



# WORKSHOPS

## RAISING DOMESTIC VIOLENCE AWARENESS

### HEALTHY RELATIONSHIPS SERIES

- ◆ What is IPV?/Domestic Abuse?
- ◆ Identifying Red Flags and Patterns of Abuse
- ◆ Learning How to Set Boundaries
- ◆ Building Self Worth and Confidence

Scan the QR code to Register



☎ (O) 919-283-1930

🌐 [www.iamrise.org](http://www.iamrise.org)

📍 Zoom Registration

Meeting ID: 817 4389 7508

Password: RISEUP

Each Workshop \$45

Cashapp: \$Restoredinspired

