



OUR LADY OF LOURDES
COQUITLAM



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WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

FEBRUARY 22, 2026
1st Sunday of Lent

BULLETIN

Message of Holy Father Leo XIV for Lent 2026 (excerpts) *Listening and Fasting: Lent as a Time of Conversion*

Dear brothers and sisters,
Lent is a time in which the Church, guided by a sense of maternal care, invites us to place the mystery of God back in the center of our lives, in order to find renewal in our faith and keep our hearts from being consumed by the anxieties and distractions of daily life.

Every path towards conversion begins by allowing the word of God to touch our hearts and welcoming it with a docile spirit. There is a relationship between the word, our acceptance of it and the transformation it brings about. The Lenten journey is a welcome opportunity to heed the voice of the Lord and renew our commitment to following Christ, accompanying him on the road to Jerusalem, where the mystery of his passion, death and resurrection will be fulfilled.

LISTENING

This year, I would first like to consider the importance of making room for the word through listening. The willingness to listen is the first way we demonstrate our desire to enter into relationship with someone.

Our God is one who seeks to involve us. Even today he shares with us what is in his heart. Because of this, listening to the word in the liturgy teaches us to listen to the truth of reality. In the midst of the many voices present in our personal lives and in society, Sacred Scripture helps us to recognize and respond to the cry of those who are anguished and suffering. We must allow God to teach us how to listen as he does.

FASTING

Fasting is a concrete way to prepare ourselves to receive the word of God. Precisely because it involves the body, fasting makes it easier to recognize what we "hunger" for and what we deem necessary for our sustenance. Moreover, it helps us to identify and order our

"appetites," keeping our hunger and thirst for justice alive and freeing us from complacency.

In this regard, I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbor. Let us begin by disarming our language, avoiding harsh words and rash judgement, refraining from slander and speaking ill of those who are not present and cannot defend themselves. In this way, words of hatred will give way to words of hope and peace.

TOGETHER

Finally, Lent emphasizes the communal aspect of listening to the word and fasting. Our parishes, families, ecclesial groups and religious communities are called to undertake a shared journey during Lent, in which listening to the word of God, as well as to the cry of the poor and of the earth, becomes part of our community life, and fasting a foundation for sincere repentance. In this context, conversion refers not only to one's conscience, but also to the quality of our relationships and dialogue.

Dear friends, let us ask for the grace of a Lent that leads us to greater attentiveness to God and to the least among us. Let us ask for the strength that comes from the type of fasting that also extends to our use of language, so that hurtful words may diminish and give way to a greater space for the voice of others. Let us strive to make our communities places where the cry of those who suffer finds welcome, and listening opens paths towards liberation, making us ready and eager to contribute to building a civilization of love.

I impart my heartfelt blessing upon all of you and your Lenten journey.

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

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Our Lady of Lourdes Financial Report
For the Period Ended December 31, 2025

Revenue

Sunday Collections	\$ 108,958
Building Fund	\$ 100,086
Rental Income	\$ 200,536
Other Income (Ex: Youth Development)	\$ 59,839
Project Advance Rebate	\$ 34,888
Total Income	\$ 504,306

Expenses

Administration Expenses	\$ 73,475
Collections - Archdiocesan/National	\$ 15,144
Operating Expenses	\$ 93,894
Basement Project	\$ 513,858
Salaries & Benefits	\$ 207,844
Charitable Works Expense (Ex: Lapu Lapu)	\$ 6,362
Total Expenses	\$ 910,577

Net Income for the year 2025 **-\$ 406,271**

We spent \$406,271 more than our income in 2025. This is due to the basement renovations cost of \$513,858. The money spent on the basement came from funds raised through Building Fund donations, Project Advance, various fundraising events, donations from non-parishioners and our parish savings account. This leaves us with a year-end balance of \$233,719. We are not in debt and are doing well. We continue to look for your support as we finish the basement with furniture, window dressing etc.

40 DAYS FOR LIFE
THE BEGINNING OF THE END OF ABORTION.

40 Days for Life is an internationally focused pro-life campaign with a vision to access God's power through prayer, fasting, and peaceful vigil for the protection of life from conception to its natural end.

