

"I am the living bread that came down from heaven."

Jesus has such a poetic way of teaching us about himself. He comes from heaven and gives us nourishment. Bread is nourishing; it feeds our bodies and keeps us alive, bringing fuel for our cells to burn as energy. Christ comes to us in a physical way - his body and blood - but his purpose is spiritual - his soul and divinity. This is what we receive in the **Eucharist:**

Jesus' body and blood, soul and divinity.

This "body and soul" concept is fundamental to who we are and how we understand ourselves, and even more importantly, how we understand our relationship with God, our creator.

"The Word was made flesh and dwelt among us." Another translation says, "...he pitched his tent among us."

I like the physicality of that translation. You see how it's physical but also spiritual. We receive his body, physically, and we become part of his body, spiritually. We are the Mystical Body of Christ. We are part of him, and he is part of us.

And that is where the concept of 'divinization' comes in. We receive his divinity in us so that we become like God. We are not God, but we are made in his image and likeness. The goal is to be with him forever: in our bodies and in his body, to be able to stand in the aura of the Beatific Vision; to be united with him in a way that words fail to describe; to be intimately in him and with him forever.

20th SUNDAY IN ORDINARY TIME

1st Reading: Proverbs 9.1-6 2nd Reading: Ephesians 5.15-20 Gospel: John 6.51-58

BULLETIN

AUGUST 18, 2024

Eucharist



This is why I promote having Eucharistic Adoration as much as possible here at Our Lady of Lourdes. This is why I want to keep the church open as much as possible: so that Christ is alive and present and welcoming anybody who would like a peaceful refuge under his aaze.

It has been about ten months we've been doing this. Have you noticed any change in our parish since we started? I see a growing and more vibrant parish, with many activities that draw people together in the faith. (See inside for the details on the success of the Family Fun Day.)

I am so grateful to those prayer warriors who commit to several hours of adoration every week. It's due to their commitment that we can keep the church open for others, for drop-ins of all persuasions of faith. We are seeing the fruits of their prayers.

Peace. Father Larry



IN THIS ISSUE

PAGE 1

STEWARDSHIP REFLECTION

PAGE 2

. THANK YOU FROM THE STEERING COMMITTEE

PAGE 3

- MASS INTENTIONS
- K OF C BOTTLE DRIVE
- PRO-LIFE MONTHLY MASS o SEPT. 7
 - ST. JUDE'S PARISH
- PREP
 - REGISTRATION IS OPEN
- THANK YOU MESSAGE FROM FR. CLAUDE

WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance the Church. And please introduce yourself to our pastor, Father Larry.

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: Fr. Larry Lynn

<u>llynn@rcav.org</u>

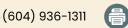
Admin. Assistant: TBA

ourladyoflourdesparish@gmail.com

828 Laval Square, Coquitlam, BC V3K 2E6 (OurLadyofLourdesCoquitlam.ca



Office Hours: 9:00am - 3:00pm | Mon - Fri 🚺 OLOLCoquitlam



(604) 936-3911







TWAS a SMASH!!!!

Said those who were there. "The music was a blast," - they added.

"The goals shattered!," observed the numbers-oriented.

"The parish came alive," we all agree.

Thanks to the work, effort and contribution of people who made it happen....

raffle prize donors: Margarethe Henderson (scriptural artwork); Leo Bruneau (Apple iPad); Apple Pilorin, Fresh Slice (Roomba vacuum cleaner); Rona (cordless lawn mower); Canadian Tire (pendant light); Staples (headphone & notebooks); Safeway (\$50 giftcard); Superstore (\$25 giftcard); Kathy Gorkoff (3 backpacks); Marilyn Sarte (duvet set); St Andrew's (Holy Bible); Kearney Funeral Services (bicycle);

The ministry and group leaders, Alex Lim (Altar Servers); Francia & Roger de Villa (Choir); Stella & Alex de los Santos (Couples for Christ); Alex and Nancy Lim (Altar Servers and CWL, respectively); Francis Gutierrez (Eucharistic Ministers); Apple Pilorin (Flower Ministry); Anthony Marroquin & Danny Kusnardi (Knights of Columbus); Susan Tkach (Lectors); Marilyn Sarte (PREP); Robert Tang, Kathy Gorkoff and Doris Langlois (Ushers) - for selling their respective quota of raffle tickets as best they could and in oh, so many creative ways!!

