







## LET THEM BE LITTLE

WEEK: JULY 7<sup>TH</sup> - 11<sup>TH</sup>
DRINKS ARE ALWAYS PROVIDED DURING MEALS AND SNACKS WATER, 2% MILK OR ALMOND MILK

## ••• MENU •••

BREAKFAST SNACK LUNCH SNACK

EGGS MON CANTALOUPE

COTTAGE
CHEESE
STRAWBERRIES
BANANA

PESTO SPINACH CHICKEN PASTA PEANUT BUTTER BANANA TOAST

TUE

CHEERIOS COTTAGE CHEESE FRUIT

PRETZELS GRAPES CARROTS TURKEY
BREADROLL
CHEESE
MIXED FRUIT

BAGEL CREAM CHEESE FRUIT

WED

OVERNIGHT
OATS
BLUEBERRIES
GRANOLA

NATURE'S FIG BAR MAC & CHEESE VEGGIES

SPINACH FRUIT SMOOTHIE

THU

FRENCH TOAST STRAWBERRIES

CARROTS GRAPES CRACKERS HOT DOGS CARROTS HONEYDEW

CHEESE STICK NAAN BREAD KIWI

FRI

STEAL OATS
BANNANA
RASPBERRIES

BRAN MUFFIN GRILLED CHEESE STEAMED VEGGIES

VEGGIE POUCH ALMONDS CRACKERS