

Mocha Milkshake Café - Lactation Support Group



MOCHA MILKSHAKE CAFÉ

Created during Black Breastfeeding Week 2020, Mocha Milkshake Café became ENTs Virtual Lactation Support Group. Through education, advocacy, and compassionate care, we strive to enhance breastfeeding knowledge, remove barriers, and promote a positive lactation experience. Our dedicated team is committed to creating communities where everyone feels supported, informed, and confident in their ability to provide the best start in life for their child through the beautiful act of breastfeeding. Mocha Milkshake Café: Lactation Support Group is 5 years old. It is a safe space specifically for Black and Brown families to learn, and share with their peers. Mocha Milkshake Café is a valuable resource for families to share experiences, receive support and guidance, and build a supportive community.

“The Mocha Milkshake Café is a special place. It is designed with and for Black women. What I love about Mocha Milkshake Café is the intention around co-creating a space with Black moms to share their experiences, successes, and challenges with guidance from ENT lactation counselors. This is a space rooted in love, community, and solidarity. We are rooting for our breastfeeding parents to connect with themselves and experiences in ways that feel authentic for them. There is no one size fits all approach. I wish I had a space like this when I started breastfeeding. This is why I wanted to become a CLC. And I am so happy to witness and hold the stories of others.” - Sade, eCID, CLC



Every Saturday
10am EST on Zoom

[PARENT REGISTRATION LINK](#)

