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| **COURSE INFORMATION FORM** |
| DISCIPLINE | Safety  |
| COURSE TITLE | OSHA 30-hour class |
| **CR.HR** | 30 | **LECT HR**.  | 20 | **LAB HR**. | 10 | **CLIN/INTERN HR.** |  | **CLOCK HR.** |  |
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| **CATALOG DESCRIPTION -30 hrs. OSHA Training**  |

OSHA 30 training are the training courses that comply for OSHA 29 CFR 1926 designed for workers, employers, and supervisors covered in 30-hour duration respectively. The training includes guidelines to recognize, abate, avoid, and prevent safety and health hazards at worksites through record keeping, proper material and machine handling, industrial hygiene, fall protection, and ergonomics. The 30-hr. class is generally taken over 4 days. Times can be extended as long as the training is completed in 6 months. The class include video, classroom teaching, Power Point and hands on training.

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| **PREREQUISITES** |
| None |
| **EXPECTED STUDENT OUTCOMES IN THE COURSE**The Students topics include Fall Protection, Electrical, Struck by, Caught in-Between, PPE, Health Hazards and Introduction to OSHA, Additional subjects may include, depending on the needs of the students: Scaffold, cranes, Excavations, Stairways and Ladders, tools, Material Handling. Paperwork will be sent into OSHA who will issue a laminated card for each student who completed the class.  |

1. Mandatory - 12 hours.

a) Introduction to OSHA – 1 hour.

b) Managing Safety and Health – 2 hours. May include Injury and Illness Prevention Programs, job site inspections, accident prevention programs, management commitment and employee involvement, worksite analysis, hazard prevention and control, accident investigations, how to conduct safety meetings, and supervisory communication.

c) Walking and Working Surfaces, including fall protection – 1 hour.

d) Exit Routes, Emergency Action Plans, Fire Prevention Plans, and Fire Protection – 2 hours.

e) Electrical – 2 hours.

f) Personal Protective Equipment (PPE) – 1 hour.

g) Materials Handling – 2 hours.

h) h) Hazard Communication – 1 hour.

2. Elective - 10 hours. Must present at least 10 hours of training on the following topics. At least five (5) of the following topics must be presented. The minimum length of any topic is one-half hour.

a) Hazardous Materials (Flammable and Combustible Liquids, Spray Finishing, Compressed Gases, Dipping and Coating Operations).

b) Permit-Required Confined Spaces.

c) Lockout / Tagout.

d) Machine Guarding.

e) Welding, Cutting, and Brazing.

f) Introduction to Industrial Hygiene.

g) Bloodborne Pathogens.

h) Ergonomics.

i) Fall Protection.

j) Safety and Health Programs.

k) Powered Industrial Vehicles.

3. Optional - 8 hours. Teach other general industry hazards or policies and/or expand on the mandatory or elective topics. The minimum length of any topic is one-half hour