*You are invited to take part by joining other OLOL parishioners on Friday, **Mar 20** and/or Saturday, **Mar 28** anytime from **7 am to 6 pm** at 4818 Willow St in Vancouver.*

You are also invited to join the nightly rosary online via Zoom at **8 pm**. For more info, visit beholdvancouver.org/events

Carney Presents "Frozen"

This year Archbishop Carney Theatre is proud to present Frozen: The Broadway Musical. Frozen reveals how true love can come in many forms, and that the bond between sisters is something truly special. Presented at The Terry Fox Theatre March 4-7, 2026 @ 7PM. Tickets are \$20 at acrss.org.

Stations of the Cross

All are welcome to join in the Stations of the Cross every Friday during Lent at **6 pm**. First Friday the Stations will be followed by Mass at 7 pm.



**Let's have
breakfast
together**

**Enjoy the delicious taste of a
warm pancake, sausage and
egg breakfast.**

March 1st (after the 9am and 11am masses)

Children under 5 years old: Free 5 to 12 years old: \$4 Over 12 years old: \$6 Altar servers: Free

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am
There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am
English/French: Sun.: 11:00am

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

CONFESSION SCHEDULE

Tues. to Sat. at 8:00am until 8:25am
Sat.: 4:00 – 4:45 pm. Or by appointment.

ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00 pm.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.

Second Collection: St. Joseph Society

This Sunday, support our retired priests by giving to the St. Joseph's Society. Your tax-deductible gift to this second collection helps provide: comfortable living environment, quality medical care and other essential services to our retired priests; expresses gratitude to our retired priests who have dedicated their entire life to the Church; promote a culture of vocations by supporting senior priests who continue to serve even past their retirement. Give now at rcav.org/joseph

THIS WEEK'S MASS INTENTIONS

21-Feb	Saturday	5:00 PM	✝	Macario Calinisan
22-Feb	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
22-Feb	Sunday	11:00 AM	✝	Bezerra family
23-Feb	Monday	8:30 AM	✝	Nicanora Penalber
24-Feb	Tuesday	8:30 AM	INT	David Penco & Mi Song Wu
25-Feb	Wednesday	8:30 AM	✝	Liliana Fuenzalida
26-Feb	Thursday	8:30 AM	✝	Gertrude Andiso
27-Feb	Friday	8:30 AM	✝	Elizabeth Moore
28-Feb	Saturday	8:30 AM	✝	Winnie Lamzon

Dr. Haywood Robinson
Engaging and sought-after speaker

FROM ABORTIONIST TO PRO-LIFE CHAMPION

A POWERFUL story

A COMPELLING TALE OF FAITH, HEALING AND VICTORY

MONDAY Feb 23 at 7:00 pm

Our Lady of Lourdes Church
828 Laval Sq., Coquitlam

A Pro-Life Talk by

Dr. Haywood Robinson

Come join us!

Dr. Haywood Robinson, a powerful and sought after pro-life speaker, will be here on **Monday, February 23**. Dr. Robinson performed many abortions early in his medical career. Since his conversion in 1986, he not only stopped performing abortions but has become a fierce champion of protecting life in the womb. He has witnessed the details of abortion from a medical and personal perspective and has a compelling and enlightening story.

Dr. Robinson will be speaking in the church at Our Lady of Lourdes Parish in Coquitlam at **7pm** rallying the local community to stay bold in the fight for the unborn.

This event is free and no registration is required.

Please join 40 Days for Life Vancouver to welcome Dr. Haywood Robinson. For more information contact: vancouver40days@gmail.com.

PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Kathleen Lauzon, Gilberte Collette, Father Lucien Larré, Fernand Finnigan, Ozina Finnigan, Father Alan Boisclair, Jose (JoJo) Alonco, Ralph & Marguerite Roberts, Anna, Sister Claire Marie and Robert Magri.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **Choir** for sponsoring.

PARISH MINISTRIES

- Alpha** Anthony Marroquin
- Altar Servers** Marilyn Sarte
- ACRSS Rep.** Sam Delli Santi & Elga Gonzalez
- CWL** Josephine (Dollie) Basa
- Choir** Roger De Villa & Agnes Wan
- Couples for Christ** Jet & Jane Sarmiento
- K of C** Anthony Marroquin
- Lector** Dinah Lescano
- Prayer Group** Alex & Nancy Lim
- PREP** Marilyn Sarte
- Pro-Life** Ting and Nercy Barona
- Project Advance** Kathy Gorkoff & Francis Gutierrez
- Ushers** Robert Tang & Terry Charbonneau

Contact parish office for info.

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