

The Sacrament of Reconciliation

What if you were given the greatest gift ever? A gift that could save you innumerable hours of anguish, guilt, and shame. A gift that helps you navigate through the spiritual and moral traps that are like land mines in the field of life. A gift that was instrumental in saving your soul and was the gift that essentially prepared you for your final end: to be with God and see him face to face? And you took that gift, and still in its wrapping, put it in the closet and left it there? And maybe, every now and then, like maybe once a year, you take it out and dust it off?

There is such a gift that we are all given in baptism because once we walk through the gateway to the sacraments that baptism is, we receive access to many great gifts from God. Among them, we may receive the Holy Eucharist and the Sacrament of Reconciliation. Of course, the gift I am referring to here is the Sacrament of Reconciliation, also known as confession.

I've heard many reasons that some people use for avoiding confession. I think all of us have wounds that are unhealed and a fear that we can't quite trust God because he's angry and vengeful and so we're afraid of him. But we need not be. We misread God when we think like that. Our God is merciful, and he loves us and only wants our good, he wants us to be with him always. He's more like a loving father who wants to pick us up and hold us in his arms. He wants us to come to the healing sacrament of confession to give us the grace and the spiritual healing and nourishment we need to successfully cross through the minefield that is our life.

We all have the opportunity to have confession during the penitential season of Lent. Throughout the deanery, special evenings of the Sacrament of Reconciliation are being held in the parishes. Please see the list inside this the bulletin. Our Lady of Lourdes will be hosting confessions with four priests on Tuesday April 1 at 7:00 PM. Wherever you go, please go to confession.



Peace,
Father Larry

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WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: **Fr. Larry Lynn**

llynn@rcav.org

Admin. Assistant: Leanne Penco

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Stations of the Cross

The Stations of the Cross are a prayerful, powerful way to focus on Jesus' Passion. There are short prayers at each of the 14 Stations, allowing us to pray and meditate on each specific part of Jesus' final journey. All are invited **every Friday during Lent at 6 pm**, followed by **Mass at 7 pm**.

Three crosses



There were three crosses on Golgotha. All three people were suffering, condemned, and waiting to die a very painful death. But their attitudes were very different. We can learn from them as we consider our own attitude when presented with our crosses. Will we reject it, like the one who taunted Jesus? The bad thief remained hard-hearted and focused on himself, with no remorse, no humility, no faith. The good thief, accepted his cross. His eyes were not so much on himself as on Jesus. He had faith and hope even while recognizing his own guilt and the just punishment he received. On the centre cross hung Jesus, who embraced the cross, which he knew is the way of our salvation. Out of a love for us that would do absolutely anything, he went beyond mere acceptance of the cross to rejoicing that it would unite us to him forever. *For the joy set before him he endured the cross (Hebrew 12:2).* How do we face our cross? Reject it? Accept it? Embrace it?

"The Holy Father greatly appreciates the dedicated work that you and everyone involved in 40 Days for Life are engaged in to promote respect for the loves of all unborn children. His Holiness assures you of his prayerful support for you, your colleagues and all those whose prayer, fasting and sacrifices are saving countless lives and giving glory to God." *Vatican Secretariat of State*

All are welcome to join Father Larry for the pro-life Mass at Corpus Christi Parish, 6350 Nanaimo St, Vancouver, at 8 am on April 5. After Mass, head out to the 40 Days for Life vigil site at 32nd and Willow. Learn more at beholdvancouver.org/events or call the parish office.

Lenten Penitential Services

Confession is a beautiful sacrament in which we receive God's forgiveness, mercy and love. There are many opportunities for Confession this Lent. Penitential Services at nearby parishes, all starting at **7 pm**, are listed below. Many priests will be on hand to hear your Confession. Come, be cleansed and ready for the resurrection of Jesus at Easter.



Tues., April 1 - Our Lady of Lourdes, Coquitlam

Wed., April 2 - Our Lady of the Assumption, PoCo

Thurs., April 3 - All Saints, Coquitlam

Tues., April 8 - Our Lady of Fatima, Coquitlam

Wed., April 9 - St. Clare's, Coquitlam

Fri., April 11 - St. Patrick's, Maple Ridge

Tues., April 15 - St. Luke's, Maple Ridge

Farewell Events for Archbishop J. Michael Miller, CSB



Join us in celebrating Archbishop Miller's 50th Anniversary of Priestly Ordination and his 16+ years of service to the Archdiocese of Vancouver. Due to limited capacity, we ask that you register for **only one of the two events**, allowing as many people as possible the opportunity to attend:
Option 1: Farewell Dinner **Tuesday, April 29, 6:30 pm** at the Italian Cultural Centre, Vancouver \$100/ticket

Option 2: Farewell Mass **Tuesday, May 13, 7 pm** at Holy Rosary Cathedral, Vancouver. Free (Advance registration required online). Registration opens Tuesday, April 1, 8 am at rcav.org.

