





#### **WORSHIP**

#### 8:00am

Traditional Communion on 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Sundays

#### 10:30am

Contemporary Communion on 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sundays

#### **FELLOWSHIP**

9:00am Coffee Hour9:20am Sunday School9:30am Bible Studies

#### **CHURCH STAFF**

Rev. Jason Zobel Senior Pastor jzobel@molc.us

**Rev. Mark Baldwin** Director of Family Life mbaldwin@molc.us

Ray Calderon Director of Music rcalderon@molc.us

**Derek Handley** Office Manager office@molc.us

Laurel Zobel Preschool Director Izobel@molc.us

#### PRAYER REQUESTS

Laurel Zobel, Barb Koehler Izobel@molc.us koehlbs@gmail.com



"And now these three remain: faith, hope, and love. But the greatest of these is love." 1 Corinthians 13:13

I remember watching a tribute on ESPN a few years back in regards to the greatest athletes of all time. This particular segment centered on Muhammad Ali. Comment after comment lifted Ali up above all the others. So much were his accomplishments that he was labeled "the greatest" for many reasons, but first and foremost for his boxing. Some look to him as the greatest in other areas of life also, but many of these qualities are debated to this day. When thinking of the greatest, who comes to mind for you? How about a sports hero, a politician, a scientist, a philosopher, or someone else? I look to another for this month's pen.

To truly look for the greatest, one must look no further than Jesus. I feel very confident that there is no one that can match up with the perfect, sinless, Son of God. Even the self-proclaimed "greatest" Muhammad Ali doesn't come close. With all of these accolades comes more from the greatest person to ever live. Jesus preached and lived humility. This is not common coming from the "greatest" of today. Jesus also preached and lived service and servanthood to others before self. This characteristic is even rarer to find today. Even more, what truly separated Jesus from all the others is His following of the verse stated above. Jesus had a love for people deeper and stronger than anyone who had ever lived, or will ever live. His whole purpose of living began in love, a love for you and me and all people. His love was so great that He allowed Himself to be crucified in our place, to take away our sins, so that we could have the gift of eternal life.

The Bible states that "no greater love can be given than to lay down a life for a friend." We can't even call ourselves friends of Jesus because of our sins. Yet, Jesus shows us His love by seeking us out in our disbelief and doubt and changing us to become a people of love. How great is the love of our Savior, Jesus! Truly the greatest!

February is the month of love. God has given us love so we could in turn give love to one another. Love is what binds us together as a people of God. As we enter into another February, may we remember the love of our Savior and why He lived, died, and rose again. He did it all for you and me! He did it all out of love!

Yes, Jesus loves me, the Bible tells me so.

Rejoicing in His love, Pastor Jason

## OFFICE

Hours 9:00am-3:00pm Mon-Fri

Contact Us

February 2:

February 9:

February 16:

February 23:

(608) 238-5656 <u>office@molc.us</u> For emergencies, call 228-4134 (Pastor's cell).

#### March View Deadline

Monday, February 24<sup>th</sup> E-mail articles to Derek Handley at office@molc.us.

If you have some spare time, come help stuff inserts and stick on mailing labels! Wed, February 26<sup>th</sup> at 1:00pm

#### SUNDAY BULLETIN DEADLINE

The Sunday Bulletin deadline for Announcements is always **Wednesday at NOON** for the following Sunday.

Email announcements to Derek at office@molc.us.

## **FEBRUARY ANNOUNCEMENTS**

COFFEE HOUR HOSTS February 2: February 9: February 16: February 23: Sign up at the Coffee Bar!

ALTAR FLOWERS

#### **SMALL GROUP BIBLE STUDIES**

Small Groups meet all around the Madison area! If you would like to be placed in a group, contact our Director of Family Life Rev. Mark Baldwin at <u>mbaldwin@molc.us</u> or (608) 238-5656.

#### **CARD SHOP NEWS**

Thank you from the Card Shop for your greeting card purchases in 2019 which totaled \$422.00 given to Lutheran Women's Missionary League. Also, as a point of interest from September, 2009 (when we moved to Whitney Way) thru December, 2019, we have given a total of \$4,285.47 to LWML. We will have Valentines out for February. We are also continuing our inventory reduction sale on selected, assorted cards in February on the shelves left of the cart for only 25 cents each! Come see us in the Library, next to the Nursery.

## LET US KNOW IF YOU'RE IN HOSPITAL!

Just a friendly reminder to let us know if you are hospitalized. The hospitals no longer let us know on their own accord like they used to.

