



**DOULAS IN
CONNECTICUT!!!**



**PARTICIPATE
TO BE COUNTED!!!**

*Make
YOURSELF
heard*

Connecticut Doula Workforce & Systems Assessment 2026
Your Voice. Your Experience. Your Recommendations.
Help shape the future of Doula Care in Connecticut.

Connecticut's doula workforce includes doulas from many training backgrounds, practice models, communities, and lived experiences. Whether you trained through a Connecticut-based program that meets Connecticut's goal of doula core competencies such as the ENT Interdisciplinary Doula® Program or one of the others, a training program that does not meet the core competency goals, an apprenticeship, or hands on community doula care, your experiences and perspectives are important to this assessment.

Why This Survey Matters

Doulas across Connecticut experience a wide range of opportunities and barriers when serving families. This survey will help identify workforce needs, hospital access challenges, Medicaid and insurance barriers, reimbursement concerns, training needs, and policy priorities.

Findings can help inform:

- Workforce development efforts
- Hospital accountability initiatives
- Medicaid and insurance advocacy
- Legislative recommendations
- Public education campaigns
- Future Doulas4CT reports and resources

Who Should Participate?

- All doulas and doulas in training who are serving Connecticut families.
- Whether you are new to the field or have decades of experience, we want to hear from you.
- This survey is heavily focused on practicing birth doulas

Survey Details

- Survey Closes: September 20, 2026
- Estimated Time: 15–25 Minutes
- All responses are voluntary and optional.

What Topics Are Covered?

- Getting to Know You
- Workforce sustainability and Compensation
- Capacity Assessment
- CT Medicaid / HUSKY participation
- Referrals & Client Access
- Barriers to Doula Care in CT
- Hospital and Homebirth Experiences
- Training and Workforce Development
- Workforce Retention
- What can we learn from other states?
- Recommendations for Connecticut
- Your Reflections on being a doula in CT

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Doulas4CT® is committed to strengthening Connecticut's doula workforce and improving access to culturally responsive doula care. Whether your experiences have been positive, challenging, or somewhere in between, your perspective matters. We are committed to capturing a broad range of experiences from doulas across Connecticut to help inform future improvements in policy, systems, and support.

SCAN HERE

