

**Build Your Own Omelette**  
Start with a Plain omelette.....10.99  
Add cheese, 1.25, extra per choice.  
American, Cheddar, Swiss, Provolone, Pepper Jack,  
Monterey Jack, Mozzarella, Feta, Cream Cheese.

Add vegetables, 1.75, extra per choice.  
Onion, Pepper, mushroom, tomato, broccoli, spinach,  
jalapeno, roasted red pepper, sun dried tomato.

Add meat, 2.25, extra per choice.  
Bacon, sausage, ham, pork roll.

Substitute Egg Whites.....1.25 extra  
Add Avocado.....1.75 extra

## OMELETTE TIME

**Vegetarian** - Mushrooms, onions,  
peppers, and tomatoes.....14.50  
**Manhandler's** - Ham, turkey, bacon,  
sausage, and jack cheese.....15.50  
**All American** - Ham, bacon, sausage,  
porkroll, & american cheese.....15.50  
**Southern Jersey** - Porkroll, tomato,  
onions, & american cheese.....14.99  
**SoHo** - Spinach, sliced steak and  
provole cheese.....16.50  
**Da' Bomb-Let** - Chicken, mushrooms  
roasted peppers, garlic & prov.....14.99  
**Cherry Hill** - Turkey bacon, onions,  
cherry peppers & provolone.....14.99  
**Very Veggy** - Veggy sausage, onion,  
tomato & mushrooms.....14.99  
**Long Branch** - Bacon & provolone  
with avocados & hollandaise.....14.99  
**Traveler** - Grilled chicken, basil pesto,  
artichokes & sundried tomato.....14.99  
**Western** - Ham, peppers, & onions.....14.50  
**Pizza with the Works** - Pepperoni,  
onions, peppers, mushrooms, sausage,  
marinara and mozzarella.....15.50

**#1 COMBO**  
Two eggs any style served with two strips  
of bacon, a small side of home fries  
and one piece of toast.....**9.99**



**AMY'S SKILLET** - Grilled tomatoes, bacon & onions on top  
of home fries with melted cheddar & 2 eggs any style.....14.99

**SUPER SKILLET** - Grilled bacon, sausage, porkroll, onions  
and peppers over home fries with cheddar and 2 eggs.....14.99

**CHORIZO SKILLET** - Grilled chorizo sausage, fried onion &  
peppers over homefries with pepper jack & eggs.....14.99

**KIELBASA SKILLET** - Kielbasa with red peppers &  
scallions over home fries with melted jack cheese and  
two eggs any style.....14.99

## MINI COMBOS

**#2 COMBO**  
Two eggs any style served with 1 pancake,  
a small fruit cup and 1 sausage link.....**9.99**

All skilletts include  
a choice of toast.

**NEW JERSEY** - Bacon, tomato,  
and American cheese.....14.50  
**NEW YORKER** - Ham, bacon, tomato  
and cheddar cheese.....14.99  
**MAINE** - Potato, bacon, cheddar.....14.50  
**CONNECTICUT** - Red peppers, grilled  
chicken, basil pesto, wet mozzarella  
and hollandaise sauce.....15.50  
**ATHENS** - Spinach with garlic, scallions,  
tomato, and feta cheese.....14.50  
**AUSTRALIAN** - Feta, spinach, and  
mushrooms.....14.50  
**FLORENCE** - Spinach, roasted red  
peppers, sausage & wet mozzarella.....14.99  
**MOROCCAN** - Kalamata olives, tomatoes,  
spinach, basil pesto & feta.....14.99  
**ATLANTA** - Crispy chicken, bacon and  
American cheese.....14.99  
**TUSCAN** - Sweet Italian sausage, spinach,  
roasted red peppers & mozzarella.....14.99  
**HARTFORD** - Turkey, avocado, tomato,  
bacon and provolone.....14.99  
**SOUTH CAROLINA** - Bacon, scallion  
and garlic omelette. Stuffed with cheddar  
cheese, blackened shrimp, and grits.....16.50

## SOUTH OF THE BORDER

**TACO LOCO** - Ground beef, jalapenos,  
tomatoes, onions & cheddar flat omelette  
topped with salsa & sour cream.....15.50  
**TIJUANA JACK** - Chorizo sausage,  
jalapenos, onions & jack cheese.....14.99  
**EL PADRINO** - Grilled chicken, chorizo,  
avocado, and black bean omelette in a  
tortilla. Topped with an asiago cheddar  
sauce, fresh tomatoes & scallions.....14.99  
**BANDITO** - Jalapeno, scallion, tomato,  
and cheddar omelette rolled in a tortilla.  
Topped with chili.....14.99

