



OUR LADY OF LOURDES
COQUITLAM



FEBRUARY 8, 2026
5th Sunday in Ordinary Time

BULLETIN

My Gratitude

I would just like to offer a note of gratitude to the wonderful parishioners of Our Lady of Lourdes Parish, for your prayers and love for your pastor.

I have undergone a total hip replacement surgery about two weeks ago. It's been more difficult and more painful than I had anticipated. Thankfully, many individual parishioners have reached out and offered to help me get through this difficult period. Some organizing food, some preparing food, some helping with daily activities, some with nursing skills and many with prayer.

I want to publicly thank the three priests from St. Luke's Parish, Fathers Andrew,

Donald, and Michael. They have stretched themselves to make sure that our parish's Mass and sacramental concerns are cared for.

The lesson here for me is that we need each other. We need to be able to offer help when it is needed, to accept help when it is offered, and especially to be able to reach out and ask for help when we need it. We are meant for this. It is our calling to share our suffering patiently.

Thank you all very much for your prayers and everything else. I hope to see you all next weekend. God bless you.

Peace, *Father Larry*

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The Story of Our Lady of Lourdes

On February 11, 1858, poor and sickly 14-year-old Bernadette Soubirous was collecting firewood near Lourdes, France. As she prepared to cross a small river she heard a sound like a gust of wind. She said, "As I raised my head to look at the grotto, I saw a lady dressed in white, wearing a white dress, a blue girdle and a yellow rose on each foot, the same color as the chain of her rosary; the beads of the rosary were white ... From the niche, or rather the dark alcove behind it, came a dazzling light."

Bernadette returned to the grotto twice more and the "Lady" instructed Bernadette to return every day for two weeks. The "Lady" told Bernadette that she did not promise to make her happy in this world, but in the next. She also asked for prayer and penitence for the conversion of sinners.

As word got out of these visions, people came in increasing numbers with hopes of seeing the "Lady" of Bernadette's visions. On February 24, the "Lady" asked her to dig in the ground and drink the water. At first the water was muddy but later became a clean, clear and healing spring. Many miraculous healings followed from the springs of this water.

Father Dominique Peyramale, a local parish priest, asked for the name of the "Lady" and on March 25, 1858, the "Lady" answered, calling herself "the Immaculate Conception." Illiterate and uneducated, Bernadette did not know what this meant, but she relayed the message to Father Peyramale, who understood fully that the "Lady" was the Blessed Virgin Mary.

In 1862, the local bishop declared Bernadette's apparitions "worthy of belief." Now, every February 11, the Church celebrates all the divine interventions, beauty, graces, and healings of the Immaculate Conception.

WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

Our Lady of Lourdes Feast Day Celebration

Join us for Mass as we celebrate the Feast Day of Our Lady of Lourdes!

Feast Day Masses **February 11**

8:30 am and 6:00 pm

Potluck dinner following the 6:00 pm Mass



Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: **Fr. Larry Lynn**
 llynn@rcav.org

Admin. Assistant: Leanne Penco
 office@olol.ca

 828 Laval Square, Coquitlam, BC V3K 2E6

 Office Hours: 9:00am - 12:00pm; 1:00pm-3:00pm

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CHURCH BASEMENT RENO

Finishing and opening management
Let Father or the office know if you can help!

KITCHEN

Crew to determine:

How to Arrange Kitchen

- Design Pantry
- Decide what utensils etc. are needed
- Help to move in

STAGE

Musical events

- Weddings
- Parties
- Musical Acts (Jazz, Folk, Classical, Recitals)
- Bookings

COFFEE BAR

Crew to determine:

How to run a CAFÉ

- Hours
- Hire Personnel
- How to stock
- What food?

LIBRARY

HISTORICAL CENTRE

- Design - These go together
- Books - sorting crew
- Historical Artifact sorting
- Digital History - photos
- Café furniture

- ACTIVITIES**
- Faith Programs
 - Conferences
 - Large Meetings
 - Soup & Bun Lunches
 - Movie Night

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am

There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am

English/French: Sun.: 11:00am

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

CONFESSION SCHEDULE

Tues. to Sat. at 8:00am until 8:25am

Sat.: 4:00 – 4:45 pm. Or by appointment.

ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00 pm.

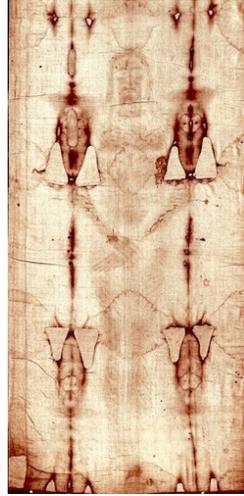
2025 Income Tax Receipts

The 2025 income tax receipts are ready.

Donations made through parish envelopes are available for pick up at the front entrance.

For donations made online, you should have received an email with your tax receipt, coming from the "Development Office". Most **Project Advance** receipts have also been emailed. If the Project Advance Office does not have your email address, the tax receipts will be coming in the mail.

