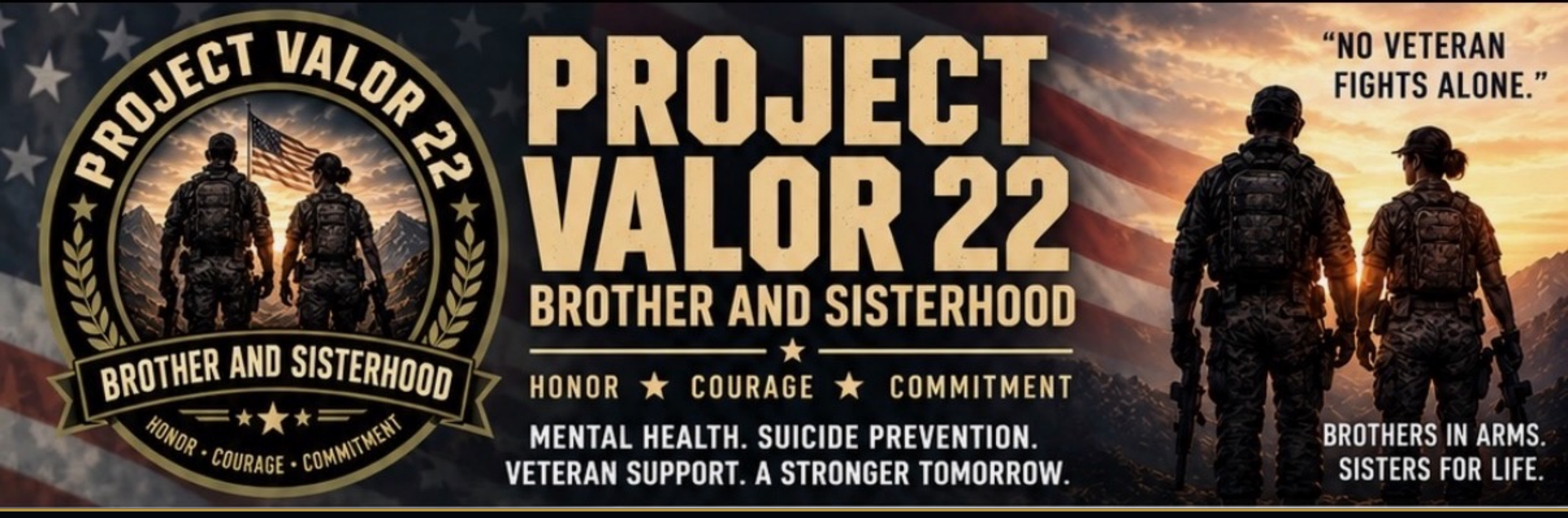


COURTESY OF PROJECT VALOR 22



★ ★ ★ 25 POWERFUL NEW RESOURCES. 1 SCAN AWAY. ★ ★ ★

201 VA Civilian Health & Medical Program (CHAMPVA) Claims

File, track, and manage CHAMPV/ claims online.

va.gov/health-care/family-caregiver-benefits/champva

202 VA Extended Care Health Program

Build your netwo of care for complex health needs.

va.gov/health-care/health-needs-conditions/extended-care

203 VA Governor's Challenge

States committe to ending Vetera suicide.

governorschallenge.org

204 Veterans Justice Outreach

Support and treatment fo Veterans in t justice syste

va.gov/health-care/justice-involved

205 VA Caregiver Tele-Support

Connect with caregivers for peer support and coaching.

va.caregiver.va.gov/support

206 VA Home Adaptation Information

Learn how to make your home safer and more accessible.

va.gov/housing-assistance/special-housing-adaptation.asp

207 National Veteran Suicide Prevention Lifeline

Call, chat, or text 24/7 for crisis support.