## HEALTHY CHOICE

**Good Start** - An egg white omelette  
with broccoli, chicken & a fruit cup.....15.50  
**Marathoner** - Egg whites with spinach,  
tomato, avocado and turkey. Served with a  
cup of fruit.....15.50  
**Healthy Start** - Spinach, chicken,  
sundried tomato, eggwhite omelette with  
fresh fruit on the side.....15.50  
**West Coast** - Egg whites with  
pesto, avocado, broccoli and zucchini.  
Served with a berry berry parfait.....16.99  
**Amy's Omelette** - Fresh sauteed  
vegetable no yolk omelette with extra  
cheese and a cup of fruit.....15.50  
**Well Balanced** - Egg whites with  
chicken, mushrooms, spinach & a pinch  
of fresh garlic. Served with a berry berry  
parfait.....16.99  
**Jersey Local** - Egg whites with spinach,  
bacon, sundried tomato and mushrooms  
served with a berry berry parfait.....16.99

## OMELETTES WITH POTATO PANCAKES

**German Melt** - Chorizo sausage,  
onions & pepper omelette stuffed  
with a potato pancake & pepper  
jack cheese.....15.50  
**Bear Omelette** - Bacon & cheddar  
omelette topped with a potato  
pancake, and sour cream.....14.99  
**Stuffed Turkey** - Turkey bacon,  
turkey sausage, & cheese omelette  
stuffed with a potato pancake.....15.50  
**Space Cakes** - Kielbasa, onion, &  
cheddar omelette stuffed with a potato  
pancake.....14.99  
**Beach Bum** - A spinach and  
swiss cheese omelette topped with  
two potato pancakes.....15.50

**#3 COMBO**  
Two eggs any style served with two strips  
of bacon, a small side of home fries  
and one piece of Challah bread  
French Toast.....**9.99**

**SHRIMP N GRITS SKILLET** - Grilled blackened shrimp  
topped with bacon, scallions, red peppers, and garlic. Served  
over pepper jack and cheddar grits, topped with two eggs any  
style.....15.99

**VEGGY SKILLET** - Fried onions, peppers, mushrooms,  
tomatoes, & jack cheese over home fries with 2 eggs.....14.99

**CHEESESTEAK SKILLET** - Fried onions, peppers, and  
mushrooms with cheese steak meat & American cheese  
over home fries with two eggs any style.....14.99

**TURKEY SKILLET** - Deep fried home fries with turkey  
sausage, turkey bacon, & cheddar topped with 2 eggs.....14.99

**FIRE SKILLET** - Hot Italian sausage, jalapenos & onions  
over home fries with pepper jack & two eggs any style.....14.99

## COUNTRY STYLE

All country style omelettes are  
prepared with the ingredients and  
home fries mixed together.

**Philadelphia** - Philly steak, pepperoni  
onions, and mozzarella.....15.50  
**Hatfield & Macoy** - Ham, sausage,  
onions, cheddar, and chili.....15.50  
**Poor Boy** - Pork roll, onions,  
peppers & american cheese.....15.50  
**Farmer's** - Ham, onions, peppers,  
and cheddar cheese.....15.50  
**Belly Buster** - Ham, sausage,  
bacon, mushrooms, onions, peppers,  
& cheese.....15.50  
**Heat Street** - Hot Italian sausage,  
cherry peppers, bacon, & scallions.  
Topped with an asiago cheddar  
sauce.....15.50  
**Super Belly Buster** - Same as a  
belly buster topped with 2 pieces of  
pork roll & cheddar.....16.50  
**Jalapeno Hell Hole** - Sausage,  
onions & jalapenos topped with  
sausage gravy.....15.50  
**Cheese Steak Omelette** -  
Sliced steak, fried onions, and  
American cheese.....16.50  
**Porky's** - Pork roll, bacon, onion,  
and sausage gravy.....15.50  
**Ciao Bella** - Crispy chicken, spinach,  
garlic, onions, & provolone.....15.50  
**Italian Stallion** - Sweet Italian,  
onions, peppers & mozz.....15.50  
**Mama Mia** - Hot Italian sausage,  
onions, peppers & mozz.....15.50  
**Chorizo** - Chorizo sausage, onions  
peppers and cheddar cheese.....15.50  
**Wild Turkey** - Turkey sausage,  
turkey bacon and cheese.....15.50  
**Mucho Gusto** - Chorizo sausage  
with avocado and onions topped with  
salsa & sour cream.....15.50

