



OUR LADY OF LOURDES

COQUITLAM



IN THIS ISSUE

PAGE 1

- STEWARDSHIP REFLECTION

PAGE 2

- MUSTARD SEED PROJECT
- 40DAYS FOR LIFE
- ASH WEDNESDAY FASTING AND ABSTINENCE
- PARISHIONER CONSULTATION ON BASEMENT RENOVATION

PAGE 3

- MASS INTENTIONS
- PRO-LIFE MASS AND VIGIL
- A CALL FOR LAST YEAR'S PALMS
- THE IMPORTANCE OF BEING ERNEST
- PROCLAIM ACCOMPANIMENT TRAINING
- FIAT YOUNG WOMEN'S RETREAT

WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

FEBRUARY 23, 2025

BULLETIN

Stewardship Reflection Seventh Sunday of Ordinary Time The Facts of Life

Forty Days of Lent will begin in a week and a half, and it will coincide, not coincidentally, with the 40 Days for Life Campaign. 40 Days for Life is the single largest coordinated activity to promote the value of human life in the world. It is a stand against the killing of innocent human life in all its forms, starting with abortion and euthanasia, but includes actions that reduce the dignity of human life through torture, murder, human trafficking, slavery, and any other form of violence against or neglect of human beings. It's about life. And especially it is about the dignity of human life.

What do you think? Is that a cause that you feel like you could get behind? Of course it is, if you thought that the dignity of human life was under attack. Well, it is. To say that human life is precious and needs to be protected seems to me to be so obvious. But many would disagree. They may think that abortion or euthanasia are positive, even necessary actions.

I would ask those people what they believe a life is. Where does it come from? If you've been reading my reflections for the last month or so, you would be able to respond that we are the Imago Dei. We are made in the image and likeness of God and that we all are equal in dignity, no matter our circumstances.

Fifty years ago, almost everybody would have agreed with that fact. What has changed? There are, of course the politics of progression, led by philosophers who deny the existence of God: Schopenhauer, Nietzsche, Marx, Sartre, Freud, Singer, et al. . These people's thinking has been infused into how society thinks and speaks about human life. Just listen to any high-school kid tell you all about "reproductive rights"

yet afford no acknowledgement that life in the womb is, in fact, a life as worthy as any other.

40 Days for Life seeks, in prayer, to put an end to those forms of killing mentioned above and also to bring to light the technologies that lead to the breaking down of the human experience into discrete parts that benefit a commercial agenda, such as in vitro fertilization, gamete donation, commercial surrogacy, fetal farming, cryopreservation (freezing embryos). These are some the way our society thinks, and it leads to dehumanization which creates a moral disconnection. If the embryo, the gamete, the fetus, the comatose, the disabled, the Downs-Syndrome person, - if they are dehumanized, they are fair game to eliminate, to kill. And that is what we have in this great divide between pro-life and whatever you want to call the other side.

If they are human, then let us work with them, help them, share their suffering. I want to leave you with **a few facts** and ask you to contemplate that the numbers presented here represent human lives.

According to the World Health Organization there are around **73 million** (reported) **abortions committed each year.**

In the world, 3 out of 10 of all pregnancies end in induced abortion.

There were 97,211 abortions performed in clinics and hospitals in Canada in 2022, according to the Canadian Institute for Health Information (CIHI).

In 2023, 15,343 people died by euthanasia in Canada. (5% of all deaths) By the end of 2023, there were 60,301 deaths from euthanasia since 2016, the year euthanasia was made legal.

Join us in the 40 Days for Life prayers and activities to stop the dehumanization of humanity and promote the dignity and the sanctity of human life.

Peace, Father Larry

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: **Fr. Larry Lynn**

 llynn@rcav.org

Admin. Assistant: Leanne Penco

 office@lol.ca



828 Laval Square, Coquitlam, BC V3K 2E6



Office Hours: 9:00am - 3:00pm | Mon - Fri



(604) 936-1311



(604) 936-3911



LOLOL.ca



[LOLOLCoquitlam](https://www.facebook.com/LOLOLCoquitlam)



[LOLOLCoquitlam](https://www.instagram.com/LOLOLCoquitlam)



What is the mustard seed?

Parishioner Consultation on Basement Renovation

All parishioners are encouraged to come, on either **Saturday, March 1 at 6 pm** (after the 5 pm Mass) or **Sunday, March 2 at 1 pm**, to the Upper Hall for a discussion about the basement renovation. Father Larry will lead the conversation together with a member of the Building Committee and Finance Council.

