

SEPTEMBER 7, 2025

Twenty-Third Sunday in Ordinary Time

BULLETIN

This Day Is Yours, Lord

*This day is yours, Lord
All I have and all that I am
I offer back to you.*

*It is your gift to me.
Help me to use it well.*

*Help me to see the opportunities
You place before me.*

*Help me to act on them that I may love as you love.
So, what are we going to do today, Lord?*

Imagine if you said something along these lines every morning as you slowly become aware that you are alive and you are breathing. Imagine that you make this intimate connection with God with these words immediately on waking. Your first thoughts are big thoughts, thoughts that matter in the grand scheme of things. "I'm alive and I'm talking to my creator!" Imagine every day is a total gift. What shall I do with it?

I raise the question because one day you may not receive the gift of another day on earth. I mean, there will come a day when you will not wake up. You will have died. Presumably you will be with Him on that day. But maybe not. In fact, it wouldn't be prudent to presume heaven. To be with Him in heaven, to be face to face with the Beatific Vision depends on what you do on those days when you do wake up.

"You have been told, O Mortal, what the Lord requires of you. Only to act justly, love mercy, and to walk humbly with your God." (Micah 6:8)

Pretty simple really. The Lord requires of you - only to act justly. Whatever action we take needs to be just. Justice according to the Catechism is, "...the constant and affirmed will to give (one's) due to God and neighbor." (CCC 1807) Justice is always centered on the needs of the other. Plato tells us that it is better to suffer than to do injustice. If one suffers injustice, one loses nothing morally. But if one DOES injustice, one is

morally impaired. So, **acting justly means we are aligned with loving our neighbor.**

Love mercy. God is merciful and we are called to imitate him in all things, especially in his mercy. *"For I was hungry, and you gave me food, I was thirsty, and you gave me drink, a stranger and you welcomed me, naked and you clothed me, sick and you cared for me, in prison and you visited me." Matthew 25: 35-36* These are the corporal works of mercy that are necessary for us to perform, out of love and not fear, to enter eternal life with Our Lord. Because *"Whatever you did for the least of my brothers, you did it to me." (Matthew 25:40)*

See Matthew 25: 46 to find out what happens when we are not merciful.

"Walk humbly with your God." There is simply no other way to approach God than with utter humility. As Sirach tells us, *"Perform your tasks with humility!" (Sirach 3:17)* The virtue of humility is like the engine that drives the virtue of charity, for to love requires going out of oneself and placing God and neighbor above us. We can't have love without humility. So walk humbly!

Knowing and acting on all that, then, at the end of the day, you can say with confidence, ***"Lord, I did my best to do your will today, please grant me a restful night and a peaceful death."***

Peace, Father Larry



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WELCOME


We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: **Fr. Larry Lynn**

 llynn@rcav.org

Admin. Assistant: Leanne Penco

 office@olol.ca



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Retrouvaille Weekend Marriage Retreat

Is your marriage going down the right road . . . or is it a little off track? Life can be difficult, and so can the challenges you face in marriage. Does the distance between you seem wide? Are you already separated? Looking for a better way? Retrouvaille can help and offers hope for a better relationship. Retrouvaille is a peer ministry of volunteer couples that can help you learn the tools of healthy communication, build intimacy and heal, just as they have done in their own marriages.

Retrouvaille is Christian-based, and Catholic in origin, but welcomes couples of all faiths as well as non-religious couples. Retrouvaille can help get your relationship back on track. For more information about our upcoming **October 17 – 19, 2025** Retrouvaille Weekend program in Gibsons BC, contact registration team: 604-530-6710 or visit our website: <https://www.helpmymarriage.ca/>



RCIA

Do you know someone who is interested in becoming Catholic or in learning about the Catholic faith? Our RCIA team explains the faith, answers the tough questions, and accompanies the inquirers on their journey. The meetings take place on **Thursday evenings**, starting in the fall. Let your family, friends and acquaintances know about this opportunity to learn and have their questions answered.

For more information, please contact the parish office.

New Choir Members Welcome

Do you love to sing and can carry a tune? New choir members are welcome at any of our Masses. The ability to read music is an asset but not necessary. Practices are **Wednesday evenings**. We would love to have you join! For more information, please contact Agnes at 604-671-5365 or joagnes@shaw.ca.

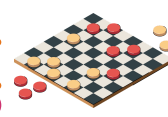


Liturgy Seminar

Are you in awe of the Mass? Are you interested in knowing more about the liturgy? Come and learn the basics about the liturgical calendar, sacred vessels, vestments, the role of the sacristan and more. Father Larry is offering this seminar to those who want a better understanding of this essential element of our Catholic faith. **Saturday, Sept 27 from 10:30 am to noon.**



Youth Night is Back!



