

DECEMBER 14, 2025
The Third Week of Advent

BULLETIN

Advent III JOY

*"I have told you this so that my joy may be in you and your joy may be complete. This is my commandment: love one another as I love you."
John 16: 11*

Gaudete Sunday, the joyful Sunday, the Sunday of Advent in which the entrance antiphon begins with the word **REJOICE!!** Because that's what God is calling us to do, **Rejoice!**

Funny word, joy. Jesus uses it here in the context that he is going out to endure his passion, the worst night of his human life, his suffering and dying on the cross the next day – it's against that backdrop that he explains to his Apostles that the culmination of all his teachings and the example he showed them through his ministry and his leadership was that, no matter what happens, he wants them – and us, to have his joy in us always.

"That your joy may be complete."

So having his joy in us must be really important. The Lord wants nothing less than that we carry his joy around with us. It makes sense. If you have children, doesn't it give you joy to see that your child is joyful and is thriving? It's no different with the Lord, we are his children; he created us out of the sheer gratuitous love he has for us and he wants us to be joyful and thrive in our lives.

The beauty of his joy is that we get to hold on to it even when times are not so good. We sometimes think we can only have joy when everything is going our way, and we stop having joy when we are suffering through some trial or other. But no! That's exactly the time that the Joy of Jesus Christ will carry us over the hump.

The Accuser, the devil, wants you to feel bad and will tell you that you're no good and you don't deserve to have joy. He'll tell you that you are not worthy enough. And the trouble is, we often believe him and we carry our guilt and our shame around with us even though we have confessed our sins and have been forgiven. Somehow the Accuser will get under our skin and awaken our worst fears about ourselves and we believe him. And we lose our joy.

But our joy is not fixed on our circumstances, **our joy is fixed, looking through our circumstances to our God** who is bringing us through to the other side. **It is precisely our joy that helps us through the difficulties.** Our joy is not determined by our struggles but by our future destiny and our destiny is the person of Jesus Christ.

Our joy is a fruit of the Holy Spirit, along with love, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity. We receive joy when we are using the gifts of the Holy Spirit well. (wisdom, understanding, counsel, fortitude, knowledge, piety, fear of the Lord) So you can see that joy, true joy, is not superficial; it is rooted in God, through Jesus and the holy spirit. And therefore, our joy runs deep in our being. That's why we shan't lose our joy so easily and let circumstances dictate our well-being. Our joy needs to be like the ocean deep and not be disturbed by the howling winds of arbitrary circumstances on the surface.

So *"Rejoice in the Lord always, again I say rejoice. Indeed, the Lord is near". (Philippians 4: 4-5)*

Peace, Father Larry



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WELCOME


We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: **Fr. Larry Lynn**

 llynn@rcav.org

Admin. Assistant: Leanne Penco

 office@olol.ca



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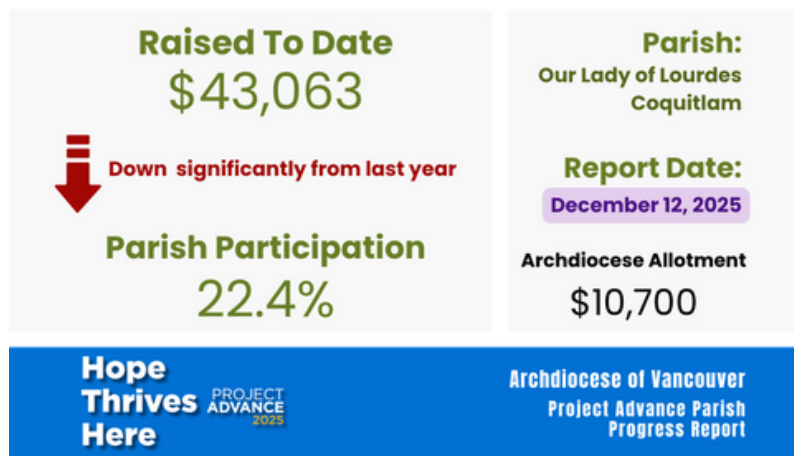


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Project Advance 2025

Only a couple of weeks left to donate to Project Advance 2025! Thank you to those who have donated so far. All proceeds go toward fixtures, furniture and equipment for our renovated basement. In order to receive a tax receipt for 2025, please make your donations before **December 22** at the parish or by **December 31** online.

To donate, go online to our website, olol.ca or drop your envelope (well-marked as Project Advance) in the collection basket. Thank you for your support!



Father Larry's Pregnancy Concerns Talk

On Oct 21st, Father Larry addressed a crowd of over 200 at the Pregnancy Concerns Gala. His pro-life message on human dignity was well-received and praised, causing people to think and reflect. It also caught the attention of the BC Catholic.