988thenpress1.org

208 VA LGBTQ+ Health Program

Inclusive healt care for LGBTQ Veterans.

va.gov/health-care/lgbt

209 VA Adaptive Equipment

Find equipme to help with daily living.

va.gov/health-care/adaptive-equipment

210 VA Veteran Entrepreneur Program

Resources for starting and growing a Vetera owned business.

vetbiz.va.gov

211 VA Disaster Assistance

Help for Veteran impacted by natural disasters

va.gov/disaster-assistance

212 VA Facial Burn Center Network

Specialized care for facial burns and trauma.

vaburncare.org

213 National Center for Veteran Analysis & Statistics

Research and data on today's Veterans.

va.gov/vetdata

214 VA Community Resource Map

Find local resourc for housing, food transportation and more.

vacommunityresourcefinder.org

215 VA Insurance Counseling

Get help understanding life insurance benefits.

va.gov/life-insurance

216 VA Veteran Well-Being Resources

Tools and tips for mental, emotional and physical well-bein

va.gov/health-care/health-wellbeing

217 VA Chaplain Services

Spiritual care and guidance for all faiths.

va.gov/chaplain

218 DoD SkillBridge Program

Transition to civilian careers while still serving.

dodskillbridge.usalearning.gov

219 VA Recreation & Adaptive Sports

Sports and recreation opportunities fo Veterans.

va.gov/adaptive-sports

220 VA National Cemetery Scheduling

Schedule burial updates and memorial information.

va.gov/burials-memorials/pre-need-eligibility

221 VA Health Eligibility Center

Check your eligibility for VA health care.

va.gov/health-care/eligibility

222 Voluntary Service (VAVS) Program

Volunteer opportunities in VA medical centers.

va.gov/volunteer

223 Veteran Transportation Services

Find transportatio help for medical appointments.

veteransride.va.gov

224 VA Medication Safety Program

Learn about sa medication use and resources.

va.gov/health-care/medication-safety

225 VA Palliative Care Program

Specialized car for serious illness and comfort.

va.gov/health-care/palliative-care

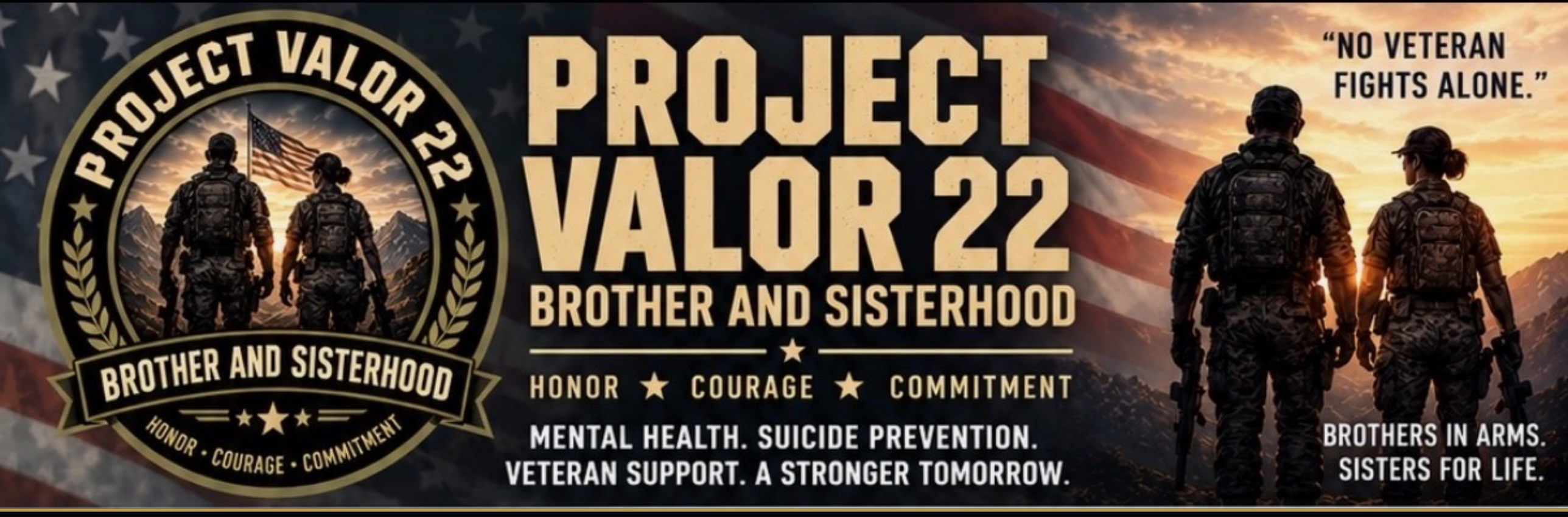
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175+ TOTAL VA RESOURCES
AT YOUR FINGERTIPS.
BE INFORMED. BE EMPOWERED.
BE UNSTOPPABLE.

