	†	Dalocanog family
17-Feb	Tuesday	8:30 AM	†	Adelina Lamzon
18-Feb	Wednesday	8:30 AM	†	Karen Girard
18-Feb	Wednesday	7:00 PM	†	Francisco Moon Goo Lee
19-Feb	Thursday	8:30 AM	†	Walter Gutierrez
20-Feb	Friday	8:30 AM	†	John & Mary Dyczko
21-Feb	Saturday	8:30 AM	†	Ng Wan Mui



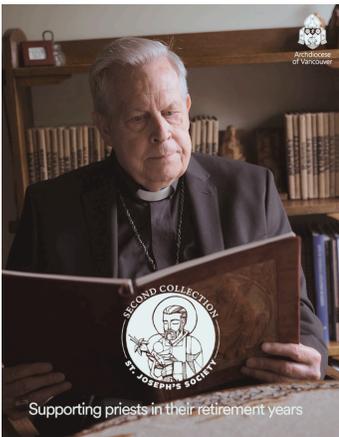
## Let's have breakfast together

Enjoy the **delicious taste of a warm pancake, sausage and egg breakfast.**

**March 1st (after the 9am and 11am masses)**

Children under 5 years old: **Free**    5 to 12 years old: **\$4**    Over 12 years old: **\$6**    Altar servers: **Free**

### St. Joseph's Society Second Collection



Next weekend's second collection supports our retired priests who have dedicated their lives to the Church. Here is an excerpt from a letter written by Archbishop Smith: *In our Archdiocese, priests are responsible for contributing to their own retirement through a pension plan administered by the St. Joseph's Society. Given their modest income, the Canada Pension Plan provides only limited assistance. As priests grow older, medical needs and the possibility of assisted or long-term care can place significant burdens on their resources. Although no longer assigned to parish ministry, many of our retired priests continue to serve by celebrating Mass, hearing confessions, and offering spiritual guidance as they are able. Their service reflects a lifelong commitment to the vocation they received at ordination. Your generosity to the St. Joseph's Society helps ensure that our retired priests are cared for with dignity and security. The Society assists with housing, medical care, and essential daily needs.* The full letter is available at the church entrance. Thank you for your support for our retired priests.

### PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

**Kathleen Lauzon, Gilberte Collette, Father Lucien Larré, Fernand Finnigan, Ozina Finnigan, Father Alan Boisclair, Jose (JoJo) Alonco, Ralph & Marguerite Roberts, Anna, Sister Claire Marie and Robert Magri.**

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

### COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **Couples for Christ** for sponsoring.

### PARISH MINISTRIES

**Alpha** Anthony Marroquin  
**Altar Servers** Marilyn Sarte  
**ACRSS Rep.** Sam Delli Santi & Elga Gonzalez  
**CWL** Josephine (Dollie) Basa  
**Choir** Roger De Villa & Agnes Wan  
**Couples for Christ** Jet & Jane Sarmiento  
**K of C** Anthony Marroquin  
**Lector** Dinah Lescano  
**Prayer Group** Alex & Nancy Lim  
**PREP** Marilyn Sarte  
**Pro-Life** Ting and Nercy Barona  
**Project Advance** Kathy Gorkoff & Francis Gutierrez  
**Ushers** Robert Tang & Terry Charbonneau

**Contact parish office for info.**

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