Gisela and Cacilda for soliciting the donation of the iPad; organizing the silent auction of knitted blankets and cloisonne vases; the sale of blueberries;

The GST (Garage Sale Team) of Cacilda, Gisela, Roda, Fortune, Gail & Winly, for sorting and pricing garage sale donations. To Krystyn for taking notes that helped "train" sales assistants. To the other teamsters, Maggie, Yolanda, Margarite Roberts, Alma, Yoly, Lizzette and Krystyn, who "manned" the booth;

All parishioners and friends who donated slightly used, in some cases, new items to the garage sale, as well as goodies for the bake sale;

Francia, for managing the bake sale with Letty, Jocelyn, potential of reaching \$20,000??!! Who knows!!!... Violy;

Mariles, Mary, and Terry for their "kitchen duty";

The Knights of Columbus, for grilling lunch; "transporting" garage sale goods and transforming the parking lot to a fun place. Not to forget Apple for the decorations and for "beautifying" Rudy's makeshift lottery barrel.

Roger, Rein and Franz, Rona and Primo, for great music (so many guests have complimented you on the singing);

Les and Anthony, for keeping the ping pong tables busy;

Alex DS and Anthony, for preparing games (there were 7 prepared, only 2 were played);

Lawrence Tkach, for helping Fr Larry in drawing and announcing winners of raffle prizes;

Armadillo and Aardvark Tent Rentals, for the free use of their tents; more tents from Morris and Marilyn Sarte's son & her realtor.

The many donors, for your generous contribution. You might not want us to know who you are, but the good Lord knows. Your generosity is much appreciated. And bumped up the total of funds raised!!!!

Fr Larry, not only for being our pastoral guide but for taking on the long-delayed project of renovating the church basement as well as the improvement of our parish home.

Most of all, to EVERYONE in our parish, from buying to selling of tickets, donating goods and cash, volunteering time and resources wherever and whenever need - for coming together in the spirit of unity and camaraderie. It warms the heart to feel that WE ARE FAMILY. WE BELONG to the OUR LADY OF LOURDES PARISH FAMILY. For that, we thank the Lord.

What started from \$2,000 to be raised from a raffle that grew to a "reach-for-the-moon" goal of \$10,000 to add to funds for the renovation of the church basement, WE MADE -- \$18,824.70!!!! - - - from all sources!! With the

Cheers, The Steering Committee

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am Thursday Mass will be followed by Adoration.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am

English/French: Sun.: 11:00AM

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

Adoration: 9:00am - 10:00am and 5:45pm - 6:45pm

FIRST SATURDAY OF THE MONTH

No morning Confession or Mass

CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am Sat.: 4:00 – 4:45 pm. Or by appointment.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact Parish Office.



THIS WEEK'S MASS INTENTIONS

Pro-Life Mass & Vigil

We warmly invite you to a profound spiritual event at:



St. Jude's Parish, 3078 Renfrew St. Vancouver



Saturday, Sept. 7, 2024 at 9:00 AM.

Celebrant: **Father Larry Lynn**, Pro-Life Chaplain of the Archdiocese of Vancouver.

See you there!

17-Aug	Saturday	5:00 PM	INT	Theresa Cheung
18-Aug	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
18-Aug	Sunday	11:00 AM	INT	Leo Bruneau
19-Aug	Monday	8:30 AM	+	Mateo Garcia
20-Aug	Tuesday	8:30 AM	+	Juan Deduque
21-Aug	Wednesday	8:30 AM	+	For the pour souls in Purgatory
22-Aug	Thursday	8:30 AM	+	Solidum Family
23-Aug	Friday	8:30 AM	+	Rosina Bertani
24-Aug	Saturday	8:30 AM	INT	John Sarte

BOOKING MASS INTENTIONS. Please connect with the parish office to request an intention.

Parish Religious Education Program - PREP

Calling all parents of public schoolchildren from Gr.1-7 to register now for PREP classes held **every Wednesday evening from 6:30-7:30.** Registration forms are available at both church entrances or at the parish office. Any question please email or call the parish office.