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176 VA Homeless Provider Directory

Find local providers for Veterans experiencing homelessness.

va.gov/homeless/providers.asp

177 National Resource Center on ADHD

Tools and resources for Veterans with ADHD.

helpforadhd.org

178 Military & Veterans Caregiver Network

Support, educa and resources for military caregivers.

militarycaregivernetwork.org

179 VA Blind & Low Vision Services

Resources and services for Veterans with vision loss.

va.gov/health-care/blind-low-vision.asp

180 National Call Center for Homeless Veterans

Get connected to housing and support 24/7.

1-877-4AID-VET
(1-877-424-3838)

181 VA Spinal Cord Injury System

Comprehensive care and resources for SCI/D Veterans

va.gov/spinalcordinjury

182 PACT Act Claims Assistant

Step-by-step help for filing PACT Act claims.

pactactclaims.va.gov

183 Vet Centers for Families

Counseling ar support for Veterans and their families.

vetcenter.va.gov

184 VA Small Business Financing

Financing options and resources for Veteran-owned businesses.

va.gov/osdbu

185 VA Women Veterans Call Center

Information and support for Women Veterans.

1-855-829-6636

186 VA Home Loan Refinance (IRRRL)

Lower your rate and payment with an IRRRL refinance.

benefits.va.gov/homeloans

187 Military OneSource Gateway

24/7 resources for service members, Veterans and families.

militaryonesource.mil

188 Tricare for Life (TFL)

Medicare wrap around coverag for eligible beneficiaries.

tricare.mil/tfl

189 VA Maternity Care Coordination

Support and care for Veterans during and after pregnancy.

va.gov/womenvet/maternity-care.asp

190 National Veterans Legal Services Program

Free legal services for Veterans and their families.

nvlsp.org

191 VA Caregiver Support Program

Training, respite care and support for caregivers.

va.gov/caregiver

192 DoD Safe Helpine

Support for sexual assault and harassment 24/7.

safehelpline.org

193 VA Science & Innovation

Discover how VA is advancin health care innovation.

www.research.va.gov

194 Veterans Health Library

Trusted health information from the VA.

veteranshealthlibrary.va.gov

195 VA Community Living Centers

Long-term care options for Veterans.

va.gov/geriatrics/community-living-centers.asp

196 VA Prosthetic Service

Prosthetics, orthotics and adaptive equipment services.

va.gov/health-care/prosthetics.asp

197 National Veteran Transportation

Transportation resources for Veterans in your area.

nvtac.org/resources

198 VA Compensated Work Therapy

Job training and work opportunities for Veterans.

va.gov/cwt

199 VA Tele-Crisis Care

Immediate support for mental health in a crisis.

va.gov/telehealth/tele-cwt.asp

200 Leave No Veteran Behind

Support Veterans in crisis. Save a life.

