



LET THEM BE LITTLE

WEEK: AUGUST 11TH - 15TH

DRINKS ARE ALWAYS PROVIDED DURING MEALS AND SNACKS WATER, 2% MILK OR ALMOND MILK.

● ● ● MENU ● ● ●

BREAKFAST

SNACK

LUNCH

SNACK

MON

EGGS
TOAST
FRUIT

COTTAGE
CHEESE
RASPBERRIES
GRANOLA

PASTA
OLIVES
CHEESE
BROCCOLI

ORGANIC PEARS
BEETS, CHIA
B. BERRIES
CRACKERS

TUE

CHEX RICE
CEREAL
MIXED FRUIT

YOGURT
BLACKBERRIES
GRANOLA

SOFT TOCOS
STEAK
CHEESE, LETTUCE
TOMATOES

BREAD ROLL
CHEESE
BLUEBERRIES
STRAWBERRIES

WED

BAGEL
COTTAGE
CHEESE
FRUIT

ORGANIC CARROTS,
BANANAS MANGOS &
SWEET POTATOES

CHICKEN
CHEESE
QUESADILLA
APPLESAUCE

NAAN BREAD
RED GRAPES
COTTAGE
CHEESE

THU

HAM
SWISS
CHEESE-
CROISSANT

YOGURT
BANANAS
STRAWBERRIES

GRILLED CHEESE
CARROTS
YELLOW KIWI

PEANUT
BUTTER
APPLES
RAISINS

FRI

RICE CHEX
CEREAL
FRUIT

ORGANIC PEARS,
BLUEBERRIES
& SPINACH

CORN DOG
WATERMELON
SWEET POTATO

NAAN BREAD
APPLES
CHEESE