## **BOWL WITH US!**

JOIN US for an afternoon of fellowship and fun on **Sunday**, **February 9 from 1-3pm.** Cost is \$10 for 2 hours of bowling and shoe rental, and we'll be bowling once again at Schwoegler Lanes (444 Grand Canyon Dr). Sign up at the Welcome Center. Contact Cindi Troia with questions at (608) 444-1999.

## **NEW MEMBER CLASSES**

If you are interested in becoming a member at Mount Olive, new member classes will take place **Tuesdays 7-8pm** beginning **Tuesday, February 4.** To inquire, contact the office or email Pastor Jason at <u>jzobel@molc.us</u> to sign up!

## BOOK CLUB

On **Monday, February 10 at 9:30am,** the Mount Olive Book Club will discuss <u>Sing, Unburied Sing</u> by Jesmyn Ward. The Book Club meets on the 2<sup>nd</sup> Mon monthly at 9:30am in the Fireplace Room. If you have questions, contact Judy Adrianson at mewsmom@charter.net or (608) 285-5448.

## **DINE TO DONATE**

Did you know that if you dine at Texas Roadhouse, they will donate 10% of your meal back to us? Just bring a Sunday bulletin with you there. Dine to Donate is limited to dining in **on Sundays** only. Texas Roadhouse is located at 4841 Annamark Drive on the Eastside.

## **DENNY'S MEET-UP**

You're invited to join Mount Olive members and friends at Denny's (433 S Gammon Rd) **Wednesday, February 5** at **1pm** for good food and fellowship!

# DOWNLOAD OUR FREE APP!

Connect, Give, Listen, and more! Search for "Mount Olive LC" in the Apple Store or Google Play store.



# *TODAY'S LIGHT* BIBLE STUDY

The Word of God does not leave a person as it finds them.

| February  | Exodus | Psalm   | Proverbs       |
|-----------|--------|---------|----------------|
| 1         | 1      | 42      | <u>6:12-15</u> |
| 3         | 2      | 70      | 6:16-19        |
| 4         | 3-4    | 43      | 6:20-26        |
| 5         | 5-6    | 52      | 6:27-35        |
| 6         | 7      | 53      | 7:1-5          |
| 7         | 8-9    | 54      | 7:6-23         |
| 8         | 10     | 57      | 7:24-27        |
| 10        | 11-12  | 66      | 8:1-11         |
| 11        | 13     | 105     | 8:12-13        |
| 12        | 14     | 121     | 8:14-26        |
| 13        | 15     | 48      | 8:27-32        |
| 14        | 16-17  | 45      | 8:33-36        |
| <u>15</u> | 18     | 49      | <u>9:1-6</u>   |
| 17        | 19-20  | 47      | 9:7-10         |
| 18        | 21-22  | 65      | 9:11-12        |
| 19        | 23-24  | 68      | 9:13-18        |
| 20        | 25-27  | 61      | 10:1-4         |
| 21        | 28-29  | 46      | 10:5-7         |
| 22        | 30-31  | 50      | 10:8-10        |
| 24        | 32     | 62      | 10:11-12       |
| 25        | 33     | 51      | 10:13-14       |
| 26        | 34     | 55      | 10:15-16       |
| 27        | 35-36  | 86      | 10:17          |
| 28        | 37-38  | 72      | 10:18          |
| 29        | 39-40  | 68:1-10 | 10:19          |

Today's Light Bible Class meets on **Wednesdays at 10am** in the Fireplace Room. Come and join our conversation!

## SERVING LUNCH AT CALVARY

Spring Semester is here and we only have 1 dates left to fill: **March 1**<sup>st</sup>. We even have easy to read instructions available! Please consider helping us serve lunch to the UW students at Calvary! Sign-up sheet is located at the Welcome Center. Please contact Laura DiRosario at <u>ledirosario77@gmail.com</u> with any questions. Thank you from the Board of Outreach!

## SPRING BLOOD DRIVE - SAVE THE DATE!

Mount Olive will be hosting its Spring Red Cross Blood Drive on **Wednesday, March 25 from 1:00-6:00pm.** Please plan now to participate and experience first-hand the power of giving! More details to follow!

## **MOUNT OLIVE MEAL TRAIN**

Mount Olive has a Meal Train Program intended for members who have had a baby, are hospitalized, are ill, experiencing a death in the family, etc... To set up a meal train for yourself or for a member in need, contact Susan Covarrubias at <u>suzycov@yahoo.com</u>. Susan shares her experience: "The delicious evening meals that were provided to my family during my six-week recuperation from a broken pelvis three years ago were indeed a blessing!"