leavenoveteranbehind.org

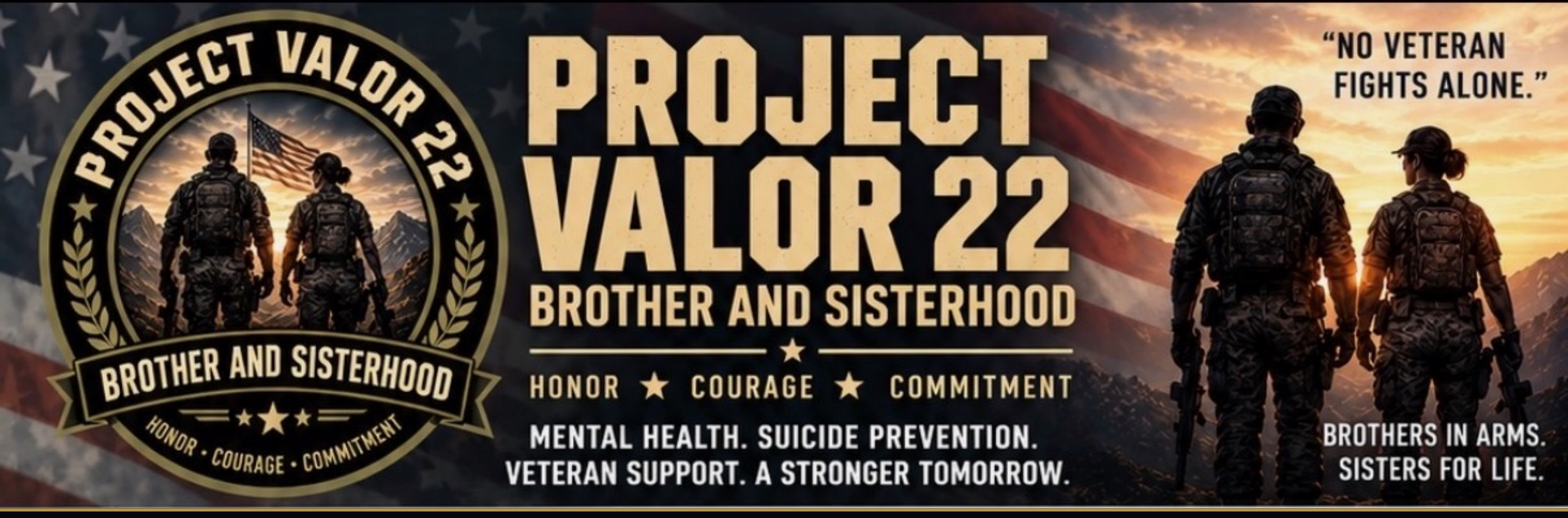
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VA QUICK-LINK VAULT

100 MORE VA LINKS

YOU PROBABLY DIDN'T KNOW EXIST

★ MORE RESOURCES. MORE SUPPORT. MORE POWER. ★

YOU SERVED.
YOU EARNED.
WE RESPECT.
WE'RE HERE.
WE'VE GOT YOUR SIX.

SCAN Scan the QR Code

SAVE Bookmark for Later

SHARE Share with Veterans

EMPOWER Knowledge Is Power

★ ★ ★ 25 POWERFUL NEW RESOURCES. 1 SCAN AWAY. ★ ★ ★

226 ID.me Verification

ID.me

www.id.me

227 VA PerkSpot Discounts

Exclusive deals on travel, tech, fashion & more for Veterans.

perkspot.com/partner/va

228 Veterans Canteen Service (VCS)

VCS

Tax-free online shopping privileges for Veterans.

shopvcs.com

229 Military & Veteran Discount Center

Thousands of retailer & travel discounts in one place.

militarydiscountcenter.com

230 Veteran Advantage

Exclusive discounts on electronics, apparel & more.

veteranadvantage.com

231 Brick & Mortar Store Discounts

In-store savings at national retailers & local shops.

militarybenefits.info/retail-discounts

232 Online / E-Commerce Discounts

Special savings at hundreds of online retailers for Veterans.

dealhack.com/military-discounts

233 Parks & Recreation Discounts

Local parks & rec fees waived or discounted for Veterans.

nrpa.org/our-work/veterans

234 Theme Park Discounts

Special ticket prices for Veterans at top theme parks.

military.undercovertourist.com

235 National Park Discounts

America the Beautiful Pass free for 100% disabled Veteran

www.nps.gov/planyourvisit/passes.htm

236 VA Vet Centers

Counseling & support for Veterans & families.

www.vetcenter.va.gov

237 VA Lighthouse

Peer-led support for Veterans struggling with transition.

www.lighthouse.va.gov

238 VA Whole Health Program

Personalized health & wellness for whole you.

www.va.gov/wholehealth

239 VA MOVE! Weight Management

Healthy living programs for Veterans & families.

www.move.va.gov

240 VA Tobacco Quitline

Free coaching & resources to quit tobacco for good.

www.quitnow.net/va

241 VA Caregiver Support Line

Help & resources for caregivers of Veterans.

www.caregiver.va.gov/support

242 Veterans Crisis Line

Call, text or chat 24/7 for Veterans in crisis.