The Man of the Shroud Exhibition March 5 – 8 at St. John Paul II Academy, Surrey



You are invited to see The Man of the Shroud Exhibition. The exhibition has been travelling across Canada since 2004 and will be available for viewing in March at John Paul II Secondary School in Surrey. Read about the compelling evidence of the Shroud of Turin and engage with a full-size, museum-quality replica. There are also limited tickets to participate in guided presentations led by Dr. Cheryl White, an International Shroud Scholar. These sessions integrate history, science, art, and faith in a powerful and spiritually enriching way. Visits are free but registration is required. For tickets or more information, contact shroud@sjp2foundation.com or (604) 560-8210 ext. 1

Parish Renewal Tuesday Rosary

Everyone is invited to join in praying the Rosary for our parish, including its outreach to the community. The missional prayer Rosary will take place on **Tuesday morning 9:00 AM (after Mass) and at 5:00 PM**. We seek the outpouring of the Holy Spirit on our parish for the spiritual well-being and growth of our parishioners and a God-led awakening and welcome to our surrounding community. Please pray with us.



HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.

Bottle Drive

We want your recyclables! Please drop them off in clear, plastic bags in our bin outside on the north side of the church. It is visible when you go down the stairs. Please ensure that everything is well rinsed out and the labels are on. Thank you for your support!

New Choir Members Welcome

Do you love to sing and can carry a tune? New choir members are always welcome. Reading music is an asset but not necessary. Choir practices are on Wednesday evenings. For more information, contact Agnes at 604-761-5365 or joagnes@shaw.ca



Arise Retreat 2026 – Team member applications now open

“Arise” is a four-day overnight retreat for youth born in 2011 & 2012 and takes place at Camp Jubilee from Monday, June 29 to Thursday, July 2, 2026. We are looking for **young adults and youth team members (currently in Grade 11 or 12)** to plan, organize and implement Arise. Successful candidates will be given training in program planning, leadership skills, and most importantly, how to be missionary disciples of Jesus Christ. **Applications due Monday, February 9.** Learn more and apply at rcav.org/arise-team

THIS WEEK'S MASS INTENTIONS

7-Feb	Saturday	5:00 PM	INT	Ralph & Marguerite Roberts
8-Feb	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
8-Feb	Sunday	11:00 AM	✝	Charles Chung
9-Feb	Monday	8:30 AM	INT	Maria Blanca Odulio
10-Feb	Tuesday	8:30 AM	✝	Juan Deduque
11-Feb	Wednesday	8:30 AM	INT	All sick & suffering
11-Feb	Wednesday	7:00 PM	INT	Our Lady of Lourdes Parishioners
12-Feb	Thursday	8:30 AM	✝	Elmer Alvin
13-Feb	Friday	8:30 AM	✝	Porferio Lamzon
14-Feb	Saturday	8:30 AM	✝	Noela Bilodeau

Special Prayer Intention for Catholic Health Care

The court case involving St. Paul's Hospital continues to be heard by the B.C. Supreme Court. The case pertains to whether faith-based health care facilities are permitted to operate in accordance with their values by not providing Medical Assistance in Dying (MAiD). It will challenge Catholic healthcare and its place within Canada's publicly funded healthcare system.

Lord Jesus, Divine Healer, you sought out the sick, the marginalized, and those cast aside. We pray for all who receive care at St. Paul's Hospital, for their families and loved ones, and for all healthcare workers who serve with compassion. We entrust this court case to your care. Grant wisdom to those who must decide it, that justice may prevail and that Catholic health care may continue its mission without compromise. Help us to protect those who are most vulnerable and to build a society where every human life is sacred.



40 Days for Life is an internationally focused pro-life campaign with a vision to access God's power through prayer, fasting, and peaceful vigil for the protection of life from conception to its natural end.

You are invited to take part by signing up individually or with your parish group. Daily Vigil **Feb. 18 to March 29**, 7 am to 7 pm 4818 Willow Street, Vancouver. You are also invited to join the nightly rosary online via Zoom at 8 pm. For more info, visit beholdvancouver.org/events

PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Kathleen Lauzon, Gilberte Collette, Father Lucien Larré, Fernand Finnigan, Ozina Finnigan, Father Alan Boisclair, Jose (JoJo) Alonco, Ralph & Marguerite Roberts, Anna, Sister Claire Marie and Robert Magri.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **CWL** for sponsoring.

PARISH MINISTRIES

Alpha Anthony Marroquin
Altar Servers Marilyn Sarte
ACRSS Rep. Sam Delli Santi & Elga Gonzalez
CWL Josephine (Dollie) Basa
Choir Roger De Villa & Agnes Wan
Couples for Christ Jet & Jane Sarmiento
K of C Anthony Marroquin
Lector Dinah Lescano
Prayer Group Alex & Nancy Lim
PREP Marilyn Sarte
Pro-Life Ting and Nercy Barona
Project Advance Kathy Gorkoff & Francis Gutierrez
Ushers Robert Tang & Terry Charbonneau

Contact parish office for info.

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