## MEDICAL ART CENTER | Ultrasound Prep

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ABDOMEN: If you are having an abdominal ultrasounds, have nothing to eat 8 hours prior to the test time. Test takes about 30 minutes

<u>PROSTATE/PELVIC</u>: Drink 32oz of fluid 1<sup>1/2</sup> hours prior to the test time. Finish the water within a half hour and do not urinate. Patient needs to have a full bladder. Test takes about 30 minutes.

THYROID: No Prep. Test takes about 30 minutes

<u>VENOUS/ARTERIAL</u>: Please wear loose fitting clothes, this test can be about 40 minutes

**CAROTID**: No prep. Test takes about 30 minutes

AAA: No prep. Test takes about 20 minutes

## **VEIN INSUFFICIENCY ULTRASOUND:**

- -No caffeine the day of
- -No compression stockings the day of
- -Drink lots of water
- -Wear loose fitted clothing/shorts

This test can be about 30-45 minutes.

No copays for testing, you will not see the doctor. These tests are performed by specialized ultrasound technicians.