You are invited to read Father's Larry's speech in the BC Catholic, December 8, 2025 edition, or go to this link: <https://bccatholic.ca/voices/father-larry-lynn-bccath/the-pretence-of-common-ground-is-disappearing>



Mustard Seed Conclusion

Thank you to all our Mustard Seed donors! This fundraising project has officially and successfully concluded. The Mustard Seed Project was the ingenious idea of three parishioners – **Mila Ayson-Banico, Gisela Rosario and Cacilda Tang**. They worked hard to ensure its success, from preparing the booklet and envelopes to going out in the community to promote the parish and collect donations. In fact, much of the money that was raised through Mustard Seed was not from parishioners but from those outside the parish who grew to share our dream and wanted to help bring it to fruition. Together, parishioners and non-parishioners, we raised **\$34,246.39!** All proceeds, 100%, go towards the basement renovation. Thank you so much!

Christmas Mass Times

Let us celebrate the birth of Jesus Christ with joy! Christmas Mass times this year are:

- Christmas Eve Midnight Mass at midnight, carolling starts at 11:20 pm
- Christmas Day at 9 am and 11 am (English and French)

There will be no Anticipated Mass on Dec 24 at 5 pm.

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am
There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am
English/French: Sun.: 11:00am

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am
Sat.: 4:00 – 4:45 pm. Or by appointment.

ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00 pm.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.



Bottle Drive

Please drop your recyclables in clear plastic bags in the Knights of Columbus bin outside and down the stairs from the parking lot. **Please rinse them out well!** Dirty bottles are not accepted. Kindly leave the labels on.

Offering Envelopes for 2026

Some 2026 Offering Envelopes still remain and are available near the front entrance for pick up. Please take your box home but do not use the envelopes until January. If you would like a box of envelopes but do not see one there for you, please contact the parish office. Thank you for your ongoing support!

Simbang Gabi

All are invited to celebrate Simbang Gabi in preparation for Christmas. Simbang Gabi is a novena of Masses and will be celebrated both here and at All Saints Parish from December 15 to 23.

All Masses are at 7 pm **except** Saturday, Dec 20 which is at 5 pm. The nine Masses will be followed by nightly receptions. **December 15 – 19 at All Saints Parish, December 20 – 23 at Our Lady of Lourdes Parish.** Everyone is welcome!

PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Kathleen Lauzon, Gilberte Collette, Father Lucien Larré, Fernand Finnigan, Ozina Finnigan, Father Alan Boisclair, Jose (JoJo) Alonco, Ralph & Marguerite Roberts and Sister Claire Marie.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **CWL** for sponsoring.

THIS WEEK'S MASS INTENTIONS

13-Dec	Saturday	5:00 PM	+	Florence & Norman Langlois
14-Dec	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
14-Dec	Sunday	11:00 AM	+	Marie & Colin Morris
15-Dec	Monday	8:30 AM	+	Michelline Montero
16-Dec	Tuesday	8:30 AM	INT	Chad family
17-Dec	Wednesday	8:30 AM	+	Casera family
18-Dec	Thursday	8:30 AM	+	All Souls in Purgatory
19-Dec	Friday	8:30 AM	+	Joselito Sayat
20-Dec	Saturday	8:30 AM	INT	OLOL Parish

Penitential Services

Everyone is welcome and encouraged to go to Confession before Christmas. Confession, or the Sacrament of Reconciliation, is a gift from God to us so that we may receive our Lord's forgiveness and mercy and fully restore his life of grace within us. Here is a list of the Penitential Services nearby. All start at **7 pm**.

Tuesday, Dec 16

St. Joseph, Port Moody

Wednesday, Dec 17

Our Lady of the Assumption, Port Coquitlam

Thursday, Dec 18

St. Clare, Coquitlam

Friday, Dec 19

St. Patrick, Maple Ridge

Saturday, Dec 20

St. Luke, Maple Ridge

Tuesday, Dec 23

Our Lady of Fatima, Coquitlam

For Confession dates and times in other parishes, please visit rcav.org

Pregnancy and Infant Loss Mass

Join us for a special Mass in honour of the little ones we have lost and for all their loved ones who have been affected. The Mass will be followed by a reception and a short introduction by Donna Crombie from Elizabeth Ministry. At Our Lady of the Assumption Parish, Port Coquitlam on **Saturday, December 27 at 9:00 am**. Learn more at beholdvancouver.org/events.

PARISH MINISTRIES

Alpha Anthony Marroquin

Altar Servers Marilyn Sarte

ACRSS Rep. Sam Delli Santi & Elga Gonzalez

CWL Josephine (Dollie) Basa

Choir Roger De Villa & Agnes Wan

Couples for Christ Jet & Jane Sarmiento

K of C Anthony Marroquin

Lector Thelma Papas

Prayer Group Alex & Nancy Lim

PREP Marilyn Sarte

Pro-Life Ting and Nercy Barona

Project Advance Kathy Gorkoff & Francis Gutierrez

Ushers Robert Tang & Terry Charbonneau

Contact parish office for info.

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