988thenpress1.org

243 VA Housing VASH Program

Housing vouchers for homeless Veterans.

www.va.gov/homeless/vash.asp

244 VA Grant & Per Diem (GPD) Program

Education help for Veterans in approved training.

www.benefits.va.gov/gibill/gpd.asp

245 VA Vocational Rehabilitation (VR&E)

Employment services for Veterans with disabilities.

www.va.gov/careers-employment/vocational-rehabilitation

246 VA Insurance (S-DVI / VGLI)

Life insurance options for Veterans.

www.va.gov/life-insurance

247 VA Home Loan Guaranty

Zero down home loans for eligible Veterans.

www.benefits.va.gov/homeloans

248 VA Energy Assistance

Help with utility bills for eligible Veterans.

www.va.gov/energy

249 VA Burial Benefits Explained

Burial, plot, headstone & memorial benefits.

www.va.gov/burials-memorials

250 VA Memorial Item Requests

Request a flag, presidential certificate & medal.

www.va.gov/burials-memorials/memorial-items

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PROJECT VALOR 22

BROTHER AND SISTERHOOD

HONOR ★ COURAGE ★ COMMITMENT

MENTAL HEALTH. SUICIDE PREVENTION.
VETERAN SUPPORT. A STRONGER TOMORROW.



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100 MORE VA LINKS

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SCAN Scan the QR Code | **SAVE** Bookmark for Later | **SHARE** Share with Veterans | **EMPOWER** Knowledge Is Power

★ ★ ★ 25 POWERFUL NEW RESOURCES. 1 SCAN AWAY. ★ ★ ★

151 VA Home Improvement & Structural Alteration (HISA)

Grants for home modifications to help Veterans live safely.

va.gov/housing-assistance/hisa

152 VA Education Benefits Hub

Explore all VA education and training benefits in one place.

va.gov/education

153 VRE Employment Through Long-Term Services (T-LTS)

Job training and placement for Veterans with severe disabiliti

va.gov/careers-employment/vocational-rehabilitation/t-lts

154 VA Benefit Questions? Ask VA

Get answers to your benefit questions 24/7 online.

ask.va.gov

155 VA eBenefits Portal

Check claims, payments, and manage your benefits.

eauth.va.gov

156 National Guard & Reserve Benefits

Information on benefits for Guard and Reserve members

va.gov/guard-and-reserve

157 VA Foreign Medical Program (FMP)

Reimburses eligible Veterans for care received overseas.

va.gov/health-care/foreign-medical-program

158 VA's Caregiver Resource Line

Speak with exper about caregiver support and resources.

caregiver.va.gov/support-line

159 Veteran Community Resource Finder

Find local resources and support in your community.

resourcefinder.org

160 VA Health Chat

Secure online messaging with your VA health care team.

va.gov/health-care/health-chat

161 PACT Act Screenings & Exams

Free screenings for toxic exposure related health conditions.

va.gov/resources/the-pact-act-and-your-va-benefits

162 VA Tele-Therapy Options

Mental health care from home through secure video.

va.gov/health-care/telehealth

163 Veterans Legal Clinic Locator

Find free legal help from local Veterans service organizations.

va.gov/disability/get-help-filing-claim/veterans-service-organizations

164 VA Volunteer Opportunities

Give back and connect through volunteer opportunities.

va.gov/volunteer

165 Veterans Experience Office (VEO)

Improving the Veteran experien across VA.

va.gov/veo

166 VA Mobile Vet Center

Confidential counseling and support in your community.

vetcenter.va.gov/mobile-vet-centers

167 My HealtheVet Secure Messaging

Message your VA health care team securely online.

myhealth.va.gov

168 VA Quality Care Finder

See quality ratings for VA health care facilities.

quality.va.gov

169 VA Whole Health Tools

Wellness resources for mind, body and spirit.

wholehealth.va.gov

170 VA Green House Calls

In-home primary care for eligible Veterans.

