

SEPTEMBER 14, 2025

The Exaltation of the Holy Cross

# BULLETIN

## What's the Point?

*O you can't get to heaven*

*In Uncle John's shoes*

*Cause Uncle John's shoes*

*Are big as canoes.*

*I ain't gonna see my Lord no more!*

*(Old camp song)*

If you can't get to heaven in Uncle John's shoes, then how do you get to heaven? There must be a better way. Indeed!

We started up our PREP program on Wednesday evening. PREP is the Parish Religious Education Program for children who are Catholic but are not enrolled in a Catholic school. They get their faith education and sacraments through this program at the parish.

So, I was telling the students that the most important thing is to get to heaven. Everybody agreed – it is so important. But how do you get there is the question. Everyone wants to get to heaven, but nobody wants to pay the price. What does it cost?

Oh, only your life. But think about it, your life is a gift anyway. You didn't do anything to get it. It was given to you by God. And he keeps giving it to you every moment. Like even right now. He's holding you in being. You exist because he wills you to exist. He wills you to exist because he loves you.

So, our lives are worthless without him. We're so much better off when we offer our lives back to him. Otherwise, what's the point? So how we get to heaven, as the PREP students are learning, is by answering God's call.

St. Paul tells us that we must,

*...clothe yourselves in compassion and kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other, just as the Lord has forgiven you, so you must also forgive. **Above all, clothe yourselves with love which binds everything together in perfect harmony.***  
(Colossians 3:12-14)



And that my brothers and sisters is how we get to heaven. And as the PREP students will be able to tell you, **getting to heaven is the point!**

Peace, Father Larry



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## WELCOME


We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

## Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: **Fr. Larry Lynn**

 [llynn@rcav.org](mailto:llynn@rcav.org)

Admin. Assistant: Leanne Penco

 [office@olol.ca](mailto:office@olol.ca)



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# Hope Thrives Here

PROJECT  
ADVANCE  
2025

Project Advance, as most people are aware, helps fund good and important initiatives around the archdiocese and here at Our Lady of Lourdes. With the near completion of our basement renovation, we are looking forward to the many ways we will be using this space. But first, we need fixtures, furniture and equipment (FFE) to make the space useable. This includes tables and chairs, kitchen appliances, audio-visual equipment and more. This year's appeal will fund the purchase of these items. Please be generous in your support. To give, you can drop your Project Advance donation in the collection basket, go online to [projectadvance.ca](http://projectadvance.ca) or call 604-683-0281. Thank you!

## Retrouvaille Weekend Marriage Retreat

Is your marriage going down the right road . . . or is it a little off track? Life can be difficult, and so can the challenges you face in marriage. Retrouvaille can help and offers hope for a better relationship. Retrouvaille is a peer ministry of volunteer couples that can help you learn the tools of healthy communication, build intimacy and heal, just as they have done in their own marriages. Retrouvaille is Christian-based, and Catholic in origin, but welcomes couples of all faiths as well as non-religious couples. For more information about our upcoming **October 17 – 19, 2025** Retrouvaille Weekend program in Gibsons BC, contact registration team: 604-530-6710 or visit our website: [helpmymarriage.ca](http://helpmymarriage.ca)

## Liturgy Seminar

Are you in awe of the Mass? Are you interested in knowing more about the liturgy? Come and learn the basics about the liturgical calendar, sacred vessels, vestments, the role of the sacristan and more. Father Larry is offering this seminar to those who want a better understanding of this essential element of our Catholic faith. **Saturday, Sept 27 from 10:30 am to noon.**



## RCIA

Do you know someone who is interested in becoming Catholic or in learning about the Catholic faith? Our RCIA team explains the faith, answers the tough questions, and accompanies the inquirers on their journey. RCIA meets **Thursday evenings at 6 pm, starting September 25**. Let your family, friends and acquaintances know about this opportunity to learn and have their questions answered.

For more information, please contact the parish office.

## PREP

PREP, our religious education program for school children not enrolled in a Catholic school, started on **Wednesday, Sept 10 at 6:30 pm** but it is not too late to enroll your child(ren)! The purpose of PREP is to assist parents in teaching their children about the Catholic faith and to help prepare them for the sacraments of Reconciliation, Communion and Confirmation.

For more information about PREP or to register, email Marilyn at [mvsarte@hotmail.com](mailto:mvsarte@hotmail.com)

## WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am  
There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

## SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am  
English/French: Sun.: 11:00AM

## FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

## CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am  
Sat.: 4:00 – 4:45 pm. Or by appointment.

## ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00 pm.

## HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

## BAPTISM

By appointment only.

## MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

## FUNERAL

Contact Parish Priest before making arrangements.

## SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.

## THIS WEEK'S MASS INTENTIONS

### UPPER ROOM

#### Conference 2025

Come be inspired, equipped and sent out as a disciple to proclaim Jesus! The Upper Room Conference, hosted by the Archdiocese of Vancouver together with Life Restoration Ministries, is a response to Pope Leo XIV's invitation to continue being a missionary Church. Through inspiring talks, Spirit-led conversations, and parish-based follow-up gatherings, this two-part experience will help you clarify your personal call to evangelize and strengthen your impact in ministry. Join us on **Saturday, September 20 at Pacific Academy in Surrey** and again for local gatherings on **Saturday, September 27** as we grow together in faith and mission. For more information and to register go to [upperroomvancouver.com](http://upperroomvancouver.com).

13-Sept	Saturday	5:00 PM	✝	Peiris family
14-Sept	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
14-Sept	Sunday	11:00 AM	INT	Miraflor Valerio
15-Sept	Monday	8:30 AM	INT	Special Intention
16-Sept	Tuesday	8:30 AM	✝	Andy Beauregard
17-Sept	Wednesday	8:30 AM	INT	Thanksgiving
18-Sept	Thursday	8:30 AM	✝	Sabino Antonio
19-Sept	Friday	8:30 AM	INT	Byrne & Jane McNamara
20-Sept	Saturday	8:30 AM	✝	Annetta Trevisan

### The Fourteenth Annual Archbishop's Dinner

Join Archbishop Richard Smith on **Wednesday, October 22, 2025**, at the Hyatt Regency in Vancouver. This special evening will bring together Catholics from across the archdiocese to celebrate our faith, share in fellowship, and support a new fund that empowers women facing adversity. Father Larry will be attending. If you are interested in joining him at the Our Lady of Lourdes table, please contact the parish office. For more information visit [rcav.org/dinner2025](http://rcav.org/dinner2025)

### Second Collection: Healing & Reconciliation Sept. 13-14, 2025

This weekend's second collection will help support our Indigenous brothers and sisters. Your donation will fund projects that are determined locally in collaboration with First Nations, focusing on: Culture and language revitalization; Education and community building; Dialogue for promoting indigenous culture.

Make a tax-deductible donation in person at the parish or online at [rcav.org/healing-and-reconciliation](http://rcav.org/healing-and-reconciliation). Thank you for your generous support!

### Youth Night is Back!



After a summer break we are pleased that our Youth Night is back. All youth are welcome for an evening of ping pong, board games and camaraderie. **Friday evenings at 6 pm in the Upper Hall.**

### Shorebound – Inter-Apostolic Youth Conference

Join us for Shorebound, a full-day event to pray and grow alongside like-minded youth from across the Archdiocese of Vancouver. No matter where you are in your faith journey, this conference is for you. Open to youth and young adults ages 12 to 25. Reconnect with your faith, rediscover the joy of walking with God, and be reminded that God has never stopped calling you home. **Saturday, September 20, at 8 am to 9 pm** at Precious Blood Parish, Surrey. Learn more and register at [beholdvancouver.org/events](http://beholdvancouver.org/events).

### PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

**Kathleen Lauzon, René & Gilberte Collette, Father Lucien Larré, Fernand Finnigan, Ozina Finnigan, Father Alan Boisclair, Jose (JoJo) Alonco, Ralph & Marguerite Roberts and Sister Claire Marie.**

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

### COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **CWL** for sponsoring.

### PARISH MINISTRIES

**Alpha** Anthony Marroquin  
**Altar Servers** Marilyn Sarte  
**ACRSS Rep.** Sam Delli Santi & Elga Gonzalez  
**CWL** Josephine (Dollie) Basa  
**Choir** Roger De Villa & Agnes Wan  
**Couples for Christ** Jet & Jane Sarmiento  
**K of C** Anthony Marroquin  
**Lector** Thelma Papas  
**Prayer Group** Alex & Nancy Lim  
**PREP** Marilyn Sarte  
**Pro-Life** Ting and Nercy Barona  
**Project Advance** Kathy Gorkoff & Francis Gutierrez  
**Ushers** Robert Tang & Terry Charbonneau

**Contact parish office for info.**



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