After a summer break we are pleased that our Youth Night is back. All youth are welcome for an evening of ping pong, board games and camaraderie. **Friday evenings at 6 pm in the Upper Hall.**

PREP starts this week

PREP, our religious education program for school children not enrolled in a Catholic school, starts on **Wednesday, Sept 10 at 6:30 pm**. It is not too late to enroll your child(ren)! The purpose of PREP is to assist parents in teaching their children about the Catholic faith and to help prepare them for the sacraments of Reconciliation, Communion and Confirmation.

For more information about PREP or to register, email Marilyn at mvsarte@hotmail.com

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am
There is no morning Mass, Confession or Adoration on the First Saturday of the Month.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am
English/French: Sun.: 11:00AM

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am
Sat.: 4:00 – 4:45 pm. Or by appointment.

ADORATION

Tues. to Sat. starting at 9:00am (following Mass). The Church will remain open until 6:00 pm.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact the Parish Office.



Bottle Drive

Please drop off your recyclables, in clear plastic bags, in the large wooden bin outside on the north side of the church.

Access is from the parking lot and down the stairs. We accept aluminum cans, plastic bottles, glass bottles, milk and juice containers. Thank you for your support for the Knights of Columbus who in turn support the parish.

THIS WEEK'S MASS INTENTIONS

6-Sept	Saturday	5:00 PM	✝	Walter Gutierrez
7-Sept	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
7-Sept	Sunday	11:00 AM	INT	Roger Magri
8-Sept	Monday	8:30 AM	INT	Marie Beauregard
9-Sept	Tuesday	8:30 AM	✝	Silva family
10-Sept	Wednesday	8:30 AM	✝	Terry Keenan
11-Sept	Thursday	8:30 AM	INT	Elizabeth Moore
12-Sept	Friday	8:30 AM	✝	Joseph Michael D'Souza
13-Sept	Saturday	8:30 AM	✝	Efren Santiago

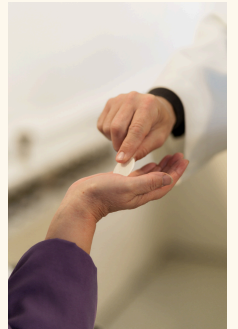
The Fourteenth Annual Archbishop's Dinner



Join Archbishop Richard Smith on **Wednesday, October 22, 2025**, at the Hyatt Regency in Vancouver. This special evening will bring together Catholics from across the archdiocese to celebrate our faith, share in fellowship, and support a new fund that empowers women facing adversity. Father Larry will be attending. If you interested in joining him at the Our Lady of Lourdes table, please contact the parish office. For more information visit rcav.org/dinner2025

Extraordinary Ministers Needed

If you are interested in serving the parish as an Extraordinary Minister of Holy Communion, please leave your name and contact info with parish office for Father Larry to contact you.



UPPER ROOM Conference 2025

Come be inspired, equipped and sent out as a disciple to proclaim Jesus! The Upper Room Conference, hosted by the Archdiocese of Vancouver together with Life Restoration Ministries, is a response to Pope Leo XIV's invitation to continue being a missionary Church. Through inspiring talks, Spirit-led conversations, and parish-based follow-up gatherings, this two-part experience will help you clarify your personal call to evangelize and strengthen your impact in ministry. Join us on **Saturday, September 20 at Pacific Academy in Surrey** and again for local gatherings on **Saturday, September 27** as we grow together in faith and mission. For more information and to register go to upperroomvancouver.com.

PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Kathleen Lauzon, René & Gilberte Collette, Father Lucien Larré, Fernand Finnigan, Ozina Finnigan, Father Alan Boisclair, Jose (JoJo) Alonco, Ralph & Marguerite Roberts and Sister Claire Marie.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength, we pray, through Christ our Lord.

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the **Knights of Columbus** for sponsoring.

PARISH MINISTRIES

Alpha Anthony Marroquin
Altar Servers Marilyn Sarte
ACRSS Rep. Sam Delli Santi & Elga Gonzalez
CWL Josephine (Dollie) Basa
Choir Roger De Villa & Agnes Wan
Couples for Christ Jet & Jane Sarmiento
K of C Anthony Marroquin
Lector Thelma Papas
Prayer Group Alex & Nancy Lim
PREP Marilyn Sarte
Pro-Life Ting and Nercy Barona
Project Advance Kathy Gorkoff & Francis Gutierrez
Ushers Robert Tang & Terry Charbonneau

Contact parish office for info.

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