

We are excited for our summer camp next week!

Monday, Aug. 10-Thursday, Aug. 13

What to expect when checking in:

So that we can maintain social distancing on Day 1 please arrive for registration:

Last names beginning with letters A-M please arrive at 8:30 -8:45 AM
Last names beginning with letters N-Z please arrive 8:45 - 9 AM

DROP OFF/PICK UP Area will be in lot next to the turf field but there will be NO parking there. PLEASE PARK at lower parking lot near the baseball field and walk up to the turf field for registration.

Camp will begin at 9 AM each morning.

There will be a designated check in line...please adhere to social distancing while waiting to check in. We ask that only one person (player or parent) stands in the checks in line. We ask that everyone else in your party (friends, family etc.) wait in the car or parking lot until check in process is complete. We must adhere to social distancing guidelines.

Once the player has been checked in she will be asked to go directly to a designated area of the field where she will remain for duration of session.

Masks will be required entering and exiting field area. Masks will be required when utilizing the restrooms or any common area. Masks are encouraged anytime you are not on the playing field. We ask that you utilize your mask while on the sideline waiting to go in. Please make sure your mask is easily identifiable as masks will be taken off to play on the field and then worn when leaving the field.

Spectators will NOT be allowed within field area. They will be required to wear masks in the stands or in common areas when not able to socially distance.

There will be a gate for entrance into the field and a separate one to exit. Please pay attention to signage.

Players will be encouraged to wash your hands or hand sanitize (stations will be provided) prior to entering field space as well as leaving field

Once your session is over you will be encouraged to sanitize your equipment and leave the field area immediately.

First day of camp please bring:

- *copy of physical within the past 18 months
- *Extreme FH medical history form
- *Sunscreen waiver
- *If player has Special Medical concerns fill out additional waiver form

DAILY please bring:

- *water bottle labeled with player's name
- *healthy snack for our short break time
- *daily health form
- *shinguards, mouthguard, stick and goggles are recommended, NOT mandatory.
- *sunscreen: please apply to player before camp

*There is a mandatory questionnaire attached to this email (required by the Board of Health) that will be required to be completed DAILY. Please be prepared to turn the attached form in at check in. A designated staff member will collect and review your form with you prior to entering field area.

**If the player answers YES to any of the questions on the Daily health form they will not be allowed to attend camp that day. Please keep the player home if they are having any of the symptoms listed on the daily health form.

Please remember:

Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and, you are KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for your participation; and, you willingly agree to

comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, you observe any unusual or significant hazard during my presence or participation, you will remove yourself from participation and bring such to the attention of the nearest Extreme staff member immediately.

We realize none of this is ideal however in order to run smoothly and safely we ask for your patience.

This is new to all of us and our #1 goal is to keep you (and us) safe while still providing a competitive environment. While we will certainly adhere to the guidelines set forth by the state and our local Board of Health please understand that exposure to Covid-19 is always a possibility. We look forward to giving kids the opportunity to be back on the playing field hockey!

Thank you for your cooperation while we do our best to run a safe and fun week of camp!

Chrissy O'Connor and Kelly McGowan
Extreme Field Hockey