



# LET THEM BE LITTLE

WEEK: NOVEMBER 3<sup>RD</sup> - 7<sup>TH</sup>

DRINKS ARE ALWAYS PROVIDED DURING MEALS AND SNACKS WATER, 2% MILK OR ALMOND MILK.



## MENU



### BREAKFAST

### SNACK

### LUNCH

### SNACK

**MON**

FRENCH  
TOAST  
STRAWBERRIES

CANTALOUPE  
CUCUMBERS  
CRACKERS

TURKEY  
MEATBALLS  
MIXED VEGGIES

RAISINS  
PEANUT BUTTER  
TOAST

**TUE**

CHEERIOS  
RASPBERRIES

SPINACH  
& FRUIT  
SMOOTHIE

PBJ ROLL UPS  
APPLES  
CARROTS

CHEESE  
CRACKERS  
RAISINS

**WED**

OATMEAL  
BLUEBERRIES  
BANANA

CEREAL BAR  
MIXED  
FRUIT

TURKEY  
SKEWERS  
CARROTS  
BLACKBERRIES

PRETZELS  
APPLES  
STRING CHEESE

**THU**

RICE CHEX  
FRUIT

YOGURT  
BLUE/BLACK  
BERRIES

BAKED  
CHEESE  
ZITA  
GARLIC TOAST

VEGGIE  
POUCH  
RAISINS

**FRI**

EGGS  
HAM  
CHEESE  
BLUEBERRIES

CUCUMBERS  
RASPBERRIES  
STRING CHEESE

BBQ CHICKEN  
BAKED POTATO  
PEAS

SPINACH  
STRAW/BLE  
BANANA  
SMOOTHIE