

## Merit Annual Residents Awards: Abstract Preparation Guidelines

To uphold academic excellence and maintain consistency across the **Riyadh Second Health Cluster**, all participating residents (presentation or poster) must adhere to these rigorous scholarly guidelines. Submissions are subjected to a **double-blind peer review** process. All abstracts must be submitted via the official application portal for preliminary evaluation.

### I. Ethical and Professional Standards

- **Authorship and Scholarly Integrity:** Submission of an abstract signifies that the work has been reviewed and approved by the program's scientific committee. All content must represent the resident's original research and be substantiated by appropriate documentation.
- **Institutional Review & Ethical Compliance:** All case reports and original research must strictly comply with evidence-based protocols, institutional health codes, and local regulatory frameworks.
- **Linguistic Precision:** Abstracts must be composed in professional, high-quality, and edited English.
- **Nomenclature and Units:** Utilize standard nomenclature and abbreviations exclusively. All measurements must be reported in metric units; use decimal points rather than commas and avoid Roman numerals. Non-standard abbreviations must be defined at first mention.

### II. Abstract Categories & Structure

Residents may submit scholarly work in one of three categories: **Clinical Report**, **Systematic Review**, or **Original Research**.

#### 1. Clinical Report

Describes methods for meeting a specific patient treatment challenge.

- **Title:** Concise, descriptive, and representative of the clinical case.
- **Introduction:** A brief overview of the clinical problem established standard protocols, and existing treatment modalities.
- **Clinical Presentation (Body):** A detailed narrative of the patient (including age, gender, and background), presenting complaint, diagnostic investigations, and treatment options. This section must be written in the past tense and paragraph form.
- **Therapeutic Objectives and Outcomes:** An analysis of the selected intervention, including follow-up duration, prognosis, and a discussion of clinical advantages or disadvantages.
- **Clinical Implications:** Professional recommendations based on the observed findings.
- **Novel Methodology:** For new techniques, authors must explicitly define research goals, the scientific rationale, and include an assessment of clinical efficacy.

#### 2. Systematic Review

- **Title:** A definitive, descriptive title of the systematic review.
- **Introduction:** A clearly formulated problem statement and research objectives.
- **Methodology:** Description of explicit, systematic methods used to identify, select, and critically appraise relevant evidence. Detail the search strategy and data synthesis methods, including meta-analysis if applicable.
- **Synthesis and Disclosure:** Findings supporting clinical applications, formal acknowledgments, and a mandatory disclosure of conflicts of interest.

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Executive Administration for Academic and Training Affairs  
Riyadh Second Health Cluster



### 3. Original Research

- **Title:** A definitive, descriptive title of the primary research study.
- **Background/Hypothesis:** A succinct statement of the research problem, study objective, or the primary hypothesis being tested.
- **Materials and Methods:** A comprehensive description of the research design, participant selection criteria, data collection protocols, and the specific statistical analyses employed.
- **Results:** Objective presentation of quantitative or qualitative findings. **Note:** Preliminary statements such as "results will be analyzed later" are grounds for immediate rejection.
- **Discussion:** Critical interpretation of the findings, acknowledgments, and potential conflicts of interest.
- **Conclusion:** Definitive findings that are strictly supported by the reported results and provide a scientific basis for clinical application.

### III. Technical Specifications

- **Word Count:** The abstract body is strictly limited to a maximum of 200 words.
- **Typography:** Standard 10-pitch font; do not condense character spacing or reduce point size. Submissions must be in black ink.
- **Header Format:** THE TITLE MUST BE IN ALL CAPITAL LETTERS ENDING WITH A PERIOD. Include the author's full name, credentials (e.g., R2, Cardiology), and training center affiliation.
- **Structural Layout:** Single-spaced text with a double-space separating the author line from the body. Each paragraph must be indented.
- **Content Restrictions:** Use narrative text only; do not incorporate tables, figures, or bibliographic references within the abstract body.

### IV. Critical Failure and Disqualification Criteria

The Merit Committee maintains a strict policy regarding submission quality. Abstracts will be rejected or returned without review for:

1. Failure to adhere to structured formatting and structure guidelines.
2. Absence of robust data or validated statistical evidence.
3. Conclusions that are not supported by the presented results.
4. Use of over-generalized statements regarding future data analysis.

### V. Submission & Final Deadlines

- **Deadline Adherence:** Submissions must be finalized by the established deadline to ensure review eligibility.
- **Finality of Content:** The committee will not perform editorial revisions on submitted materials.
- **Revision Policy:** No revisions or edits will be accepted after the deadline or on the day of the ceremony.
- **Disqualification:** Incomplete submissions or those failing to meet mandatory metadata requirements will be automatically disqualified.