## **ABANDONED CONTAINERS/DISHES**

Our kitchen is full of Tupperware containers and dishes from all of the parties/events from the Christmas season! Would you venture into the kitchen today to see if any of these containers/dishes belong to you? Thank you!

## **MOLC FOUNDATION REQUEST FOR APPLICATIONS**

The Mount Olive Lutheran Church Foundation is now accepting applications for its grant and Christian college scholarship programs. As part of its mission, the Foundation partners with the Mount Olive Lutheran Church to support religious, educational and charitable purposes through the permanent capital fund which it manages.

Information about grant and scholarship eligibility is available at the Foundation's link on the Mount Olive website <u>molc.us/</u> <u>foundation</u>. Please note that two different application forms are posted—one for grants and one for Christian college scholarships.

Completed application forms are due to Foundation Board President, Chuck Jaskowiak, no later than March 31, 2020.

#### **VOLUNTEER OPPORTUNITIES**

<u>Ushers</u>: The usher teams for the late Sunday services (10:30am) are looking for some help! The commitment as usher would be twice a month. See Chuck Jaskowiak or Jerry Zogg or contact the office.

<u>Greeters</u>: Looking for an easy and rewarding way to serve at Mount Olive? The Greeting Team is looking for individuals to greet those attending worship before the 8am and 10:30am services. If interested, please contact Jeanne Kral at <u>daven-jeanne@tds.net</u> or (608) 836-1186.

**Funeral Volunteers:** In the unfortunate occasion we have a funeral, we have a trusty team that assists the caterers with serving lunch following the service, among other tasks. We could use a few more hands! If you are interested in joining the team, contact the office!

## A VIEW FROM THE PRESCHOOL Laurel Zobel, Director

#### *Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.* 1 Thessalonians 5:16-18

As I write this, it is National Lutheran Schools Week. While this week is usually a time for the preschoolers to wear their crazy socks, hats, favorite team clothes, pajamas and bring their stuffed animal to school, it is so much more than that. The theme of this year's celebration is JOY-FULLY LUTHERAN. While only 2 of our students belong to Mount Olive and have some knowledge of what it means to be Lutheran, it is exciting to share with the students and families that in Jesus, we are more than JOY-FULL. We are also THANK-FULL, PEACE-FULL, FAITH-FULL AND HOPE-FULL. Our God is not a God of partial grace and blessing. In Christ, He fills all in all.

In the chapter from Thessalonians following verse 18, the Word of God promises, "that He who calls you is faithful; He will surely do it." This Gospel proclamation exudes the message of forgiveness of sins through faith in Christ, that all may have the promises of eternal life. This is indeed a celebration of what it means to be a special part of a Lutheran school.

What a joy and privilege it is to share that we can be JOY-FULL even when we are in the midst of trials and tribulations. The devil may try to take away our happiness, but in Jesus, our JOY is still there. Knowing Jesus as our personal Savior means we can still have a life that is full of peace and hope. Reminding these precious children that our God is faithful is indeed a promise worth talking about each and every day.

Celebrating Lutheran Schools and the message of the Gospel is indeed the reason our preschool is a part of Mount Olive's ministry. Thank you for partnering with Kathy and myself as we are honored to share this treasure of faith, hope and love to our preschool kids and their families. We are indeed JOY-FULL!

- Registration is now underway for all families in the community. If you know of anyone interested in registering for September, please have them contact Laurel at <a href="mailto:lzobel@molc.us">lzobel@molc.us</a> or 238-5656. We look forward to sharing the message of God's love with more families in the Madison area.
- This month the preschoolers will be making chocolate chip cookies for our local police and fire personnel. This will be our Compassion project as we learn about being a servant and helpful to community members. If you would like to come and help mix the cookies and bake them, please let me know. We would love to have the preschoolers meet some of our church members!
- Needed...small cardboard pieces (from the back of picture frames) for future art projects. At this time, we are not in need of any egg cartons or containers as we don't have enough storage to house all of your donations. Thanks for keeping the preschool in mind as you clean out closets in preparation for Spring Cleaning!

May you continue to find JOY in Jesus!

In His love, Laurel



#### A VIEW FROM THE MUSIC DIRECTOR Ray Calderon Director

I'd like to take a moment to thank you, Mount Olive, for your exceptionally warm, generous, and genuine welcome. I cannot fully express in words, the overwhelmingly heartfelt joy which overcame; beyond any experience I could have hoped for. To move midway across the country is by no means an easy feat, but to be received with such joy and love by an exceptionally wonderful family of faith melts the strife of efforts.

