



LET THEM BE LITTLE

WEEK: JANUARY 26TH - 30TH

DRINKS ARE ALWAYS PROVIDED DURING MEALS AND SNACKS WATER, 2% MILK OR ALMOND MILK.



MENU



BREAKFAST

SNACK

LUNCH

SNACK

MON	EGG CHEESE WRAP BLUEBERRIES	FRUIT SPINACH SMOOTHIE	GRILLED GARLIC CHICKEN BROCCOLI MIXED FRUIT	BLUEBERRIES CRACKERS CHEESE
TUE	VEGGIE CHEERIOS CEREAL	NUTRI GRAIN BAR MIXED NUTS	TURKEY SKEWERS STRAWBERRIES CARROTS	APPLES CHEESE GRAPES TRAIL MIX
WED	OATMEAL BANANA	FRUIT YOGURT GRANOLA	STEAK, CHEESE LETTUCE WRAP ZUCCHINI	BANANA STRAWBERRY SPINACH SMOOTHIE
THU	EGGS ENGLISH MUFFIN FRUIT	APPLES PRETZELS	TOMATO SOUP FRENCH BREAD	GRAPES MINI BAGELS CHEESE
FRI	OATMEAL BANANA BLACK- BERRIES	VEGGIE POUCH FISH CRACKERS	BREADED CHICKEN PEAS HONEYDEW	BLUE/BLACK BANANA SPINACH SMOOTHIE