va.gov/health-care/about-va-health-benefits/green-house-calls

171 Veteran-Owned Business Support

Resources and support for Veteran-owned businesses.

va.gov/osdbu

172 VA MOVE! Weight Coaching

Healthy living coach support for weight management.

move.va.gov

173 VA National Call Center

Get answers to your VA questions by phone.

va.gov/contact-us

174 Adaptive Sports Program

Adaptive sports and recreation for Veterans with disabilities.

va.gov/adaptivesports

175 VA Career Planning & Employment

Tools and resources to build your career path.

va.gov/careers-employment

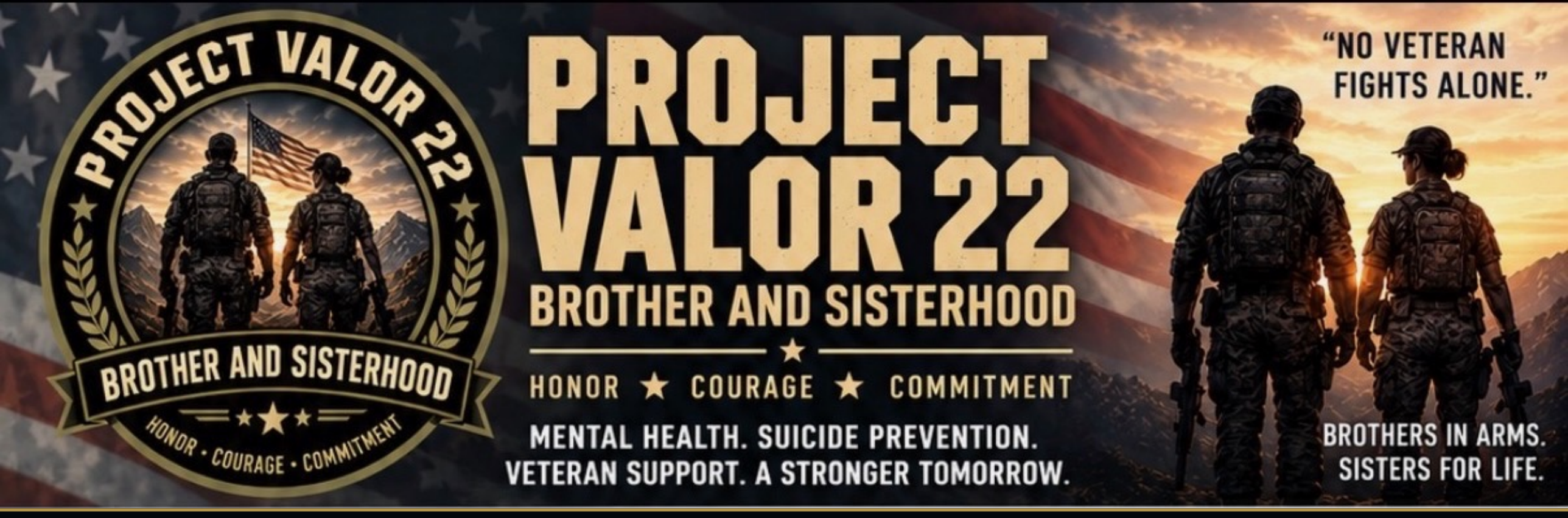
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COURTESY OF PROJECT VALOR 22



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126 VA Telehealth Equipment Program

Equipment to help eligible Veterans connect to telehealth.

va.gov/health-care/telehealth/equipment.asp

127 VA War Related Illness & Injury Study

Research study for Veterans exposed to burn pits and other hazards.

warrelatedillness.va.gov

128 VA Family Support Services

Support for milit families before during and aft deployment.

va.gov/family-support

129 VA Police & Firefighter Program

Resources and benefits for Veterans who served as first responders.

va.gov/osa/police-fire

130 VET TEC (Veteran Tech Training)

Tech training and certificatior for Veterans in high-demand IT

veteranretraining.va.gov

131 VA Housing Counseling

Free housing counseling and foreclosure prevention.