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am
There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am
English/French: Sun.: 11:00AM

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm
Adoration: 9:00am – 10:00am and 5:45pm – 6:45pm

CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am
Sat.: 4:00 – 4:45 pm. Or by appointment.

ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00pm.

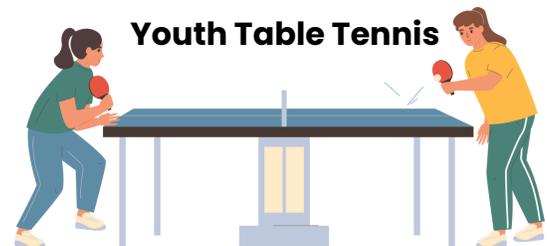
40 DAYS FOR LIFE

THE BEGINNING OF THE END OF ABORTION.

Each day during 40 Days for Life, individuals, churches, families, and groups will be asked to join together in prayer for a specific request so the entire Body of Christ can unite around a common focus – the preservation of human life.

Ash Wednesday Fasting and Abstinence

Lent is coming soon! Ash Wednesday, the first day of Lent, is only a week and a half away. Ash Wednesday and Good Friday are days of fasting and abstinence. What is the difference between the two? **Fasting** is refraining from eating any food. It can be total with no food or drink at all, or, as the Church allows, to eat one main meal and two smaller meals, with no solid foods in between. (Fasting is required year-round one hour before receiving the Eucharist; no food or drink other than water.) **Abstinence** is not eating one particular food. In the Catholic context, it refers to refraining from eating meat on Fridays. (In Canada, all Fridays are days of abstinence, not just the Fridays in Lent.) These actions are penitential in nature, to honour Jesus' sacrifice and unite our suffering to his.



Youth Table Tennis

All youth are invited to play table tennis on Friday evenings. Our table tennis program runs **every Friday, starting at 6:30 pm** in the Upper Hall. No worries if you don't know how to play yet. Come and join the fun!

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.

THIS WEEK'S MASS INTENTIONS

22-Feb	Saturday	5:00 PM	✝	Raymond Albert
23-Feb	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
23-Feb	Sunday	11:00 AM	✝	Fe Ysonza
24-Feb	Monday	8:30 AM	✝	Cirilo Jose H Odulio
25-Feb	Tuesday	8:30 AM	✝	Borgonos family
26-Feb	Wednesday	8:30 AM	✝	Biscocho family
27-Feb	Thursday	8:30 AM	INT	Jorge H Odulio
28-Feb	Friday	8:30 AM	✝	Conejos family
1-Mar	Saturday	8:30 AM		No Mass

A CALL for last year's palms



Please bring last year's palms to the church by next weekend (Mar 1/2). They will be burned and the ashes used for Ash Wednesday.

Proclaim Accompaniment Training

This one-day workshop will activate participants in the art of accompaniment in evangelization. This workshop is ideal for those accompanying others on their journey towards Jesus and into discipleship of Jesus— CCO Faith Study leaders, Alpha hosts, Rescue guides, RCIA and PREP catechists, and ministry coordinators of ministry are welcome!

Corpus Christi Parish, Vancouver.
Saturday March 1, 9:00 a.m. to 4:00 p.m. Register by February 24 at beholdvancouver.org/events.

Pro-Life Mass & Vigil

We warmly invite you to a profound spiritual event at:



Precious Blood Parish

17475 59 Ave, Surrey, BC V3S 1P3



Saturday, March 1 at 9:00 AM.

Celebrant: **Father Larry Lynn**, Pro-Life Chaplain of the Archdiocese of Vancouver. See you there!

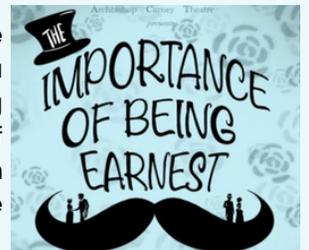
Women of the Bible: FIAT Young Women's Retreat

Single young women (ages 18-35) are invited to a weekend of faith, fellowship, and renewal at Carmel Hill - Little Flower Monastery in Deroche, BC. Explore the lives of key women in the Bible and be inspired by their journey. Connect with other young women and Religious Sisters through prayer, reflection, and community. The retreat fee is \$200, including accommodations, meals, and materials. Financial assistance is available. Register by March 1 at beholdvancouver.org/events. or contact Sister Mary Martha at smmhetzler@rcav.org

Archbishop Carney Secondary School Theatre



Archbishop Carney Theatre proudly presents The Importance of Being Earnest by Oscar Wilde. It is a humorous farce about two young gentlemen living in 1890's England who are seeking the attention of the same woman. The show runs **March 6-8 at 7 pm at the Terry Fox Theatre**. Tickets are \$18 and are available at acrss.org or by scanning the QR code.



PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Kathleen Lauzon, René & Gilberte Collette, Father Lucien Larré, Fernand Finnigan, Ozina Finnigan, Father Alan Boisclair and Jose (JoJo) Alonco.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **Choir** for sponsoring.

PARISH MINISTRIES

- Alpha** Anthony Marroquin
 - Altar Servers** Alex Lim
 - ACRSS Rep.** Irenaeus Lim & Elga Gonzalez
 - CWL** Josephine (Dollie) Basa
 - Choir** Roger De Villa & Agnes Wan
 - Couples for Christ** Jet & Jane Sarmiento
 - K of C** Anthony Marroquin
 - Lector** Thelma Papas
 - Prayer Group** Alex & Nancy Lim
 - PREP** Marilyn Sarte
 - Pro-Life** **Ting and Nancy Barona**
 - Project Advance** Kathy Gorkoff & Francis Gutierrez
 - Sacristan** Alex Lim
 - Ushers** Robert Tang & Terry Charbonneau
- Contact parish office for info.**

PLEASE SUPPORT OUR ADVERTISERS



ALLONE ELECTRIC LTD.
 -Commercial - Residential - Data/Tel
Frank: 604-726-0002
Kam: 778-237-6360

PLACE YOUR AD HERE

Call Parish Office



(604) 936 -1311

Birthright Volunteers Needed

Birthright Vancouver is currently looking for volunteers who can commit three hours a week on a weekday morning or afternoon to this mission. Training provided.

Contact: 604-687-7223 or
 birthrightvancouver@gmail.com.

BURQUITLAM FUNERAL HOME

ESTABLISHED 1964

PHONE: 604-936-9987

815 BRUNETTE AVENUE
 COQUITLAM, BC V3K 1C5
 FAX: 604-936-6912

info@burquitlamfuneralhome.ca

www.BurquitlamFuneralHome.ca

Serving Our Catholic Community Since 1908
 We believe that locally-based, Family owned funeral homes are an important part of any community



Kearney
BURQUITLAM FUNERAL HOME
 FAMILY OWNED



Mike Crean Ryan Crean

You can help your family by Pre-Planning.



Linda Mizuguchi Mike Garisto

Make carefully-considered, pressure-free decisions that are the right choices for you and your family.

Pre-Need Advisor Pre-Need Manager
 604 936 9987 604 312 9799

Call today to ask about our FREE Pre-Planning guide and how to save money by locking in costs.

New Westminster **Burquitlam**
 604 521 4881 604 936 9987
 219 6th St. 815 Brunette Ave.

f @ Vancouver | Burnaby | Cloverdale

www.KearneyFS.com www.BurquitlamFuneralHome.ca

BSR Family Holdings Ltd.

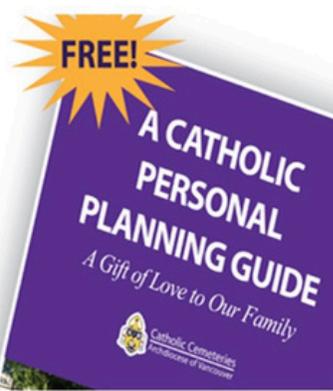


Catholic Cemeteries
 Archdiocese of Vancouver

It's never too early to plan.

Call **604-531-2141**

or to download our free planning guide visit www.rcav.org/FreePlanningGuide



Raincoast Funeral and Cremation Services Ltd.

Compassionate Professional Affordable

Arrangements in your home or at our office:

116-618 E. Kent Avenue South, Vancouver, BC

Call us

24 hours a day

604-326-1454

info@raincoastfs.com

Michelle J. Vizena

www.raincoastfs.com

Co-Owner, Licensed Funeral Director
 Parishioner of Good Shepherd Church

Quality and affordable

Funeral & Cremation Services

See the potential?

Life begins at conception



Pregnant NEED HELP? 1-800-712-4357
Love4Life.ca



Love4Life.ca can help you to reach further than ever before.

CRISIS PREGNANCY HELP LINE
1.800.712.4357



BOOKS • GIFTS • RELIGIOUS ARTICLES



Unit 106 - 3686 Bonneville Place, Burnaby
www.standrewschurchsupply.com

604-875-1441



Sutton 1st West Realty

CK Paik
 Team Howus

604-722-2525
ckpaik@hotmail.com

Selling or Buying House, Town House, and Condos!
 CK Paik (Crescence) 18 Years
 Top 10% Medallion Club Member
 20 Years Experience

Please Remember Our Lady of Lourdes Parish in Your Will. Thank you!