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am
There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am
English/French: Sun.: 11:00AM

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm
Adoration: 9:00am – 10:00am and 5:45pm – 6:45pm

CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am
Sat.: 4:00 – 4:45 pm. Or by appointment.

ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00pm.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.

Email Trouble



We are having some IT issues with our new email address and cannot access it. Please use our old address, ourladyoflourdesparish@gmail.com while we resolve this issue. If you sent an email to office@olol.ca and did not receive a reply, kindly re-send to the gmail address.

Youth Hike Planning Meeting April 1

Youth! Parents! Come to an informational meeting about our awesome hike with Father Larry to Lighthouse Park on Easter Monday, April 21. Come to the planning meeting in the Upper Hall on **Tuesday, April 1 at 5:30 pm sharp**. Enjoy some delicious pizza and find out what's happening!



Pizza



THIS WEEK'S MASS INTENTIONS

29-Mar	Saturday	5:00 PM	✝	Elizabeth Moore
30-Mar	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
30-Mar	Sunday	11:00 AM	✝	Liliana Fuenzalida
31-Mar	Monday	8:30 AM	INT	Alin Rodjito
1-Apr	Tuesday	8:30 AM	✝	Armand Bilodeau
2-Apr	Wednesday	8:30 AM	✝	Helena & Jan Dziemianczyk
3-Apr	Thursday	8:30 AM	✝	All Souls in Purgatory
4-Apr	Friday	8:30 AM	INT	Victoria Wickey
4-Apr	Friday	7:00 PM	✝	Efren Santiago
5-Apr	Saturday	8:30 AM		No Mass

Food for Families – 40 Cans for Lent

Will you help feed the poor? The Knights of Columbus are collecting non-perishable food items during Lent, and we are inviting you to help us. After every Sunday Mass during Lent, you can drop off your non-perishable food cans/items (at least 6 months before the expiry date) at the box labeled **"40 CANS FOR LENT"** by the church entrance. The food items will be donated to the Food Bank after Easter. Thank you for your help!

Healing After Abortion

Rachel's Vineyard weekend retreat offers a beautiful opportunity for healing to any woman or man who has struggled with the emotional or spiritual pain of an abortion. The retreat is a chance to get away from the daily pressures of work and family, to focus on a painful time in life, and to begin healing through a supportive and non-judgmental process. Rachel's Vineyard Retreat focuses on God's love and forgiveness in a relaxed environment and welcomes individuals of all Christian denominations. The next retreat is **May 23-25**. For confidential information call 604-525-0999 or email info@pacscanada.org.

Catholic Youth Conference

All high school youth are invited to the Catholic Youth Conference, hosted by the Archdiocese of Vancouver. This exciting, full-day event is designed for students in grades 8-12, as well as youth ministry leaders, teachers, and mentors. Come enjoy some inspiring talks, meaningful prayer time, uplifting music, and delicious food! **Saturday, May 3, 10 am to 9 pm at Archbishop Carney Secondary School** in Port Coquitlam. Learn more and register as a group by April 25 at cyc.rcav.org.

PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Kathleen Lauzon, René & Gilberte Collette, Father Lucien Larré, Fernand Finnigan, Ozina Finnigan, Father Alan Boisclair and Jose (JoJo) Alonco.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **PREP** for sponsoring.

PARISH MINISTRIES

Alpha Anthony Marroquin
Altar Servers Alex Lim
ACRSS Rep. Irenaeus Lim & Elga Gonzalez
CWL Josephine (Dollie) Basa
Choir Roger De Villa & Agnes Wan
Couples for Christ Jet & Jane Sarmiento
K of C Anthony Marroquin
Lector Thelma Papas
Prayer Group Alex & Nancy Lim
PREP Marilyn Sarte
Pro-Life Ting and Nercy Barona
Project Advance Kathy Gorkoff & Francis Gutierrez
Sacristan Alex Lim
Ushers Robert Tang & Terry Charbonneau
Contact parish office for info.

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Gardens of Gethsemani Catholic Cemetery

You're invited to our annual Spring Open House! **Friday, April 4 9 am to 6 pm; Saturday, April 5 9 am to 4 pm.** Tour our grounds on our bus, including our newly expanded section near the Eternal Pagoda of Light. Take advantage of **20%** off burial space all parishioners receive, as we care for our Catholic family being together in our sacred grounds.



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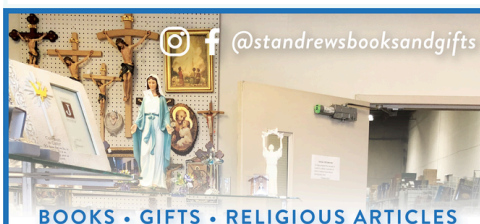
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