va.gov/housing-assistance/housing-counseling.asp

132 National Resource Directory (NRD)

Search for local resources and support services nationwide.

nrd.gov

133 VA Opioid Safety Initiative

Tools and resources for sa pain manageme and support.

va.gov/painmanagement/opioidsafety.asp

134 Peer Support Specialist Program

Connect with Veterans trainec to support your recovery.

va.gov/recovery/peer-support.asp

135 VA Health Coaching

Work with a coach to achieve your health and wellness goals.

va.gov/health-care/health-coaching.asp

136 GI Bill® School Comparison Tool

Compare schools and find the best GI Bill® fit for your education.

va.gov/gi-bill-comparison-tool

137 Yellow Ribbon Program

Find schools tha contribute to tuition and fees beyond GI Bill®

va.gov/education/yellow-ribbon-program.asp

138 Veteran Mentor Program

Get matched wi a mentor to hel you reach your goals.

mentors.vetnet.org

139 VA Transition Assistance Program

Support and tools to help you transition from military to civilia life.

va.gov/careers-employment/transition.asp

140 National Center for PTSD

Information, treatment and resources for PTSD.

ptsd.va.gov

141 VA Adaptive Housing Grants

Grants for home adaptations to improve accessibility.

va.gov/housing-assistance/special-housing-adaptation.asp

142 VA Blind Rehab Services

Services and training for Veterans who are blind or visually impaired.

va.gov/blindrehab.

143 VA Specialty Care

Find VA speciali care services near you.

va.gov/health-care/specialty-care.asp

144 Veterans Health Administration Nutrition

Nutrition and healthy eating resources for Veterans.

va.gov/health-care/nutrition/

145 VA Caregiver Wellness Program

Resources to hel caregivers take care of their own their-being.

va.gov/caregivers

146 VA Extended Care (Community Living Centers)

Long-term care options for Veterans.

va.gov/homeless/community-living-centers.asp

147 VA Environmental Health Toolkit

Information on environmental health risks and protection.

va.gov/environmentalhealth

148 VA My VA411 Phone App

Find benefits, health care and resources on th go.

mobile.va.gov/app/va411

149 VA Women's Health Services

Comprehensive health care services for women Veterans.

