

At Levto Consulting, Dr. Jens Rehanek and Marianna Levto are offering specialized support to Israelis affected by the tragic events of October 7th, 2023, and the ongoing war in the South and North of Israel. This support is also extended to soldiers who are returning to civilian life after long military missions.

Their services focus on **systemic coaching** to help individuals adapt to new realities, reintegrate into business environments, and restore balance in daily life.

Key Areas of Support:

1. **Systemic Coaching:** A holistic approach designed to help people orient themselves in a changed reality, providing tools for personal and professional adjustment post-trauma.
2. **Reintegration:** Coaching individuals through the transition back into the business world and team environments, focusing on effective re-entry after military service or personal upheaval.
3. **Restoring Routine:** Helping individuals re-establish a healthy daily routine, achieving a balanced approach to work and life, which is essential after experiencing significant disruptions.

Coaching Session Duration: 60 min à 50.-CHF (225.- NIS)

At **Levto Consulting**, the goal is to provide the guidance necessary to navigate this challenging period, ensuring that those affected can rebuild their business and personal lives with confidence and resilience.



About Dr. Jens Rehanek ([LinkedIn](#)):

- **Expertise:** Over 20 years of experience in **science and business**, holding leadership roles in both industry and the **Swiss defence sector**.
- **Academic Background:** Holds a **PhD in Physics**, contributing a deep analytical perspective to his coaching.
- **Martial Arts:** A **3rd Dan in Taekwondo**, emphasizing discipline, focus, and resilience.
- **Coaching Languages:** English, German, and Italian.



About Marianna Levtov ([LinkedIn](#)):

- **Specialization:** A leading expert on the **Internet of Things** and **Supply Chain Digitalization**.
- **Coaching Expertise:** **Certified Systemic and NLP Coach**, focusing on integrating personal and professional growth.
- **Coaching Languages:** Hebrew, English, Russian, and German.