**BREAKFAST QUESADILLA** - Grilled onions, peppers, & mushrooms served with scrambled eggs  
and jack cheese in a grilled tortilla. Served with homefries and salsa.....14.50

**SUNRISE WRAP** - Egg whites, spinach, avocado, roasted red peppers, and swiss in a whole  
wheat wrap. Served with a fresh fruit cup.....14.50

**BREAKFAST SLIDERS** - Two silver dollar pancake sandwiches. One with bacon, egg, & cheese.  
One with sausage, egg, & cheese.....14.50

**AMY'S DIPPER** - A turkey sausage and cheese omelette, sandwiched between two pieces of  
French toast & served with home fries & maple syrup for dipping.....14.50

**THE JERSEY SANDWICH** - Pork roll, bacon and sausage piled high and topped with two eggs  
and melted american cheese. Served with home fries.....14.50

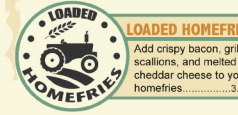
**BRIGHT SIDE WRAP** - Egg whites with veggie sausage, pesto, broccoli, scallions, mushrooms, and  
jack cheese in a whole wheat wrap. Served with our Berry Berry Parfait.....15.99

**SWEET HEAT CHICKEN** - Buttermilk fried chicken breast with fried onions, peppers, & scrambled  
cheddar cheese on Challah bread French toast. Served with our Sweet & spicy maple syrup for  
dipping and home fries.....15.99

**PHILLY STEAK & EGG** - Grilled cheesesteak meat with fried onions, peppers, & scrambled  
eggs. Topped with an asiago cheddar sauce on a toasted hoagie roll. Served with home fries.....15.50

## DEEP SEA

**New England** - Seafood,  
cheddar cheese, & hollandaise.....15.50  
**Crabbiie Day** - Onion, pepper, and  
swiss cheese with crabmeat.....16.50  
**Low Tide** - Mixed seafood with  
spinach and jack cheese.....15.99  
**Sea Garden** - Crabmeat, seafood,  
jack cheese, tomato & hollandaise.....16.99  
**Shrimp Island** - Grilled blackened  
shrimp over a roasted red pepper,  
scallion, mushroom and pepper jack  
omelette.....16.50  
**Captain Jack** - Jalapeno and bacon  
omelette stuffed with crabmeat. Topped  
with an asiago cheddar sauce, blackened  
shrimp and scallions.....16.99  
**Ahoy!** - Spinach with garlic, roasted red  
peppers, mixed seafood, and pepper jack  
cheese. Topped with hollandaise.....16.50  
**All Aboard** - Tomatoes, scallions,  
mushrooms, and pesto. Folded together  
with mixed seafood and jack cheese. 16.50



**EGG SANDWICH**.....9.99 with cheese.....10.50

**EGG SANDWICH WITH MEAT** - With bacon, ham, scrapple,  
sausage or pork roll....12.50 with cheese...13.50

**STEAK, EGG AND CHEESE**.....15.99

**ECCENTRIC EGG SANDWICH** - Grilled onions, avocado,  
bacon and melted pepper jack cheese. Topped with two over  
easy eggs on a toasted roll.....14.50

**PANCAKES  
OR FRENCH TST**  
Substitute your home fries  
and toast for three  
pancakes or French Toast  
at no additional cost.

**UPGRADE**  
Upgrade your pancakes or  
French toast with fruit or  
choose one of our custom  
options from the menu. 4.50

**SUB FRUIT**.....2.99

**SUB GRITS**.....2.99

**SUB LOADED  
GRITS** With bacon,  
scallions, & cheddar.....3.99

**SUB ONE  
POTATO  
PANCAKE**.....2.99

**SUB A  
BERRY BERRY  
PARFAIT**.....3.99

**SUB LETTUCE  
& TOMATO**.....1.99

## BREAKFAST SANDWICHES

Home fries are included with most sandwiches.

**EGG SANDWICH**.....9.99 with cheese.....10.50

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