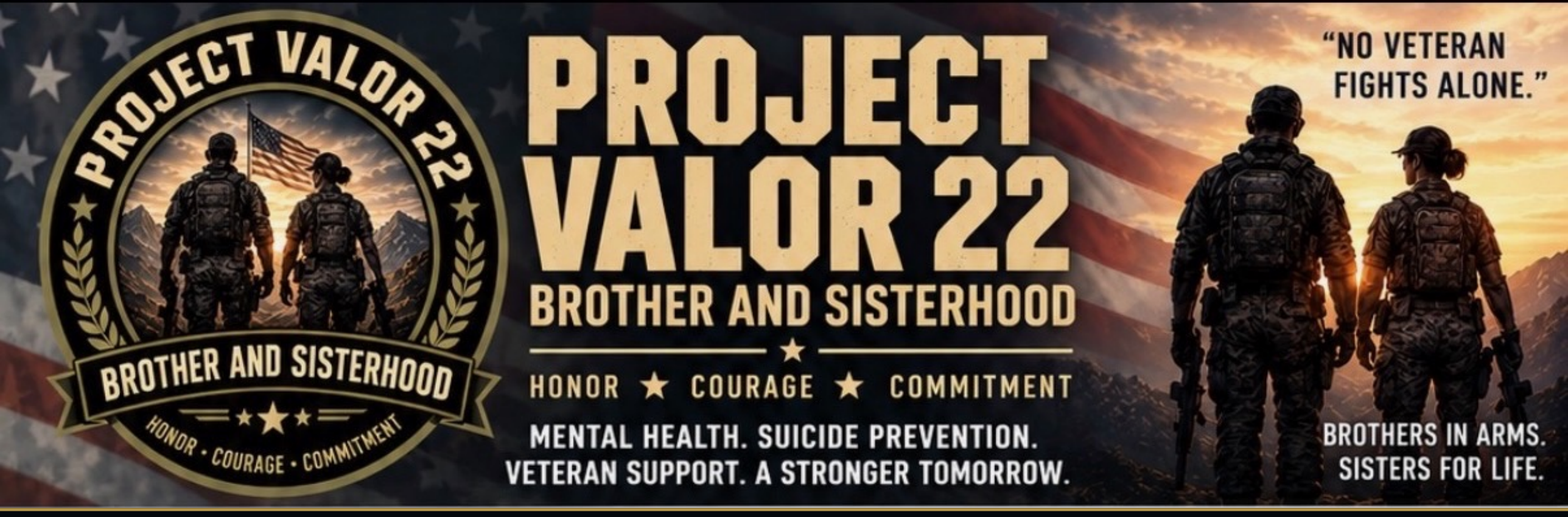
womenshealth.va.gov

150 VA National Scout Reach Program

Scouting support and resources for Veterans and their families.

scouting.org/veterans





COURTESY OF PROJECT VALOR 22



101 VA Civilian Health & Medical Program of the VA (CHAMPVA)

Health care coverage for eligible family members.

va.gov/health-care/family-caregiver-benefits/champva

102 CHAMPVA Pharmacy Program

Pharmacy coverage for eligible family members.

va.gov/champva/pharmacy

103 Foreign Medical Program (FMP)

Reimburses eligible Veterans for care received overseas.

va.gov/health-care/foreign-medical-program

104 VA Health Eligibility Center

Check your eligibility for health care benefits.

va.gov/health-care/eligibility

105 VA Health Care at Home Program

Medical care brought to your home when eligible.

va.gov/health-care/home-based-primary-care

106 VA Dental Care Eligibility

Find out if you qualify for VA dental care benefits.

va.gov/health-care/dental-care/eligibility

107 VA Dental Insurance Program (VADIP)

Discounted dental insurance for Veterans and families.

va.gov/health-care/dental-care/insurance/vadip

108 VA Urgent Care Benefits

Get care at in-network urgent care clinics when needed.

va.gov/communitycare/urgent_care

109 Community Care Provider Search

Find in-network community providers near you.

va.gov/find-locations/community-care

110 Community Care Quality Dashboard

View quality and performance ratings of providers.

quality.mycare.va.gov

111 Veterans Crisis Line

Free, confidential support 24/7 for Veterans in crisis.

veteranscrisisline.net

112 VA S.A.V.E. Training Program

Train and educate to prevent Veteran suicide.

save.org

113 VA National Caregiver Support Program

Resources and assistance for family caregivers.

va.gov/family-and-caregiver-benefits

114 Caregiver Toolkit

Practical tools and training for caregivers.

va.gov/caregiver-toolkit

115 Family Caregiver Program (FCP) Application

Apply for the Program of Comprehensive Assistance.

va.gov/family-member-benefits/apply-for-caregiver-assistance

116 Pension Management Center (PMC)

Manages VA pension and fiduciary services.

va.gov/pension-management-center

117 VA Survivors Dependency Benefits

Benefits for spouses, children and dependents.

va.gov/family-and-caregiver-benefits/dependency-indemnity-compensation

113 Accrued Benefits (Claims After Death)

Benefits paid for time between claim approval and death.

va.gov/disability/dependency-benefits/accruedbenefits

119 Substitution After Death (VA Form 21P-0847)

Allows eligible survivors to continue a claim in progress.

va.gov/find-forms/about-form-21p-0847

120 Dependent Educational Assistance (DEA)

Education benefits for eligible family members.

va.gov/education/survivor-dependent-education-assistance

121 VA Insurance Center

Information on VA life insurance and S-DVI coverage.

va.gov/life-insurance

122 Veterans Legacy Program

Pre-plan burial in a VA national cemetery.

va.gov/burials-memorials/veterans-legacy

123 VA Memorial Beneficiary Brochure

Plan ahead and record your final wishes.

va.gov/burials-memorials/beneficiary-brochure

124 VA Bereavement Counseling

Grief counseling and support for families.

va.gov/burials-memorials/bereavement

125 National Cemetery Locator

Find VA national cemeteries and memorial sites near you.

va.gov/find-cemeteries

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