Thank you and PREP year 2024-2025 starts on **September 11th**. at the Upper St. Anne's Hall, located at the farthest end of the church parking lot.

Message from Fr. Claude



Fr. Claude is very grateful to all of you for the warm welcome, kindness, care, love generosity extended to him during his stay at Our Lady Lourdes Parish. He prays for and blesses each and everyone.



The Knights of Columbus are holding a recycling bottle drive to fund our church basement improvements. Please drop off your recyclables in clear plastic bags before each Sunday mass on mark bins "K of C Bottle Drive" at the church basement. Here are the list of recyclables that are accepted for the bottle drive:

- Aluminum cans
- Plastic and Paper Drink containers
- **BOTTLE** Glass bottles
 - Dairy and Non Dairy Milk Containers and Wine Bottles.

Please LEAVE LABELS ON, RINSE RECYCLABLES and **do not include garbage** in the bags. For more info please check out <u>www.return-it.ca</u> or scan the QR code. Thank you!!



PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Lina Aussant, Dr. Erb, Kathleen Lauzon, Ralph Roberts, René & Gilberte Collette, the Quek Family, Father Lucien Larré, Teresita Cunningham, David Lee and Gertrude Geernaert.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **Couples for Christ** for sponsoring and this will be the last one for as few weeks.

PARISH MINISTRIES

Alpha Anthony Marroquin & Alex Lim

Altar Servers Alex Lim
ACRSS Rep Irenaeus Lim

CWL Josephine (Dollie) Basa

Choir Roger De Villa & Agnes Wan

Couples for Christ Alejandro & Stella Delos Santos

K of C Anthony Marroquin

Lector Suzanne Tkach

Prayer Group Alex & Nancy Lim

PREP Marilyn Sarte

Project Advance Kathy Gorkoff & Francis Gutierrez

Sacristan Alex Lim

Ushers Robert Tang & Terry Charbonneau

Contact parish office for info.

PLEASE SUPPORT OUR ADVERTISERS



ALLONE ELECTRIC LTD.

-Commercial - Residential - Data/Tel Frank:604-726-0002 Kam:778-237-6360

Serving Our Catholic Community Since 1908 We believe that locally-based, Family owned funeral homes are an important part of any community



BURQUITLAM FUNERAL HOME







pressure-free decisions that are the right choices for you and your family Linda Mizuguchi Mike Garisto

Pre-Need Manag 604 936 9987 604 312 9799

Call today to ask about our FREE Pre-Planning guide and how to save money by locking in costs.

New Westminster 604 521 4881 219 6th St.

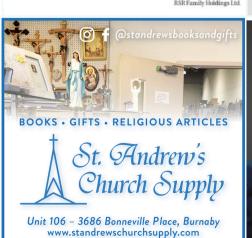
Burquitlam 604 936 9987 815 Brunette Ave.

You can help your

family by Pre-Planning. Make carefully-considered,

f 🗷 Vancouver | Burnaby | Cloverdale

www.KearnevFS.com www.BurquitlamFuneralHome.ca RSR Family Holdings Ltd.



604-875-1441

PLACE YOUR AD HERE

Call Parish Office



(604) 936 -1311

Burquitlam Funeral Home 'Family Owned'



Proudly Serving Our Lady of Lourdes Parish Since 1964

625 North Road, Coquitlam, BC Phone: 604.936.9987 Fax: 604.936.6912

www.BurquitlamFuneralHome.ca



It's never too early to plan.

Call 604-531-2141

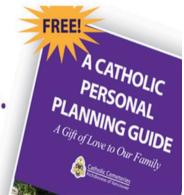
or to download our free planning quide visit www.rcav.org/FreePlanningGuide



info@raincoastfs.com

Michelle J. Vizena

Co-Owner, Licensed Funeral Director Parishioner of Good Shepherd Church www.raincoastfs.com Quality and affordable Funeral & Cremation Services





can help you to reach further than ever before.

> CRISIS PREGNANCY HELP LINE 1.800.712.4357



Sutton 1st West Realty

CKPai

604-722-2525

ckpaik@hotmail.com

Selling or Buying House, Town House, and Condos! CK Paik (Crescense) 18 Years Top 10% Medallion Club Member 20 Years Experience

Please Remember Our Lady of Lourdes Parish in Your Will. Thank you!