



LET THEM BE LITTLE

WEEK: SEP-OCT 30TH -4TH

DRINKS ARE ALWAYS PROVIDED DURING MEALS AND SNACKS WATER, 2% MILK OR ALMOND MILK.

●●● MENU ●●●

BREAKFAST

SNACK

LUNCH

SNACK

MON

HARD BOILED
EGG
AVOCADO
FRUIT

RASPBERRIES
CUCUMBERS
CRACKERS

SHEPHERD'S
PIE
GRAPES

VEGGIE
POUCH
CRACKERS

TUE

PB BANANA
ROLL UPS
YOGURT
BLUEBERRIES

VEGGIE
POUCH

CHEESY PIZZA
BAGELS
CELERY STICKS

GRAPES
PRETZELS
CUCUMBERS

WED

CEREAL
MIXED FRUIT
YOGURT

VEGGIE
POUCH

DECONSTRUCTED
CHICKEN TACOS
VEGGIES

FISH CRACKERS
APPLES
STRING CHEESE

THU

SPINACH EGGS
MIXED
FRUIT

YOGURT
BLUE/BLACK
BERRIES

CHICKEN
NUGGETS
BROCCOLI
APPLE SAUCE

VEGGIE
POUCH
RAISINS

FRI

SWEET POTATO
WAFFLES
BLUEBERRIES

CUCUMBERS
RASPBERRIES
STRING CHEESE

HAM & CHEESE
GRAPES
CORN

SPINACH
STRAW/BLUE
BANANA
SMOOTHIE