As I continue to settle into my new home in Mineral Point, I remain thankful for my new home and family here at Mount Olive and continue to keep you each in prayer. Thank you, most sincerely for all you are, and all you do. I look forward to our faithful and musical journey together and wish you all, God's perfect love.

In Christ, Ray Calderon

## A VIEW FROM THE BOARD OF ELDERS

#### Take and Eat, Take and Drink written by Brant Kasbohm

"For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, 'This is my body, which is for you. Do this in remembrance of me.' In the same way also he took the cup, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes." 1 Corinthians 11:23-26

Christ's Words of Institution have provided comfort and forgiveness for millions of His Christians since first being said in the upper room on the night before His crucifixion. As Christ commanded us to "do this", we avail ourselves of this Sacrament regularly here at Mt. Olive. It is with this in mind that the we (the Board of Elders) periodically review our Communion practices. Beginning March 1, there will be two minor changes to our practice of the Lord's Supper. First, gluten free wafers will now be available. If you desire this, please ask the Communion assistant for the gluten free option and he will get for you. They are individually wrapped to prevent any contamination from products containing gluten. The wrappers can be discarded in the same basket with the individual wine cups. This will allow anyone with Celiac Disease or other gluten sensitivity or allergy to receive the Body of Christ.

Second, the grape juice will be replaced by non-alcoholic wine. The non-alcoholic wine will be in the individual cups in the center of the trays and will be lighter in color than the alcoholic wine. Wine was served during Christ's institution and it is the historic practice of the Church to use fermented wine and not unfermented grape juice. In fact, unfermented grape juice was not commercially available until the invention of refrigeration. Non-alcoholic wine is fermented like regular wine and then the alcohol is removed post-fermentation. The common cup will still contain the regular wine.

Please feel free to ask me, any of the Elders, or Pastor Zobel if you have questions or concerns or if you're bored and want to learn more about other historic Communion practices like intinction. Christ be with you all,

MOLC Board of Elders Curt Casanova, Steve Nelson, Stuart Sliter, Gene Schoohs, Jeremy Bluhm, Brant Kasbohm

## A VIEW FROM THE BOARD OF EDUCATION Peggy Rainbow, Director

#### ALL HANDS ON DECK!

That is the call going out to the congregation from the Board of Education as we begin planning for our summer Vacation Bible School program. For the last several years our VBS has drawn an attendance of a little over a hundred children, many of whom are not members of Mount Olive. What a fantastic outreach that is! It is a truly important and exciting time, when we bring in so many children to hear the gospel and share the love of Jesus.

Each year we face the challenge of finding enough helpers to make our program a success. There are numerous and varied positions to be filled, from helping with administration and registration, to decorating, helping with crafts, being a crew leader, or helping with snack preparation. It is a huge job to make it a success, but with everyone's help it can be a lot of fun, and so rewarding.

The date for this year's VBS will be in June when school is out, but the exact week is yet to be determined. Our program is Rocky Railway, a train theme, sure to be a hit with the youngsters!

So, pray for our VBS to be a success and to reach so many little hearts, and also think of how you can participate to help out. A sign up sheet will be going up in February at the desk in the Narthex. Please sign up to volunteer and help out!

#### IN THE BIG INNING

This year's LOGOS Musical, "In the Big Inning", will be on Sunday, March 1st.

Dear Friends in Christ.

The following article recently came across my desk and I couldn't wait to share it with you.

"To Those Who Bring Small Children to Church:

There you are at church. Your baby or toddler is restless. Perhaps even a little boisterous. You try to silence them -- and nothing. You try to pacify them with food or toys -- and nothing. Eventually, you resort to the last thing you wanted to do: you pick them up, and before a watching audience, you make the march out of the church. All the while you're a little embarrassed, maybe a little frustrated too. You might even think to yourself, "There's no point in coming to church. I get nothing out of it because I have to constantly care for my kid."

I want you - mothers and/or fathers - to know just how encouraging you are to so many. The elderly woman who often feels alone beams with a smile at the sight of you wrestling with your little one. She's been there before. She knows how hard it can be, but she smiles because to hear that brings back precious memories. Seeing young parents and their small children brightens her day. She may have just received bad news about her health but seeing the vitality of young ones removes -- if just for a moment -- her fears. The older man who always seems to be grouchy notices you, too. He's always talking about how children in this day have no respect or sense of goodness. But he



sees you -- a young family -- in church every week. Like clockwork, he can depend on the sight of you and your young family. You give him hope that maybe the Church isn't doomed after all, because there are still young parents who love God enough to bring their restless children to church.

