



LET THEM BE LITTLE

WEEK: NOVEMBER 17TH - 21ST

DRINKS ARE ALWAYS PROVIDED DURING MEALS AND SNACKS WATER, 2% MILK OR ALMOND MILK.

● ● ● MENU ● ● ●

BREAKFAST

SNACK

LUNCH

SNACK

MON

EGG
OMELETTE
CHEESE
BLUEBERRIES

FRUIT
SPINACH
SMOOTHIE

GRILLED
CHEESE
BROCCOLI

APPLES
PEANUT
BUTTER
CRACKERS

TUE

VEGGIE
CHEERIOS
CEREAL

FIBER &
PROTEIN OAT
BAR
HAPPYTOT

TURKEY SKEWERS
STRAWBERRIES
CARROTS

SPINACH
FRUIT
SMOOTHIE
TRAIL MIX

WED

OATMEAL
BANANA
HONEY

FRUIT
YOGURT
CRACKER

SWEET CHICKEN
RICE
BROCCOLI

BANANA
STRAWBERRY
SPINACH
SMOOTHIE

THU

EGGS
POTATOES
FRUIT

NUTRI-GRAIN
BAR
PRETZELS

TOMATO
SOUP
FRENCH
BREAD

MANGO/CARROT
BANANA
SMOOTHIE
FISH CRACKERS

FRI

COTTAGE
CHEESE
PANCAKES
RASPBERRIES

VEGGIE POUCH
FISH
CRACKERS

BREADED
CHICKEN
PEAS
MAC & CHEESE

BLUE/BLACK
BANANA
SPINACH
SMOOTHIE