



OUR LADY OF LOURDES
COQUITLAM



Welcome

Welcome to all visitors! We are pleased that you are here. Father Larry, our pastor, would be delighted to meet you; please introduce yourself to him after Mass.

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am

There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

SUNDAY MASS

English:

Sat.: 5:00pm and Sun.: 9:00am

English/French: Sun.: 11:00am

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

CONFESSION SCHEDULE

Tues. to Sat. at 8:00am until 8:25am

Sat.: 4:00 – 4:45 pm. Or by appointment.

ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00 pm.

AUGUST 2, 2026

18th Sunday in Ordinary Time

BULLETIN



Jesus Feeds the Five Thousand

Matthew 14.13-21

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: **Fr. Larry Lynn**

 llynn@rcav.org

Admin. Assistant: Leanne Penco

 office@olol.ca



828 Laval Square, Coquitlam, BC V3K 2E6



Office Hours: 9:00am – 12:00pm; 1:00pm–3:00pm



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PREP Catechists Needed

Make a difference in the spiritual life of a child and join our dedicated, fun and amazing team! If you enjoy working with children, can dedicate a couple of hours per week and commit from Sept-May on Wednesdays, we would love to hear from you!

No experience necessary; we will provide training. All catechists must complete our Safe Environment process which includes a Criminal Record Check.

For more information, please contact Marilyn at mvsarte@hotmail.com



Upper Room Conference

This year's Upper Room Conference will explore the theme that our life is a mission field, and that by virtue of our baptism, we are already sent on mission. Through powerful keynote sessions from Chris Stefanick, Megan Andres, and a conversation between Archbishop Smith and Eric Chow, as well as breakout sessions to equip you for your specific mission, Upper Room invites you to receive, be inspired, and renewed in where the Lord is calling you. Saturday, October 3 from 9:00 am to 5:00 pm at Pacific Academy, Surrey. Register at upperroomvancouver.com by September 25.

The Men's Retreat: Ancient Path

Men ages 19+ are invited to The Men's Retreat: Ancient Path on September 11 to September 13, 2026. This retreat will invite you to gain clarity on how to move through the world that will bring you to a place of peace and ease in how you hold your life.



Build meaningful brotherhood with other men pursuing the same path, step away from the noise, and find rest for your soul in the mountains. This weekend is an opportunity to reflect, pray, and reconnect with what matters most.

Registration closes on Friday, August 21. This is a popular retreat which typically sells out each year, so you are encouraged to register early and secure your spot. Register and learn more at rcav.org/mens-retreat

Pilgrimage to the Our Lady of Lourdes Grotto, Mission

St. Joseph's Parish, Mission, invites you to the historic Fraser River Heritage Park on August 15 to celebrate the Holy Eucharist in honour of Our Lady at 1 pm. The principal celebrant will be Archbishop Richard Smith. After the Mass, there will be a procession to the grotto where the rosary will be prayed, followed by the Benediction of the Most Blessed Sacrament. All are welcome! Please bring your own picnic lunch and chairs. Confessions will be heard on site at 10 am. Learn more at beholdvancouver.org

The B.C. Catholic - New Publishing Schedule

The B.C. Catholic will continue serving readers through a renewed print and digital model. The final weekly newspaper has been published, and beginning in July, readers can follow The B.C. Catholic each week through a new email digest. A redesigned monthly print edition will launch in September and will continue to be mailed to homes through Canada Post. Sign up for the new weekly email at bccatholic.ca/digest

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

BAPTISM

By appointment only.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.



Bottle Drive

Please drop off your recyclables, in clear plastic bags, in the large wooden bin outside, on the north side of the church. Access is from the parking lot and down the stairs. We accept aluminum cans, plastic bottles, glass bottles, milk and juice containers.

Please mind the rules:

- Rinse out the bottles and containers
- Drain the bottles and containers so there is no liquid left inside
- Wipe any sticky spots off the exterior
- No garbage or 'extras' like Starbucks cups or random cardboard

THIS WEEK'S MASS INTENTIONS

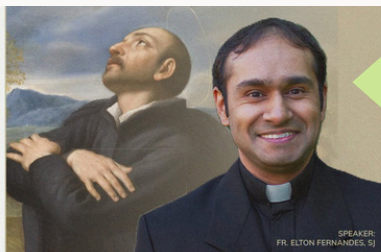
1-Aug	Saturday	5:00 PM	INT	Angie Solidum
2-Aug	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
2-Aug	Sunday	11:00 AM	INT	Thanksgiving
3-Aug	Monday	8:30 AM	✝	Dimatulac family
4-Aug	Tuesday	8:30 AM	INT	Mia Grace Lynn
5-Aug	Wednesday	8:30 AM	✝	Josefina Camingue
6-Aug	Thursday	8:30 AM	✝	Sofia Valentin
7-Aug	Friday	8:30 AM	INT	Paul Cunha
7-Aug	Friday	7:00 PM	INT	Nieve Eva Castro
8-Aug	Saturday	8:30 AM	✝	Deduque family

Assumption of the Blessed Virgin Mary Mass

Everyone is welcome to a special Mass in honour of the Assumption of the Blessed Virgin Mary. The Assumption of Mary is important because it confirms that this extraordinary reversal of death is not limited to Christ. If Mary can be resurrected, body and soul, into heaven so can we who share in her humanity. Music will be provided by MOTET, a local chamber choir who sing sacred polyphonic and chant music. Mass is at Our Lady of the Assumption Parish, in English, at 7 pm on Friday, August 14. A reception follows.

Two Evenings of Ignatian Spirituality

Join Fr. Elton Fernandes, SJ for two evenings of Ignatian spirituality exploring healing and discernment.



● FRIDAY
AUGUST 7
7PM

Receiving Inner
Healing from Christ

Receiving Inner Healing from Christ – Reflecting on the Life of St. Ignatius and Our Own Lives

Friday, August 7, 7 pm
St. Peter's Parish, New Westminster

Discernment: Discovering Christ's Voice in My Life

Monday, August 10, 7 pm
Our Lady of Mercy Parish, Burnaby



● MONDAY,
AUGUST 10
7PM

Discernment:
Discovering Christ's
Voice in My Life

PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Kathleen Lauzon, Gilberte Collette, Ozina Finnigan, Father Alan Boisclair, Jose (JoJo) Alonco, Ralph Roberts, Anna, Sister Claire Marie and Robert Magri.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **Knights of Columbus** for sponsoring.

PARISH MINISTRIES

Alpha Anthony Marroquin
Altar Servers Marilyn Sarte
ACRSS Rep. Sam Delli Santi & Elga Gonzalez
CWL Josephine (Dollie) Basa
Choir Roger De Villa & Agnes Wan
Couples for Christ Sydney and Noemi Tanudtanud
K of C Anthony Marroquin
Lector Jannie Delli Santi
Prayer Group Alex & Nancy Lim
PREP Marilyn Sarte
Pro-Life Ting and Nercy Barona
Project Advance Kathy Gorkoff
Ushers Robert Tang & Terry Charbonneau

Contact parish office for info.

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