Bring your children to church! If we don't hear crying, the church is dying. As hard as it might be for you as a parent who's half-asleep, keep on doing what you're doing. You are an encouragement to those around you. You're starting off your children's lives in the best possible way – in God's house."

Author unknown

#### A VIEW FROM THE BOARD OF HEALTH & WELLNESS Sarah Maleck and Sarah Casanova, Directors

heart.org/ccccalculator

heart.org/eatsman

#### February is American Heart Month

With Valentine's Day is right around the corner, February is a month filled with hearts. This February, take some time to focus on your actual heart and see below for some great tips to keep your heart healthy for American Heart Month.

#### 8 STEPS TO PREVENT **HEART DISEASE AND STROKE**



#### 1. Know your risk

- If you're 40-75 years old and have never had a heart attack or stroke, use our Check. Change. Control. Calculator™ to estimate your risk of a cardiovascula event in the next 10 years.
- Certain factors can increase your risk, such as smoking, kidney disease or family history. Many risk factors can be improved with lifestyle changes.



#### 2. Eat a healthy diet

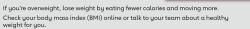
- Center your eating plan around vegetables, fruits, whole grains, legumes, nuts, plant-based proteins, lean animal proteins and fish.
- Limit sweetened drinks, refined carbohydrates, added sugars, processed meats, sodium and saturated fats. Avoid trans fat.



#### 3. Be physically active heart.org/movemore

- Adults should aim for at least 150 minutes of moderate-intensity aerobic activity or 75 minutes of vigorous activity each week.
- If you're already active, increase your intensity for more benefits
- · If you're not active now, get started by sitting less and moving more







#### 5. Live tobacco-free

- Don't smoke, vape or use tobacco products. If you don't think you can quit for good on your own, ask for help
- Avoid secondhand smoke, too.

#### 6. Manage conditions

- Work closely with your health care team if you have high blood pressure (hypertension), high cholesterol, diabetes or other conditions that put you at areater risk
- Many conditions can be prevented or managed by eating better, getting active losing weight and not smoking.

heart.org/tobacco

heart.org/conditions

#### 7. Take your medicine

- Your doctor may prescribe statins or other medications to help control blood sugar, cholesterol, and blood pressure. Take all medications as directed.
- Don't take daily aspirin unless your doctor tells you to.



#### 8. Be a team player

- Your health care team can help you build a prevention plan that works for you.
- Make decisions together. Ask questions.
- Talk about challenges in your life that may affect your health like stress, sleep, mental health, family situations, tobacco use, food access, social support and more.
- 6

## **ELDERS REPORT - JANUARY**

| BAPTISMS              | none   |  |
|-----------------------|--|--|
| FUNERALS * no service | Marlin Teschendorf (Jan 11)<br>Darlene Strassman (Jan 21)<br>Gordon Tuffli (deceased Jan 22) * |  |
| WEDDINGS              | none   |  |
| TRANSFERS IN          | none   |  |
| TRANSFERS OUT         | none   |  |

## IN THE COMMUNITY

#### **VOLUNTEERS NEEDED AT AGRACE**

Agrace HospiceCare is seeking volunteers across Dane County to visit with hospice patients or in roles without patient contact. A volunteer orientation is scheduled at Agrace's Madison campus **February 11, from 9-11am.** Pre-registration is required. Call (608) 327-7163 or visit <u>agrace.org/volunteer</u> to fill out an application.

#### **SERVANTS OF CHRIST CONFERENCE**

Save the Date for the annual Servants of Christ Conference **June 23-24, 2020.** This is a chance for high school students to learn more about what it means to delve into a career in ministry. Learn about the biblical teaching of vocation, get information about college and careers, and take part in breakaway sessions that will help you grow in your faith - all while experiencing student life on Concordia's Mequon campus. Cost is \$25 and it takes place at Concordia University Wisconsin (12800 North Lake Shore Drive, Mequon, WI). Registration opens February 1<sup>st</sup>: <u>cuw.edu/servantsofchristconference</u>.

#### THE VIEW from the Mount

Newsletter of: Mount Olive Lutheran Church, LCMS 110 N Whitney Way Madison, WI 53705

#### FEBRUARY 2020

Address Service Requested

#### **DUR MISSION STATEMENT**

At Mount Olive, we come to know Jesus Christ in God's Word and Sacraments; praising God, strengthening our individual lives, supporting fellow Christians, and sharing God's love wherever we go.